

Dark Peak News



Spring 2005

DARK PEAK NEWS

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3 News

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4 Events

8 Letters

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- Pertex 04
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19 Relays

20 Fell Off

Men's Captain

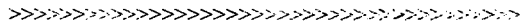
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23 Local Race League

27 In Gear

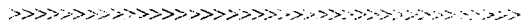


27 The-bit-at-almost-the-end

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28 Editorial



News

Higger Tor 1st team, 2nd team, 3rd team, 4th team & 5th team!

With a remarkable turnout of 61 (out of the field of 350) Dark Peak claimed 1st to 5th mens team place, 1st women's team as well as 1st & 3rd in the individual race. Results on page 16.

First DP Victories of 2005

New member Lloyd Taggart gained the first victories for a Dark Peaker in open fell races in 2005. He started with a win in the Ovenden Fell race. Run on a weekend of terrible weather, the course had to be shortened by 1.5 miles due to storm damage around Ogden making the course unsafe / un-passable in places. The following weekend he won the Lamb's Longer Leg at Hayfield.

Championship Series 2005

Following on from the good turnout at championship races last year, Dave Tait has volunteered to organise a DPFR championship series. 3 races to count, 1 Short, 1 Medium, 1 Long. The Short counter to come from Edale Country Fair or from Whittle Pike. - both English Champs. Medium, compulsory, to be the Club Champs. Long to come from Langdale or Wasdale - both English Champs. Points awarded as a percentage of the winners time. That would mean that if you got a flier at Whittle Pike you would score heavily, even though there wouldn't be as many as at Edale..

Calderdale - Not bad considering....!

"Not bad in the circumstances" was the verdict after this year's Calderdale. The men's team were rocked by the overnight withdrawal of Mike Nolan. Roger Woods, not even down to run at all 2 days earlier, stepped up from B to A team for the long last leg to bring the A team home 8th. Earlier two excellent legs by Ward & Winskill then Boyle & Robinson had both been second fastest of the day. The vets finished in the top 20 and 3rd vets. Star performers here were the combinations of Bradbury & Salkild and Tait & Holmes(K) who both made the top 10 overall (Darrel and Mark were 2 min faster than our A team). The B team finished a creditable 45th despite the loss of Roger to the A team thanks to Lesley Aitchison running her second 10 mile leg of the day! Finally the mixed team finished approximately 62nd with more good performances especially Lynn Bland and Lesley on first leg.

Web Site Change

As many of you will know a new DPFR web site has gradually been developed by Tim Ray over the past year. From March onwards www.dpr.org.uk will become the 'official' DPFR site. It's available now if you want to look. Subsequently, the current technically archaic version (like it's webmaster) will be pensioned off though pages such as results will remain with links through from the new site.

Events

Club runs: every Wednesday from the Sportsman, Lodge Moor, Sheffield at 18:30 or at an "away" venue (usually at 18:45 but check below). Abilities vary and there are usually two or three stops to re-group. Even in the spring and summer the weather can be bad on the moors so come prepared!

"Local races" are open events usually entry on the day with an entry fee (£2 ish) and a few prizes. "DPFR races" are informal events for Dark Peak club members, usually with no entry fee and no prizes.

Mar

Wed	23	18:30	Club run	Sportsman: Back on the fells	
Sun	27	12:00	Local race	Shining Cliffs, Hurt Arms, Ambergate.	5ml/900'
Wed	30	18:30	Club run	Sportsman	

Apr

Sat	2	11:00	Brit Champ	Spelga Skyline, Spelga Dam, Mourne (N Ireland). Entry by 24 th Mar. See www.nimra.org.uk	13ml/6175'
Sun	3	12:00	Local race	Lads Leap, Crowden.	5.9ml/1700'
Mon	4	18:50	Local race	Trunce 1, Waggon and Horses, Oxspring	
Wed	6	18:30	Club run	Sportsman	
Wed	6	19:30	Local race	Herod Farm, Drovers Inn, Primrose Lane, Glossop	3ml/1100'
Sun	10	11:00	Local race	Kinder Downfall, Hayfield Scout Hut. Entry £3 by 6 Apr to Dave Soles, 2 Cote Lane, Hayfield, SK22 2HL.	10ml/2500'
Wed	13	18:45	Club run	Cutthroat Bridge	
Sat	16	10:00	DPFR race	Burbage Baffler, Burbage Bridge. 4 person, 4 leg relay run in pairs in both directions at once. Teams of 1 star, 1 wart, 1 women, 1 vet.	4x3ml
Mon	18	18:50	Local race	Trunce 2, Waggon and Horses, Oxspring	
Wed	20	18:30	Club run	Longshaw	
Sat	23		Brit Champ	Moelwyn Peaks, Ysgol-y-Moelwyn	10.5ml/2800'
Sun	24	10:00	Other event	Three Peaks, Horton in Ribblesdale. Entry £8 by 24 Mar or before if 600 limit reached. See www.threepeaks.org	24ml/4500'
Wed	27	18:30	Club run	Sportsman	

May

Wed	4	18:45	Club race	Back Tor & Beyond, Foulstone Delf, Strines.	
Wed	4	19:00	Other race	Tigers 10 (road race)	
Sun	8	13:00	Eag Champ	Buttermere Sailbeck, Buttermere. Entry by 30 th Apr. See www.c-f-r.org.uk	9ml/4650'

Mon	9	18:50	Local race	Trunce 3, Waggon and Horses, Oxspring	
Wed	11	18:30	Club run	Birchin Clough	
Wed	11	20:00	AGM	Snake Inn	
Sat	14	11:00	Local race	Mount Famine, Hayfield Scout Hut.	5ml/1700'
Tue	17	19:30	DPFR event	Burbage Skyline, Fox House. Offers of help to Andrew Moore please.	5.7ml/1200'
Wed	18	18:30	Club run	Sportsman	
Mon	23	18:50	Local race	Trunce 4, Waggon and Horses, Oxspring	
Wed	25	18:30	Club run	Froggat (car park below Grouse Inn)	
Wed	25	19:30	Local race	Totley Moor, Cricket Inn, Totley.	5.5ml/1100'
Mon	30	13:00	Local race	Bamford Sheepdog Trials.	4.5ml/1000'
Jun					
Wed	1	18:30	Club run	Sportsman (for non race goers)	
Wed	1	19:30	Local race	Calver Peak, Derwentwater Arms, Calver.	5ml/900'
Wed	8	18:45	Club run	Birchin Clough possible including Champagne Challenge race.	
Fri	10	19:30	Local race	Castleton, playing fields	6ml/1500'
Sun	12	11:00	Brit & Eng Champs	Edale Country Day (NB starts are at 11:00 ladies, 12:30 men). Race entry includes show entry.	5.3ml/1400'
Wed	15	19:00	DPFR race	Crookstone Crashout, Rowlee Bridge, A57	
Thu	16	19:30	Local race	Grindleford	4.5ml/1500'
Fri	17		DPFR event	Bob Graham Weekend, Threkeld. Details from Richard Hakes	
Sat	18				
Sat	18&		MM	Lowe Alpine, Somewhere not so far north in Scotland. See www.lamm.co.uk	
Sun	19				
Sat	18	14:30	Eng Champ	Buckden Pike, Buckden Village Green.	4ml/1500'
Sun	19	11:00	Local race	Kinder Trog, Hayfield.	18ml/3490'
Mon	20	18:50	Local race	Trunce 5, Waggon & Horses, Oxspring.	4.25ml/550'
Wed	22	18:30	Club run	Sportsman	
Wed	22	19:30	Local race	Shelf Moor Uphill race, Royal Oak, Glossop	3ml/1610'
Thu	23	19:30	Local race	Blacka Moor, Cricket Inn	6.5ml/1400'
Sat	25	14:00	Brit Champ	Culter Fell, Crook Inn, Tweedsmuir	11ml/4900'
Sun	25	11:00	Local race	Bakewell Pudding, Recreation Park, Bakewell	6ml/700'
Sun	26	13:00	Other Race	Settle (including Yorkshire Championships)	7ml/1700'
Wed	29	19:30	Local race	Hope Wakes	4ml/650'
Jul					
Sat	2&3		MM	Saunders MM. Lake District. A 2 day MM for pairs or solo. See www.slmm.org.uk	
Sun	3	11:30	Local race	Peakers Stroll, Peak Forest. Choice of 4 courses: 25ml to 9ml. Entries £6.50 to Jeff Hipwell, Hernstone Lea, Church Lane, Peak Forest. SK17 8EL.	25ml
Mon	4	19:30	Local race	Hathersage Gala, School field, Hathersage.	4.5ml/925'
Wed	6	18:30	Club run	Sportsman	

Wed	6	19:30	Local race	Black Rocks, Matlock Rugby Club, Cromford.	5.5ml/850'
Sat	9	11:00	Brit & Eng Champ	Wasdale. Entry by 25 Jun. See www.cfra.co.uk NB Limit of 250 runners.	
Sat	9	14:30	Local race	Charlesworth Challenge, Charlesworth Rec, Glossop	3ml/500'
Sun	10	11:15	Local race	Peak Forest, Peak Forest village store.	6ml/650'
Sun	10	14:30	Local race	Broomhead Chase, Broorahead Hall Farm	3.5ml/800
Mon	11	18:50	Local race	Trunce 6, Waggon & Horses, Oxspring.	4.25ml/550'
Wed	13	19:30	Local race	Bamford	4.5ml/1000'
Sun	17	11:00	Local race	Holme Moss, Brownhill Res, Holmbridge	16ml/4000'
Sun	17	11:00	Local race	Great Hucklow	6ml/1000'
Tue	19	19:30	Local race	Robin Hood, Robin Hood Inn near Baslow	5ml/875'
Wed	20	18:30	Club run	Sportsman	
Thu	21	19:30	Local race	Sheldon	5ml/527'
Wed	27	19:00	DPFR race	Cakes of Bread, Fairholmes	
Sun	31	14:00	Brit Champ	Pen y Fan, Cwm Llwh, Brecon	3.5ml/1700'
Aug					
Mon	1	18:50	Local race	Trunce 7, Waggon & Horses, Oxspring.	4.25ml/550'
Wed	3	19:30	Local race	Bradwell	4.5ml/600'
Sat	6&7		MM	Phoenix MM, Cheviots. 2 day MM, Individual event, 4 courses. See: www.geocities.com/andrew_nicoll/phoeni	
Wed	10	18:30	Club run	Sportsman	
Wed	10	19:30	Local race	Cracken Edge, Hayfield	4.5ml/600'
Thu	11	19:15	Local race	Dennis Stitt, Victoria Inn, Victoria (near Holmfirth)	5ml/850'
Wed	17	18:45	DPFR race	Alport, Birchin Clough, A57	
Sat	20	13:00	Eng Champ	Whittle Pike, Cowpe Village, Rossendale	4.5ml/1400'
Mon	22	18:50	Local race	Trunce 8, Waggon & Horses, Oxspring.	4.25ml/550'
Wed	24	18:30	Club run	Sportsman	
Wed	31	18:30	Club run	Cutthroat Bridge	
Sep					
Fri	2	18:45	Local race	Great Longstone	4.8ml/950'
Sat	3	11:00	Local race	Longshaw Sheepdog trials	5.5ml/350'
Sat	3	14:00	Local race	Crowden Horseshoe	8ml/1700'
Sun	4	11:00	Local race	Totley Terminator	15ml/4150'
Sun	4	14:00	Local race	Shelf Moor	6ml/1500'
Wed	7	18:30	Club run	Sportsman	
Mon	12	18:50	Local race	Trunce 9, Waggon & Horses, Oxspring.	4.25ml/550'
Wed	14	18:30	Club run	Sportsman	
Sat	17	15:00	Local race	Lantern Pike, Little Hayfield	
Sun	18	11:30	Local race	Chelmourton	5ml/1000'
Wed	21	18:30	Club run	Sportsman	
Sat	24	09:00	MM	Dark and White league. See www.darkandwhite.co.uk	
Sun	25	11:00	Local race	Stanage Struggle, Hathersage.	

Wed	28	18:30	Club run	Sportsman	
Oct					
Sun	2		Relay	Ian Hodgson, Brotherswater	
Sat	8	11:00	Eng Champ	Langdale. Entry by 1 Oct.	14ml/4000'
Sun	16		Relay	FRA Relay, Hayfield.	
Nov					
Sat	12	10:30	DPFR race	Club Championships, "Triple Crossing" course, Edale.	9ml
Sat	12	19:30	DPFR event	Club Dinner,	
Dec					
Sun	11	08:00	Relay	Calderdale Way Relay, Copley near Halifax.	

'Jos Naylor' Attempt - May 14th.

Colin Lago and John Armistead plan to have a go at this challenge run on Saturday May 14th. At the time of writing this, (December 31st) suitably inspired by brandy, armchair reading of Richard Askwith's 'Feet in the Clouds' and two successful consecutive day's training (not known since before the war!) final details re start time etc have not been set.

Colin and John will be grateful for any offers of help- pacing, drug infusing, whatever!!! Please contact Colin directly (colin@lago7380.fsnet.co.uk) if you can assist.

DPFR Championships Series

A new club competition for 2005.

3 races to count, 1 Short, 1 Medium, 1 Long. The Short counter to come from Edale Country Fair or from Whittle Pike. - both English Champs. Medium, compulsory, to be the Club Champs. Long to come from Langdale or Wasdale. - both English Champs.

Points awarded as a percentage of the winners time. That would mean that if you got a flier at Whittle Pike you would score heavily, even though there wouldn't be as many as at Edale.

Dave Tait

Contact changes

Guy Seaman: guyseaman@dsl.pipex

Hopkinsons: richardanddawn.hop@w3z.co.uk

Jane Searle: searjja@supanet.com

Advanced Notice: Club Championships and Dinner

The above will take place on Saturday 12th November.

The Dinner will be at the Cross Scythes Hotel Totley at 7 for 7.30 pm, Bar till 1 am Disco till 2 am. It will be 3 courses at £15 per head max and there is room for 75 people. Andrew Moore is the organiser of the Dinner this year.

The Club Champs will be the Triple Crossing from Edale.

Letters

Reflections on Dark Peak

The article on Dark Peak in the October 04 FRA magazine caused me to reflect back over more years than I care to remember to when myself and Denis Rankin were very fortunate to have the support of the (in)famous DPFR Bob Graham machine. It was fantastic to be cossetted so efficiently during our successful attempt. The 'eraic' and comradeship shown to both of us 'outsiders' is still strong in my memory!

One example came when Denis's PB's gave up to ghost at the bottom of Yewbarrow. His size was 7.5! This was no problem to the support and within 15 minutes an almost new pair was found. The wonderful homemade grub was also a significant factor in my success!

On a more serious note, Mike Hayes and his 'navigation team' were also a major contributor to our success. All we had to do was run and eat. I would also like to thank Martin Hudson who was a driver / navigator. He insisted that I should complete the Manx Mountain marathon within 6 hours as training and to show my fitness for the BG. Martin also introduced me to your president and I can vividly recall eating scrambled egg in Buxton on that occasion.

In recent years I have also managed to keep up with Dark Peak through racing against Dave Tait who personifies (in my opinion) the essence of Dark Peak. Many thanks to Dark Peak for the memories.

Jim Patterson
Newcastle AC (N. Ireland)

Features

Pertex 2003-4

In 2003 I was the proud recipient of the 'Pertex Award for Total Incompetence (sic) In The Mountains.' I received the award for my sustained efforts to fail to finish The Lake District Mountain Trial. I still blame Howard, but that's another story. The incumbent makes the award for the following year, so I rapidly became privy to every bit of running gossip in circulation. Tom Westgate was Chief Gossip, even going to the trouble of providing me with annotated maps depicting people's walkabouts. Try as I might I couldn't find any dirt on him though. What follows is a brief review of the bids to win the trophy in 2004. I hope they prove useful for aspirant Pertexers.

Eric Mitchell put in an early bid immediately after the club dinner. He was spotted turning *left* out of the Maynard Arms en route to Grindelford railway station. John Gunnee deserves a mention for failing to reach Eve when jumping from Adam. A broken toe and a slow hobble down Tryfan ensued. David Hakes entered the Pertex fray (frayed Pertex?) at the fancy dress Trunce. He set off enveloped in 6mm neoprene plus snorkel and flippers. On reaching the stream crossing he executed his master plan by going into Jacque Cousteau mode. Unfortunately the Don is not quite so deep as the Caribbean. Several stitches later he seems to have got over his rubber fetish, but a dodgy taste in running shorts remains.

A regular Pertex nominee, Dave Allen made a strong bid at the Crowden Horseshoe race by visiting the Holme Moss transmitter en route from Black Hill to Tooleyshaw. He took a gaggle of unsuspecting non-Dark Peak runners with him (no Dark Peaker would ever think of following Dave!), allowing quite a few brown vests to execute overtaking manoeuvres in the clag. Good on yer, Dave! Up in the clag on Jura, Rob Davison only arrived at the first check point as the marshals were packing up to go home. Where did you get to Rob? Keith Holmes ended up flying the flag at the opening ceremony for the world masters mountain running championships in Italy. He got lumbered with carrying the Union Jack at the head of the *English* contingent. The organisers found a St George's cross for the closing ceremony.

For truly big walkabouts you have to be in truly big hills like, for instance, Snowdonia or the Scottish highlands. Kev Saville got to know the not so bonnie banks of Loch Treig during a bold attempt on the Ramsey Round. With Tom, he had climbed Ben Nevis, the Aonachs and the Grey Corries in good order, but with darkness falling he decided to bale out, leaving Tom to traverse the Easains alone. Bob Berzins awaited them at the Loch Treig dam. Tom arrived, down on schedule and pulled out, but there was no sign of Kev. He had been hoping to follow the railway line along the side of the loch, but, having walked off the edge of his map, he failed to find the line, it being a couple of hundred feet up the hillside. Instead he had to scumble for many miles along the shoreline, arriving at the car at 4am after his 'long short cut'.

Also out in the dark was Roy Small, supporting the first section of a Paddy Buckley round in Snowdonia. Like Kev, he didn't have a map of the area, but he did have his

GPS, loaded with waymarks for the summits and waypoints that they were due to traverse. However, due to the relentless pace, he got dropped by the pack and decided to make a beeline to the change over point at Rhyd Ddu. With little alternative, he followed the bearing generated by the GPS. However, unknown to him, there was a heather clad mountain and a forest between him and the road. He arrived much later.

For setting such a fine example of total incompetence in the mountains it gave me great pleasure (I mean *great* pleasure) to award the Pertex 2004-5 to our illustrious club chairman, Mr Roy Small. (Applause form assembled throng, profanities from Roy). Who'll be next?

Gavin Williams

The Search For 'P.W.'

The aftermath of running a two-day workshop on the Friday and Saturday immediately preceding the Marsden -Edale race on December 5th saw me whinging out of the race in favour of a lie-in plus a ramble across Bleaklow to yell appropriate encouragement as the runners came through. Having parked at Nether North Grain, I ploughed up the Grouse Butts to Over Wood Moss and thence to the Pennine Way at Hern Clough.

Just beyond Hern Stones, and still on the Pennine Way I came across two guys wearing Barber raincoats and Wellingtons walking towards Bleaklow Head, following faithfully (they informed me) some 'PW' signs that had been chalked as 'way markers' on occasional rocks beside the path.

"Excuse me, mate," they asked, "could you tell us how far and whereabouts is the plane wreck?"

"You will be looking for the one, I assume, that is up on Shelf Stones," I said, "but you are now going away from it in this direction."

Explaining that they had no map or compass I proceeded to look at my map and compass and point in the direction they needed to go- almost 180 degrees different to the way they were headed!

"Are you sure, mate?" One of them asked, "only we have been following the 'PW' signs all the way up here so we can't be far off. 'PW' obviously stands for plane wrecks, so according to them, we are on course."

"Sorry," I said, "but I think you will find it stands for Pennine Way, and the way you are going will take you much further from them!"

The above is a true story of that morning, though some 'Dark Peakers' have doubted its veracity (but nevertheless enjoyed the story!) In reflection I wonder if the moral of the story resides in something as simple as "Beware the obvious signs! They might prove wrong."

Celia Lago.

Reports & Results

Warts Revenge : 28 November 2004

Seeing the new names on the 2004 entry list makes me think I should explain a little about the race. Conceived and organised by DPFRR Stalwart Colin Hughes, the 'wart's Revenge has been run for many years on Hallam Moors. When Colin left Sheffield for Manchester, organisation & sponsorship of this classic Bog Trot was taken over by sponsor www.jfulton.com (Sheffield's premier Electrical Contractor). Some time after leaving Sheffield, Colin sustained a serious car accident after which the race was renamed as The Colin Hughes Memorial 'wart's Revenge.

In 2004 there were old and new competitors, notable "oldie" being Ged Desforges recognised by just four of us, still turning in a good performance ending in 8th place. I have no idea how competition in the race unfolded, there were too many tasks for the organiser to perform (Registration / kit check / controls / computerised results / taped course / Mountain Rescue / &c.) but it was a pleasure to see most in the Norfolk arms afterwards for Prize-giving. The results accompany but; Tim A won the 100 Watt light Bulb, Tim T the 60 Watt light Bulb, Dave the set of Screwdrivers (Part P), Mr. Andrew Moore (old pro) red light, David Hakes Sponsor's Plug, Hilary (1st lady), amusingly shaped lightbulb (needs seeing to be believed), and finally Mike Hayes, 1st SV in a brilliant time winning the Long Life lamp – well done Mike, a successful BG next year eh?

Jim Fulton

1 Tim Austin	68.45	17 Royston Smallpiece	89.39
2 Tim Tett	69.28	18 Roger Slater	90.32
3 Dave Taylor	72.59	19 Ken Jones	90.35
4 Mr. Andrew Moore	76.23	20 David Aches	90.39
5 Rob Davidson	76.27	21 Mike (purple) Hayes	90.51
6 Dave Tate	76.36	22 Tom Webb	93.37
7 Tim Hawley	77.18	23 David Belk	93.38
8 Ged Desforges	78.05	24 Richard H	95.17
9 Phil Crowson	78.29	25 Mike Arundale	98.57
10 Tim Ray	82.46	26 Eoin Connaughton	99.10
11 Paul S.com	82.57	27 Hilary Bloor	99.11
12 Chris Barber	83.19	28 Hugh Cotton	101.2
13 Bob Berzins	83.45	29 Carson Chetty	101.21
14 Tom Westgate	84.00	30 Guy Seaman	101.46
15 Wil Whittington	84.20	31 JF	102.54
16 Andy Harmer	86.47	dnf John Dalton	DNF

jf@fulton.com Established 1930 so look out next year for 75 year anniversary prizes!

NB – Colin Hughes got better but the trophy had already been engraved.

Cardington Cracker Race : 5 December 2004

9ml, 2600ft. AM.

Just tremendous running over the South Shropshire hills, everything commendable about this event. A lovely opportunity for the organisers to rake in some easy money – but instead the ordinary runners were rewarded from the huge depth of prize vouchers. As it should be.

Dave Tait

1	T. Werrett (Mercia)	1:13:55
21	D. Tait	1:26:48
37	D. Allen	1:29:32
77	P. Sanderson	1:38:08
270	ran	

The Stoop : 19th December 2004

5m/900ft

1.	Rob	Hope (P&B)	30-43
2.	Ian	Holmes (Bingley)	30-59
3.	Lloyd	Taggert	31-04
33.	Jon	Hobbs	36-40
52.	Matthew	Hulley	38-46
279	finished		

Auld Lang Syne : 31st December

Just edged out of first team prize by Salford who were 1st & 3rd. DPFR were even out numbered (but not out-run) by Dark Peak Wives AC. A memorable experience for anyone that's not done it - 430 runners start from a quarry for a race that's 6 miles of ankle deep peat bog in the shallow bits, with most runners ending up with vests indistinguishable from ours.

The free bottle of Special Ale was a very pleasant moment - I wonder if we could get some Moonshine bottled for Burbage. Briefly stopped in my first Taylors pub on the way home - could have stopped all night, and the singsong in the DPFR Wives van on the way home completed a most enjoyable day.

Andrew Moore

1	Andi	Jones (Salford)	39.05
62	Keith	Holmes	47.50
64	Andrew	Moore	48.11
102	Matt	Hulley	50.36

New Years Day : 1 January 2005

7.5ml, 1700ft.

Very pleased with the turnout for this year's race, I still think that our club races are better than most of the Calendar events. From Ashopton, we headed for the "enclosure" by John Field Howden. I'd be glad if someone could enlighten us about its original purpose? Different lines were taken up to the Wheelstones, and Gavin was the only one to find the direct drop through the woods to claim first home. The rolling system of prizes worked well - at last I've got rid of the Dog Oil. When Ron startles us with his results, we know what he's now using. So put things away in a cupboard for next year's race!

					Dave Tait
1	G.Williams	1:10:40	9=	N.Boler	1:20:05
2	J.Boyle	1:11:00	11	I.Hodson	1:29:20
3	T.Austin	1:11:05	12	R.Hakes	1:38:00
4	D.Gale	1:11:37	13	J.Dalton	1:52:20
5	K.Holmes	1:12:50		D.Hakes (ret)	
6	R.Hutton	1:13:50		C.Taylor (ret)	
7	D.Tait	1:16:00			
8	R.Rawcett	1:16:15			
9=	R.Horsfield	1:20:05			

Malhamdale Race, Sat 15th Jan 2005.

This race was open to those attending Tim Tett's running weekend at Malham Tarn Field Study Centre and was devised by Dave Holmes with a variation (the hill at the end) thrown in by Tim.

What a day - thick mist reduced the visibility to less than 50m at times meaning people with a map had to read it and those without either had to know where they were going or had to follow someone who did - needless to say, some people got a bit lost!. The fast start around the Tarn and down the Pennine Way to Malham Cove was followed by a steep descent to a checkpoint in the middle of the river as it emerges from under the Cove - nice one Dave!

A steep climb back to the top of the Cove was followed by a fast run around to Gordale Scar and waterfall - magnificent checkpoint! - you don't get many of these climbs in fell races!. Tim having led up until this point, but closely followed by Mick and Dave, lost the lead as Mick climbed the waterfall.

Another flat and fast run back followed until the last sting in the tail, a climb up and over Great Close Hill which sorted out the final positions, Dave running strongly and Tim rather weakly, leaving Mick to take second place. Dark Peaks long lost legend Mal Patterson earned a credible 4th place - not bad for someone with only half a map!

Tim Tett

Malamdale results:

1	Dave Taylor	63.35	7	Richard Hakes	80.27
2	Mick Robinson	63.40	8	Dave Holmes	81.49
3	Tim Tett	64.30	9	Hamish Harmer	91.50
4	Mal Patterson	65.43	10	Roy Smali	95.23
5	Pete Hodges	69.09	11	Hilary Bloor	102.00
6	Rob Davison	69.17			

3 others walked around and several others ran the course the next day.

Lamb's Leg Fell Race : 16 Jan 2005

People made their different ways to the start to avoid the interesting congestion charges, bikes - walking - running. Only a short race, AS, but a proper drop and a steep climb back out. Lloyd was well into Lap 2 when I came home, a touch of problem finding the right way during the first time, it seems.

1	L.Taggart	Too fast	27	M.Hulley	32:15
6	K.Holmes (1st V50)	30:42	83	J.Gardner	38:35
13	D.Tait	31:18		127 ran	
19	R.Horsfield	31:42			

Kinder Trial : 22 Jan 2005

There was a hard frost with some very slippery peat on top of Kinder, but no clag. It was shorter than last year, with half an hour lower winning time, and less choice. There were only two major decisions: clockwise or anti-clockwise and take number 6 on the way up or the way down. But still an enjoyable race, pity the optimum route involved more than 2 miles of road to and from Kinder Reservoir.

The Hayfield Championships website on <http://www.cs.man.ac.uk/~temples/hc/> is great. Not only did I discover that I was the second most improved runner this year by comparing this years race with last (I got lost in the mist last year), but clicking on any name in the results give all their Hayfield Champs results for the last century.

Peter Gorvett

1	A.Middleditch	1:24:05	42	A.Barnett	1:56:16
2	M.Crane	1:25:15	51	H.Bloor (1 st L50)	1:59:22
4	A.Ward	1:29:57	52	R.Hopkinson	1:59:48
6	D.Soles (1 st V40)	1:35:57	79	R.Slaus	2:24:13
7	B.Johnston	1:38:02	80	N.Boier	2:24:13
14	D.Tait (1 st V50)	1:43:00	90	J.Dalton	2:36:27
15	N.Northrop	1:43:38	116	T.Woodhouse	3:54:00
33	P.Gorvett	1:52:57			
39	T.O'Neal	1:55:31		119 ran	
40	A.Jackson	1:55:48			

This event is becoming one of our best local races. Whatever happens you have a good run around different parts of Kinder, plenty of interest. There seemed to be fewer controls than last year, none of them hard to find with safe navigation. The day was clear, dry and cold – some tremendous running.

Dave Tait

Burbage Nuts : 23 January 2005

1	Dave Taylor	71.26	19	Paul Sanderson	89.34
2	Mike Robinson	72.15	20	Dave Lockwood	89.34
3	Rob Smith	75.15	21	Mark Barnett	89.34
4	Phil Winskill	75.30	22	Richard Hakes	89.45
5	Roger Woods	76.08	23	Dave Holmes	91.00
6	Dave Gale	76.10	24	Roger Slater	92.13
7	Dave Tait [1 st M50]	76.30	25	Rachael Elder [1 st F]	92.43
8	Keith Holmes	76.40	25	Helen Winskill [2 nd F]	92.43
9	Ron Fawcett	76.58	27	Alan Yates [1 st M60]	99.05
10	Andrew Moore	77.30	28	Maurice Musson	100.03
11	Tim Hawley	77.45	29	Dick Pasley	101.22
12	Steve Storey	78.20	30	Robert Marsden	102.20
13	Neil Drake	82.50	31	John Myers	109.50
14	Chris Barber	83.30	32	Mick Poulter	110.01
15	Mick Cochrane	84.17	33	John Dalton	112.00
16	Rob Davison	86.00	34	Mike Browell	122.35
17	Rob Moore	88.06			
18	Dave Bollington	89.12			

Warts Winter Challenge 26th January 2005

A new route this year, and closer to Sheffield than last year, brought 22 runners out to Grindleford Cafe, for a steep woodland climb, moorland traverse, and pleasant descent through Lonslow Estate. The weather was kind - no mist, very little wind, but very wet underfoot.

Andy Malkin

1.	Mick Robinson	55:03	12.	Chris Barber	66:10
2.	James Varley	57:27	13.	Maurice Musson	66:12
3.	Bob Berzins [1 st M40]	61:08	14.	Pete Gorratt	66:40
4.	Andy Harner [1 st M50]	64:35	15.	Tim Wiegand	67:20
5.	Flu Ray	64:49	16.	Hilary Bloor [1 st F40]	68:50
6.	Tim Hawley	65:45	17.	Dave Holmes	68:55
7.	Andy Barnett	65:55	18.	John Dalton	70:02
8.	Jim Fulton	66:02	19.	Richard Hakes	71:25
9.	Roy Small	66:04	20.	Neil Drake	73:20
10.	Debbie Smith	66:06	21.	Karen Davison	79:40
11.	Rob Smith	66:07	22.	Mike Browell	79:55

Tigger Tor : 30 January 2005

1	Taggart, Lloyd	1:13:41	107	Ray, Tim	1:36:10
3	TAYLOR, Dave [1 st M40]	1:14:14	110	BARNETT, Andy	1:36:23
7	Winskill, Phillip	1:15:06	128	Elder, Rachael	1:37:37
8	Middleditch, Andrew	1:16:11	134	Small, Roy	1:38:11
9	Little, Robert	1:17:46	135	Moore, Rob	1:38:12
11	Robinson, Mike	1:21:15	143	Saville, Kev	1:38:49
12	Gale, Dave	1:23:38	159	Bollington, David	1:40:24
16	Williams, Gavin	1:23:57	162	Slater, Roger	1:40:36
20	TAIT, Dave [2 nd M50]	1:24:34	165	PERRYER, James	1:41:22
21	Ascroft, Jon	1:24:41	167	Evans, Rob	1:41:47
23	Bell, Steve	1:24:52	172	Jones, Ken	1:42:20
28	Moore, Andrew	1:25:16	178	Hayes, Mike [3 rd M60]	1:42:39
30	Hall, Tony	1:25:22	181	Gardner, Julie	1:42:58
31	HOLMES, Keith [3 rd M50]	1:25:25	199	HERBERT, John	1:45:13
32	Lewis, Iestyn	1:25:33	205	West, Maurice	1:45:32
35	Bradbury, Darrell	1:25:52	210	Yates, Alan	1:45:52
36	Hulley, Matthew	1:25:54	211	Connaughton, Eoin	1:45:57
38	Jackson, Adam	1:26:04	228	Fulton, Jim	1:49:14
42	Fawcett, Ron	1:26:34	230	Musson, Maurice	1:49:22
45	Webb, Thomas	1:26:53	243	Rybinski, Eugene	1:50:34
47	O'neil, Tim	1:27:02	245	Tapping, Peter	1:50:45
50	Woods, Roger	1:27:36	252	Chetty, Gasan	1:52:00
51	Wallis, Nick	1:28:19	259	Poulter, Mick	1:52:51
55	Allen, Dave	1:28:52	275	Arundale, Mike	1:55:39
58	Horsfield, Richard	1:29:20	277	Wilson, Clive	1:55:58
63	WINSKILL, Heien [2 nd F]	1:30:02	279	ARUNDALE, Dave	1:56:07
73	Cochrane, Mick	1:32:10	282	Cotton, Hugh	1:56:57
76	Hopkinson, Richard	1:32:19	308	Elleker, Helen	2:04:03
78	Yates, George	1:32:48	309	Edwards, Mick	2:04:31
93	Ansell, Dave	1:34:48	329	Woodhouse, Ted	2:09:37
102	BLAND, Lynne [2 nd F40]	1:35:51			

Long Mynd Valleys : 6 Feb 2005

The usual excellent course, English Championship next year. There was enough mist around to confuse even the local regulars and so very, very wet. The climbs were slippery – the grassy drops were beyond control. Just a matter of sitting down at the top and enjoy the slide. Lucky the runners with longer shorts.

Dave Tait

1	D.Neill (Staffs M)	1:45:50
19	D.Tait	1:59:45
36	K.Hoimes	2:07:54

Pennine Bridleway Relay : 6 February 2005

Formerly the Rossendale relay this is along very similar lines to Calderdale but with 5 legs still run in pairs from 5 – 12 miles long around the area North of Rochdale. As with Calderdale Gavin and I hit similar problems with injury, illness, holidays and apathy and decided to join forces and put out a mixed team. The resulting motley crew participated with much enthusiasm and at one point we were actually first mixed team. Unfortunately Pudsey and Bramley had Gary Devine and John Henegan running last leg so me and Janet didn't stand a chance, Accrington also managed to sneak past on leg 4 so we ended up a creditable 3rd mixed team. Not bad considering all but 2 of us were over 40!

Unlike Calderdale the route is very clearly marked at every turn so it's not vital to know it and the changeovers are much more accessible so the driving is not such a pain. As the whole thing is a bridleway it can also be rec'd by bike.

Borrowdale won and took 14 minutes off last years winning time (there's a challenge for DPFR men's team for next year) and Clayton won the ladies and vets. Apparently Clayton had 9 teams entered! All in all it was a great day out, the organisation was excellent using Sportident the results were instant and because it is slightly shorter and a bit more daylight than Calderdale most people avoided the mass starts.

A huge thanks to everyone who took part, Helen and Geoff for getting up at the crack of dawn to do the first leg, Phil and Jane and their children for making such an effort to take part, Sue for standing in at the last minute with such enthusiasm and Janet for opening all the gates for me on the descent! Not forgetting of course Gavin, Dave Soles and Darrell for turning out as always and making it all work.

I would certainly do it again next year so put it in your diaries!

Lynne Bland

Wadsworth Fell Race : 12 Feb 2005

BL, 20ml, 4000ft.

Heavy overnight rain had soaked the moors, so very heavy, tiring ground, with the varied elements of rain, gales, hail and sleet. The race report has a wind chill of -15C, it was so cold and hard during those last waterlogged moors.

Dave Tait

1	R.Jebb (Bingley)	3:01:02
19	D.Tait (1 st V50)	3:35:57
25	M.Hulley	3:38:24
56	K.Jones	4:09:32
72	G.Kirk	4:29:03
73	H.Thorburn	4:29:21
100	finished	

The Loxley 5 Trigs : 13 February 2005

A stunning success by our standards!

Nice sunshine to begin with if a little cold and windy. The peleton stayed together for the early stages but Tim and Chris soon started to take the lead. By the time the Moscar to Back Tor section was reached Tim and Chris had gained a substantial lead with the remainder of the pack in a distant chase. On the tops there was a covering of snow over very soft wet ground and going was slow. The weather showed a little deterioration from this point and we had a few snow showers. Tim and Chris maintained the lead together while the pack split up.

The slow going was demonstrated by the very leisurely finishing times. Tom Westgate's record of 2.59 stands for another year.

Richard Hakes

1	Tim	Hawley	3.46
2	Chris	Barber	3.46
3	Richard	Hakes	4.01
4	Andy	Harmer	4.08

Eoin Connaughton (Showed good sense and retired for warm soup at the Low Bradfield Café and a ride home.)

Edale Circle Fell Race : 19 Feb 2005

9ml, 3650 ft.

The best turnout so far for this very hard race. Clear, frozen with a biting northerly wind. Not sure which is the best way off Hollins Cross, also many variants off Mam Tor - even with an attempt at descending the shale face.... Now there's a thought. Congratulations to Tim for improving the course record -- and a special mention for John and Mike, sensibly setting off slightly earlier so as to finish amongst the others.

Dave Tait

1	T.Austin	1:40:30	10	P.Sanderson	2:03:15
2	B.Johnson	1:49:39	11	C.Barber	2:03:46
3	J.Varley	1:49:55	12	A.Harmer	2:05:11
4	T.Hawley	1:51:59	13	G.Johnson	2:26:59
5	D.Tait	1:53:30	14	E.Connaughton	2:28:04
6	I.Lewis	1:58:39	15	S.Reid	2:28:12
7	R.Fawcett	1:58:59	16	G.Nicholls	2:39:05
8	R.Woods	2:01:44	17	J.Dalton	2:56:37
9	P.Orton	2:01:49	18	M.Browell	2:56:47

Relays

Calderdale Way Relay : 12 December 2005

Near perfect running conditions, 6C, light or no wind, mist on tops.

Some excellent A team performances especially on legs 4 & 5. Roger Woods saved the day for the A team after Mike Nolan was ill overnight. Solid vets run with very good runs on legs 3 and 5. Good to finish a B team and mixed team. The B team avoided the mass start on final leg by 66 seconds with Lesley then putting in a superb effort by running a second 10 mile leg just so the B team could finish after Rogers promotion to the A.

Special thanks to Dave Holmes for coming from Sheffield just to do some driving; also to Alan, Lynn and Andy for arranging the teams. **We CAN win this event.** Get it in your race diary for next year (Sun. 11th Dec.).

Mike Pedley

1	Pudsey & Bramley	6:05:28	
2	Clayton Vets	6:10:26	V1
3	Todmorden	6:18:07	
4	Horwich Vets	6:18:18	V2
5	Bingley	6:18:25	
8	DPFR	6:23:35	
18	DPFR Vets	6:48:08	V3
23	Clayton B	6:54:14	B1
34	Pudsey & Bramley Mixed	7:20:58	Mx1
43	Ilkley ladies	7:33:58	L1
45	DPFR B	7:41:09	B5
62	DPFR Mixed	8:01:16	Mx5

98 team teams finished

A	D. Taylor A. M'ditch 1:12:13 1:12:13	T. Tett C. Seliens 2:14:14 1:02:01	6 6	N. Conway P. Smith 2:56:05 41:51	6 17	P Winskill A. Ward 4:02:38 1:06:33	5 2	M. Robinson J. Boyle 4:57:25 54:47	3 2	P. Hodges R. Woods 6:23:35 1:26:10	8 35
V	B. Hanley A. Moore 1:23:14 1:23:14	C. Adams S. Bell 2:27:24 1:04:10	25 12	D. Bradbury M. Salkild 3:06:59 39:35	18 7	R. Hutton D. Soles 4:23:24 1:16:25	18 18	D. Tait K. Holmes 5:21:18 57:54	15 8	D. Alien G. Williams 6:48:08 1:26:50	18 36
B	C. Barber T. Hawley 1:24:51 1:24:51	D. Hakes W. Witton 2:43:33 1:18:42	49 55	R. Hakes J. Herbert 3:33:15 49:42	49 53	L. Taggart J. Varley 4:49:31 1:16:16	40 23	C. Pearson M. Sluice 5:58:54 1:09:23	40 49	L. Aitchison A. Fairburn 7:38:11 1:39:07	45 72
Mx	L. Bland L. Aitchison 1:26:56 1:26:56	I. Westgate I. Ray 2:41:30 1:14:34	48 43	S. Westgate B. Hiles 3:42:31 1:01:01	56 85	G. Kirk M. Hart 5:09:32 1:27:01	61 60	C. Stewart P. Boothman 6:23:33 1:14:01	59 64	P. Leach H. Thorburn 8:01:16 1:37:38	62 67

Fell Off

Tie My Kangaroo Down Mountainbike Sport

World Mountain Bike Orienteering Championships In Australia October 2004

Running was a non-compulsory part of it, but where it made sense to me to get off the bike and run, it probably saved my life. The steep downs with certain death at the bottom were much better tackled as runs, as were the near-vertical ascents which followed. The rest of the racing in Australia was fast mountain biking in stunningly beautiful dry eucalyptus forests, shared with cockatoos and kangaroos. The forests varied from revegetated old gold workings with mine shafts and rollercoaster technical path networks, to dense pine and eucalyptus forests.

The World Mountain Bike Orienteering Championships were held over a seven day competition in Victoria, Australia. Teams from all over the world took part in the four race series, which took place over a week in mid October 2004. The week prior to the races allowed competitors to train in similar terrain, with an organized programme of four non-competitive events.

I was one of three Brits who travelled out to compete in the Open Class Races, while our seven strong GB National MTBO Squad was there to compete in the elite races. We wiser and older has-beens and never-was's were allowed to take part in Open Races, which were held over the same terrain as the Elite Races, using the same maps. There were four races spread over a week, giving a full range of orienteering challenges, from fast to technical. The rankings of the Open Races swelled by an extra 60 on Day 2 of the competition, where half the elite men failed to make the grade for the Long Finals. Thankfully none of the elite rejects were in the 50+ category!

Mountain bike orienteering is fast and furious riding requiring perfect navigation in a complex area. Just as in foot orienteering, competitors start individually, so there is no one to follow. Each of the races is a fixed course, and the fastest rider wins. This differs from most British mountain bike orienteering which is score based, where there is a fixed time limit to collect as many controls as possible. So for Brits abroad there was a steep learning curve.

Ballarat in Victoria is in the Central Highlands of the Great Dividing Range, and had it not been for alluvial gold, this would have remained sparsely settled cattle and sheep farming country, once the native scrub and eucalyptus forests had been cleared. The Gold Rush in the mid 1800s changed all that, when millions of incoming prospectors from Britain, California, Ireland and China turned the place into the wild west, then into very prosperous Victorian towns, and finally into tourist towns which still have their Victorian buildings intact because pretty much nothing has happened since.

Until 2004, when the World's Mountain Bike Orienteers descended for a two week festival.

Highlight of the week for me was hammering down a forest track with a family of kangaroos bounding along parallel. They swerved across my path and carried on with their normal day, totally unfazed by hundreds of mountain bikers. The woods were loud with the raucous squawking of cockatoos and paraqueets.

Second highlight was beating the fastest time of the entire Japanese national team on one race!

Now the running bit. Imagine you're locked into the pedals on a mountain bike. You look down a slope and immediately know 'I'm going to fall here and it will be nasty' and you can visualize the inevitable carnage when ground, man and metal become interwoven. This is the time to get off and run, or rather slide down with the brakes locked. And usually, after the horrendous descent, there is an equally awful hill to climb. So hoisting bike over shoulder and using every tree as support, you stagger upwards as quickly as possible. I found this technique useful on virtually every race.

Now the biking bit. For those who know about mountain biking, the best bits were the trick courses built by local kids with jumps, tight turns, hazardous trees and scary drop-offs. Potential to spend plenty of time with the Australian National Health Service. There was leaf-strewn track, where the peeling eucalyptus bark and twigs covered the forest floor from wall to wall and you could ride virtually anywhere. And mounds and hollows from ancient gold workings which were never intended to be ridden over and made really difficult riding with gnarly descents and impossible climbs.

The worst bits of mountain biking are usually at the bottom of steep descents. This is where the first aid crews should be located. Getting down the drop is usually simple because unfriendly gravity helps, but keeping a handle on what happens next is tricky. Where the descent is followed by a steep climb the safest technique is to scope out the bottom, and if it appears rideable, slide down the hill until it looks safe to let fly, close your eyes and let gravity and adrenaline carry you down and as far up as you can. Frantically pedaling legs will carry you. When the bike halts you have two choices - fall off and use your body as an anchor to slow your slide back down, or if you're really cool, hop off and try to keep hold of your bike before it slides back down the hill.

There are two very bad things that can happen at the bottom of a slope. The first is the notorious sandy hollow where the sand swallows up the tyres and momentum provides a rapid exit over the handlebars, followed by the bike cartwheeling and landing on top of you, bruisingly, pedals still firmly licked into cleats.

The other is a pond of unfathomable depth, with deep mud which causes the bike to go all wobbly and adopt horizontal mode, and the rider to slide to a conclusion in the

muddy tyre tracks of previous bikes. A very thoughtful young French rider behind me was obliged to take emergency avoidance action when I demonstrated this manoeuvre; expressing typical Gallic concern – ‘Merde!! Zut aiors!!! Are you OK?’

A nice touch about Aussie forests is their choice of big bits of single sized rock to form the tracks. In the UK our Mr McAdam devised a graded range of rocks which when placed together form a nicely interlocking matrix which is pleasant to ride over. Sadly his teachings are yet to reach the colonies, and are not yet in forest track construction textbooks. The Australian Forest Service have a standard single sized rock specification. The worst of these are around tennis ball size, and when a bike ploughs into them they part and act as roller bearings as they open up to allow the wheels in. When you try to pedal the rocks churn and grind but the bike stays put, and then deposits the rider into the rockery, painfully. This is much more fun when flying around a corner and hitting the tennis balls at 45 degrees. The spray can kill an innocent kangaroo at 10 metres.

At the Castlemaine event there was a nice bit of technical twisty-turney track past a pond and a perfect picnic site, already occupied by Aussie family with the barbie in full swing, prawns grilling nicely, tinnies of the local famous XXXX disappearing rapidly. Their regular quiet Saturday afternoon was being disrupted by aging hooligans on bikes but hey, that's loads better than a gang of kids out for a party in a stolen Ute.



I did fairly well in each of the proper races, never bettering second but getting consistent 3rd or 4th places. After four races the results were calculated on a best three basis, and I achieved second place in the World Mountain Bike Orienteering Men's 50+ Open Class.

The next World MTBO Championships will take place in Slovakia in September 2005. It's definitely worth training for!

Mike Browell

Apologies for the 20 people who did not receive a Winter newsletter. We're not sure why but we didn't get enough printed! Everyone should now have one. If you haven't please ask Gavin Williams or Mike Pedley.

DPFR Local Race League

Now into it's 15th year the Local Race League is a simple championship to encourage participation at DPFR and local events. It's history lies in a past where there were far fewer local races and many Dark Peakers preferred to travel to the Lakes.

2005 will be the last year of the local league in it's present form and scoring system. It is based on your best 16 scores. Scores are based on the order of DPFR finishers with a minimum of 30pts for the first Dark Peaker (40pts if there are more than 30 Dark Peakers, 50 if more than 40 and so on). For next year a special "30 year" championship based on a selection of club and local 'classics'. Details later in the year. Beyond that... well maybe that's a good one to debate during this and next year.

Mike Pedley

2004 Results

42 possible races, 992 appearances shared between 183 Dark Peakers. Biggest turnout was at Bamford (55)- even more than at our own Club Champs (51).

	TOT	Races			
1 Andy Moore	520	16	(21)	93 Deb Smith	84 7
2 Phil Winskill	482	13		94 John Gunnee	84 6
3 John Boyle	478	15		95 Eoin Connaughton	82 5
4 Gavin Williams	465	14		96 Chris Browell	78 2
5 Dave Tait	463	16	(17)	97 Mick Cochrane	75 3
6 Tim Hawley	437	15		98 Dave Miller	74 3
7 Keith Holmes	409	13		99 Jim Lawrenson	73 3
8 Tom Westgate	394	16		100 Jane Griffiths	72 4
9 Chris Barber	377	16		101 Peter Gorvett	70 4
10 Rob Smith	363	13		102 Dave Markham	68 5
11 Rob Davison	346	10		103 Dave Beresford	68 2
12 Richard Hakes	343	16	(17)	104 Phil Cox	65 3
13 Roger Slater	343	16	(26)	105 Karl Marshall	64 3
14 Roger Woods	343	12		106 John Herbert	62 3
15 Rob Hutton	336	11		107 Sean Ledger	59 2
16 Iestyn Lewis	331	9		108 John Myers	58 6
17 Dave Allen	312	11		109 Sean Hickinson	58 3
18 Andrew Middleditch	307	9		110 Dave Hay	58 3
19 Paul Eanderson	305	13		111 Richard Patton	58 1
20 Richard Hopkinson	299	12		112 Richard Wren	57 1
21 Tim Ray	293	13		113 Jo Smith	55 2
22 Tim Austin	289	8		114 Chris Radcliffe	54 4
23 Karen Davison [1 st F]	288	12		115 Gasan Chetty	53 4
24 Andy Barnett	287	10		116 Andy Jenkins	53 2
25 Nev Boler	281	11		117 Neil Conway	53 1
26 Andy Harmer	271	10		118 Pete Tapping	52 3
27 Dave Soles	262	9		119 Ron Fawcett	52 2
28 Roy Small	260	13		120 Simon Pape	50 4
29 Darrell Bradbury	257	9		121 Mike Nolan	50 1
30 James Varley	255	9		122 Barry Thackery	49 2
31 Tim Tett	255	7		123 Dave Arundale	48 6
32 Dave Taylor	241	7		124 Dorothy Pelly	48 3
33 Bob Bezins	239	10		125 John Soady	47 1

34 Phil Crowson	232	8	126 Colin Iago	46	3
35 Matt Huilley	231	10	127 Dave Harrison	46	2
36 Alan Yates	223	11	128 Martin Fox	44	2
37 Alan Ward	219	6	129 Geoff Kirk	44	2
38 Dave Holmes	218	10	130 Tony Keddie	43	2
39 Helen Winskill [2 nd F]	209	8	131 Paul Stopford	42	2
40 Pete Hodges	209	6	132 Barry Needle	42	2
41 Jim Fulton	201	16	133 Eugene Rybinski	41	3
42 Lynn Bland [3 rd F]	196	9	134 Dan Tett	41	2
43 Kev Lilley	193	6	135 Mike Hayes	40	2
44 Hilary Bloor	177	12	136 Jacky Smith	38	3
45 Phillipa Leach	176	7	137 Graham Berry	38	2
46 Bill Hanley	176	6	138 Andy Kitchen	38	2
47 Simon Patton	175	4	139 Colin Taylor	38	1
48 David Hakes	163	8	140 Mark Salkild	37	1
49 James Hargreaves	163	6	141 Maurice West	36	2
50 Chris Edwards	159	7	142 Andy Dickenson	36	1
51 Maurice Musson	158	12	143 Alison Shepherd	35	3
52 Tim O'Neil	157	4	144 Peter Kenney	33	4
53 George Yates	152	5	145 Mike Pedley	29	2
54 Martin Payne	150	8	146 Dave Mosley	29	2
55 Robert Cooper	149	11	147 Clive Wilson	29	2
56 Martin Smith	149	5	148 Rob Evans	29	1
57 Ken Jones	144	8	149 Roy Marlow	27	1
58 Geoff Nichois	142	9	150 Mike Sprot	27	1
59 Mick Edwards	141	12	151 Ruth Hambleton	26	2
60 Dave Bollington	141	7	152 Jim Bell	26	1
61 Adam Jackson	138	4	153 Haimish Harmer	26	1
62 Keith Parker	137	4	154 Jenny Whitehead	25	1
63 John Dalton	130	12	155 Neil Drake	24	1
64 Ann Wamore	130	9	156 Frank Thomas	24	1
65 Tim Mackey	128	6	157 John Straker	23	2
66 Mike Arundale	121	10	158 Bob Marsden	23	2
67 Alice Brockington	120	5	159 Tony Hall	23	1
68 Kevin McGrath	118	4	160 John Vernon	22	2
69 Chris Moseley	117	3	161 Kim Buckley	22	1
70 Thomas Webb	116	4	162 Kev Saville	21	2
71 Chris Ledger	116	4	163 John Kewley	21	1
72 Dick Pasley	114	8	164 Lucy Weigand	20	4
73 Jane Searle	114	7	165 Andy Howie	20	1
74 Hugh Cotton	113	11	166 M. Dennison	18	1
75 Dave Charles	107	3	167 Guy Seaman	18	1
76 Rob Moore	105	5	168 Gary Westwood	17	2
77 Steve Bell	105	3	169 Bronwen Hiles	17	2
78 Nick Wallis	105	3	170 William Whittington	16	1
79 Ted Woodhouse	104	6	171 Matt Flinders	14	2
80 Neil Northrop	102	3	172 Jim Orrell	13	1
81 Tim Atkin	101	7	173 Jim Borrington	12	1
82 Helen Thorburn	101	5	174 Roger Baumeister	11	2
83 Matt Crane	97	3	175 Sally Ward	11	1

84 Dave Lockwood	96	5	176 John Edwards	11	1
85 Mike Browell	95	12	177 James perryer	10	1
86 Mick Poulter	93	7	178 Helen Elleker	9	1
87 Rob baker	93	3	179 Philippa Moorhead	8	1
88 Bob Bryan	92	6	180 Pete McFarlane	8	1
89 Colin henson	91	7	181 John Norman	6	1
90 Richard Horsfield	89	3	182 Gez Myers	6	1
91 Mark Hayman	89	3	183 Andy malkin	4	1
92 Mike Robinson	85	2			

Although included above, the trophy was awarded on the basis of 10 pts to the first woman Dark Peaker, 9 to second etc with results below. Note it made no difference to the winner which scoring system was used but did affect other positions.

1 Karen Davison	115	12	13 Jacky Smith	24	3
2 Hilary Bloor	92	11	14 Alison Shepherd	21	3
3 Heien Winskill	77	8	15 Dorothy Pelly	20	3
4 Ann Watmore	72	9	16 Jo Smith	18	2
5 Lynn Bland	67	8	17 Bronwen Hiles	15	2
6 Phillipa Leach	56	6	18 Ruth Hambleton	13	2
7 Jane Searle	55	7	19 Sally Ward	10	1
8 Deb Smith	55	7	20 jenny Whitehead	10	1
9 Alice Brockington	47	5	21 Kim Buckley	10	1
10 Helen Thorburn	47	5	22 Helen Elleker	6	1
11 Jane Griffiths	36	4	23 Philippa Moorhead	5	1
12 Lucy Weigand	25	4			

2003 Results

And for the record, here are the 2003 positions: 781 appearances by 160 Dark Peakers at 33 races. Figures in brackets indicate total races run by that person (best 16 count).

1 Phil Winskill	554	16	(19)	81 Dave Harrison	70	3
2 Andy Moore	507	16	(17)	82 Phil Cox	70	2
3 Dave Tait	501	16	(22)	83 Geoff Nichols	69	6
4 Gavin Williams	395	13		84 Lesley Atchison	68	4
5 Dave Allen	392	13		85 Richard patton	67	2
6 Rob Davison	387	13		86 Bob Bryan	65	5
7 Andrew Muddleditch	350	11		87 Pete Hodges	62	2
8 Mark Hayden	328	10		88 Helen Elleker	60	6
9 John Boyle	325	11		89 Chris Radcliffe	60	4
10 Karen Davison: [1 st F]	310	11		90 Dave Mosley	60	3
11 Jim Fulton	270	16	(19)	91 Simon Pape	59	3
12 Mick Robinson	266	8		92 John Gunnee	57	6
13 Roger Woods	261	9		93 Tim O'Neil	57	2
14 Chris Barber	251	12		94 Martin Payne	56	4
15 Darrell Bradbury	250	8		95 Bill hanley	56	2
16 Tim Mackey	249	13		96 Mick Cochrane	56	2
17 Helen Thorburn	249	11		97 Steven Smith	56	2
18 Steve Bell	245	7		98 Dan Tett	54	2
19 Richard Hakes	244	12		99 keith parker	54	2
20 Andy Harmer	241	9		100 Kim Buckley	53	2
21 Dave Holmes	240	10		101 Chris Ledger	53	2
22 Keith Holmes	239	8		102 Brian English	52	2
23 Richard Hopkinsor	233	10		103 karl marshall	51	2
24 Roger Slater	223	15		104 Mark Salkild	50	2
25 Rob Hutton	220	8		105 Tony Keddie	50	2
26 Nev Boler	208	8		106 Ruth Hambleton	49	2

27 Tim Austin	208	6	107 Stuart Oglethorpe	46	1
28 Pete tapping	207	12	108 Phil Elliott	44	1
29 Dave Soles	201	7	109 Dave Arundale	41	5
30 Dave Charles	186	6	110 Phil Crowson	41	2
31 Roy Small	185	8	111 Dave Markham	40	3
32 Maurice Musson	182	11	112 Jacky Smith	39	3
33 Richard Horsfield	178	6	113 Phil Jones	37	3
34 Tim Tett	176	5	114 James hargreaves	36	1
35 Andy Barnett	174	6	115 Pete Stubbs	35	2
36 Neil Northrop	168	5	116 Hilary Musson	34	3
37 Hugh Cotton	159	14	117 gary Westwood	33	3
38 Tom Westgate	159	8	118 james Furness	33	1
39 Kirsty Bryan-Jones	158	8	119 haimish harmer	30	2
40 Chris Edwards	158	8	120 Andy Poirette	30	1
41 Mike Arundale	153	13	121 Deirdrie ni Challanain	29	2
42 George yates	150	6	122 Chris Pearson	26	2
43 Kevin McGrath	148	5	123 Francis Smedley	26	1
44 Geoff Kirk	146	6	124 James Williams	26	1
45 Helen Winskill	141	6	125 paul harrington	26	1
46 Mike Sprot	136	5	126 Tony Hall	26	1
47 Graham Berry	135	6	127 Bill Edwards	25	1
48 Tim Ray	135	5	128 John Kewley	25	1
49 John Herbert	133	7	129 Keith parker	25	1
50 Ian Smith	133	4	130 Steve Froggat	25	1
51 Bob Berzins	121	5	131 Maurice West	22	2
52 Al Sealy	120	3	132 Tom Holmes	22	2
53 David Hakes	115	7	133 Dave Lockwood	21	1
54 Roy Marlow	115	5	134 Anna Forrester	20	1
55 Tim hawley	115	5	135 Rob Evans	20	1
56 Oli Johnson	115	3	136 Tim Atkin	19	1
57 Peter Gorvett	113	5	137 Martin Smith	18	1
58 Phillipa Leach	112	5	138 Charles Rising	16	2
59 Mick Poulter	111	9	139 Laura daniel	15	1
60 Ken Jones	111	5	140 Tim Weigand	15	1
61 Mike Browell	108	11	141 Rob Evans	14	1
62 Simon Patton	104	4	142 John Norman	13	2
63 Mick Edwards	100	9	143 Clive Wilson	13	1
64 Paul Stopford	100	4	144 Jan cave	13	1
65 Paul Sanderson	99	5	145 Robert Cooper	12	2
66 Alan Ward	99	3	146 Andy malkin	12	1
67 Dave Beresford	90	3	147 Jim Orrell	11	1
68 Iestyn Lewis	89	3	148 Colin henson	10	1
69 Jane Searle	88	6	149 Guy Seaman	10	1
70 Lynn Bland	86	5	150 Jim Orrell	10	1
71 Jenny Whitehead	85	3	151 Kev Saville	10	1
72 John Myers	84	12	152 Gez Myers	9	1
73 Hilary Bloor	84	7	153 Dick Pasley	8	1
74 Barry Thackery	84	5	154 Tony Woodhard	8	1
75 Jo Smith	84	4	155 Bronwen Hiles	7	1
76 Ann Watmore	80	6	156 Lucy Weigand	7	1
77 Alison Shepherd	78	4	157 Ted Woodhouse	6	1
78 Jane Griffiths	75	4	158 John Edmonds	5	1
79 John Armistead	75	3	159 Roger Baumeister	5	1
80 Alan yates	74	4	160 Dawn Hopkinson	1	1

In Gear

Spring 05

Dark Peak Fell Runners Kit Price List

Vests **£13.00**

All vests are now the same price, sizes are small, medium, large and extra large.

Shorts **£14.00**

The shorts are the metallic green cycling type, sizes are medium and large.

Tracksters **£18.00**

Purple one pair of each medium and large.

Black are available in medium, large and extra large.

Hats **£7.00**

Just a few left in black, some knitted and some fleece.

Socks **£2.50**

Running bear wool socks.

For details of latest kit stocks contact:

Richard hakes 0114 233 9912 richard_hakes@yahoo.com

The-bit-almost-at-the-end

In the next issue...Who knows; but until a new editor is announced you can still send stuff to the outgoing one: mike@frosthole.demon.co.uk.

Deadline: Wednesday 1 June 2005 Publication: Wednesday 22 June 2005

Thanks

Spring 05 was produced with thanks to: Andrew Moore, Andy Malkin, Colin Lago, Dave Tait, Dick Pasley, Eric Mitchell, Gavin Williams, Jim Fulton, Jim Patterson, Lyne Bland, Mike Browell, Peter Gorvett and Tim Tett.

Pictures

Front: Mike Nolan descending towards Braithwaite (photo by Mike Pedley)

And with the change of editor comes a change in website...

For the latest news and events see the new website: www.dpfr.org.uk

Editorial

That's about it for the 50th Mike-Pedley-edited edition of Dark Peak News. I still enjoy going through the 3 monthly production ritual and it is a much easier process now than when I produced the "Summer 89" edition. It used to take me at least 24 hours work to type most of it. Now e-mail contributions and better word processors have made it more like 8 hours (although doing the web site means much gets entered as it arrives). More importantly, how has Dark Peak changed much in 15 years - half its life time?

A look back at Summer 89 finds some familiar names. A committee that included "Harmer", "Tett" and "Harrison" - all still Sheffield based and active in the club. Races included Crookstone Crashout, Cakes of Bread and Dungworth. Races, it seems, may evolve but rarely die out. Only the Cuttfoat and Mitchell Field relays have disappeared but maybe even they could make a guest appearance for our 30th year.

The 30 year anniversary (2006) was one of the reasons I decided to 'retire' as newsletter and web site editor. It will give me a little more time to produce a '30 year book'. In 1986, Graham Berry edited an excellent club book to mark 10 years. With an extra 20 years to go at it seems like a good time for another anthology. The intention is to combine some of the best of the last 30 years with much new material including articles, interviews, photos and a few results and statistics. What would you like to see included? What captures or illustrates the spirit of the club for you? Why not put pen to paper and submit it for the book? Archive photos welcome too.

DPER 05 is an older club but larger club than the 1989 vintage. Membership is growing again and competitively we are as strong, if not stronger, than at any stage in our history. The efforts of Dave Tait, Al Ward and Karen Davison to encourage championship race and relay participation is starting to pay real dividends. DPER is a unique club, combining racing success, ultra distance and social events. We are FRA relay champions and have more BG (and Joss Naylor?) completions than any other club yet still with a minimum of admin and a sense of humour.

In these 15 years there have been some excellent contributions and dedicated contributors. Whilst there have been some outstanding individual articles, the regular correspondents are the ones that have done most to ensure a 28+ page newsletter each quarter. Two of these deserve special mention. Dave Tait's superb results service has supplied me with >30 reports a year for the last few years. Mike Browell's unique writing style has added much to many editions - even though his cover for the 1990 edition was never quite appreciated fully (or understood) by all!

A combination of work and lack of running have limited my recent involvement but I don't plan disappearing from the scene just yet. I just hope to eventually get fit enough (injury free) to see some of you on the classic courses, as well as on the occasional Wednesday night. Thanks for all the contributions to the newsletter. Keep them coming for the new editor.

Mike Pedley