

A black and white photograph of a runner with bib number 223 on a rocky trail. The runner is in the foreground, wearing a dark long-sleeved shirt and light shorts. In the background, another runner is visible on a similar trail. The text 'DARK PEAK NEWS' is overlaid on the right side of the image.

**DARK
PEAK
NEWS**

SUMMER 2003

DARK PEAK NEWS

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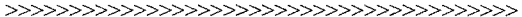
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News

Racing Successes continue

A core of club members including Dave Tait, Alan Ward, Mark Hayman and Karen Davison and Helen Thorburn has meant that after many years of absence, Dark Peak is once again featuring in the English and British championships. After 2 out of 6 British events the women's team lie 2nd and the men 7th with men's veterans (both 40s and 50s) also in the top 7. Alan Ward and Helen Thorburn are also placed in the top 20 of the English championships in these early stages.

New captain and secretary

Welcome to Alan Ward and Roger Woods as men's captain and secretary respectively. Alan has been a big part of Dark Peak's resurgence this season on the championship scene. Roger is better known for success in the longer events, especially Mountain marathons but still runs well at all distances. Both were elected unopposed at the recent AGM.

Elsewhere on the committee, Jeff Harrison said he would continue as treasurer for one more year but has passed his club dinner organiser duties onto Ann Watmore and Tony Keddie. For full details of the AGM see page 7.

Andy navigates to success (with a little help from his friend!)

Well done to Andy Moore and Gavin Williams who won the pairs event at the Dark and White Challenge. Lots of other dark peakers featured in this 3 hour score event. A similar event will be staged again in August.

Ruth Recovering

Ruth Hambleton, one of DPFR's star women runners, was about to go out for a training run with some other members of DPFR earlier this year. Instead spent the next three weeks in hospital after suffering a stroke.! It's great to hear that she is now back out running and on the way to full fitness.

Home Skyline victory

Well done to Mark Hayman on winning Edale Skyline and the mens vets team for winning their class. Good DPFR turn out. One of the star performances of the day, however, came from Sally Newman of Calder Valley who finished in the top 20 overall and helped her club win the team prize. Dunces-of-the-day-prize went to Phil Winskill who forgot he was carrying some results back from the finish to the results officials and headed home still carrying them... oops!

Biking Browells

Mike and Chris Browell had an extremely successful time in the first of the "Peel Mountain Bike orienteering" races at Yateley Common. In the race sponsored by Dark Peaker Dave Peel's mapping company, Chris achieved 3rd in the Open Mens Race, not bad for a 'youth' shortly before his 18th birthday. Mike wisely stuck to his age category, winning the M50+ race by a narrow 7 second margin.

Events

Club runs: every Wednesday from the Sportsman, Lodge Moor, Sheffield at 18:30 or at an "away" venue (usually at 18:45 but check below). Abilities vary and there are usually a couple of regroupings during the run. Also every Thursday: intervals at 18:30 from the monument (by the big field) in Endcliffe Park.

"Local races" are open events usually entry on the day with an entry fee (£2 ish) and a few prizes. "DPFR races" are informal events for Dark Peak club members, usually with no entry fee and no prizes.

Jul

Wed	2	18:30	Club run	Sportsman	
Wed	2	19:30	Local race	Shelf Moor Uphill, Royal Oak, Glossop	3ml/2460'
Sat	5	11:30	Local race	Trans Pennine Trail 5 mile, Oxspring	5ml/flat!
Sun	6	11:30	Local race	Peakers Stroll, Peak Forest reading room	25ml/4000'
Sun	6		Brit & Eng Champ	Skiddaw, Keswick, Fitz Park	9ml/2700'
Mon	7	19:30	Local race	Hathersage, Hathersage School Field.	4.5ml/925'
Wed	9	18:30	Club run	Sportsman	
Wed	9	19:30	Local race	Black Rocks, Matlock rugby club	5.5ml/850'
Sat	12	14:30	Local race	Charlesworth & Chrisworth, Charlesworth recreation ground	3ml/500'
Sun	13	11:15	Local race	Peak Forest, Peak Forest village store	6ml/650'
Sun	13	14:30	Local race	Broomhead Chase	3.5ml/800'
Mon	14	18:45	Local race	Trunce (6), Waggon and Horses, Oxspring	4.25ml/550'
Wed	16	18:45	Club run	Fisherman's car park	
Wed	16	19:30	Local race	Bamford Carnival, Bamford rec.	4.5ml/1000'
Thu	17	19:30	Local race	Sheldon, Cock & Pullet, Sheldon	4ml/527'
Tue	22	19:30	Local race	Robin Hood, Robin Hood Inn, Baslow	5ml/875'
Wed	23	19:00	DPFR race	Cakes of Bread, Fairholmes	
Sun	27	11:00	Eng Champ	Holme Moss, Brown Hill reservoir, Holmbridge.	16ml/4000'
Wed	30	18:30	Club run	Sportsman	
Aug					
Sun	3		Local race	Dovedale Dipper; Hartington. Entry forms available on: www.matlockrotary.org.uk	26ml/3000'
Mon	4	18:45	Local race	Trunce (7), Waggon and Horses, Oxspring	4.25ml/550'
Wed	6	18:30	Club run	Sportsman	
Wed	6	19:30	Local race	Bradwell, New Bath Hotel, Bradwell, Hope Valley	4.5ml/600'
Wed	6	19:30	Local race	Cracken Edge, Kinder MR hut, George Hotel, Hayfield	7ml/1450'
Wed	13	18:30	Club run	Sportsman: including 3 Stones Race	
Thu	14	19:15	Local race	Dennis Stitt memorial, Victoria Inn, Victoria near Holmfirth	5ml/850'
Sat	16	10:30	Brit Champ	Brecon Beacons, Talybont Res car park (SO 105209)	19ml/4500'

Mon	18	18:45	Local race	Trunce (8), Waggon and Horses, Oxspring	4.25ml/550'
Wed	20	18:45	DPFR race	Alport, Birchin Clough lay-by, A57	
Thu	21	19:30	Local race	Pilsley Fell race. Pilsley	5.5ml
Sat	23/ 24		MM	Phoenix, 2 day event from venue in Cheviots	
Sun	24	09:00	MM	Dark and White Challenge, Pindale (G.ref. 163825) See www.darkandwhite.co.uk	3hr score
Sun	24	13:00	Local race	Nab Fell race, Glossop rugby club	4ml/750'
Tue	26	18:30	Local race	Barrell Inn, Hawkhill Rd, Eyam	6ml/1000'
Wed	27	18:30	Club run	Sportsman	
Fri- Sun	29- 31		DPFR event	Thornbridge Weekend. Dark Peak's annual camping and barbeque weekend at Thornbridge Hall near Great Longstone. Race on Sat morning (see below), bbq on Sat evening. £6 per adult per night (kids free). Details / queries: Tim Hawley.	
Sat	30	11:00	DPFR race	Ashford Fell race, Ashford village green (in conjunction with Thornbridge weekend)	6ml
Sep					
Wed	3	18:30	Club run	Cuthroat Bridge, A57. NB early start time	
Fri	5	18:45	Local race	Great Longstone, Cricket Ground, G Longstone	4.8ml/950'
Sat	6	11:00	Local race	Longshaw Sheepdog Trials, Longshaw.	5.5ml/650'
Sun	7	10:30	Local race	Totley Tormentor, Cricket Inn, Totley	14ml/4150'
Sun	7	14:00	Local race	Shelf Moor, Shepley Street, Old Glossop	5.9ml/1500'
Wed	10	18:30	Club run	Sportsman	
Sun	14	08:45	Other race	Lake District Mountain Trial, somewhere in Lakes. www.hindfam.demon.co.uk/mtrail	16ml/7000'
Sun	14	11:30	Local race	Chelmorton, Primitive Hall, Chelmorton	5ml/1000'
Sun	14	13:15	Local race	Padfield Plum Fair, Torside Scamper, Padfield nr. Glossop	6.5ml/1050'
Wed	17	18:30	Club run	Sportsman	
Sat	20	15:00	Local race	Lantern Pike, Little Hayfield	5ml/1050'
Sat	19/ 20		MM	Mourne Mountain marathon. See www.mourne2day.com	
Sun	21	11:00	Local race	Stanage Struggle, School Lane, Hathersage	6.7ml/950'
Wed	24	18:30	Club run	Sportsman	
Oct					
Wed	1	18:30	Club run	Sportsman	
Sun	5	10:00	Relay	Ian Hodgson, Brotherswater. Contact Alan Ward or Karen Davison regarding DPFR teams.	
Wed	8	18:30	Club run	Sportsman	
Sat	11	11:00	Eng Champ	Langdale, Entries in advance by 4 th Oct. See: www.xldhdemon.co.uk/his/lhs	
Wed	8	18:30	Club run	Sportsman	
Sat	18	11:00	Relay	FRA Relay, Church Stretton. Contact Alan Ward or Karen Davison regarding DPFR teams.	
Wed	15	18:30	Club run	Sportsman	

Wed 22 18:30 Club run Sportsman
 Wed 29 18:30 Club run Sportsman

Nov

Sat 8 10:30 DPFR race DPFR Club Championships, venue to be confirmed. NB DPFR paid up members only.
 Sat 8 19:30 DPFR event DPFR Club Dinner, Maynard Arms, Grindleford
 Sun 16 10:30 Local race Roaches, Village hall, Meerbrook 15ml/3700' Warts

Dec

Sun 14 08:00 Relay Calderdale Way Relay. Contact Alan Ward or Karen Davison to volunteer for DPFR teams. Drivers/reserves also welcome to help make the day a success. Usual DPFR race HQ with mulled wine & mince pies available to all runners and helpers! 50ml 6 stages

Don't forget: Eric Mitchell is 80 on **27th October**. Watch out nearer the time for details of the celebrations!

French Events

Still stuck for a summer holiday? Try one of these! These are official events, organised by the Federation Francais des Sports, or by local affiliates, and normally offer prizes as well as finishers' medals.

29.06.2003	Chamonix	42.2km/1400m	Mont Blanc Marathon
29.06.2003	Chamonix	23km	Mont Blanc Cross (off-road section of Marathon - the other 19km is road)
29.06.2003	Chamonix	42.2 Km	Duo Relay of road + off-road sections.
13.07.2003	Marignier	12km/800m	Hill Run
20.07.2003	St. Gervais	20Km/1800m	Tough ascent on road and trail
27.07.2003	Megeve	15Km/810m	Mountain trail run
03.08.2008	Abondance	12Km/900m	Trail run
10.08.2003	Le Reposoir	15Km/752m	Hill run
17.08.2003	Flaine	21Km/1054m	Grand Massif Tour.
24.08.2003	La Clusaz	27Km/1000m	?
30/31.08.03	Chamonix	70/110/145Km	Choice of 3 trails on Mont Blanc Tour
07.09.2003	Magland	10.2km/675m	Fun Run with tough climbs!
12.10.2003	Le Bourget	15km/900m	Tee-shirt and local wine for all finishers.

For accommodation and organised inclusive running tours one option is Savoy Chalet Holidays at www.ski-montblanc.com (0033-450477831).

A.G.M.

Dark Peak Fell Runners AGM 14th May 2003 The Grouse Inn

Minutes prepared by Bob Berzins – outgoing secretary. Approximately 45 members attended.

1. Apologies

Chris Worsell, John Edwards, Dave Lockwood, Chris Barber

2. **Minutes 2002** – accepted.

3. Matters Arising

Dave Holmes did send a chairman's report for the 2002 AGM, but the secretary didn't receive it.

4. Reports

Chairman's report – attached

Secretary's report:

Bob Berzins said he would be stepping down this year after 3 years in office and hoped that volunteers for the committee would be forthcoming in the future. Bob felt that 3 years was a reasonable time span to serve.

Treasurers report – attached.

Report accepted.

5. Election of officers

Secretary – Roger Woods, proposed Alan Yates, seconded Colin Henson. Elected unopposed.

Club Captain (Men) – Alan Ward, proposed Alan Sealy, seconded Gavin Williams. Elected unopposed.

All other club officials re-elected.

6. Race reports

Skyline Report:

Jim Fulton talked about the problems with access to Brown Knoll and the resulting route change across the valley floor. Many members felt that we should run over Brown Knoll regardless of the National Trust attitude. There was a proposal (Andy Harmer, seconded Tim Hawley) to leave it up to the organisers to decide the route next year. In any case Jim said he would not run the race over any land without the landowners permission. But they would negotiate the position for next year's race as soon as possible.

Burbage report:

Andy Moore reported that the race was a success.

7. Caravan Report

John Gunnee reported that the club had indeed purchased a caravan and it had been well used over the latter part of last year (74 bed nights).

He requested help with basic maintenance (cutting grass etc) by those who use it.

8. Access

Bob Berzins explained how the Peak Park estate manager for the North Lees Estate had approached the club regarding access to the Friars ridge area of Stanage, where two pairs of Merlin were nesting. This bit of moorland is an SPA (specially protected area) and Merlin are schedule 1 birds. Bob and Roy Small agreed to ask the club to not run off the paths in that area on club runs. But Bob also explained that individuals might not choose to stick to this. Bob is on the Stanage Forum steering committee as an individual. This forum is implementing the management plan for the area and there is still much discussion about access and nesting birds.

9. Subscriptions

Gavin Williams explained that about one third of the membership still hasn't paid this years subs. This seems to be a normal state of affairs. Gavin and Mike Pedley agreed to implement the following set of reminders for people who have not paid:

1. A reminder in the spring newsletter
2. No summer newsletter – just a final reminder
3. Still not paid by autumn newsletter – member deemed to have resigned.

10. Sportsman and away days

The main problem was short notice of away days, especially in the winter.

Roy Small was concerned that we provided enough trade for the Sportsman, especially when they had hired extra staff.

11. Any Other Business

Thornbridge – the last weekend in August, organiser Tim Hawley, cost £6 per adult per night.

Club Dinner - to be organised by Ann Watmore and Tony Keddy.

Club Champs – course to be planned by Bob Berzins

Website – to move to an expanded (non personal) web space during the coming year at an cost of about £100 per year.

Chairmans Report 14/05/2003

This last year has seen quite a few changes within the club and several new pressures from outside.

Our traditional running areas have been subject to access restrictions foisted on us by bird watching interests and overzealous park wardens. Living on the edge of a large conurbation I fail to see the logic that expects to create real wilderness and a wildlife paradise two miles from the city boundary. The CROW acts seem to be very negative in their effects on our pastime having brought new levels of land management and defined more reasons for restrictions than before. We have got no new footpaths and have lost some old ones, witness the Stanage Pole crossing and Friars Ridge not to mention Brown Knoll. I will mention Brown Knoll because Chris Barber and I were subjected to some very underhand dealings by the National Trust when we were refused permission for the Skyline to cross Brown Knoll this year. I still feel very resentful about that and for my part I am sure that we should make a very robust response in the near future.

There will be a Skyline report later but I will just say that our new organisers have done an excellent job of taking on the task and it serves to illustrate that these jobs are not as frightening once started as some expect and can be a lot of fun. This year we will see some new faces on the committee and this is in line with my stated ambition of seeing a club where every member must expect to contribute at some stage. Next year Jeff will stand down as treasurer (he must be expecting a legacy), and this year we have a new Thornbridge organiser and hopefully a new organiser for the club dinner. None of the new incumbents can be expected to do more than a few years. We have at least 100 active local members so there is plenty of manpower available.

There will be a report on the caravan later so we will hear how that is going, but I am sure we need to do some more events from up there.

There has been a continuation of the trend to fragmentation of the club this year. I personally lament that trend but we are not a prescriptive club and people are free to vote with their feet. We will discuss this later but I plead for some order and fairness to preside over how we manage the process. There is a new pressure on our club base due to expansion of the restaurant side of the Sportsman so it is important that we remain an asset to Gill and Mick rather than messing them about a lot. They understand our need for awaydays but do need to know about them.

We seem to have more problems with Club runs recently. We should be careful not to cause needless confrontation with farmers. The freedoms we exercise on open moorland should not be transferred to enclosed farmland, it's not right anywhere and on our own doorstep it's not sensible.

Apart from that lot it's been a quite year and we have only had one committee meeting to sort out the agenda for this meeting which is just the way it should be.

Roy Small

Treasurers report

TREASURER'S REPORT OF FINANCES OF DPFR MAY 2002 TO APRIL 2003

Current Account	£	Deposit Account	£
Opening Balance	3260.90	Opening Balance	1058.45
Income	5907.50	Interest (estimate)	1.40
Expenditure	5019.94		
	878.56		
Closing Balance	4147.65	Closing Balance	1059.85

ANALYSIS OF CURRENT ACCOUNT

	£ Income	£ Expenditure
Subscriptions	2181.00	
Equipment (clothing)*	423.50	
Newsletter	-	1014.78
Annual Dinner & Club Champs	1463.00	1542.75
Edale Skyline	989.00	826.16
Affiliation & Race Fees	-	659.00
Family weekend	827.00	717.94
Sundries (inc. bank fees)	56.50	131.85
Caravan	24.00	160.16
	5907.50	5019.94

*Cost value of equipment in stock May 2001 876.00

Total income from caravan is £69 of which £24 paid into the bank, £20 kept as a float and £25 spent on gas and repairs. The £160 expenditure was for locks, smoke alarms and annual rent.

Jeff Harrison

More News

A few members of Dark Peak have commented on the similarity between the caveman throwing rocks at the dinosaur in the current Volvic advert and a certain follicley unchallenged member of Dark Peak. Now we know the secret of his training program!

Anon.

Letters

Sour Grapes Re. Warting Hall of Shame

Dear Sir,

With reference to Tom Westgates' (aka Disgusted of Tunbridge Wells ?) letter printed in the last issue of Dark Peak News, I must say that his grapes must be well past their sell-by date.

Their was much discussion in the car park as we were waiting for Tom to finish and it was concluded by those fine upstanding chaps the organisers that no penalty should be incurred by those using the "Worsell" described. In fact it was concluded during the post race discussions in the pub that a great deal of intelligence and foresight was shown by those who chose to follow that hybrid being of man and mountain hare Andy Harmer!

As for the allegation made against Maurice Musson, Tom from Tunbridge Wells obviously failed to take into account Moz's trip to dizzy heights in Wausa and the unfortunate effects this has had upon him.

To address Tom's point about several club members needing a "good seeing to" the Warts will be organising the "Scotland St. Thrashing" during the season which will ease members bodily fluids. Only those wearing the same size shoes on both feet will be allowed to start!

I remain yours sincerely
Tim Hawley

Features

Four Peaks Mountain Race

Ficksburg – South Africa

28th September 2002

The Four Peaks Mountain Race takes place in the far northern tip of the Witteberg Mountain range between Bethlehem and Ficksburg in the North Eastern Free State.

There are many one horse towns around here and these are just two of them, these places probably hadn't changed since the voortrekkers set foot in the vicinity. So the story goes, when the first Dutch settlers decided to move north from Cape Town they came across a sign post strategically placed at a tee junction in the middle of the veld. One way pointed to "The Place of Gold", those that chose this found the rich gold fields of the Transvaal, the other way pointed to "The Land of Milk and Honey" and those that chose this route eventually found the tropical paradise of Kwa Zulu Natal. For those that could not read remained here in Ficksburg!

The land is inhospitable and unyielding in fact it has been known to snow on occasions! The mountains are wild and rugged like the people who scrape a living here (where men are men and sheep roam in pairs). It may have nought else going for it but the mountains in this region are quite impressive – and runnable!

Starting and finishing at the Moolmans Hoek private nature reserve the circular route traverses the highest section of the mountain range at Visierskerf (2400m) and follows the high ridges and peaks that borders onto Lesotho.

This inaugural event saw about sixty runner's toe the line on a cool clear spring morning.

I had travelled down from Johannesburg on the Friday afternoon, which took approximately three hours, giving me adequate time to pitch the tent and attend the briefing at 18h00 sharp. Like most races of this nature, it attracted the same contingency of stalwarts and was good to rekindle friendships from previous venues around the country, some had even travelled up from Cape Town and Pietermaritzburg. Although mountain and trail running is becoming increasingly popular in this country they are still regarded as an extreme sport and comparable to that of bungi jumping off the top of Victoria Falls or skiing down an avalanche. The philosophy tends to be that if you can't get a Mercedes up the mountain it's a no go doll!

There was no formal start and before you could say "Vastbyt" we were steaming up the valley towards the foot of the first Pyramid (2167m). I was feeling quite strong and succeeded in running most of the steep unrelenting climb to the rocky section just below the summit, from there continuing past the second Pyramid to the beacon at Die Hoek (2227m).

It was on the high ridge section and gentle climb to Jacobsberg (2258m) I made my move and by the summit had opened up a gap of five minutes on the chasing pack. Following the boundary fence that separates Lesotho and South Africa I could see for miles in a blurred sort of way, the rugged inhospitable terrain of the Maluti Highlands on my left was in stark contrast to the smooth cultivated landscape of the Free State on my right. Directly in front was the dark formidable shape of Visierskerf (2400m). This was one mother of a climb with one false summit after another eventually ending with a precarious ball aching scramble over a barbed wire fence to the checkpoint. Here I was greeted with the inspirational words “We had hoped it was young Christo not a pomie, aren’t you the guy that usually comes second on the Sky Run?”. With stiff upper lip and in good old Yorkshire tradition I told him to bollock’s and went swiftly on my way!

I vaguely remember the vista’s and gothic splendour of what is said to be the most scenic section of the race. I do remember the pain, the nausea, the rasping of burnt out lungs and the heart rendering slog up to the col below the “Kerf” (2304m) having had to drop 750 meters shortly after leaving the summit of Visierskerf’s plateau and in my reckoning the worse section of the race. Not even a large herd of Mountain Reedbuck gliding gracefully and effortlessly over the scree slopes could stir me into a jog or a solitary Black Eagle circling high on a thermal could inspire me to break into a crawl. With aching quads I clawed my way up and over the last bloody barbed wire fence and started the steep ascent of the last bloody peak Sikonyelles Hat (2312m). At the checkpoint I asked about young Christo and was told that he was about fifteen minutes behind me and did I know him because we had hoped he would be here first! I again replied Bollock’s and started the long rough descent to the finish.

Apart from falling down a sandstone cliff with tree in hand, getting horribly stuck down a “donga” with three metre high mud walls and nearly stepping on a huge Puff Adder prior to falling down the sandstone cliff with tree in hand, the run in was quite uneventful.

But alas! victory was sweet , as sweet as the last of the summer wine – after all it’s the first time a Yorkshireman let alone an “Ingelsman” has won a race in this neck of the woods!

As for Christo.....

1. Andy Forsyth – Randburg Harriers/ Dark Peak at heart – 3 h 59 min
2. Christo Muller – Bethlehem RR – 4 h 27 min
3. Herman Fourie – Bloemfontein AC – 5 h 05 min

Yours not quite over the hill yet!

Andy Forsyth

**Three Peaks Mountain Challenge
Cape Town– South Africa
2nd November 2002**

Sir Francis Drake described it as “the fairest Cape in the whole circumference of the earth”. Table Mountain’s grandeur is indeed unrivalled (apart from Ingleborough on a rare sunny day), presenting as it does a natural amphitheatre with Devils Peak and Lion’s Head on the southern coast of the magnificent Table Bay. These mountains have also become the stage for a unique endurance event, the Three Peaks Challenge.

The challenge, the brainchild of a well known Cape running personality Don Hartley, commemorates an event that took place more than a century ago. In March 1897 Carl W Schneeberger successfully ascended Devil’s Peak, Table Mountain and Lions Head, starting and returning each time to the Johannesburg Hotel in Long Street Cape Town in 9 hours 5 minutes. Fifty years later a Sandy Trimble bettered Shneebergers time when he accomplished the feat in 7 hours 17 minutes.

In 1997 Don Hartley, an experienced mountaineer and twice winner of the Two Oceans Marathon in the early 70’s, initiated and organised a 100 year commemorative event, in which eleven of the thirteen starters completed the inaugural Three Peaks Challenge won appropriately by Hartley himself in 7 hours 18 minutes. It revived a tradition that in a few short years has gained for itself a place amongst the toughest challenges of its kind. (hello, we are talking South African standards here!!)

Each participant who completes the race receive a T-shirt, a handmade miniature sculpture of Table Mountain and escorted back to your vehicle by a man in a funny white mack.

It has taken me almost ten years to motivate a trip down here since I set foot on these sunny shores and the break came when I managed to combine a business trip on the week prior to this event.

This year saw 83 competitors line up outside the gay bar in Long Street (77 would finish), was it the hills or was it the fast start that destroyed them may I ask? Or was it the butch looking transvestite waving a feather duster that appeared on the scene screaming in delight “Hey guys the milky bars are on me”, as he/she eyed up all the semi-naked runners preparing to launch them selves up a cliff. Incidentally, I never looked over my shoulder until I crested the summit of Devil’s Peak.

The route climbs almost immediately with a 3km haul through the suburb of “Gardens” to Deer Park and a testing gravel track to Tafelberg Road, from where the path to Devils peak begins. The single track zig-zags steeply to the saddle where at Breakfast Rock it rises sharply to the beacon, 1001 meters above sea level.

There was neither cloud or sign of any contest as favourite local lad Danny Biggs blew our chasing group away at the summit. Now a veteran, it was Danny’s fierce

competitive spirit that earned him a number of top performances in the 1980's. Battling it out regularly with the legendary Bruce Fordyce in the Comrades Ultra Marathon, victories in the Dusi Canoe Marathon and regularly getting chased up Table Mountain by a big butch transvestite waving a feather duster obviously did wonders for his endurance.

Once at the top it was a scramble back whence we came to Tafelberg Road and a 6km drop to the historic Green Market Square. At the second peak Biggs was 11 minutes clear of his nearest rivals. One can be sure when the Portuguese explorer Antonio da Saldanha led a party to the summit of Table Mountain in 1503 (the first recorded climb up the fracture that diagonally splits the mountain face, Platteklip Gorge as it is known today), he could hardly have foreseen someone trying to scale all three peaks in one day – especially in 'drag'!

Once at the top of Platteklip Gorge the going is relatively flat to Maclear's Beacon, at 1087m the highest point on Table Mountain. This hill definitely challenges one's deepest mental and physical resources on both the murderous slog up and the jarring jolt down, and its here where the race is won or, in my case LOST!!

This time it was merely a hobble down through Deer Park. I'd shot my bolt, "king of the 'ill no more", weaving my way through the early morning traffic and once again back into the now bustling Green Market Square in 7th slot having gone walk about somewhere on De Waal Street and losing three places to boot.

The third and final peak is reached via a torturous climb through Kloof Nek to the rump that is Signal Hill and Lions Head. This is by far the longest road section of the whole challenge, climbing steadily up Kloof Road and turning sharply (vertically) to the German School before a hands and knees crawl up a 250 foot banking and onto the contour path just below Lions Head.

Lion's Head provides a breathtaking panorama of mountains, sea and city and at only 670m is considered the softest of the peaks (that is, by car). Challenged only by the mass of granite and sandstone I launched myself up the chain ladder to the cairn summit having clawed my way back to 5th position.

The return journey was quite exhilarating and I found myself back in Long Street in no time, fighting my way through the hustle and bustle of Saturday morning shoppers, tourists and a gay carnival! arriving back at Green Market Square in 6 hours 25 minutes, third overall and the second fastest third leg, only bettered by Danny Biggs himself by 2 minutes.

It was another grand day on t 'ill.

Devils Peak (18km)	Table Mountain (20km)	Lions Head (12km)
2 – 08,03	2 – 43, 33	1 – 36, 54

Times are taken from Green Market Square to the summit of each peak and back.

Andy Forsyth

Reports & Results

Mickleden Straddle Fell Race : 2 February 2003

Conditions were atrocious! The start in the woods was sheltered, but once the path climbed along Mickleden Edge we were into the stinging blizzard with a driving wind. Inadequately clothed runners were passed, trying to put layers on in the storm. Retiring seems to have gone through most people's minds – but if you could get to the top there would be respite back along the dams. The valley under Howden Edge, with low, shorn tussocks, was calm, then over the top and a downhill shift to get home, still blown apart by the elements. A very good showing at the front, Tim winning by 6 mins, and the Team Prize – a big year to come?

Dave Tait

A hypothetical question for most of us. After a race, when juggling the winner's trophy (a six inch millstone with toe-breaking potential), the winner's prize (a bottle of malt whisky) and the team prize (four cans of beer), which would you drop? I don't know who to nominate for the Pertex trophy, Tim for dropping the whisky or Dave Allen for not hanging on to it when he had the chance. The race itself was run in awful conditions on the way out, snow and high winds. Conditions improved, or maybe the wind was behind us on the way back, but it still felt like a long way for 12 miles.

Simon Pape

1	T.Austin	1:32:07	43	R.Horsfield	2:01:50
3	J.Boyle	1:38:53	47	D.Holmes	2:02:50
6	I.Smith	1:42:29	59	R.Hopkinson	2:05:04
12	D.Allen	1:46:27	91	S.Dare	2:18:15
14	D.Tait	1:50:02	111	B.Thackery	2:44:24
40	S.Froggat	1:59:59		134 started, 17 retired.	

Box Hill : 1 March 2003

7.5mile / 1700ft

Geoff and I went to take part in this race on route to a family gathering in the south. We met Mark...the only other Dark Peaker! All of us felt a bit out of our normal territory but enjoyed the course and the race very much.

Fast course over limestone hills and very scenic. Weather was warm and sunny but there was a strong cooling wind. Prizes very disappointing considering the wealth in Surrey. I came home with a bar of soap (hoping to have managed to take home a landrover or small farm etc!!!!...at least!) Think the soap cost less than the cost of the entry fee!....no refreshments on offer post race other than purchasing beer and such like in the bar and not even water at the finish!!!!...may not go to that one again....

Helen Thorburn

1	Henry Dodwell	Highgate H	49:46	
47	Geoff Kirk		1:02:47	
64	Mark Salkild		1:04:55	
69	Helen Thorburn		1:05:47	2nd F

Grindleford Gallop : 8 March 2003

The weather for the 2000 race of clear blue skies with snow nestling on Kinder in the distance, were just a faint memory as for the second year running, it chucked it down with driving winds for the entire 23 miles, and it needed Alan Yates' serenade as I ran up Baslow Edge to spur me to the finish. Again the winner came no where near beating Roger Woods course record time.

The excellent buffet lunch in the pavillion was most welcome and worth the entry fee on its own, with the DPFR table really having it's fill. I don't think I was seen smuggling out extra flap-jack!

Andrew D Moore

1 st	Leonard	Riley (KentAC)	2.37	51 st	Maurice	West,	3.27
2 nd	Ian	Smith	2.39	63 rd	Tim	Ray	3.33
4 th	Andrew	Moore	2.48	67 th	Tim	Atkin	3.36
8 th	Roger	Woods	2.55	70 th	Barry	Thackery	3.39
12 th	Chris	Ledger	2.59	82 nd	Jim	Fulton	3.49
15 th	George	Yates	3.01	83 rd	Dick	Pasley	3.50
18 th	Ken	Jones	3.01	91 st	Colin	Lago	3.55
39 th	Roy	Small	3.18	92 nd	Colin	Henson	3.55
40 th	Paul	Stopford	3.19	99 th	David	Hay	4.03
43 rd	Roger	Slater	3.24	145	Ran		

Lad's Leap Fell Race : 16 March 2003

English Championship – Race 1

LADIES RACE

1	C.Howard (Matlock)	56:12
16	H.Thorburn	1:02:34
17	P.Leach	1:02:41
21	H.Winskill	1:03:14
27	L.Atchison	1:05:36
40	L.Bland	1:09:19
61	A.Watmore	1:16:30
	K.Davison - retired	
	79 finished	

DPFR team results

5 th	Men (open)
4 th	Men V40
5 th	Men V50
5 th	Ladies

MEN'S RACE

1	J.Brown (Salford)	44:56
19	P.Winskill	48:51
24	A.Ward	49:53
40	M.Hayman	51:11
59	S.Bell	52:41
61	I.Smith	52:55
91	G.Williams	55:15
100	D.Bradbury	55:59
118	D.Soles	50:51
125	K.Holmes	57:35
149	D.Tait	58:56
177	A.Moore	1:00:41
215	M.Salkild	1:03:32
262	T.Mackey	1:09:03
269	C.Pearson	1:10:09
274	C.Edwards	1:10:43
296	B.Bryan	1:13:55
303	M.Arundale	1:15:27
329	M.Edwards	1:21:10
331	T.Woodhouse	1:25:20
	338 finished	

Lads Leap report

Clear, warm conditions at Crowden – the Peak in a benign mood. With the club very well supported in all parts of the races. Marvellous to have people prepared to travel and get to a different set of events. The course is of worthy championship material, some potential problems thoughtfully sorted out. The whole thing was very well organised. Steep up the hill, down under the quarry, back up and blast back down the hill.

Dave Tait

Half Tour of Pendle : 22 Mar 2003

Weather was fantastic! Cool and dry. I followed Shaun all the way round, as I'd never ran over Pendle before. Have no idea where I went. Map didn't leave my bumbag once! 15 secs down on the winner. Might have won, if I'd have known when to expect the finish...

Phil Winkill

1st	Matt	Whitfield,	Bingley
2nd	Shaun	Livesy,	Clayton
3rd	Phil	Winkill	
12th	Andy	Middleditch	
21st	Pete	Hodges	
32nd	James	Furness	
54th	Paul	Harrington	
2nd Team			

Causey Pike : 29th March 2003

4.5miles/1780'.

The weather was excellent for this stiff little race which has two steep, and in some parts rocky, climbs split by a couple of hundred meters of flat running to the top of causey pike. This is followed by a flagged grassy descent onto a long rocky run back to Stair.

Tim Austin

Straight up including some scrambling and straight back down an equally steep descent. A great little race on a beautiful sunny day. Shame we didn't have another lady as we would almost certainly have won some Easter eggs!

Darryl Bradbury

1	Jim Davies	Borrowdale	33.31
2	Johnny Bland	Borrowdale	34.02
3	Tim Austin	DPFR	34.36
38	Daryl Bradbury	DPFR	42.12
48	Karen Davison	DPFR	43.51 2nd Lady
65	Lynn Bland	DPFR	48.02 5th Lady
First pair	Rob and Anna Davidson	DPFR	

Guisborough Moors : 6 April 2003

12.5ml/2600'

Excellent race and route. Good t-shirt. Very expensive to enter. Excellent race to do based from the caravan. The thin people ran it a bit faster than me!!!!

J Myers 2.25 (1st Dark Peak)

Wrekin Fell Race : 6 April 20003

5.5ml, 1700ft, AS.

A strange kind of race. Not fell as we're used to, some kind of volcanic rock. But still a tough, mostly runnable affair. Even though it was bone dry, studs were essential for the steep drops among the trees. A race worth thinking about.

Dave Tait

1	M.Buckingham(Holmfirth)	37:03	47	C.Edwards	52:07
21	D.Tait (1 st V50)	45:33	73	M.Edwards (1 st V60)	1:02:51
45	R.Marlow	51:38		83 ran.	

Herod Farm Fell Race : 9 April 2003

This is a great race, one of the first midweek offerings and convenient for those of us on the western side of the peak. It has a true fell flavour, packing two vicious climbs and little in the way of flat running, although I did find the 'aroma of barbeque' distracting as we skirted Simmondley. The course was in perfect condition which led to some fast times and Dark Peak runners, despite a small turn out, came away with a good haul of booty.

Dave Soles

1 st	G.Cudhay	Stockport	22.53
2 nd	T.Austin		23.38
3 rd	M.Hayman		24.51
11 th	D.Soles		26.45
42 nd	P.Tapping		32.05
61 st	B.Thackery(1stMV60)		36.46
1st team	Dark Peak		

Middlefell : 12 April 2003

6 miles and 1700 ft

This lakeland gem starts at the hospitable pub in Nether Wasdale ascends Middlefell passing Joss Naylor's house on the way. All runners received a large helping of "Tatie Pot" and the first male and female cheques for £100!! The following runners received lots of encouragement from the race organisers, Joss and the congregated handfull of spectators. A very friendly, ultra competitive little local run.

John Myers

1st	Andy ?	47 mins
49th	J Myers	87 mins
50 ran		

Dark and White Challenge : 13 April 2003

This was a very welcome addition to Peak District running. A time limit of 3 hrs meant that everyone had a good day's running, with enough time to get across to the proper hills above Edale. The checkpoints weren't too hard to find, so not too bad for those of us who can hardly see a map. These electronic dibbers are amazing : at the finish you immediately get a printout with a score, times, split times. They're here to stay. Look out for these events.

Dave Tait

Pos	Men	Points	Pairs	Points
1	J.Darke (?)	305	A.Moore / G.Williams	325
	S.Bourne	305	K.Davison / R.Davison	260
	D.Tait	300	P.Gorvett / P.Cox	250
	A.Bell	275	L.Atchison / C.Pearson	220
	R.Woods	270	A.Barnett / T.ONeal	200
	B.Berzins	265	C.Henson / R.Baumeister	190
	M.Musson	230	A.Kitchen / A.Jones	185
	T Hall	225	J.Fulton / H.Cotton	145
			M.Edwards / C.Edwards	Timed out
	Sorry if I've missed anyone!		B.Toogood / D.Gledhill	Timed out

Anniversary Waltz Fell Race : 19 April 2003**English Championship (2)**

11.25ml, 3600ft

Marvellous to see Dark Peak out at a proper, major race. Let's now keep it going, and get to these real hill courses. Good running conditions, still very hard surfaces, classic Lakeland hills. What a welcome change to be trying for team points!

Dave Tait

1	I.Holmes	1:28:27	167	K.Davison	1:59:38
22	M.Hayman	1:38:02	196	J.Kirk	2:02:34
29	A.Ward	1:40:00	200	H.Thorburn	2:03:01
59	M.Robinson	1:46:30	209	A.Harmer	2:04:14
67	D.Allen	1:48:19	240	L.Atchison	2:09:34
99	G.Williams	1:51:43	302	C.Edwards	2:19:47
110	C.Ledger	1:53:11	369	A.Watmore	2:35:35
117	D.Tait	1:53:55	390	M.Edwards	2:46:38
125	K.Holmes	1:54:48			
159	J.Boyle	! :57:50		416 ran	

Kinder Downfall : 26 April 2003

The caution shown in the baking heat of Hayfield to wear a vest, was fully vindicated when the clouds and driving sleet rolled in on the top of Kinder. Several breaks in the cloud revealed what was Edale Valley (apparently!), still basking in sunshine. Good DPFR turn out for one of the classic local races, but with sufficient road at the end to annoy the 'purists'.

Andrew D Moore

I guess the race must have been in doubt earlier in the week because Kinder and Bleaklow were ablaze, making Glossop and Hayfield very smoggy. However rain arrived to save the day and by way of contrast we had to contend with a biting hail shower along the plateau edge. Great Dark Peak turnout. How many are planning to do the Hayfield series?

Gavin Williams

1	Dave	Neill (Staffs M)	1.08.44	73	Helen	Thorburn [3 rd F]	1.29.06
10	John	Boyle	1.16.15	81	Ken	Jones	1.30.01
14	Dave	Allen	1.18.03	86	Roy	Marlow	1.31.03
17	Andrea	Priestey (Ilkley)[1 st F]	1.18.48	98	John	Armistead	1.33.07
21	Andrew	Moore	1.19.47	112	Paul	Sanderson	1.35.28
24	Keith	Holmes	1.20.32	118	Pete	Tapping	1.36.36
25	Chris	Ledger	1.20.40	119	Chris	Radcliffe [1 st M60]	1.37.01
27	Gavin	Williams	1.21.23	138	Jim	Fulton	1.41.11
34	George	Yates	1.23.04	149	Dave	Soles	1.44.01
35	Roger	Woods	1.23.43	160	Barry	Thackery	1.47.52
41	Phil	Cox	1.24.34	183	Mick	Edwards	1.53.29
49	Geoff	Kirk	1.25.48	187	John	Myers	1.55.51
69	Pete	Gorvett	1.28.37	204	Ran		
70	Chris	Barber	1.28.51				

Three Peaks Race : 27 April 2003

"Only 235 started this year, a sign that long distance fell running has lost its appeal? The average age of the runners was in the mid-forties, and the number of over 60's exceeded the number of under 30's." A long way, only three hills....I found the whole thing very hard work. Somehow we were 3rd team in the V50's! -

Dave Tait

1	D.Walker (Clayton)	3:06:27	142	C.Pearson	4:40:06
42	R.Ansell (Tring)	3:51:08	172	N.Piper	4:54:33
60	D.Tait	4:00:19	176	A.Jones	4:57:52
78	R.Horsfield	4:11:48	199	C.Brad	5:15:43
110	L.Atchison	4:23:43			

Stuc a Chroin Hill Race : 3 May 2003 British Championship (2)

15ml, 5000ft, AL.

Up to the Trossachs, a scenic little village of Strathyre, above Stirling. A good place to be. As always there was a strong field, people are prepared to travel for the better events. We began with a tedious forest run out, but once on the hills there was hard running, steep climbs in magnificent mountain surroundings, hills everywhere, some snowcapped. A long knobbly ridge to the summit thankfully was flagged, and then turn for home with drops, climbs, and back through the forest. Thanks to Malcolm for encouragement in the middle of some glen! A long way, but really worth the effort,to

be running in new, huge hills. Another excellent result from the Ladies, with Mark and Alan among the points once more.

Dave Tait

1	I.Holmes	2:04:41	124	D.Bradbury	2:53:07
29	A.Ward	2:21:09	172	L.Bland	3:14:25
34	M.Hayman	2:25:22	174	P.Leach (3 rd L40)	3:16:45
98	D.Tait	2:47:07		T.Austin ret.	
117	K.Davison (6 th Lady)	2:51:00		270 ran	

West Nab Fell Race : Sunday 4th May 2003

Great eyeballs out all runnable course on varied terrain, consisting of two laps of a small loop, followed by an out and back to West Nab. Nice of John Brown to turn up and break the course record by 2 minutes and run every mile at least 2 minutes faster than any Dark Peaker! Once again had to 'eat ' Sally Newman' dust - could have to start drinking red wine to excess if it makes you run that fast!

Andrew D Moore

1	John Brown	Salford	38.44 (Rec)
19	Sally Newman 1st F&F40	Calder Valley	48.48
21	Andrew Moore	Dark Peak	49.46
25	Roger Woods	Dark Peak	51.08
42	Roy Marlow	Dark Peak	56.10
67	finished		

Back Tor : 7 May 2003

1.	Phil	Winskill	45.50	18.	Pete	Gorvett	61.54
2.	Mark	Hayman	46.55	19.	Rosie	Hart	63.10
3.	Tim	Tett	48.20	20.	Maurice	Musson	64.00
4.	Mick	Robinson	49.45	21.	Leslie	Atchison	64.45
5.	James	Hargreaves	50.10	22.	Martin	Payne	67.15
6.	Gavin	Williams	50.45	23.	Jane	Searle	61.50
7.	Nail	Nobthrob(sic)	50.50	24.	Alison	Shepherd	70.30
8.	Andy	Harmer	53.50	25.	Hilary	Bloor	72.15
9.	Roger	Woods	53.45	26.	Tim	Wiegen	73.00
10.	Rob	Davison	54.10	27.	John	Gunnee	73.15
11.	Kim	Buckley [1 st F]	55.15	28.	Gary	Westwood	74.00
12.	Jenny	Whitehead	55.40	29.	Anders	Volstrond	76.00
13.	Tim	Ray	58.20	30.	Mike	Browell	79.28
14=	Richard	Hakes	58.50	31.	Hugh	Cotton	82.15
14=	Helen	Winskill	58.50	32.	Jim	Orrell	83.46
15.	Tim	Hawly	59.40	33.	Bord	Jorgenson	86.00
16.	Chris	Barber	61.01	34.	Hilders	Volstrond	92.30
17.	Tom	Westgate	61.10				

Back Tor report

A change to the route this year. The race started at Foulstone Delph and finished at Back Tor. You had to touch the trig to finish. Most people seemed pleased not to have the knee knacker downhill thrash. Controls were the cabin in Gravy Clough and the summit of what I called Harmer's spur, which is apparently really called Berrisford Tor. It was a pleasant evening and was enjoyable to watch the finishers racing to and climbing Back Tor coming from all directions. One or two people climbed up the face of Back Tor which was a bit scary to watch. Everybody got back in one piece however and the evening in the Strines was enjoyed. Phil Winkill won the race for the third time. I think a handicap system might be in order next year.

Howard Swindells

Shining Tor : 14 May 2003

Nice, fast race on the west of the Peak. Good running conditions - cold (even Andy Moore was wearing a sweatshirt) and firm underfoot - meant that both the men's and women's records were broken.

Simon Pape

DPRF a bit thin (except me) on the ground, for this very enjoyable short blast due to the AGM. John Brown turned up and again ran 2 minutes a mile faster than me but I managed to keep him in sight just long enough to marvel at his speed up the first climb - you could actually see the whole of his walsh soles disappearing into the setting sun. The race is now run in reverse of the original 'Saturday' course making it even better, except for the climb from the bottom of the dam wall at the finish!

Andrew D Moore

1	John	Brown(Salford)	35:13	63	Richard	Hopkinson	48:08
7	Andrew	Poirrette	39:55	67	Roy	Marlow	48:33
14	Mark	Hayman	41:30	96	Simon	Pape	51:23
18	John	Boyle	42:27	105	Peter	Tapping	53:03
26	Andrew	Moore	44:21	128	Barry	Thackery	58:49
37	Francis	Smedley	46:09				

Moel Eilio : 17 May 2003

British Championship (3).

8ml, 3000ft

Atrocious conditions for the race, very cold with driving rain. A pity, for this is a very good, hard course, scenic if we had been able to see. Some of us wandered around the hillside instead of staying safe on the main ridge. Good to see people travelling to get our teams out : now could more runners make the Fell Championships a priority?

Dave Tait

1	T.Davies (Mercia)	1:02:41	114	K.Davison (5th F)	1:23:22
24	A.Ward	1:09:33	146	G.Kirk	1:29:13
62	J.Boyle	1:16:35	159	D.Beresford	1:30:31
77	D.Bradbury	1:18:29	164	L.Bland	1:31:38
81	D.Allen	1:19:12	221	N.Boler	2:07:08
106	R.Hutton	1:22:54		A.Watmore (ret)	
107	D.Tait	1:22:58		H.Thorburn (ret)	

Burbage : 20 May 2003

The recent rain thankfully held off for the race, and gave us perfect underfoot conditions. Phil managed to overcome my early race charge to win comfortably, despite Alan Yates singing me on at Burbage Bridge (no there isn't a trophy for your mantelpiece Phil). Dave Allen cut through the field to take the V40 prize and Dave Tait held off his regular rival to take V50. Jenny Whitehead brought home a DPF 1,2,3 in the race of the fairer sex race, and Mrs Moore outshone yours truly to take home a V40 prize, albeit running for 'Dark Peak Wives' ("Totley AC").

Pleasingly several runners had chosen Burbage to be their ever first Fell Race (including 2 from Northampton!) and were really impressed with the course, the organisation, and the occasion overall. Thanks therefore to all club members for their help in marshalling, to John, Tom and Chris for the finishing line and Roy, Pete and Hilary for registration and results, and to Don from Totley for the 'forest trail' section of the race. Special thanks to our esteemed ex-president Mr Holmes who rang me the day following the race offering his services - I'll ask him to post the results envelopes and put the signs away!

Andrew D Moore

1	Phil Winskill	40.24	54	Neville Boler		49.58
4	Andrew Middleditch	41.26	63	Kirsty Bryan-Jones	2 nd F	51.10
5	Mark Hayman	41.30	72	Hopkinson		52.03
8	Oli Johnson	42.20	78	Chris Edwards		53.38
9	John Boyle	42.58	79	Tim Mackey		53.50
10	Pete Hodges	43.01	88	Pete Tapping		54.49
16	Mike Sprot	44.05	89	Laura Daniel	3 rd F	54.51
21	James Furness	45.48	96	Rob Evans		55.44
23	Dave Allen	1 st M40	103	Clive Wilson		56.51
24	Darrel Bradbury	46.00	104	John Herbert		56.57
27	Rob Hutton	3 rd M40	108	Bob Bryan		57.49
29	Andrew Moore	46.42	116	Mike Arundale		59.23
31	Tim O'Neal	46.48	125	Michael Poulter		62.04
32	Dave Tait	1 st M50	126	Dave Palmer		62.07
36	Paul Harrington	48.05	140	Mike Browell		67.15
37	Keith Parker	48.11	143	Mandy Moore		68.28
42	Jenny Whitehead	1 st F	144	Mick Edwards		68.37
47	Andy Barnett	49.08	151	ran		
48	Helen Thorburn	49.09				

Kinder Springs : 28th May 2003

The weather was lovely, a warm balmy evening, so one could run in shorts clutching only one's map and compass.

The route was the same as last year: Birchin clough car park - Oyster cabin - Stream junction in Alport - North Grain cabin - Ashop ruined cabin.

The champagne challenge was up for grabs: first back in under one hour wins the fizz. Al Ward made a brilliant attempt in 1h01m so was offered commiseration, congratulations and a consolatory jar of marmalade. Al smashed Tim Tett's record by 5 minutes; so come back Tim and show what you can do. It was great to see so many young stars in waiting from Sheffield University out in force. All succeeded in finding their way round; some rather quickly.

Special mention must go to Martha Taylor round in a ladies record of 1h25m and who also managed to get the champagne as a spot prize!

At the prize giving in the Snake Inn the original Kinder Springs race organiser, Mike Hayes, dropped in to see us all. What a debt we owe him as the father of challenging and special events.

The challenge is still up to beat the hour. Cometh the hour, cometh the champagne!

John Myers

1	Alan Ward	1:01 (rec.)	13	Peter Gorvett	1:25
2	Matt Crane	1:02	14=	Laura Daniel [2 nd F]	1:27
3	Andy Middleditch	1:07	14=	Richard Hakes	1:27
4	P. Hodges	1:14	14=	David Hakes	1:27
5	Bob Berzins	1:17	17	T. Lye [3 rd F]	1:29
6	Tim Ray	1:18	18	Bob Marsden	1:33
6	Roy Small [1 st M40]	1:18	19	Dave Holmes	1:37
8	J. Furness	1:19	20	Hugh Cotton	1:39
9	Tim Hawley	1:21	21	John Myers	
10	Tom Westgate	1:24	22	Mike Browell	
11=	Maurice Musson [1 st M50]	1:25	23	Lucy Wiegand	
11=	Martha Taylor [1 st F]	1:25 (rec.)	24	S. Robertson	

Duddon Valley Fell Race : 31st May 2003

AL, 20ml, 6000ft

This was the first of the Lakeland Classics Series, and the idea seems to be working because there was a good field, enough to keep the race going. Clear, hot and sunny, so we all suffered in the heat, but no problems finding the way round. There are so many long races just now, and we can't get to them all, but hopefully more people will do enough to complete the series. Ennerdale was close to being cancelled – do we want these real fell races to fade away?

Dave Tait

1	A.Schofield (Borrowdale)	3:13:44
6	M.Robinson	3:37:26
19	D.Tait	3:54:14
40	R.Hopkinson	4:38:44

Surrey Hill Race : 31 May 2003

18 miles / 2000ft

This a navigational event through the lovely Surrey countryside,consisting mainly of woodland paths,most of which didn't seem to be on my map! On a roasting hot day(mid 80's)I employed the dubious tactic of striking up a conversation,finding out if the person knew the route (most did like the back of their hand as they used the same route every year) and following them!

Not a lot of climb and very "runnable" but a very scenic course. Only one person recognised the wonderful Dark Peak colours but the vest and shorts got a lot of comments from the style council!

Tim Hawley

1st M.Lynas TH&H 2:11:55
15th T.Hawley 3:24:21

Calver Peak Fell Race : 4 June 2003

The second running of this course with a much larger field than last year. A decent enough route around the disused and working quarries of Longstone Hill. A meagre prize list for a high entry fee, a V50 and V60 category would better reflect the ages of fell competitors. There were no clubs on the results sheet, so apologies to those I've missed.

Dave Tait

1	L.Banton (Clowne)	32:06	47	C.Barber	39:15
4	A.Middleditch	34:38	51	R.Hakes	40:08
6	D.Bradbury	34:49	54	H.Winskill	40:22
7	J.Boyle	35:03	60	T.Mackey	40:58
9	R.Hutton [1 st M40]	35:33	66	D.Holmes	41:33
14	A.Moore	36:12	67	L.Bland	41:37
24	K.Holmes	37:17	72	R.Slater	41:55
26	R.Davison	37:25	81	P.Tapping	42:54
32	D.Tait	38:02	100	J.Fulton	46:20
33	G.Kirk	38:03	102	M.Arundale	46:31
36	K.Davison [1 st F]	38:17	103	G.Nicholls	46:50
39	N.Boler	38:26	108	H.Cotton	47:20
			127	ran	

Ancient history: LMM 2000 results!

Received recently from Muarice Musson - is this a record?

name	long score	quiz	short race	return	total
rob davidson	40	7	19	20	86
andy harmer	39	8	17	20	84
tom westgate	37	8	18	20	83
tony simpson / chris ledger	37	8	12	20	77
chris browell	31	3	20	20	74
richard hakes	37	7	15	13	72
tim hawley / john gunnee	35	10	5	20	70
mike browel	35	12		20	67
alan yates	35	10	1	20	66
andy plumber	35		11	20	66
maurice and hillary	35	9		20	64
david hakes / tom holmes	21	10	16	13	60
john herbert	35			20	55
gavin williams / poly harmer	40	7	7		54
lynn bland / jan cave	35	7	2	1	45
gary	31	11			42
bob bursins	39				39
jon straker	29	5	3		37
john myres	31	4		1	36
tim atkin	35				35
roy small	8	6	14	2	30
dave markham			16		16
marilyn small	8				8
jo smith					0

Fell Off

1st Lanzarote Off Road Marathon : 19th Jan 2003

1	03:11:57	Beaudry Kock
4	03:22:17	Michael Robinson

Sorry - apce precluded publication of a picture of Mick in action - maybe next time!

In Gear

Dark Peak Fell Runners Kit Price List

Vests **£13.00**

All vests are now the same price, sizes are small, medium, large and extra large.

Shorts **£14.00**

The shorts are the metallic green cycling type, sizes are medium and large.

Tracksters **£18.00**

Purple one pair of each medium and large.

Black are available in medium, large and extra large.

Hats **£7.00**

Just a few left in black, some knitted and some fleece.

Socks **£2.50**

Running bear wool socks.

For details of latest kit stocks contact:

Richard hakes 0114 233 9912 richard_hakes@yahoo.com

The-bit-at-the-end

Dark Peak News Autumn 2003

If you run a race, a copy of the results and 1 paragraph to go with it can make a huge difference to the readability of the newsletter! Articles can be submitted handwritten, typed or in electronic format on disk or via e-mail. Please use the electronic option if you can – a diskette or via e-mail to: mike@frosthole.demon.co.uk

MS Word format preferred at the moment but I can read/convert most formats. I can even scan in typed hard copy but please leave handwritten items as a last resort!

Deadline for submission: **Wednesday 3 September 2003**

Publication: **Wednesday 24 June 2003**

Thanks

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Covers

Front: Richard Hopkinson (photo by Roy Marlow)