

# DARK PEAK NEWS



# SPRING 2002

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## Spring 2002

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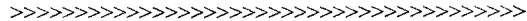
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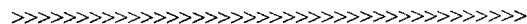
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# Coming Events

## SPRING / SUMMER 2002

Club runs every Wednesday from the Sportsman at 6:30pm or at a "warts away" venue (start times vary – CHECK BELOW). Runs usually last approximately 90 minutes often with a shorter alternative and usually have a couple of stops to regroup.

Don't forget that spring evenings can still produce some challenging weather on the fells. Come prepared!

Apr					
Wed	3	18:30	Club run	Sportsman - back on the fells	
Fri-	5-7		MM	Lakeland Three Day (solo mountain	75miles!
Sun				marathon). Details: <a href="mailto:faulknerjoe@hotmail.com">faulknerjoe@hotmail.com</a>	
Sun	7	11:00	Local race	Wirksworth Incline, Ravenstor Rd, Wirksworth	4ml/650'
Sun	7	12:00	Local race	Lads Leap, Crowden YH	6ml/1700'
Mon	8	18:45	Local race	Trunce (1), Waggon & Horses, Oxspring	4.25ml/550'
Wed	10	18:45	Club run	Cuthroat Bridge	
Wed	10	19:30	Local race	Herod farm, Drovers Inn, Glossop (grid ref 033929)	3ml/1100'
Sat	13	11:00	Brit Champ	Spelga Skyline, Spelga Dam, Mournie. Entry £5 to J hayes, Dermott Walk, Comber, BT23 5NU	13ml/6175'
Wed	17	18:30	Club run	Lower Bradfield car park	
Wed	17	20:00	AGM	Old Horns, Upper Bradfield	
Sun	21	11:30	Local race	Kinder Downfall, Hayfield Scout Hut. £3 by 15/4 to W Harrison, 24 Spinner bottom, Birch Vale, SK22 1BL	
Wed	24	18:30	Club run	Sportsman	
Mon	29	18:45	Local race	Trunce (2), Waggon & Horses, Oxspring	4.25ml/550'
May					
Wed	1	19:00	DPFR race	Back Tor and Beyond, Foulstone Delf (Strines)	
Sat	4	11:15	Eng & Brit Champ	Coniston. Entries by 20 April £3 to N Matthews, High Beck, Bank Cottages, Coniston. LA21 8KD	9ml/3500'
Mon	6	15:00	Local race	Penistone Hill race, Penistone rec.	7ml/1055'
Wed	8	18:45	DPFR race	Some You Win, Twitchill Farm, Hope.	7.5ml/3000'
Sat	11	11:00	Local race	Mount Famine, Hayfield scout hut	5ml/1700'
Wed	15	18:30	Club run	Sportsman	
Wed	15	19:30	Local race	Shining Tor, Errwood sailing club, Goyt valley	5ml/1500'
Sun	19	12:00	Eng Champ	Saddleworth, Tanners Mill, Greenfield. Entries £3 by 13 May to 43 platt lane, Dobcross, Oldham, OL3 5AD	3ml/950'
Mon	20	18:45	Local race	Trunce (3), Waggon & Horses, Oxspring	4.25ml/550'
Tue	21	19:30	Local race	Burbage, Fox House. DPFR's "other" open event - offers of help to Andy Moore please	6ml/700'

Wed	22	18:30	Club run	Sportsman	
Sun	26	07:00	Other race	Calderdale Way in a Day!	50ml
Wed	29	18:30	Club run	Sportsman	
Thu	30	19:30	Local race	Totley Moor, Cricket Inn, Totley	5ml/800'
<b>June</b>					
Sat	1	10:30	Other race	Jura, Craighouse, Isle of Jura. Entry: by 1 May on official form - contact <a href="mailto:arj.curtis@talk21.com">arj.curtis@talk21.com</a>	16ml/7500'
Sat	1	11:00	Eng & Brit Champ	Duddon, Newfield Inn, Seathwaite (also short race at 11ml/3000' starting at 11:10)	20ml/6000'
Tue	4	13:00	Local race	Bamford sheepdog trials fell race, Bamford rec.	4.5ml/1000'
Wed	5	18:45	Club run	Birchin Clough, A57 (Kinder Springs?)	
Fri	7	19:30	Local race	Castleton, Castleton playing fields	6ml/1500'
Mon	10	18:45	Local race	Trunce (4), Waggon & Horses, Oxspring	4.25ml/550'
Wed	12	18:30	Club run	Sportsman	
Wed	12	19:30	Local race	Up the nab, Glossop rugby club	4.5ml/750'
Thu	13	19:30	Local race	Grindleford, Grindleford playing fields	4.5ml/500'
Sat-Sun	15		MM	Lowe Alpine Mountain Marathon.	
Sun	16			Scotland approx. 90 mins drive N of Glasgow. See: <a href="http://www.lamm.co.uk">www.lamm.co.uk</a>	
Sun	16	11:00	Local race	Edale Country day race, Edale main car park	5.25ml/1400'
Wed	19	19:00	DPFR race	Crookstone Crashout	
Thu	20	19:30	Local race	Blackamoor, Cricket Inn, Totley	6.5ml/1400'
Sat	22	11:00	Local race	Hunshelf Amble, Rock Inn, Greenmoor	8.5ml/1100'
Sat	22	14:00	Brit Champ	Eildon, Greenyards, Melrose	4.5ml/1500'
Sun	23	11:00	Local race	Kinder Trog, Hayfield scout hut	18ml/3400'
Mon	24	18:45	Local race	Trunce (5), Waggon & Horses, Oxspring	4.25ml/550'
Wed	26	18:45	Club run	Sportsman	
Wed	26	19:30	Local race	Hope wakes, Hope sports field	4ml/650'
Fri	28	19:45	Local race	Tideswell, Tideswell dale car park	4.5ml/820'
Sun	30	11:00	Local race	Great Bakewell Pudding race, Bakewell rec.	6.25ml/695'
<b>Jul</b>					
Wed	3	18:30	Club run	Longshaw	
Wed	3	19:30	Local race	Shelf Moor, Royal Oak, Glossop	3ml/2460'
Sun	7	11:30	Local race	Peakers Stroll, Peak Forest reading room	25ml/4000'
Mon	8	18:45	Local race	Trunce (6), Waggon and Horses, Oxspring	4.25ml/550'
Mon	8	19:30	Local race	Hathersage, Hathersage School Field.	4.5ml/925'
Wed	10	18:30	Club run	Sportsman	
Sun	14	11:15	Local race	Broomhead Chase	3.5ml/800'
Wed	17	18:45	Club run	Yorkshire Bridge	
Wed	17	19:30	Local race	Bamford Carnival, Bamford rec.	4.5ml/1000'
Wed	17	19:30	Local race	Black Rocks, Matlock rugby club	5.5ml/850'
Thu	18	19:30	Local race	Sheldon, Cock & Pullet, Sheldon	4ml/527'
Tue	23	19:30	Local race	Robin Hood, Robin Hood Inn, Baslow	5ml/875'













## 2001 Kepler Challenge Mountain Run, New Zealand

8 December 2001

I like mountain challenges but what with Foot & Mouth in 2001 such events were rather thin on the ground in the UK. It was time to look further afield - New Zealand to pluck a country at random. Land of adventure racing and multi-sport events, Southern Traverse, Coast to Coast, a country bulging with athletes, and awash with challenges. The autumn edition of the Fell Runner magazine ran an article on the New Zealand Kepler Challenge Mountain Run so I did a bit of research and thought I'd give it a go.

### Background

The Kepler Challenge is described as the premier mountain running event in New Zealand. It's 67km long and takes place amid spectacular Fiordland scenery - lake edge, beech forest, alpine mountain tops and a U-shaped glacial valley. The route makes a sweeping circuit around the Jackson Peaks, starting near the small town of Te Anau at 200m and reaching an altitude of approximately 1400m.

The event takes place in early December each year. Competitors are drawn from all corners of New Zealand as well as from overseas. This year's event included runners from Australia, Hawaii, Sweden, Spain, Germany, Denmark, Ireland, the States, the Netherlands, and the UK. The race record of 4:41:42 is held by Russell Hurring (1993). While a number of runners complete the course in less than 5 hours each year others take up to 11 hours or more.

To me, the competition looked tough with some impressive racing profiles. Amongst the men were those who had 'captained the New Zealand Mountain Running team', 'competed in 6 World Mountain Running events', and 'been winner of the prestigious Mount Baldy race in San Antonio, California'. Amongst the women were those who had 'competed in the '97 and '98 World 100km Championships', 'been in the winning team of the Southern Traverse' and 'competed in the World Championships Triathlon'. Hmmm, how was all this going to compare with my Sunday morning runs in the Peak District?

Fiordland is renowned for its high rainfall and changeable weather patterns throughout the year. We were told to come prepared for all conditions from hot burning sun to cold temperatures with strong winds, heavy rain and snow. The weather forecast for the Challenge was - rain all day. I have to say that I'm not the hardiest of runners and my heart sank at the thought of getting out of a car in waterproofs to set off in depressing, cold, damp conditions. After all I'd flown halfway round the world in pursuit of a second summer. But luckily mountain forecasts are notoriously unreliable. When I woke to a 5am alarm call not only was it *not* raining but I could see the tops of the mountains we were to run over which seemed a good start.

## The Challenge

At 5.45am, down by Lake Te Anau, 294 competitors (70 of them women) were milling about, checking-in, pinning on race numbers, limbering up, queuing for the portaloos, and kissing loved ones goodbye. Still the rain held off. Conditions were calm and we were told it was 7 degrees C on the tops. The start line was the control gates at one end of the lake. Before these gates were a couple of tents, one which promised post-race massages on the fly sheet, and one occupied by cheery St John's ambulance ladies. Nearby, and right by the control gates, was a rostrum from which Noel, renowned race organiser was wielding a microphone and getting ready to provide a running commentary on events and runners throughout the day. Just before 6am he called us all to the gates for the start. Each runner had to take up position next to an hour marker estimating how long he or she thought they would take to finish the race. I started by the 9-hour marker though in fact I hadn't the slightest idea how long it would take me. More than 5 hours, less than 10 I hoped. There was a slight hold up as the organisers chased up a couple of runners who'd gone straight to the start line without checking in. Once sorted, just after 6am, Noel set us off.

We shuffled forward across the control gates until the front of the pack broke free and we surged forward. The supporters waved us on our way and we plunged into the forest by the side of the lake. There was a very jovial atmosphere back in the 9-hour club as those around me caught up on news and gossip. The first 6km consisted of narrow flat forest path along by the lake edge. Seemed fairly manageable at this stage, I thought. Next, the track climbed steadily towards the bush line and we reached some limestone bluffs, great rocks towering out of the hillside, dripping wet. There we came upon the first race official giving out jellybeans under the overhang.

The climb continued up to the bush line where we had panoramic views of the Te Anau Basin, Takitimu Mountains and the Snowdon and Earl Mountains. Next thing I knew it was almost 7.50am, I'd climbed to 1100m and reached the Luxmoore Hut, the first checkpoint, 14km from the start. There was a huge trestle table covered with cups of water, energy drinks, bowls of jellybeans, and boxes of chopped bananas and orange slices. The pace slowed as competitors took on food and water, and we had our packs checked to make sure we were (still) carrying waterproofs, hat, gloves, thermal top and space blanket.

Then onwards and upwards, the path climbing steeply towards the summit far above the bush line. The temperature was dropping. At 8.30am, there was an earthquake measuring 6.2 on the Richter scale. Incredible! My first fell race in an earthquake! My legs felt good and I started to pick up some speed as I ran along the ridge. A helicopter appeared overhead filming us. A few more ups and downs along the alpine section at 1400m – past the Forest Burn Saddle and Hanging Valley Shelter - and at last the climbing was over, the route levelled out and the first part of the descent began. Still the rain held off. At 32km the path dropped down past the Iris Burn Hut and became a mass of zigzags, plunging down towards the valley floor at 400m. It was at this stage that I thought the hardest part of the race was over but it hadn't even started yet. Once the zigzags finished I was onto the most gruelling section – the flat part. In fact the

path descended slightly but it was hardly noticeable, dropping only 200m over 35km. On and on and on wound that path, through endless beech forest, following the Iris Burn, only once broken by a barren landslip section. I rarely saw another competitor on this section of the Challenge. My morale began to sink and it was a relief to reach each checkpoint and be cheered on by the Army Communications Team manning them. My lowest point occurred when, thinking I was almost done for, I asked how much further at one of these checkpoints. I'll never forget the feeling that my heart had sunk into my trainers when I was told it was another 25km to go. There was nothing for it but to stuff jellybeans in my mouth and pretend I hadn't asked. About 10km later the monotony of the forest was broken when I started losing peripheral vision and fell off a bridge. At least the view changed for a few seconds. I picked myself up out of the mud and, shortly afterwards, felt the blood seeping down into my socks. Strangely there was no pain.

But the darkest hour is just before dawn. A mere 4km later, I came upon Rainbow Reach Swingbridge, a section of the forest very close to the road where spectators had gathered. The sight of people cheering me on did wonders for my morale and things began to look brighter. I knew the finish line couldn't be more than 11km away. I ran on very slowly, still on my own in the forest, and finally a most welcome sign - 5.3km to go. After what felt like an eternity I came upon another sign - 2.4km - and could hardly hold back the tears of relief. It was going to end. I strained my ears for the sound of Noel's PA system at the control gates, willing it to come through the trees and signify the end.

And suddenly, finally, it did. I was less than 100m from the end when I rounded a corner, out of the forest, and there ahead of me were the blurred faces of the spectators, and the sound of clapping, and the gravel path across the control gates to the finish line. As I ran towards the end I heard my name announced over the PA system and shortly afterwards fell into the arms of the lady handing out medals. I collapsed onto the grass. When I came to, a kindly St John's Ambulance lady was bearing down on me with a bucket and sponge to bathe my bridge wounds. I'd clawed my way round the race in 7:19:35 to come in as 11<sup>th</sup> lady.

1	Colin Rolfe	NZ	5:10:29
14	Andrea Murray [& 1 <sup>st</sup> female]	NZ	6:02:59
39	Alistair Cory-Wright	NZ	6:29:25
90	Lesley Atchison	UK	7:19:35
288 finished			

I'd like to thank Pete Bland and the organisers of the Kepler Challenge for my free UK entry. Also, race organiser, Cathy Lewsley, for putting me up, and carbo-loading me the night before. Anyone interested in entering should write to: Kepler Challenge Organising Committee, PO Box 11, Te Anau, New Zealand or e-mail: [keplerchallenge@yahoo.com](mailto:keplerchallenge@yahoo.com)

Lesley Atchison

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## Great Waipori Footrace, New Zealand : 27<sup>th</sup> January 2002

Summer is finally here in New Zealand and there's a wealth of running events around South Island. Fell races are rather grandly called mountain races although they're quite different from their British counterparts. Despite all the hills, they tend to involve running along 4-wheel drive tracks and government built trails because of the dense native bush.

At the end of January I entered the Great Waipori Footrace, a 30km mountain race in the hills outside Dunedin. Unfortunately Kiwis don't measure the ascent, only the distance, so I've no idea how high the race was. Having pre-entered I nearly didn't make it on the day being a touch unfamiliar with the local surroundings. The only instructions I had to find the registration place were 'The Old Wool Shed outside Dunedin'. With zillions of sheep in NZ this is like telling a Kiwi in Sheffield to meet at 'The Old Terraced House'. I drove up and down dirt roads, through forests, up dead ends, until luckily at zero hour I passed the bus which I happened to know would be transporting the competitors to the start of the race and followed this to the check in. Just in time. We were then driven miles into the depths of the forests in this rickety old bus and dropped off at a dam which was the start of the race.

Seventy-five of us set out (24 women). The first 10km were undulating, the second 10km were gently down hill along a muddy, very narrow track through dense forest which a large group of mountain bikers was trying to get *up* at the same time. Bad timing! The last 10km were unmistakably and steeply uphill which was a cruel trick. By that time the hot January sun was beating down on the dirt tracks and it felt like a desert run – a far cry from the windswept wilds of Kinder.

Despite a small population (Dunedin is the fourth largest city in NZ but only has 100,000 people) the standard is very high. I found myself running against (or rather far behind) two international females, one of whom looks set to represent NZ in the marathon in the Commonwealth Games this year. The international women won the senior prizes and then we mortals scooped up the vet prizes. In fact, the female winner got a pair of trainers she couldn't wear because she is sponsored by another footwear company. I won a fleece which I *am* allowed to wear as, unsurprisingly, I am not sponsored by another fleece company! Kiwis also go in for large numbers of spot prizes here supplied by local shops so at least half the field seemed to get a prize.

The scenery in NZ is breathtaking but for fell running it's still not a patch on the UK because it's nearly all on government built tracks. There is none of the roaming over remote hillsides there is in the UK. Also, with all the trees here in NZ there are not the same incredible views. It's been fun and I've met some frighteningly good runners but I look forward to the old familiar stuff – peat bogs, heather, tussocks, mud, driving rain, frost and snow, Walshes, and wet feet - when I get back to Sheffield in April.

Lesley Atchison

**Results**

75 ran (51 men, 24 women).

1	Doug Crompton	1:58
6	Shireen Crompton	2:09 (1 <sup>st</sup> senior female)
35	Lesley Atchison	2:39 (3 <sup>rd</sup> vet female)

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**Warts Night Race : 30 January 2002**

1	Dickie Wren	49.57	14	Maurice Musson	1:05.48
2	Mick Robinson	52.53	15	Bob Berzins	1:07.31
3	Andrew Middleditch	53.38	16	Richard Hakes	1:07.45
4	Chris Ledger	55.53	17	Jim Fulton	1:11.58
5	Tim Wray	1:00.20	18	Hugh Cotton	1:14.04
6	Michael Sprott	1:00.22	19	Mike Browell	1:17.33
7	Andy Harmer	1:02.25	20	Robert Cooper	2:01.00
8	Chris Barber	1:02.40	21	John Myers	2:02.00
9	Tim Hawley	1:03.10	22	Ken Jones	rtd
10	Phil Cox	1:03.44	23	Hilary Bloor	rtd
11	Peter Gorvett	1:03.58	24	Ruth Hambleton	rtd
12	Roy Small	1:04.17	25	Dave Hay	rtd
13	James Williams	1:04.55			

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**Marjory Hill : 2<sup>nd</sup> February 2002**

John Myers rang the night before. The urgency in his voice suggested that he and Mike Browell might set off there and then. As it was they departed the start around 08:30 and were well on their way back when the pack descended. From Richard Hakes' descriptions, a fearsome group of black riders sped past bunched together in pursuit of Mark and guest Jez. All to no avail as the youngsters finished in an excellent time despite the severe wind.

Mick Robinson finished 3<sup>rd</sup> with only a minute or so covering the pack back to Rob in 9<sup>th</sup>. Super run by Dave Tait, mixing it with lads 25 years his junior.

The variable starts worked well and traditional second start (09:15) re-introduced at the last minute. The chasing start glistened with quality. Hilary posted the only female time on a day when large numbers of regulars were absent.

Most people found Howden pond and Hancock Wood pond and the route is now fixed... for the time being at least. The severe wind and extra climb probably added a good 5 minutes. A time near to 1h 40m could be expected on a balmy day.

Andy Harmer

Pos	Name	Time	Pos	Name	Time
1	M. Hayman	1:47:20	19	D. Lockwood	2:07:00
2	J. Edwards	1:48:40	20	D. Harrison	2:07:45
3	M. Robinson	1:51:20	21	N. Boler	2:09:47
4	A. Middleditch	1:51:59	22	P. Gorvett	2:15:35
5	A. Sealy	1:52:10	23	T. Hawley	2:16:32
6	C. Adams	1:52:20	24	R. Hakes	2:19:00
7	C. Ledger	1:52:30	25	T. Westgate	2:20:40
8	D. Tait [1 <sup>st</sup> M50]	1:52:32	26	P. Sanderson	2:20:50
9	R. Davison	1:52:53	27	T. Ray	2:20:53
10	M. Ward	1:55:25	28	C Barber	2:21:11
11	M. Chapman	1:55:35	29	K. Jones	2:24:??
12	A. Moore	1:57:40	30	M. Cochrane	2:24:??
13	G. Williams	2:00:48	31	M. Lea	2:27:??
14	B. Berzins	2:01:27	32	R. Small	2:28:33
15	J. Pool	2:02:15	33	H. Bloor [1 <sup>st</sup> F]	2:31:10
16	A. Harmer	2:02:30	34	H. Cotton	2:32:35
17	P. Crowson	2:07:00	35	J. Myers	3:17:??
18	I. Lewis	2:07:00	36	M. Browell	3:20:??

Next year's race; 1<sup>st</sup> Feb 03

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### Tigger Tor Fell Race : 10 February 2002

So we all line up for another trip over Higger Tor. Has anyone done them all? I've done ten. It was, as usual, very wet and sludgy underfoot and into a headwind on the outrun. How come Pennine took our traditional team prize?

Dave Tait

[Note: Phil Winkill, a Dark Peaker but first claim for Pennine, finished in the top 10]

Pos	Name	Time	Pos	Name	Time
1	S.Penny (C'field)	1:10:22	134	R.Hakes	1:30:41
12	J.Boyle	1:13:43	139	K.Saville	1:31:05
13	M.Robinson	1:13:43	144	A.Yates	1:31:41
14	S.Bell	1:14:47	151	P.Leach	1:32:10
15	A.Middleditch	1:15:48	160	R.Small	1:32:34
16	D.Tait (1 <sup>st</sup> V50)	1:16:03	166	R.Marsden	1:33:49
21	J.Bell (1 <sup>st</sup> V40)	1:16:24	168	S.Pape	1:33:58
27	A.Moore	1:17:26	171	M.Musson	1:34:21
28	C.Ledger	1:17:32	172	J.Edmunds	1:34:24
31	G.Williams	1:17:53	175	R.Slater	1:34:59
35	P.Crowson	1:18:34	179	M.Poulter	1:35:23
36	R.Hutton	1:18:41	181	C.Edwards	1:35:49



Pos	Name	Time	Pos	Name	Time
1	B.Bolland (Horwich)	1:11:20	121	J.Myers	1:56:51
15	D.Tait	1:20:04	125	B.Thackery	2:02:05
46	K.McGrath	1:29:09	127	M.Browell	2:04:57
117	H.Thorburn	1:42:49		130 ran.	

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### **Edale Circle Fell Race : 16 March 2002**

An encouraging strong field for the "race", about 9 miles and accurately measured by Richard's smart gadget at 3650ft. I hope this course, in a regular slot just before the Skyline, matches the excellent quality of the other club events. The more of these the better. A checkpoint below Golden Clough ensured a steep climb upto Grindslow Knoll, and another checkpoint in Upper Booth avoided the wrath of any local farmers. Route choice was surprisingly varied, different ways off Hollins Cross, up Grindslow Knoll, and even which side of Mam Tor to hurtle down. Time bonuses awarded to Darryl – he turned back halfway across a naughty field. Same again next year.

Dave Tait

Pos	Name	Time	Pos	Name	Time
1	Gavin Williams	1:46:05	8	Nev Boler	2:03:50
2	Dave Tait	1:47:45	9	Paul Sanderson	2:04:00
3	John Boyle	1:48:40	10	Darryl Bradbury	2:12:00
4	Rob Hutton	1:51:07	11	Tim Hawley	2:16:07
5	Andy Middleditch	1:53:14	12	Richard Hakes	2:22:13
6	Andy Harmer	1:55:42	13	Geoff Nicholls	2:48:32
7	Andy Jenkins	2:00:22			

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# Relays

## **Calderdale Way Relay : 10 December 2000**

[Yes 20000 - some how they never got published last year]

Yet again Dark Peak's man's team got off to a poor start and were always playing catch up after that. By the finish only 3 minutes separated 3<sup>rd</sup>-6<sup>th</sup> but we were at the wrong end of that. A superb fastest time on last leg by Mike Jubb and Marcus Scotney closed to within 4 seconds of 5<sup>th</sup> but that was the only time they ever saw any other teams on the entire leg!

Dark Peak stars yet again were the women, they finished their highest ever overall position of 46<sup>th</sup> to record their 3<sup>rd</sup> victory in 4 years. This one looked unlikely after 4 legs with over 11 minutes deficit but another fastest time on last leg by Chris Howard

and Hannah Wooton brought victory by 1 second!! Sadly a protracted argument about eligibility began about a month later. Nearly four months after the event the FRA finally ruled that DPF's women's team should be disqualified and the club pay compensation for the prizes we had collected. Much more could be written about this but it would only raise my blood pressure!

The Veterans also had their best ever finish of 15<sup>th</sup> overall and 3<sup>rd</sup> veteran team. At one stage they were 2<sup>nd</sup> and were never far from Clayton who eventually took second by 4 minutes. Every member of the team ran consistently and contributed to a fine overall performance.

Finally some mixed fortunes, including a significant "walkabout" by Mark Harvey and Nev Boler contributed to a respectable but not spectacular 29<sup>th</sup> place by the B team.

Overall times were slow after the appallingly wet autumn which made Bingley's winning time even more impressive. The women's winning time was the slowest since the blizzards of 93! Special thanks to Dave Moseley for being travelling reserve and driver and also to Andrew Middleditch for filling in on a tough leg in the B team at short notice.

<u>Pos</u>	<u>Team</u>	<u>Time</u>	<u>Class</u>
1	Bingley	5:51:38	
2	Clayton	6:01:19	
3	Pudsey & Bramley	6:06:45	
4	Salford	6:07:23	
5	Horwich	6:09:44	
6	DPFR	6:09:48	
9	Kendal Vets	6:27:42	V1
13	Clayton Vets	6:44:05	V2
15	DPFR Vets	6:48:13	V3
29	DPFR B	7:09:27	
46	DPFR Ladies	7:47:28	F1
47	Bingley ladies	7:47:29	F2
58	Clayton ladies	8:05:12	F3

97 teams ran

A					
T. Tett	D. Peel	P. Winskill	M. Hayman	A. Jenkins	M. Jubb
T. Austin	O. Johnson	P. Crowson	A. Ward	I. Smith	M. Scotney
1:17:10 (17)	2:17:13 (10)	2:56:57 (9)	4:05:13 (7)	5:01:06 (6)	6:09:48 (6)
1:17:10 (17)	1:00:03 (6)	39:44 (9)	1:08:16 (5)	55:53 (4)	1:08:42 (1)
Vets					
B. Toogood	S. Oglethorpe	M. Pedley	D. Tait	D. Holmes	M. Salkild
D. Allen	B. Berzins	M. Smith	R. Hutton	P. Cox	M. Wynne
1:19:12 (19/3)	2:28:58 (21/3)	3:09:53 (14/2)	4:25:53 (13/3)	5:30:51 (15/3)	6:48:13 (15/3)
1:19:12 (19/3)	1:09:46 (25/4)	40:55 (11/2)	1:16:00 (17/4)	1:04:58 (28/5)	1:17:22 (14/3)

B					
M. Robinson	R. Hakes	M. Harvey	C. Webster	D. Farquar	M. Chapman
C. Ledger	A. Mayer	N. Boler	A. M'leditch	D. Bradbury	D. Harrison
1:22:01 (27)	2:37:41 (35)	3:27:40 (36)	4:27:26 (34)	5:49:40 (32)	7:09:27 (29)
1:22:01 (27)	1:15:40 (41)	49:59 (46)	1:19:46 (25)	1:02:14 (18)	1:19:47 (25)
I.					
L. Bland	A. Carrington	H. Bloor	J. Stevenson	H. Hargreaves	C. Howard
K. Dalton	A. Shepherd	D. Pelly	J. James	K. B.-Jones	H. Wooton
1:29:59 (56/2)	2:53:51 (64/3)	3:44:42 (59/3)	5:10:41 (52/2)	6:23:38 (51/2)	7:47:28 (46/1)
1:29:59 (56/2)	1:23:52 (67/3)	50:51 (51/3)	1:25:59 (43/2)	1:12:57 (48/1)	1:23:50 (35/1)

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### Calderdale Way Relay : 9 December 2001

An almost unprecedented number of unavailabilities, team changes and late withdrawals meant headaches for those organising the teams and lower than usual expectations on the day. I wasn't even sure we had enough drivers to get everyone delivered and picked up from their starts and finishes but somehow we managed - saved by having baby sitters plus a 7 seat mpv! Next year we must have more people prepared to drive or bring a driver. Despite all these traumas, everyone got to where they needed to be and everywhere you looked there were performances which exceeded expectations.

The day dawned clear, cloudless and very cold Early runners were greeted with sunshine and views above the clouds and mist swept in from the East. By mid morning everywhere was covered in a thick blanket of freezing fog. As I drove back from leg 4 at midday the temperature was -4°C!

Our men's team, on paper, were the weakest for years but somehow clawed their way up to an excellent 6<sup>th</sup> out of the 92 teams. The credit lay throughout, no weak links. The veterans were this year's real stars finishing 2<sup>nd</sup> in class and 16<sup>th</sup> overall. Even the B team finished 29<sup>th</sup> featuring 6 months pregnant Karen, running with Helen Hargreaves, finishing 48<sup>th</sup> on leg 3! The women were struggling at one stage to even get a team but finished happy enough with 5<sup>th</sup> including fastest women's leg on last leg by Jenny James and Chris Howard.

One year we'll get the team and the performances right on the day. This relay is ideally suited to our lack of mega-stars but excellent strength in depth. Experience of running a particular leg really helps too. This is a marked route but the markings are small and good fine navigation or route knowledge can gain minutes over a hesitant pair.

Make 8<sup>th</sup> December 2002 a date for your diary and let's go for a triple victory!

MP

Calderdale Way Relay Results 2001

<u>Pos</u>	<u>Team</u>	<u>Time</u>	<u>Class</u>
1	Bingley	5:46:35	
2	Pudsey & Bramley	5:47:39	
3	Clayton	5:57:07	
4	Rosendale	6:18:14	
5	Salford	6:21:51	
6	DPFR	6:09:48	
12	Kendal Vets	6:27:42	V1
16	DPFR Vets	6:47:33	V2
18	Bingley Vets	6:48:00	V3
29	DPFR B	7:12:16	
42	Bingley Ladies	7:32:41	F1
52	Ilkley Ladies	7:52:40	F2
64	DPFR Ladies	8:15:31	F5

92 teams ran

A					
M. Robinson	A. M'leditch	D. Bradbury	M. Hayman	R. Davison	O. Johnson
A. Sealy	C. Adams	P. Crowson	A. Ward	I. Lewis	J. Boyle
1:13:42 (13)	2:17:01 (9)	2:57:18 (8)	4:05:36 (8)	5:08:09 (6)	6:24:10 (6)
1:13:42 (13)	1:03:19 (9)	40:17 (9)	1:08:18 (5)	1:02:33 (15)	1:16:01 (15)
Vets					
B. Toogood	G. Williams	S. Oglethorpe	D. Tait	D. Holmes	M. Salkild
D. Allen	T. Westgate	M. Harvey	R. Hutton	C. Barber	M. Wynne
1:17:16 (19/3)	2:26:20 (23/4)	3:09:09 (20/4)	4:23:18 (17/4)	5:27:12 (13/2)	6:47:33 (16/2)
1:17:16 (19/3)	1:09:04 (30/8)	42:49 (19/3)	1:14:09 (17/3)	1:03:54 (22/4)	1:20:21 (27/5)
B					
M. Buckwood	R. Woods	H. Hargreaves	A. Hulme	R. Hakes	M. Pedley
C. Ledger	P. Winskill	K. Dalton	J. Williams	N. Boler	D. Harrison
1:20:10 (30)	2:25:29 (21)	3:14:58 (25)	4:35:28 (29)	5:50:50 (31)	7:12:16 (29)
1:20:10 (30)	1:05:19 (14)	49:29 (48)	1:20:30 (32)	1:15:33 (62)	1:21:15 (31)
L					
L. Bland	A. Carrington	D. N'Challanain	A. Watmore	H. Bloor	C. Howard
A. Shepherd	H. Thornton	C. Atwell	S. Ward	R. Hambleton	J. James
1:32:10 (66/4)	3:01:12 (73/6)	3:56:56 (73/6)	5:30:49 (68/5)	6:48:48 (69/6)	8:15:31 (64/5)
1:32:10 (66/4)	1:29:02 (79/6)	55:44 (72/5)	1:33:53 (63/3)	1:17:59 (65/3)	1:26:43 (39/1)

# Fell Off

## SOWETO MARATHON, South Africa: 4 November 2001

The Soweto Marathon started as a dream.....this dream became a reality and every year more than 3000 runners will testify to the fact that this is the race that reflects the "New South Africa".

On the 5<sup>th</sup> December 1993 when South Africa's Olympic silver medallist Elana Meyer set a white dove of peace free to signal the start of the first Soweto Marathon, she started a road running tradition.

The people of Soweto came in their thousands to support, cajole and 'rob' runners from all corners of Southern Africa: Swaziland, Lesotho, Namibia, Mozambique, Botswana, Zambia, Zimbabwe and even Kenya. All had the same praise for that inaugural race....."WONDERFUL.....BLOODY WONDERFUL".

The route is a tough one but not to the extent that you cannot enjoy the pain and shite vista's. Passing many famous landmarks enroute the race takes the intrepid runner through industrial sites, past slime dams and a gradual climb to the New Canada Station in Orlando at the 14km mark. Then its onto Mcube Drive where at 19km we pass the house of former president Nelson Mandela.

The half way mark is reached at White City, from here the running becomes relatively easy and you just go with the flow. Children line the streets and their harmonious voices are raised to a crescendo as you pass by, singing African folk songs and offering their warmth and support such as "Give me your shoes Mulungu".

Eventually we pass Javubu Power Station and the Mapetla Bridge at 28km, the traffic and squalor here is probably one of the lows of the whole race, but where ever you look folk line the shanty streets and laugh and wave and say through smiling clenched teeth "What arse-oles go running in this heat and shite".

The Old Potch Road saw many scenes of violence during the struggle and was a lousy and depressing slog out of the township, this is Soweto's own "Heart Break Hill" at 36 km. Then it was onto the finish at the National Exhibition Centre and Nasrec Stadium and the crowds just kept cheering "ARSE-OLE'S - ARSE-OLE'S - ARSE -OLE'S"!!!

Every runner that finished in the stadium on that extremely hot and vibrant day must have felt the same way as I did - (Never again) - that the Sowetan people identified the struggle to finish this classic distance as they had to overcome their own struggles during the Apartheid era.



1	Ian	Anderson	06:44:54	23	Jim	Fulton	09:39:35
9	Bob	Berzins	07:53:46	??	Philip	Elliot.	09:55:52
16	Peter	Simpson	08:51:19	38	Kevin	Saville	10:04:56
19	Alan	Yates	08:57:08				
122 entered							

### Team Result

1st Rotherham H & AC

2nd Dark Peak Fell Runners (Bob+Pete+Alan)

3rd Dark Peak Fell Runners (Jim+Phil+Kev)

# In Gear

## Club Kit

### Vests

Cotton vests are £12.00 and the synthetic vests are £13.00.

### Hats

Knitted, one size fits all and available in green, blue, black and red for £7.00. There are some new fleece hats in a variety of colours they are a little bit on the big size but only £5.00 both types of hat have the club badge.

### Tracksters

The current tracksters are only in purple (at the moment) but I do have them in small, medium, large and extra large £18.00

### Shorts

Shiny dark peak cycling type shorts with dark peak down the leg for £14.00 there are a few (very) old pairs of shorts that have been left since Howard's days for only £5.00

### Fleece tops

I have both zipped for £20.00 and unzipped for £15.00 they are in various sizes and colours it is best to check I can get these ordered if there are any requests.

### Polo shirts

There are only a few of these left they are all blue long sleeve £15.00 and short sleeve £11.00.

For any of the club kit please see me at a club night or race or even give me a ring on 0114 233 9912 or 0114 277 6309. I can post the smaller things out for 50p but the fleeces cost £2.50 as they are a bit bigger.

Richard Hakes  
[richard\\_hakes@yahoo.com](mailto:richard_hakes@yahoo.com)

### Shops and Discounts

Many local gear shops give discounts to club members (exact amount varies with shop and product) but the list is quite out of date. Please let Richard know of any shops where you get discount and level of discount you got.

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# The-bit-at-the-end

## Dark Peak News Summer 2002

In the Next Issue:

Who knows? Please send in more than we had for this one!

If you run a race, a copy of the results and 1 paragraph to go with it can make a huge difference to the readability of the newsletter!

Articles can be submitted handwritten, typed or in electronic format on disk or via e-mail. Please use the electronic option if you can – a diskette or via e-mail to:

[mike@frosthole.demon.co.uk](mailto:mike@frosthole.demon.co.uk)

MS Word format preferred at the moment but I can read/convert most formats. Despite the years of practice it still takes me a good 15 minutes to type a side of A4 – and that's without all the formatting!

Deadlines for submission:	<b>Wednesday</b>	<b>29 May 2002</b>
Publication date:	Wednesday	19 June 2002

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### Thanks

Thanks for D.P.News Spring 2002 to; Lesley Atchison, Bob Berzins, Annie Carrington, Hugh Cotton, Andy Forsyth, Jim Fulton, Andy Harmer, Richard Hakes, Rob Hutton, David Marlow, Roy Marlow, Eric Mitchell, Maurice Musson, Dick Pasley, Roy Small, Dave Tait, Mike Wynne

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### Cover

Thanks to David & Roy Marlow for the artwork for this edition's cover. It features Keith Holmes at Shelf Moor.

And finally for those with anoraks... keep up-to-date with the latest DPFR news and results at: [www.dpfr.co.uk](http://www.dpfr.co.uk) or [www.frosthole.demon.co.uk/dpfr](http://www.frosthole.demon.co.uk/dpfr)

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