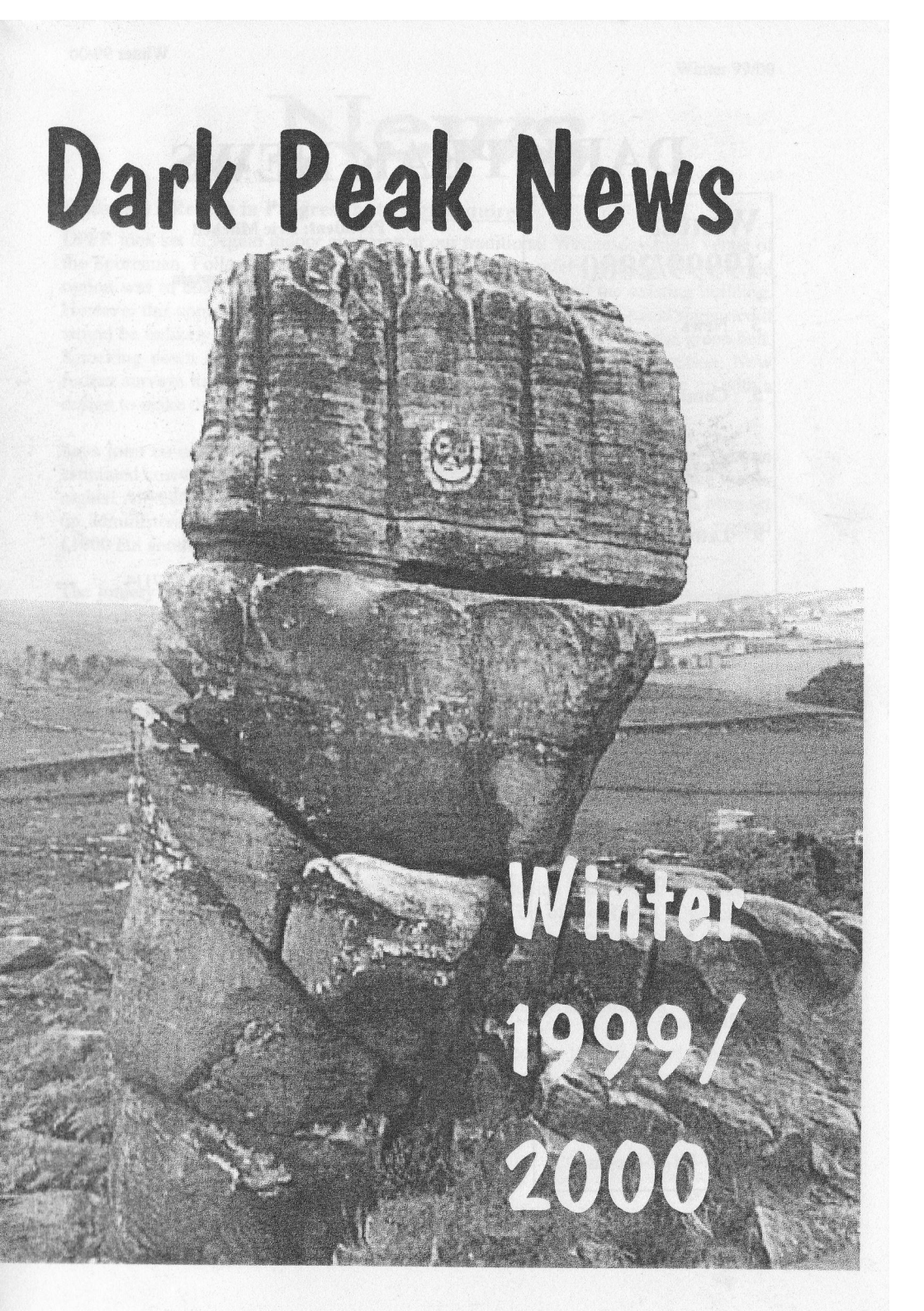


# Dark Peak News



Winter  
1999/  
2000

# DARK PEAK NEWS

## Winter 1999/2000

President: Eric Mitchell

3 News

5 Coming Events

7 More News

9 Letters

12 Club Constitution

14 Club Championships

19 Features  
- A Classic Worsell

21 Mountain Marathons  
- Lowe Alpine MM  
- Loxley IMM

29 Reports and Results

38 In Gear

39 Enditorial

40 The-bit-at-the-end

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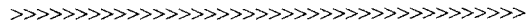
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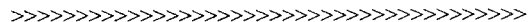
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# News

## **Club Hut - Rescue in Progress but Help Required**

DPFR look set to regain indoor changing at our traditional Wednesday night venue of the Sportsman. Following the condemning of the hut on safety grounds, the preferred option was to build a new one on hard standing ground behind the existing building. However this approach has faltered after a meeting with planning officials suggested it would be unlikely to be granted planning permission as the site lies in the green belt. Knocking down and rebuilding the existing hut faltered for the same reason. Now further surveys have been done and Roy Small and Hugh Cotton have come up with a design to make the building safe and useable.

Says joint co-ordinator Roy Small "It'll stand for at least another 10 years!". At an estimated cost of £1500 it represents good value - particularly on wet or snowy winter nights! All that is needed now is to raise the money and a restoration fund has been set up administered by Hugh Cotton. The fund to restore the club hut has just crossed £1000 but another £500 is still needed to ensure the basics can be completed.

The joinery work is under the skilled direction of Kev Saville and Roger Baumeister but it also relies heavily on volunteer labour. If you are able to give up a day (or an afternoon) to help, please contact Roy or Hugh for details of future working days. Further details on page 8.

## **Registration Scheme confusion continues**

Confusion still reigns over affiliations for next year. A formal scheme from NEAAA looks likely since North of England Athletic Association (NEAA) clubs voted by 35 clubs to 76 for the proposal to introduce a registration scheme for athletes which will add £3 to club subs for those who want to race in open events. The levy is due to start from May 2000 but has yet to be officially announced.

Meanwhile a number of the clubs opposed to it including Dark Peak, Clayton-le-Moors, Hallamshire and Border are trying to get an EGM of the NEAA at which we could ensure that more of the fell clubs (and other road clubs opposed to the scheme) are represented. Until the situation is clarified club subs will remain unchanged. However, those wishing to run on road, country and possibly the FRA championships may have to affiliate separately later in the year if the scheme is confirmed.

One possible way out was for DPFR to affiliate direct to the FRA and members register as individuals if they wanted to run road and country but, for the moment, this has been ruled out as the FRA have voted to make all clubs affiliate via their local athletic association.

## **Club Reps on FRA committee**

At the FRA AGM the club had two members elected onto the committee, Jacky Smith and Pete Dyke. With changes afoot in Athletics UK and with affiliations much in the news, the FRA could, once again, play a leading role so it is an important time to have representation on the governing body for fell running.

## **Karrimor**

For once it was those of the club in the elite category who did best in the Karrimor. On another tough weekend, which saw lots of retirements, DP runners took four of the top 20 places on the elite. Pride of place goes to Simon Bourne and Alan Ward with 4th to add to their 2nd on the Lowe. There were good performances too from Marcus Scotney (7th), Gavin Williams and Will Sullivan (15th) and Rick Ansell (18th).

## **Steady Performances at Ian Hodgson Relay**

The first (and some say the toughest) of the big three Autumn relays took place at its traditional Brotherswater venue. Both DPF's teams performed well despite being below full strength. The men's team didn't quite live up to their best result of last year but still finished a creditable 8th. The mixed team finished second in their class.

## **...but disappointment at FRA Relay**

There was a general feeling of disappointment following the FRA relays even though the women ran well for 3<sup>rd</sup>. Having held second for much of the race to lose on the final run in was hard to take. The men's team had a disappointing run for 12<sup>th</sup> - our poorest performance for some years though the veterans had a steady run for 5<sup>th</sup>(?). Further details and results to follow when available.

## **International Honours**

Belated congratulations to those of Dark Peak's orienteers who made the 6 man and 6 woman British team for the World Championships - held in Britain for the first time in 23 years this August. In the men's event Jamie Stevenson (now resident in Sweden) and Dave Peel (now resident in Riverdale Road!) made the team and in the women's event Jenny James rounded off a remarkable comeback by making the team, where she joined Kim Buckley. It was bad luck though for Dickie Wren who, despite an excellent early season, was only named as reserve.

## **Burbage Race to rise again**

Dark Peak has come to the rescue of the Burbage fell race. Run over one of the best local mid-week routes, the race had fallen victim to a number of circumstances - its organiser moving away and a change of landlord at the Fox House. Now Andy Moore has agreed to take on the co-ordination and the landlord has changed again - the new one being far more welcoming. Help from club members will also be needed to make the race a success on the day. So make it a date: Tuesday 23 May at Fox House.

# Coming Events

WINTER 1999/2000

Club runs every Wednesday from the Sportsman at 6:30pm or at an "away" venue (start times vary – CHECK BELOW). There are the two usual winter options:

- a run with the roadies; 70-80 minute road run. Please wear light/reflective clothing so you can be seen. Many of the roads we run on are unlit and have no footpath.
- night fell running with the 'warts'; about 2 hours of fell running but routes and times are very dependent upon the weather. The fells at night in winter can be severe! Please make sure you have plenty of warm and waterproof clothes... not to mention a good torch!

After last winter's successful roadies "away" run watch out for a repeat of the Bretton Clough circuit from The Plough Inn and let's hope for a repeat of the cold clear moonlit night of last year.

## Dec

Sun	19	Club race	Crookstone Crashout, Rowlee Bridge, 10:30
Wed	22	18:30 Club run	Sportsman: Carols at the Headstone, bring your torch!
Wed	29	18:30 Club runs	Sportsman

## Jan

Wed	5	18:30 Club runs	Sportsman
Wed	12	18:30 Road run	Sportsman
		18:45 Warts run	Edale, main car park, 124853
Wed	19	18:30 Club runs	Sportsman
Sun	23	10:30 Club race	Burbage Nuts, Porter Clough Car Park
Wed	26	18:30 Road run	Sportsman
		19:00 Club race	Warts Night Race, start to be decided - meet Sportsman

## Feb

Wed	2	18:30 Road run	Sportsman
		18:45 Warts run	Cutthroat Bridge, 216874
Sat	5	09:00 Club race	Margery Hill, Fairholmes
Wed	9	18:30 Club runs	Sportsman
Sun	13	11:00 Local race	Tigger Tor, Tigers Rugby Club, Sheffield
Wed	16	18:30 Road run	Sportsman
		18:45 Warts run	Cotton's Hut Run, 232755 **see below**
Wed	23	18:30 Club runs	Sportsman

## Mar

Wed	1	18:30 Club runs	Plough Inn, Hathersage, 234804
			Roadies & Warts meet here (separate runs)
Fri	3/4	late Local race	Derwent Watershed, Edale
			Teams of 4, pre entry only
Wed	8	18:30 Club runs	Sportsman
Wed	15	18:30 Road run	Sportsman

		18:45	Warts run	Kings Tree, 168939	
Wed	22	18:30	Club runs	Sportsman	
Sun	26	10:30	Club event	Edale Skyline **Offers of help wanted**	
Sun	26		E. Champs	Wrekin	
Wed	29	18:30	Road run	Sportsman	
		18:45	Warts run	Kings Tree, 168939	

**Apr**

Sat	1	14:00	DP League*	Pendle, Barley (near Burnley)	4.5ml/1500'
Wed	5	18:30	Club run	Sportsman (back on the fells together)	
Wed	12	18:30	Club run	Sportsman	
Sat	15	12:00	Brit. Ch.	Clachnaben, Stachan, South Deeside	10.5ml/3500'

## Selected advance dates

**Apr**

Sun	30	10:00	E.Ch.&DPL*	Three Peaks, Horton (near Settle)	24ml/4500'
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**May**

Sun	14	13:00	E.Ch.&DPL*	Fairfield, Rydal Hall, Ambleside	9ml/3000'
Sat	27	14:00	B.Ch.&DPL*	Caeder Idris, Dolgellau	10.5ml/3000'

**Jun**

Sat	10	11:00	E&B.Ch.&DPL*	Ennerdale, Ennerdale Scout Camp	23ml/7500'
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**Jul**

Sun	16	13:00	E.Ch.&DPL*	Kentmere	11.9ml/3300'
Sat	29		Brit. Ch.	Slieve Donard	

**Aug**

Sat	5	10:00	DPLeague*	Borrowdale, Rothwaite	17ml/6500'
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**Sep**

Sun	17	14:00	E.&B.Ch.&DPL*	Dalehead, Show Field, Rothwaite	4.5ml/2210'
Sat	24	12:00	B.Ch.&DPL*	Two Breweries, Traquair House, Inverleithen	18ml/4890'

Eng. Ch. = English Champs, Brit. Ch. = British Champs

\* DP League - a new Dark Peak competition based on "classic" or championship races (see p.7).

\*\*directions to "Hugh's hut" for warts on 16 Feb\*\*

"To get there. Turn right at Calver traffic lights for Stoney Middleton. Before the village there is a long wall on right (not in good condition). At the back of this are extensive grounds and Stoney Middleton Hall (not shown on the map). There is an entrance into the Hall grounds (wall broken). Go past this and within 100 yards is new entrance. Enter here and park on hard standing after 50 yards. My club hut is cottage facing with green door. If you go past the entrance to some broken down green gates (just before cottages on the right and the Moon Pub on the left) you have gone too far". See you there! - Hugh

[XC=Cross Country, MM = Mountain marathon or Long mountain orienteering]

Where an address is provided entry is usually in advance only. Where no details are stated entry can usually be obtained on the day. However, to be certain and for additional details of all open events please refer to the FRA calendar. A full listing of all fell events is available to FRA members.

All club members should consider joining the Fell Running Association. At a cost of £9 a year it includes 3 magazines as well as the full fixture list. For details contact the Membership Sec., Pete Bland Sports, 34a Kirkland, Kendal, Cumbria LA9 5AD.

> >

**New Competition to find DPF's top runners each year**

There were times when Dark Peakers were more common in the Lakes than the Peak District. It was a factor in launching the Local League competition. Now DPF appearances in the big races are rare yet the club can compete with the best in relays. So for 2000 a new club competition is to be launched: a league based on nine classic races throughout the year.

The aim is to take in five of the six English Champs races (excluding Wrekin which clashes with the Skyline - Dark Peak's main organisational commitment) plus four other classic events to act as focal points for Dark Peaker's travels in 2000.

6 from 9 to count. You score 50 for being first Dark Peaker, 45 for second, 42 for third, 40 for fourth and then decreasing by 1 for every place. There will also be women and veterans categories.

The provisional list of events are:

Sat	1	Apr	Pendle	4.5ml/1500'	
Sun	30	Apr	Three Peaks	24ml/4500'	English Champs
Sun	14	May	Fairfield	9ml/3000'	English Champs
Sun	11	June	Ennerdale	23ml/7500'	English & British Champs
Sat	27	May	Caeder Idris	10.5ml/3000'	British Champs
Sun	16	July	Kentmere	11.9ml/3300'	English Champs
Sat	5	Aug	Borrowdale	17ml/6500'	
Sun	17	Sep	Dalehead	4.5ml/2250'	English Champs
*	*	*	Final race to be confirmed		

SOME RACES REQUIRE PRE\_ENTRY. See FRA calendar (out Jan 00) for closing dates.

> >

**MORE NEWS**

**FRA Relay 2000**

Whilst the FRA have still to approve the bid, it seems likely that DPF will get the nod to stage the 2000 FRA Relays. We are actively looking at appointing a co-ordinator plus organisers for each element of this mammoth organisational task. The preferred venue is Edale subject to appropriate permissions being received.

> >

### Club Hut Update

Your Wednesday night spent changing in the Sportsman Pub's car park may soon be over. After initial problems the project to renovate the hut is back on course. When the committee shut the hut because of its dangerous condition we looked at all the other possible options but none were viable or achievable and so we re-visited the renovation project. We found that the main frame of the hut was sound even if the hut appeared around the edges to be falling down.

With the blessing of the committee, we have now started work and believe that we will get at least a further 5 years use out of the hut. Our aim is to do sufficient initial work to be able to re-open in time for carols at the Headstone on Wednesday 22<sup>nd</sup> December.

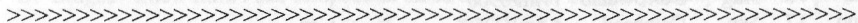
However the re-opening of the hut and the success of the project depends on our members. We need about £1,500. We have £335.

Please support us with donations of between £10 and £50. Hugh has set up a renovation account through his business and cheques should be made payable to Cotton & Co Solicitors. We will submit an account to all making donations on conclusion and in the unlikely event of there being a surplus we will donate this to the club funds.

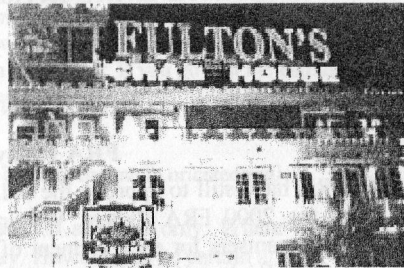
We are also delighted to say that Paul Sanderson and Tom Westgate have agreed to help us with the project and join us as trustees of the Renovation Fund. We look forward to your support.

Roy Small & Hugh Cotton

*Funds have now crossed £1000 but more is still urgently needed. Donations to Hugh Cotton; cheques payable to "Cotton & Co. Solicitors "*



And now for something completely different... Holiday snaps from Andy Moore!!!



# ILetters

**Chris Worsell**

Dear Mike,

Please pass on our thanks to everyone who sent cards and letters and let them know that Chris has been working hard with the rehabilitation teams to get back on his feet again. First with rehab in the home every day and now at the assessment and rehabilitation centre (ARC) at Nether Edge Hospital, Sheffield three days a week.

It has been a long and uphill battle but we are beginning to get results from all the hard work and Chris now gets up to the Sportsman pub most Tuesday lunchtimes thanks to Mike Hayes and Alan Yates. I usually forget to give him any money but if anyone wants to buy him a drink then I'm sure he would love to see them. We have been meaning to get up to the pub on a Wednesday night for some time but we are both still pretty whacked by the end of the day.

Chris is planning to dye his hair, if he raises enough money in sponsorship, to buy a computer for the rehab centre so look out for the photo. Please get in touch with Alan Yates if you would like to make a donation. Good luck with your winter training.

Chris & Di Worsell

> >

## **DPFR Training Weekend**

I would like to thank Jackie Smith and Norman Matthews on behalf of all those who were present for organising and taking a recent training weekend. About 10 Dark Peakers gathered at Thornbridge for the fellrunning course taken by Norman who is England Junior Coach. Norman is an extremely keen and fit athlete and his enthusiasm is inspirational.

It was an excellent weekend and covered a wide range of topics including hill rep sessions, stretching, warming up routines, circuit training, injury prevention, training schedules/planning, and sports psychology. We were even video taped running and our various styles and problems analysed. His "buffering" hill rep session was as tough as they come and left people sprawled and completely knackered all over the hillside. As part of the recovery process a few took part in some carbo loading in the pub!!

I certainly came away with plenty to think about, and to try and put into practice. It was also a good motivational booster before a winter's training. Thanks Again.

Roger Woods

*Jacky Smith is prepared to repeat this course at Thornbridge if there are enough (>10) people interested. Details from Jacky Smith.*

> >

**BG Thanks - 1**

The Bob Graham round,  
has a romantic sound.  
But the weather was shit  
and I 'thought' I was fit,  
so only failure was found.

A monumental thank you to all at DPFR for allowing me to join the annual Bob Graham attempt and congratulations to Andy and Kevin for snatching success from the jaws of the weather. DPFR has become a sort of home from home for me, so it was an enjoyable weekend despite the weather, dislocating my shoulder again and having to drop out at Kirk Fell of all places. The shoulder rather knocked the stuffing out of me, and as Kevin made it with only 4 minutes to spare, common sense says it was the right thing to do. Doesn't make it any easier to live with though. I should therefore also particularly thank Darryl who not only ended up accompanying me back to Honister, but had to do this while I was being particularly miserable. Thanks also to Colin, the organisation fair takes the breath away. Although I got to personally thank many of the contingent at the 'Saunders', I somehow missed Colin, sorry.

My first words to Roger at Honister were " never, ever, ever, again. That's it for me". When he phoned me on the Sunday evening he asked whether I would be up for another try, next year. You can guess the rest .

All the best for the winter season, may all your fell runs be excellent.

Duncan Woods.

> >

**BG Thanks - 2**

Dear Readers,

I feel privileged to have friends in, and be a friend of, DPFR and therefore have the opportunity to read the Dark Peak News.

Having recently consumed the Autumn 99 edition the urge came upon me to write the following in reply to articles appearing.

Firstly I would like to thank Dark Peak members for the opportunity given to me this year to join in the B.G. weekend. The Dark Peak B.G. machine is a truly wondrous thing, and should be kept as such, so to that end I pledge whatever help and support I can give. However, if I am allowed to participate again in 2000, my burning desire is to join Andy and Kev with many more in the B.G. club.

Secondly Re – Broomhead Chase.

I, and all other race organisers, strive to do everything to make our events flow. I have deliberated long and hard over the decision to disqualify Derek and Alan, Dave's comment about the return leg "Appearing not at all clear" has rekindled some of the anguish. Two clear maps were displayed at registration, the course was flagged at every conceivable point plus quite a few inconceivable points. The outward tapes were, to the best of my ability, hidden from the return route. The only other possible thing to do is marshal the crossing. I for one, would rather see less marshals on fell races rather than more.

My personal, but obviously biased opinion, is that everything practical was done. Lack of experience at front running (never) limits the validity somewhat. To try to address the situation, if anyone with the experience of being at the front would like to offer any constructive comments, I will be pleased to implement them where possible next year.

Andy Plummer ( Penistone Footpath Runners & AC )

> >

**Registration Scheme Woes - Scottish style**

Mike

Thank-you for the Dark Peak Newsletter. We are at a stalemate with negotiations with SAF on the membership scheme, which has been in place for a year. There have been several meetings with SAF and letters. SAF believe their business plan is the letter of the law. Most hillrunners here see no benefit in paying SAF 11 pounds per year. Committee meetings get boring. There will be an EGM after the Tinto race in November to discuss options - including independence.

We are submitting this to Carnethy members in the next Carnethy newsletter.

John Blair-Fish

**Carnethy Club Policy on the SAF Membership Scheme**

"Your committee is still involved in discussions with SAF in a long running attempt to change features of their membership scheme which, we feel, act against the best interests of hill racing in Scotland. Along with other hill running clubs, we have had two special meetings with the SAF Chief Executive and have made representation at the last SAF AGM. So far, we have been unsuccessful in securing SAF's acknowledgement that the membership scheme is fundamentally flawed. The next move is an Extraordinary General Meeting of Scottish Hill Runners following the Tinto Race. At this meeting we will be proposing to enter discussion with our English, Welsh and Irish colleagues with a view to finding a common UK solution to our frustrations, if necessary, separate from SAF. We will also be calling on our fellow clubs to support a demand for an EGM of SAF to continue the debate".

"Our main and absolute objections to the SAF membership scheme as it stands are as follows;

1. It imposes an absolute bar on club members competing in SAF permitted races if they are not also members of SAF (which next year would cost you a separate £11 on top of your club membership). This places a totally unacceptable ban from racing in even your own club-organised races if you do not join SAF. Why should casual runners who enjoy the odd race be required to join SAF, who do not contribute in any way to our race organisation?

2. By contrast it allows unattached runners (i.e. not members of an athletic club) to race in a SAF permitted race by paying a per-race levy. This results in discrimination against athletic club membership and could seriously discourage aspiring new runners from joining their local club.

3. There is continuing and clear evidence of financial mismanagement and bad communications from the professional SAF administrators which leaves us with no confidence that they will be able to resolve these important issues. SAF are currently financially insolvent and last year, the membership scheme cost more to administer than it generated in revenue. No money generated by the membership scheme was therefore re-invested in the sport. There are many other less fundamental concerns which have been reported in The Scottish Hill Runner and our newsletter."

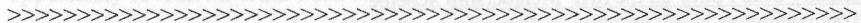
"This is a very simple description of where we stand, but it covers the big issues. We have not given up. "

"It is now club policy to organise all future races WITHOUT a SAF Permit. This is necessary in order to protect your access to these races as a paid-up club member. Insurance and safety management will be through the UK Fell Runners Association and their safety code. This policy will continue until we resolve our disagreements with SAF."

"Meanwhile, should you join SAF (or renew your membership)?"

"Your committee advise that you should NOT join SAF until we have resolved these important issues UNLESS you are a talented runner who feels that not being a member could threaten your access to important races or to financial support for international competition. In such cases we suggest that you join, but make it clear that you do so under protest, making the reasons for your protest clear. If you want help in making your protest, we will provide it."

*Well that's the situation up in Scotland. Even worse than here by the sounds of it*



### **Suggestion For A New Club Constitution**

After much debate following the AGM a revised proposed constitution has been drawn up. On the difficult issues of access and environmental protection it includes a statement to the environment whilst not going so far as to committing members to actively campaign as a club on environmental issues. The intention will be to ratify the new constitution at April's AGM.

1 Title. The title of the club shall be Dark Peak Fell Runners.

2 Objects. The objects of the club shall be:

To encourage the practice and development of fell running;  
To provide coaching for the members and to organise races;  
To organise teams to represent the club in competitive events;  
To adopt a responsible and protective attitude towards the countryside environment required for fell running.

3 Membership. Membership shall be open to persons who are amateur athletes. Each applicant for membership must complete and sign the official application form, and pay the annual subscription fee.

4 Management. The management of the club shall be vested in a Management Committee which shall consist of President, Chairman, Treasurer, Secretary, the Editor of Dark Peak News, the Club Captain, the Membership Secretary, the Clothing and Equipment Officer, the Cross Country Secretary, and the Edale Skyline Race Co-ordinator. With the exception of the President, who occupies a lifetime post, all of the foregoing shall be elected at the Annual General Meeting and remain in office until the conclusion of the Annual General Meeting the following year. The quorum for meetings of the Committee shall be six members. The Committee shall also have the power to co-opt members for particular projects but co-opted members shall not have a committee vote. The Committee shall meet as often as it deems necessary. Minutes shall be recorded by the Secretary, and published in Dark Peak News.

5 Annual General Meeting. The Annual General Meeting shall be held in the month of April for the purpose of:

Receiving the annual reports of the Chairman and Secretary;  
Receiving the annual report of the Treasurer, which shall include the Statement of Accounts and Balance Sheet;  
Electing officers for the ensuing year;  
Considering motions submitted by members, and duly proposed and seconded;  
Considering any amendments to the Constitution of which due notice has been made available to the club membership. Any proposed change to the Constitution must be received by the Chairman or Secretary at least 90 days prior to the date of the Annual General Meeting in order that all members shall have sufficient notice of the proposal;

At least 14 days notice shall be given to members of the date and venue for the Annual General Meeting. Each fully paid-up adult member present at the meeting shall have one vote.

6 Affiliation. The club shall seek to be affiliated to such organisations as the AGM deems necessary to facilitate participation in competitive events.

7 Subscriptions. Members will pay an annual subscription fee at the commencement of each calendar year. The level of the fees may be adjusted at the Annual General Meeting. The annual subscription must accompany the application for membership.

- 8 Non-payment of subscriptions. The Committee shall have the power to expel any member whose subscription has not been paid by the end of the calendar year.
- 9 Resignations. Any member wishing to resign must do so in writing addressed to the Chairman or Secretary.
- 10 Extraordinary General Meeting. An Extraordinary General Meeting shall be called by the Secretary or Chairman within one month of the receipt of a requisition signed by at least thirty members stating the purpose of the meeting. At least fourteen days notice shall be given to all fully paid up members of the date, venue and purpose of an Extraordinary General Meeting. No other business shall be conducted at such a meeting.
- 11 Constitution Amendments. No constitution rule may be altered, added to, or deleted except at an Annual General Meeting, or at an Extraordinary General Meeting called for that purpose, then only by a two-thirds majority of those present and voting.



# Club Championships

## Al captures his first title

Good visibility made a welcome change for this year's club championships. The peat was frozen on top, though sometimes you were in for an unpleasant surprise as the crust broke. Similarly was it running on or in the Kinder River - you were never quite sure.

Whatever the detail, Al Sealy took full advantage to record the fastest time beating pre-race favourite Mark Hayman. After last year's stunning run, the handicapper had hit Mark hard and this may well have affected the race for fastest as well as the handicap results. Left all by himself, starting over five minutes behind the next runner, Mark barely saw anyone. Meanwhile, Al made full use of some competition starting close by to record a worthy victory.

In the women's event, Jo Smith made up for her hypothermic disaster of three years ago to take the title whilst Lynn Bland became the first ever female winner of the handicap trophy beating a gallant Dick Pasley to the line by 17 seconds. One remarkable, and encouraging, feature for a club once threatened by veteran domination, only one veteran made it in to the top 10 - Mike Wynne retaining his title with 8th overall.



## Dark Peak Fell Runners Club Championships 1999

### RESULTS BY FINISH TIME

Timed Position	Name	Cat.	Start Time	Finish Time	Race Time	Start Pos'n	H'cap Pos'n
1	Alan Sealy		11:27:00	12:42:02	1:15:02	74	47
2	Mark Hayman		11:38:00	12:53:51	1:15:51	80	64
3	Roger Woods		11:25:00	12:43:05	1:18:05	72	50
4	Tim Tett		11:28:00	12:46:27	1:18:27	75	58
5	Mick Robinson		11:23:00	12:42:29	1:19:29	11	48
6	Rob Davison		11:03:00	12:24:05	1:21:05	48	5
7	Gavin Williams		11:18:00	12:39:57	1:21:57	65	40
8	Mike Wynne	V40	11:29:00	12:50:59	1:21:59	78	62
9	Phil Crowson		11:22:00	12:44:31	1:22:31	69	57
10	Richard Patton		11:31:00	12:54:17	1:23:17	79	66
11	Bob Berzins		11:19:00	12:43:18	1:24:18	67	51
12	Mark Chapman		11:16:00	12:40:26	1:24:26	63	41
13	Dave Soles		11:10:00	12:35:28	1:25:28	57	*
14	Andrew Moore	V40	11:15:00	12:40:41	1:25:41	62	42
15	Steve Bell		11:28:00	12:54:10	1:26:10	76	65
16	Andy Harmer	V50	11:17:00	12:43:50	1:26:50	64	56
17	Dave Holmes	V40	10:57:00	12:25:00	1:28:00	41	7
18	Bill Edwards		11:24:00	12:52:22	1:28:22	71	63
19	Dave Lockwood	V50	11:07:00	12:35:49	1:28:49	53	33
20	Martin Ward		11:26:00	12:54:49	1:28:49	73	67
21	Chris Barber	V40	11:11:00	12:41:08	1:30:08	58	44
22	Paul Sanderson		11:10:00	12:40:46	1:30:46	56	43
23	Roy Marlow	V50	11:12:00	12:43:39	1:31:39	59	53
24	Jo Smith	L	11:12:00	12:43:40	1:31:40	60	54
25	Simon Patton		11:29:00	13:00:59	1:31:59	77	70
26	Graham Berry	V50	11:04:00	12:36:01	1:32:01	50	34
27	Adam Jackson		11:19:00	12:51:13	1:32:13	66	*
28	Alan Yates	V50	10:58:00	12:30:56	1:32:56	42	21
29	Ron Caves		11:13:00	12:46:31	1:33:31	61	59
30	Chas Hird	V50	10:53:00	12:26:35	1:33:35	35	10
31	Tom Westgate		10:59:00	12:32:39	1:33:39	44	27
32	Ian Stamp		10:54:00	12:28:05	1:34:05	36	*
33	Mike Pedley		10:59:00	12:33:07	1:34:07	43	28
34	Roy Small	V40	11:00:00	12:34:10	1:34:10	46	30
35	John Armistead	V50	10:56:00	12:30:12	1:34:12	40	18
36	Jim Lawrenson	V40	10:55:00	12:29:14	1:34:14	38	16
37	Ken Jones	V50	10:52:00	12:26:15	1:34:15	33	9
38	Chris Stamp	V40	11:00:00	12:35:40	1:35:40	45	32

39	Phil Cox		11:09:00	12:45:03	1:36:03	55	*
40	Howard Swindells	V50	10:54:00	12:30:16	1:36:16	37	19
41	John Myers	V40	10:47:00	12:23:49	1:36:49	25	4
42	Kirsty Bryan-Jones	L	10:53:00	12:30:56	1:37:56	34	20
43	Lynn Bland	L	10:43:00	12:21:00	1:38:00	16	1
44	Neil Goldsmith	V40	11:05:00	12:43:04	1:38:04	52	49
45	Andy Jenkins		11:20:00	12:59:12	1:39:12	68	69
46	Phil Young	V40	11:02:00	12:41:44	1:39:44	47	46
47	<b>Jacky Smith</b>	<b>LV</b>	10:47:00	12:27:16	1:40:16	26	12
48	Dick Pasley	V50	10:41:00	12:21:17	1:40:17	11	2
49	Dave Green	V40	10:51:00	12:31:35	1:40:35	32	24
50	Richard Hakes	V40	11:03:00	12:43:48	1:40:48	49	55
51	Dave Markham	V40	10:56:00	12:37:01	1:41:01	39	38
52	Hugh Cotton	V50	10:50:00	12:31:16	1:41:16	30	22
53	John Woodcock	V50	10:45:00	12:27:05	1:42:05	21	11
54	John Herbert	V40	10:46:00	12:28:49	1:42:49	23	14
55	Kev Saville		11:08:00	12:50:49	1:42:49	54	61
56	Guy Seaman	V50	10:49:00	12:32:18	1:43:18	29	26
57	Ruth Hambleton	L	10:40:00	12:23:52	1:43:52	7	*
58	Jo Stevenson	L	10:40:00	12:23:52	1:43:52	8	*
59	<b>Colin Henson</b>	<b>V60</b>	10:41:00	12:25:44	1:44:44	10	8
60	Maurice Musson	V40	10:49:00	12:33:57	1:44:57	28	29
61	Clive Last	V50	10:51:00	12:36:16	1:45:16	31	36
62	Geoff Nichols	V40	10:41:00	12:27:38	1:46:38	12	*
63	Barry Thackery	V60	10:44:00	12:31:24	1:47:24	19	23
64	Jan Cave	LV	10:40:00	12:28:06	1:48:06	6	13
65	Roger Baumeister	V50	10:35:00	12:23:15	1:48:15	2	3
66	Jim Fulton	V40	10:43:00	12:32:09	1:49:09	18	25
67	Clive Wilson	V40	10:40:00	12:29:49	1:49:49	9	17
68	Tim Atkin	V40	10:45:00	12:36:51	1:51:51	22	37
69	Tim Mackey	V40	10:44:00	12:36:13	1:52:13	20	35
70	Andy Malkin	V40	10:42:00	12:34:19	1:52:19	14	31
71	Mike Arundale	V40	10:42:00	12:34:55	1:52:55	13	*
72	Hilary Musson	L	10:36:00	12:29:02	1:53:02	3	15
73	John Gunnee		10:48:00	12:41:32	1:53:32	27	45
74	Jim Orrell	V50	10:30:00	12:24:48	1:54:48	1	6
75	Bob Bryan	V40	10:43:00	12:40:49	1:57:49	17	*
76	Mike Browell	V40	10:42:00	12:43:34	2:01:34	15	52
77	Mick Poulter	V40	10:38:00	12:39:36	2:01:36	5	39
78	Gerry Goldsmith	LV	10:38:00	12:47:04	2:09:04	4	60
79	Pete Lewis	V40	10:47:00	12:57:15	2:10:15	24	68
	Richard Baxter		11:04:00	RETIRED	RETIRED	51	*

### DPFR Trophies 1999

Dark Peak Trophies were awarded at the dinner (or would have been if some of them hadn't been mislaid on the way to the dinner by Mark Hayman!) as follows:

- Handicap winner: Lynn Bland
- Fastest runner: Alan Sealey
- First woman: Jo Smith
- First Vet40: Mike Wynne
- First Vet50: Andy Harmer
- First Vet60: Colin Henson
- First LV: Jacky Smith
- Pertex Award: Mike Browell
- Local Race League: Roger Woods

Plus well deserved thanks to Pete Dyke for organising the club championships and everyone who helped him!

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### Pertex Award 1999

We nearly had another missing Pertex trophy as I left it in the taxi on the way home last year, but luckily it was rescued by Hugh and spent much of the year in his cellar, - but it is always wise to keep your valuables in your solicitor's safekeeping!

Due to a fall off in the number of people doing the KIMM this year and fewer people doing some of the more distant races there have not been too many epics giving rise to pertexable situations. A notable exception however was Kentmere on a foggy Sunday afternoon where half of "Team Lard" namely John Myers deserves a mention here for passing Hilary three times.

I myself, have had a couple of probable situations that could also be pertexable. One of those was on this year's KIMM, when on awakening in the dark of the tent on the first day and trying to use my watch light to illuminate the time, the extra energy requirement flattened my battery and the screen went blank. A good omen for a score event, and even better when I met up with my partner Lynne, who was also having watch trouble - in that on trying to insert the correct time it kept reverting back to zero.

As usual there were dropouts in the KIMM but these I would put down to over ambitious course planners and also over ambitious competitors, who, wisely chose a pub to a wet and windy mountain ridge in the dark.

Nearer to home there have been a couple of situations worth mentioning. One involving some of the longer standing members of the club on a walk in the White Peak when, amongst others, Paul Sanderson noticed that Roger Baumeister was missing and just assumed he was attending to a call of nature. In true dark peak fashion they didn't bother waiting only to find out. On finishing their trip much later in the day, found that Roger had blacked out and been taken to hospital.

A star well worth mentioning is one of the club's best known navigators, Phil Crowson, who managed to visit the head of Grinsbrook valley on the Crookestone Crashout. But the choice of giving the Pertex award to Phil would have been too easy, and he would probably win it every year.

Another star with a long record of navigational expertise, decided to get some secret training and tips for the triple crossing from Hilary and Jan, and was last seen fleetfooting it away from the top of Fairbrook towards Hayfield, which he may have been to because he was never seen at the Downfall, Kinder river or Edale; but not until about 5.00pm in the midland bank social club bar. I am of course referring to Andy Moore.

My understanding for the awarding of the Pertex Trophy, which differs to Chris Barber's interpretation, is that the award is presented for complete incompetence on the hills, as stated on the trophy, not for forgetfulness, like leaving your tent poles in your car. So, when someone's action on the hills puts someone else at risk, then this person has got to be a strong contender.

Who can affect someone else's predicament on the hills? Because after all we all go there on our own free will. Well, perhaps an example would be a wrongly positioned marshal on a fell race, or a marshal who sends people off in the wrong direction.

But, the classic example is the sweeper who should remain at the back and know the route to shepherd the last stragglers. But when he takes it on himself to out run these poor back runners, they should at least be confident that he knows where he is going... ..instead of bypassing one of the key checkpoints and leading these sorry souls astray so they have to be rounded up by another sweeper in order to avoid disqualification.

I am, of course, referring to the other half of "Team Lard" namely Mike Browell for his notorious performance as this year's Edale Skyline sweeper.

I have great pleasure in awarding him the infamous Pertex Trophy.

Maurice Musson

# Features

## A Classic Worsell

performed by M. Clarkson and A. Yates on Sunday September 19th, 1999

The diagrams (next page) explain all that needs to be told about the actual perpetuation of the Worsell proper. Readers will understand, of course, that the context and the build-up are as crucial as the enactment itself, and so some setting of the scene is necessary for the full elegance of our feat to be appreciated.

Mick Clarkson (fresh back from a fine performance in the world vets triathlon championship in Canada) and I were the anchor pair for Sheffield Triathlon Club's team participating in the invitation Sheffield Boundary relay event, organised by Steel City Striders. Some very competitive running by STC's previous four pairs meant that we set off on the final leg (Ford, near Ridgeway, to Sheffield Stadium) in what we thought was a comfortable third position. Our steady pace was momentarily unsettled and any complacency was dashed after about three miles, however, by the clatter of racing footfalls very close behind us. We were overtaken by the Kimberworth Striders' (A) anchor pair going down through the housing estate below Hackenthorpe, on the way towards crossing Shire Brook. They seemed elated as they passed us, and some banter was exchanged.

The Kimberworth 'A' pair had certainly done very well, and they must have run very hard, to make up three or four minutes on us over the three-plus miles covered so far. In fact, as soon became clear, Kimberworth must have run a bit too hard, because instead of surging ahead after overtaking us they stayed only 20-30 yards in front, and we had little difficulty in keeping them at that distance barely raising our pace. We'd already observed that their earlier elation had sounded a bit forced and that they didn't seem to be running as a particularly well-matched pair.

Sure enough, we began to pull them back on the steady ascent to Woodhouse. In a brief conference Mick and I agreed to liven things up by putting in a bit of extra effort and passing them about half way up the hill. We now had a race on our hands... The next gradual climb, between Woodhouse and Handsworth, also worked in our favour, and it was not until the bottom of Waverley Lane, heading along towards the Parkway crossing, that they came past us again. Once more their pace slackened as soon as they had gone by, after more banter. One of the Kimberworth men remarked on the rigours of the section that lay ahead. The psychological weakness we'd suspected earlier now seemed to be confirmed.

Another Clarkson-Yates conference reached this conclusion and, with growing anticipation, we agreed on the wisdom of hanging back on this stretch, as we headed along the shale path that runs parallel with the Parkway. We'd observed that we were approaching the critical point for a decisive bit of Worselling (the key moment referred to by specialists as 'stopping to tie your shoe-lace').

When the lie of the land (see Figure 1, above) had been appraised on an earlier recce, dreams had been dreamed about the chances of stealing a march on imaginary opponents at precisely this position, and in precisely these circumstances. The dreams were coming true, and the chance was there for the taking. Figures 1 and 2 together tell how events climaxed.

We used the advantage of the climb past the airport to increase our lead, although at this stage we still thought that we'd probably achieved nothing more than just giving Kimberworth something to think about. We were quite prepared to find them clattering past us again on the flat stretches through Darnall to the finish. But they didn't. In fact, we pulled even further away from them over the last mile or so. Had their bolt been shot on the Ford-Hackenthorpe stretch, in the initial effort to make contact with us? Had they faltered round the elbow bend, where the path leads away from the direct line of the route? Or had they been demoralised by the urban guerrilla tactics? Perhaps we would have beaten them anyway, without resorting to Worselling tactics, and still maintained STC's creditable 3rd overall team and first mixed team in the final results (subject to appeal, stewards' enquiry, etc.). But, all in all, that would have been less satisfying for us than the 'clever tactical race' (as Mick put it) that we ran, incorporating the ecstasy of the near-perfect Worsell.

At the finish certain individuals failed to appreciate the balletic grace of our 'sleight of foot'. Nor did they share enjoyment of the playfulness of the tussle, even when it was pointed out that STC were strictly to be disqualified anyway because somewhere on leg 2 or 3 our team baton had been lost.

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# Mountain Marathons

## **Lowe Alpine Mountain Marathon : 5/6 June 1999**

### **Black Mount**

I hadn't missed a Lowe Alpine for 5 years but with about 10 days to go the auspices didn't look good. Having already had to look for a new partner once (I suppose Helen's excuse - sorry I'm 7 months pregnant - was quite a good one) I was looking for a second time. Jan was in the same boat, Lynne having dropped out with injury so an unlikely pairing was forged. At least I persuaded Jan to tackle the C not the B, a decision she wasn't to regret!

Organiser Martin Stone gets more and more elusive about the venue. This year we were told "Tyndrum" two days before the event. I finally got to Tyndrum at 07:00 on the Saturday morning only to find another 20 minutes drive signposted over to

Figure 1

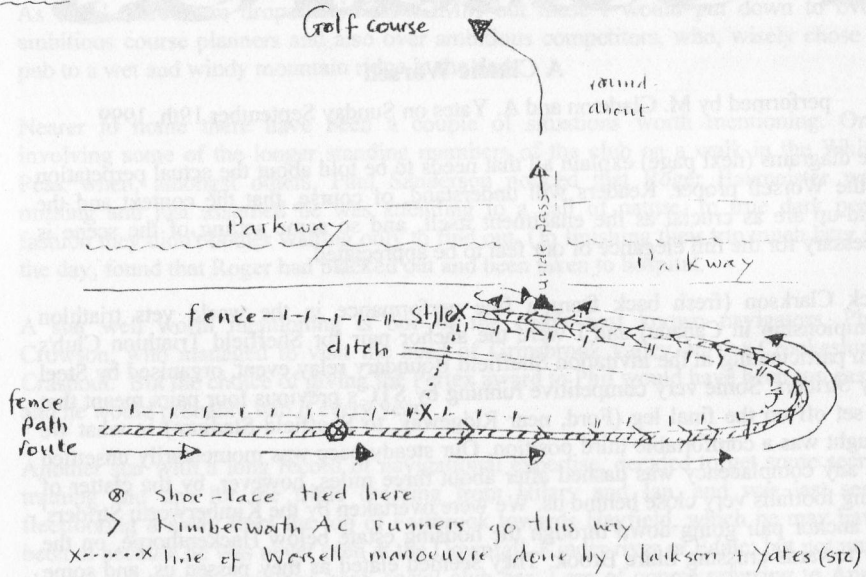
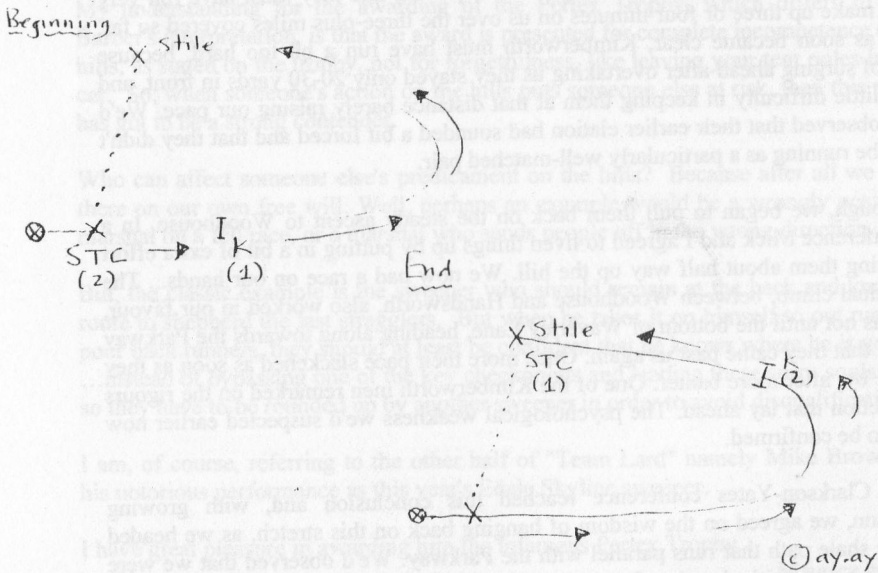


Figure 2 (Positions at beginning and end of Worsell)



Inveroran - a fine spot just South of the Black Mount. Yet again, things weren't that simple; a bus ride took us to Glen Etive followed by a walk, a roped river crossing and finally a queue to start.

Once underway we were able to enjoy some fantastic scenery in this remote part of the West Highlands. The going, however, was deceptively slow. I hate to think what it would have been like if bad weather had made some of the rock slabs and steep traverses slippery. As I got more tired the navigation got increasingly ropy, fortunately Jan seemed a bit more alert and, one small mistake excepted, we held it together to end up only just missing the chasing start - despite taking the best part of 8 hours for the C course. And we were lucky, it was a further three hours before Maurice and Hilary plodded in on the B. Stars of the show for DPFRR, however, were Simon Bourne and Alan Ward, only 1 minute down on the elite leaders.

Day 2 is always fast and sure enough we found ourselves stuck in the crocodile up a narrow gorge after my gamble to road run and then wade a river hadn't paid off. Frustrated with staring at 50 pairs of bums in front we clambered out the side of the gorge and set off on a direct line for the control. The initial scramble may have felt like it cost us time but as we reached the control 2km further on there wasn't a soul to be seen... until just as we were leaving the herd came over the hill. Flushed with success we pushed on and were still going well until ambition and poor judgement got the better of us. We chose, what was in hindsight, a ridiculously long route fast route. All in all best put down to experience (Jan probably still has nightmares about that final hill). Still, 9<sup>th</sup> overall and 3<sup>rd</sup> mixed was a respectable outcome for a scratch pair and more importantly, we'd had two great days on the hills. Thanks Jan.

Meanwhile Simon and Alan hadn't overhauled the Powells but, nevertheless had maintained their second place to record one of the best recent Dark Peak performances in the elite of a mountain marathon. And Team Musson? Well with just over 18 hours they got their money's worth! Maybe the C next year?

Mike Pedley

		Day 1	Day 2	Total
Elite				
1	I. & A. Powell	6:53:16	4:23:47	11:17:03
2	S. Bourne & A. Ward	6:54:21	4:31:23	11:25:44
B				
1	B. Staddon & A. Creber	6:53:22	4:39:46	11:33:08
58	M & H Musson	11:09:45	6:51:14	18:00:59
C				
1	A. Sutton & E. Hakkinen	6:59:48	4:07:37	11:07:25
9	M. Pedley & J. Cave	7:42:54	4:44:49	12:27:43

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## DPFR Loxley Mountain Marathon : 18/19 September 1999

You know how it usually is when you approach the start of THE Mountain Marathon.

The windscreen wipers are on full, the leaves squelch beneath the tyres. Its wild country, a long way from home, the last pub was miles back. Other cars with KIMM stickers are becoming common. Its been a tiring drive, its late, registration closes soon, but you must be getting close.....

Then you see it. The floodlights on the road, the countdown signs, the yellow bibbed and waterproofed marshalls waving you through. You lower the window and the sharp autumn air slices into the warm fug you've nurtured for the past few hours. It's cold, wet and hostile out there, but the smiles are welcoming. You follow the waving arms, onto the parking field....Hundreds, no thousands of cars are there already. Wilf's Café is doing good business. Pete Bland's wagon is there for essential last minute gear.

Teams are trudging across the muddy field towards registration, their lightweight kit hoisted over a shoulder. You park, pick up your coveted registration slip (its cost you £45!) and head down into the gloom. It's going to be hell out there.

All the months of training have led up to this....

### REWIND

You approach the start of the first LIMM - Loxley International Mountain Marathon. It's a dry morning, perhaps a little below 14 degrees C. Its been a short drive, just a couple of miles down the road from home, time is getting on, its almost 9.00am on Saturday morning. Then you see it. Loxley School. It looks a bit quiet. No signs, no marshalls in yellow bibs, or any other colour. No cars with LIMM stickers. No Wilf's Cafe.

You lower the window. 'Is this it?' The smile is welcoming: 'At last, a competitor'. You're escorted into the school hall. The registration desk is welcoming, and the queue is... just you! Nothing is too much trouble. Have a cup of tea? Straight to the front of the queue. Can I register on the day? No problem, that'll be £0.45 (or some such small sum) please.

You hand over your overnight pack. It's seriously heavy. Could it be the combination of family size tent, double lilo, change of shoes and clothes, sensible sleeping bag, fleece, towel, toothbrush, headtorch, book, double gas burner...etc? No worries about the weight. It'll be transported to the overnight camp for another £5! It's not going to be too bad after all!

All the months of training have led up to this....

## **The Voyage Out**

The Loxley Cohort of Dark Peak had planned it well. They conceived a small but perfectly formed Mountain Marathon with a few differences.

“they summoned all the runners to a tavern on the green...”

In fact, they summoned just enough runners to make it interesting, but not too many to throw the catering facilities of The Royal at Dungworth into total chaos. Close, but not quite.

“they vowed to help the people at the back”

Promises were made to those who rely on cunning. We were not to be disappointed.

“they handled all the trouble on the English country scene”

Off you go said Dave Holmes, and in the best club tradition, if you get into trouble trespassing, tell them your names John Myers and you've never heard of DPFR!

“and still found plenty of time to sing...”

They took the concept of MMs and turned it on its head. They also forced competitors onto their hands and knees.

They conceived a six hour score where the most difficult controls were worth almost nothing. Even the pedestrian Team Mussen got a huge score for walking past a few controls. The whippet solo hot shots scored only a few more.

When we were at our weakest (three pints) they imposed a pub quiz on the cerebrally challenged of us. Team Mussen called in reinforcements (Phone a Fiend) to ensure that collectively they had a reasonably high IQ; and swept the deck. (The next morning Molly & Hilly scampered off on their Jollies leaving Polly to defend their very commendable score, squeezing his formidable shoulders into some tight culverts in Bob Toogood country. He should have known better.)

They broke our Sunday slumbers with The Convent Dash, a dreadful 8.00am experience.

Finally the culverts and bridges of Loxley. A sudden death (it would have been had rain occurred!) score event giving out points by the thousand... After all that effort on Saturday to score twenty something, we all had thousands by Sunday midday!

Yes, the LIMM was a great event, destined to become a Dark Peak classic.

Now, The Voyage Out.

## Episode One

I knew the L IMM was starting from Loxley, because they'd said so. I'd studied the options, checked the preliminary list of map references, planned alternative route scenarios. Then pre-placed bottles of drink at strategic locations as part of my cunning plan.

You have to get up really early to catch these Loxley lads. They don't spend all their time singing outlaw songs in the Greenwood.

Instead of setting us off from the Loxley School they bundled us blindfolded into cars and ferried us (maniacally giggling – most unnerving!) to the edge of open country. Martin Stone would have been proud of them.

In fact, they started us off from the location of the only bottle of pre-placed drink I was to see all day.

## Dying to be there

A liberal scatter of controls around the reservoirs and Bamford Moor gave two possible circuits, anticlockwise via Howshaw Tor, Wet Stones, Fairholmes, Lockerbrook and Crook Hill being most popular. This commenced by a quick trespass along the Strines Edge boundary stones. At the first control, Howshaw Tor, headless chickens fluttering around made it abundantly clear that things weren't going to be easy...

The L IMM masterplanners had adopted a biodegradable control strategy, so instead of a nice clear orange and white control kite and punch, there was a 50mm diameter blob of coloured jelly (vaseline and food dye) on a rock. Somewhere. Not necessarily where the description said it would be, though. At Howshaw Tor it was supposed to be 50 metres east of the crag but it was actually on the crag. Cunning or what?

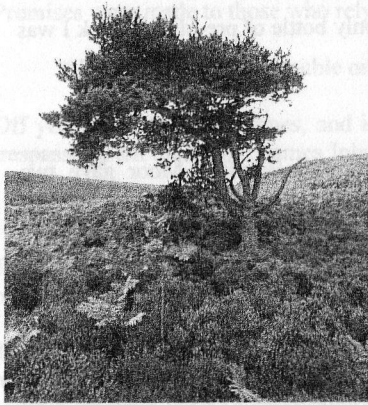
Ask the headless chickens.

Quite a lot of time was spent looking for blobs of dye here, and in many other places throughout the day. Gavin Williams was within 2 metres of the Wet Stones jelly but failed to see it; it was green, which turned out to be the colour of the day. Most were green. It was similar to looking for a blob of partially digested green berries spat or shat out by a bird.

The control sheet on which we had to daub fingerprints of goo was a disgusting sight at the finish. So disgusting that the finish marshall refused to touch it, and settled for a bit of honesty – 'which controls did you visit?'

Now, time to discuss the merits (??) of six figure map references on a 1:25000 map. Instead of a tightly defined 100 m<sup>2</sup> from an eight figure reference, a six figure gives a hectare square (10,000 m<sup>2</sup>) within which the blob of jelly is hiding. Plenty of scope

for headless chickens. I have to confess that even after the Howshaw Tor caper, I had serious difficulties with all the others. How many, and what size, paces east of the Wet Stones (which?), wall junction (which?) at Control 4, the wall corner (OK it was the only wall corner, but it was a long way from the centre of the map ref.) at Control 3, the fir tree (there were no firs, they were all Scots Pine, and surely everyone knows the difference between multiple needle pine and single needle fir?) at Control 10, and the bend at Control 9. In fact, I had big problems with THEM ALL, except Control 5 which was unequivocally the only stream and wall junction for miles.



Like searching for a carbuncle  
on the face of an old friend....

Hopefully everyone recognises the difference  
between a Scots Pine like this, and a Fir  
which isn't here at all!

In retrospect, I think the LIMM planner deliberately set out to unnerve contestants and create a state of nervous anxiety by making us feel incompetent. Well, it worked.

**And Dying to be there?** Yes, of thirst. By the time I'd crawled up the A57 out of Ladybower I was dangerously eyeing up the oily stream at Cutthroat Bridge, considering foul cattle troughs at Moscar, and prepared to mug a cyclist (they always have water) by Hollow Meadows. Completely by chance, I begged a drink from some nice people at Hollow Meadows Mews and met John Lyons (DPFR). He bounded over his wall and dashed inside to emerge with the nicest pint I saw all day!!

The overnight camp was a jolly affair, in a duck infested paddock at Storrs. There was a fine tree house and a latrine tent with soft paper, and cups of tea liberally issued to finishing competitors. The results computers were whirring and soon we learnt the obvious: the best were ahead, Will, Gavin & Ron, and the rest of us were still in play.....

### **Down to Dungworth**

An observer watching passers-by on the lane to Dungworth would have been surprised to see so many crippled bodies limping gamely down the hill. These things are not surprising in the country, where people fall from tractors and have their legs mangled by threshing machines. But so many?

In The Royal the serious task of rehydration was in full swing from 7.00pm. Many pies were consumed and I'm sad to report that a fair few hares were juggled. The quiz demonstrated the obvious, that three brains are better than one. So Polly/Molly/Hilly got lots of points.

### **The Mission**

You have to get up really early in Loxley. Duck squawk reveille was variously 5.00 to 7.00am. 8.00am saw everyone toeing the line for the start of the Convent Sprint.

High on a hill far away is the Convent. To get there means a murderous descent down an ankle wrenching cattle poached paddock, then an interminable toil up lanes to the bench. Where sat monkish John Gunnee. Being quite late in reaching this point I fully expected him to have been reduced to a shivering pink jelly, to be smeared on the card, just like the previous day. By the time I reached the finish everyone was on their second cup of tea....

### **A Bridge too Far**

Now the Sting. Under various bridges and culverts in the tributary valleys were plastic carrier bags (Netto?) and in each were slips of paper giving a grid reference and description of the next objective.

Now, you should be aware that this is Toogood territory. Some of these culverts wouldn't fit a fat ferret! Access to these tunnels is uncharted terrain, and a wrong step might terminate in a topple over a waterfall.

We were set off (allowed to leave) at intervals, depending on our performance in the Convent Amble. So I had a nice early start. It went well, in fact very well until one grid reference gave a teaser, an error of one full grid square out. Local knowledge of the whereabouts of Spoon Lane might have helped. Some competitors didn't even notice that the grid ref was wrong! Soon back on the case and going well, I arrived at...

### **a bridge too far.**

Or rather, a bridge too soon. It all depended on which stream was going under it and it seemed to be the Storrs Brook, despite the ambiguity in map references. By this time my confidence in the map references was at a low point. Suffice to say that I opted for the first bridge I came across, and found a control underneath. Ergo, it goes! But I had found a control out of sequence and was corrected by a perfectly placed and prescient Dave Holmes. Then followed a bit of headless chicken flapping up and down the same section of Loxley Valley, arriving at the place from which we started.



# Reports and Results

## Ingleborough : 17 July 1999

For the second year running, no sign of that big shiny disc we call the sun, and no sign of Ingleborough either, - it was caped in clag. Instead, we endured grey, endless drizzle which, by the summit, was nearly horizontal. This made it difficult to negotiate the stone steps that the marshals insisted we used on the descent - far safer to pick your spot and plummet off the edge as in previous years - none of this "dancing" on wet, slippery stone as advocated by our chairman. Anyway, at least I saved on sun block.

The race itself was memorable not only for the results, but also for the renewal of the South African connection, with two former members, Rod Douglas and Andrew Forsyth returning. Thank you Rod for letting me finish in front of you. Will Sullivan finished an excellent 6th, shaving over a minute and a half off last years' time, and Dave Holmes managed to break the 60-minute barrier.

In Ingleton, the weather put paid to the gala. However, there were a number of successes on the stalls by various offspring, resulting in several bottles of perry being consumed later in the evening. Daughter Ruth surpassed all expectations and came away with a £5.00 gift voucher for being Ladies Under-18 Welly Wanging Champion 1999. I suppose we'll have to return in 2000 so that she can defend her crown!

Nothing of note happened back at camp, the new Gunnee Millennium Dome was rock solid and we all had tent pegs aplenty. This also applied to the beer, guitars and - penny whistles. A good excuse for an early night! So, year 2K here we come.

				Neil Palazon	
1	Mark Crossdale (Bingley)	45.40	129	Dave Markham	1:06.10
6	Will Sullivan	50.57	161	Neil Piper	1:09.10
32	Kevin McGrath	56.19	168	John Gunnee	1:10.14
54	Andrew Forsyth	58.48	200	Neil Palazon	1:17.27
63	Dave Holmes	59.23	207	Rod Douglas	1:20.28
81	Richard Hakes	1:01.19			

215 started, 213 finished.

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## Black Rocks : 21 July 1999

1	S. Penny (Chesterfield)	36:21	31	P. Leach [2 <sup>nd</sup> F]	44:49
3	S. Patton	37:41	38	R. Hopkinson	46:26
5	A. Dickenson	38:41	55	R. Cooper	47:58
7	C. Adams	40:17	60	B. Thackery [1st M60]	48:48
14	A. Moore	41:56	65	M. Arundale	50:11
19	P. Cox	42:26	68	J. Oldfield	50:30
20	R. Marlow	42:54	73	T. Mackey	52:00
23	R. Amor (Matlock)	43:07	103	finished	







**Bullock Smithy Hike : Sep 4/5 1999**

Not really a Dark Peak scene but Phil Elliot, Mike Cochrane and Dave Shepherd made the trip over and went back with the team prize. On a very hot day the times were slow but the star of the day was Helene Diamantides who finished second overall and beat the ladies record by 31 mins.

John Feist

1 T Okell (?)	8h45m
2 H Diamantides(ex-DPFR)	9h21m
7= M Cochrane	12h50m
7= P Elliot	12h50m
17= D Shepherd	14h49m

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**Totley Terminator : 5 September 1999**

18.5 ml/3000'

1 K.Webster ( Matlock )	2:24:45	70 T.Westgate	3:22:42
4 A.Sealy	2:31:47	71 T.Cochrane	3:22:53
6 M.Wynne ( 1 <sup>st</sup> M40 )	2:37:17	76 D.Pasley	3:25:54
11 D.Tait	2:39:49	88 G.Seaman	3:31:59
12 G.Williams	2:46:08	94 R.Hambleton	3:35:28
16 A.Moore	2:48:45	95 A.Carrington	3:36:23
17 D.Bradbury	2:49:43	100 J.Cave	3:40:36
18 J.Smith (1 <sup>st</sup> F40 )	2:53:42	105 K.Saville	3:45:10
21 R.Freeman	2:54:47	107 J.Harrison	3:45:31
27 P.Cox	2:57:16	110 M.McCart	3:46:45
38 J.Myers	3:05:02	112 P.McFarlane	3:48:02
41 A.Yates	3:05:32	113 T.Atkin	3:48:25
42 K.Jones	3:06:53	115 M.Browell	3:48:46
44 R.Small	3:07:23	118 M.Poulter	3:56:41
50 H.Swindells	3:11:13	120 J.Dams	3:59:54
52 R.Hopkinson	3:11:34	121 G.Nicholls	4:05:09
53 B.Thackery ( 1st V.60 )	3:12:22	128 ran	
65 P.Farrell	3:19:52		
69 R.Hakes	3:22:25		

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**Lake District Mountain Trial : 12 September 1999**

A pleasant day for the event (perhaps a little too warm in the morning) which was held at Grasmere this year. The event followed the same format of last year with a men's trial, a women's trial and an open trial over different distances over the fells. These ranged from a long way in the open trial to odyssey in the men's trial.

On all courses however everyone's 'map-memory' was tested to the full as sweaty hands slowly rubbed the ink off the supposedly weatherproof maps. This for some people was a fact that did not reveal itself till some way into the event when they came to refold their maps! Fortunately the clear weather coupled with the typically friendly nature of the runners meant it wasn't a total disaster.

Anthony Mayer

Men's trial

1	G Bland (Borrowdale)	04:46:43	55	J Naylor(CFR)	07:47:50
10	R Woods	05:47:04	56	A Mayer	07:47:51
16	R Ansell	06:23:19	57	R Marsden	07:49:02
28	D. Lockwood	06:49:23	68	C Henson	08:40:41

72 ran, hobbled & crawled to the line.

Open Trial

1	P Edgerton (Rucsac Club)	03:22:21	5	D Pasley	04:23:28
4	J Arimstead	04:21:00	11	J Harrison	04:53:17

32 finished  
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**Padfield Plum Fair : 12 September 1999**

An unusual but enjoyable course; 2.5 miles dead flat, a big climb up Torside and a long, gradual descent. The leaders looked to be almost jogging for 2 miles but then Mark put the boot in on the climb. Game over! Phil Crowson had been strolling along with the leaders but pulled out before the climb with a muscle strain.

MP

1	Mark Salkild (M40)	49:10
8	Mike Pedley	55:17
11	Chris Barber	58:33

Dnf Phil Crowson  
 23 started, 22 finished

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**Lantern Pike : 18 September 1999**

5m/1050'

A dry by very windy day for the race which is just one event in the Hayfield show. There's plenty going on from the usual sheep dog trials and bouncy castles to things like medieval battle re-enactments where people dressed in armour try to hack lumps out of their mates. There was also a steam locomotive giving rides to kids so there's lots of entertainment to keep the family busy while you go for a run the hill. The course starts in the main show field where upon the gun going off everyone runs up the field to a path between the various marquees. This provides some 'interest' as the runners start about 15 abreast and have to go down to 5 abreast. After this a pleasant run through narrow lanes, farm tracks, fields and open fell with plenty of marshals on the way plus sheets of wood over the cattle grids.

Anthony Mayer

1	Philip Winkill (Pennine)	33:19	69	Jacky Smith [1st FV45]	41:36
20	Mark Salkild	36:39	148	Pete Griffies	48:45
35	Anthony Mayer	38:26	162	Gerry Goldsmith	51:14
38	Phillipa Leach	38:51	164	Ted Woodhouse	51:40
40	Roy Marlow	39:16	196	finished	

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**Peris Horseshoe : 18 September 1999**

The weather forecast was horrendous, with gale force winds and rain due. On the paths through the slate quarries we were either freewheeling uphill, or battling into the gales – depending on whether it was a zig or a zag. After Pen-y-Pass the bad weather route up the Pyg track had to be followed: the organisers obviously worried about runners being blown off Lliwedd. Fortunately most of us were safely down before the wet really set in.

					Dave Tait
1	J.McQueen (Eryri)	2:50:24	29	R.Ansell	3:50:28
10	D.Tait	3:31:16		75	ran
14	D.Soles	3:33:50			

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**Dungworth : 25 September 1999**

An injury (falling downstairs after a heavy night) prevented Paul Deaville from retaining the Knott FR club championship and also from claiming perpetual possession of the original Granville Harper Memorial Trophy, which he would undoubtedly have won for the third year on the trot. It was sporting of Paul to turn up with his infant son to support the event and do a bit of course clearing. Victory went to that popular old-stager Dave Tait, for whom Dungworth became the jewel in the crown of a very successful season. Lynne Bland, now happily restored to form, took the moosehead. The replica of Hiro's fan (still lost) went to Colin Henson for a neat if fairly conventional walkabout somewhere between Sanderson's Bottom and Bramall's Bend. Richard Hakes retained the reconstructed grotesque neo-fascist Brugarolas Cup for winning the Loxley Rough Running series: a separate report, including coverage of the newly instituted Loxley International Mountain Marathon, may perhaps appear in the pages of the Newsletter.

Club matters:- The Penistone stalwarts (with Willie Gibbins in attendance) did their usual bumper day-out package, running over from home to the start and then putting in some very tidy formation running in the race itself. It is not recorded whether any of them has ever consummated the bumper package by running home again from the Royal. Dungworth is the only club race and ipso facto the annual championship event for Knott FR. It was heartwarming to see the evergreen Phil Wheatcroft taking advantage of Paul D's injury (see above) to take away the garland.

A birth is always an occasion for celebration, and the organiser is especially gratified that Dungworth should have witnessed the coming into being of Thornhill Footpath Runners, currently comprising Dave Moseley (Hon. Life President), Alison Shepherd and a rather bemused Stephanie Cockerhan who was press-ganged at race registration.

The course was in excellent condition, firm-to-soft all the way round, on well trenched tracks (the velvet glove, courtesy of Bradfield Parish Council) concealing the iron fist of deep glutinous sludge, without hard shoulder, at Bramall's Bend beyond the evenly spread slurry chute in the farmyard (courtesy of Mr Bramall's cows and tractor).

The new management at the Royal Hotel made us very welcome and laid on some good ale, etc. and sandwiches. The plug is worth underlining: The Royal produces magnificent pies and makes an excellent start + finish or stopping off spot for some rewarding field walking/running in the Bradfield vicinity (as was experienced the preceding weekend by those participating in the two-day LIMM).

Grateful thanks to the farmers for permission to form links between the various rights of way thus giving the course its unique bent-handled tennis racket shape. Thanks also to Squire JB and Lady Margaret Edwards for course-marking, and to Les Outwin with Louise Johnson for meticulous time-keeping. Finally, next year's running will be on the last Saturday in September, as usual, which will be the 23rd of that month.

Alan Yates

1	Dave Tait	37.24	19	Phil Wheatcroft (Knott)	43.59
2	Alan Figgins (Penistone)	37.37	20	Nigel Carr	44.36
3	Andy Moore	39.05	21	Tim Atkin	46.17
4	Roger Freeman	39.45	22	Hugh Cotton	46.20
5	Richard Hakes	40.07	23	Alison Shepherd(Thorn.)	46.29
6	Dave Lockwood	40.09	24	Dave Moseley (Thorn.)	46.47
7	Bob Innis (Penistone)	40.16	25	Roger Baumeister	47.16
8	Chris Barber	40.42	26	Andy Plummer (Pen.)	47.31
9	Bob Berzins	40.55	27	Sue Higham (Pen.)	47.42
10	Jim Lawrenson	41.02	28	Ian Wragg (Pen.)	48.10
11	Pete Farrell	41.14	29	Colin Henson	48.59
12	Howard Swindells	41.21	30	Will McLewin	49.42
13	Paul Sanderson	41.30	31	Mel Cranmer (Knott FR)	50.05
14	Tom Westgate	41.33	32	John McCall (Knott FR)	50.14
15	Dave Holmes	42.11	33	Ann Lindop (Pen.)	50.23
16	Nick Whittingham (Pen)	42.16	34	S. Cockerhan (Thorn.)	51.02
17	Paul West (Hallamshire?)	42.51	35	Willie Gibbins (u/a)	50.04
18	Lynne Bland	43.38	Ret.	John Gunnee	

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# In Gear

## Club Kit

Vests: There are now plenty of vests available in most sizes, cotton vests are £12.00 and synthetic vests are £16.00.

Woolly Hats: Still the same as the last few years, one size fits all and available in black, green, red and blue £7.00.

Tracksters "dark peak": New purple tracksters are now available, sizes are small, medium, large and extra large, there are a couple of green pairs but only large £18.00.

Shorts "dark peak": This is a new item, green cycling type running shorts, I have placed a small order for medium only (more to be ordered if successful) £17.00.

For all the club kit please see me at a club night or at a race, I usually take a few things with me, otherwise please ring me to check. I can post out most things at about 50p per item.

Richard Hakes, 0114 233 9912.

## Shops and Discounts

The following shops usually give discounts to club members (exact amount varies with shop and product: **Keep on Running, Rock and Run, YHA shop, Blacks, Hitch and Hike, DB Sports, Feet First (Walsh resoling)**. Let Richard know if you encounter problems (like shops which no longer exist) or find any others who will give discounts.

### Going Cheap....

For Sale - Walsh PB racer size 11.£30.00. Only worn twice - too big . Richard Hopkinson 01629 823392

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# Editorial

## 2000 here we come!

What will 2000 bring for you? A trip to The Dome (how about a race to the top?), wealth and prosperity or maybe, like most of us you'll settle for health (i.e. injury free) and happiness (long runs on calm sunny days in the mountains). Well for Dark Peak it's an important year in a number of ways. Not least it could prove to be our biggest organisational challenge yet.

For a club of 300 members we, amazingly, only organise 1 public race - Edale Skyline. This coming year we are going to treble that including taking on the organisation of the Burbage fell race in May and then in October the FRA Relay - possibly the country's most significant 1 day fell event.

Coupled with an effort to promote Dark Peak representation in both championship and classic races, it's an opportunity to show what this club can do both in performance and organisation. How can you contribute in 2000? Maybe attend one of the selected "super-9", volunteer to organise one aspect of a race, help rebuild the club hut - or maybe even all three?

If you want to simply pay your membership, read the newsletter and go running that's fine but at least give a thought to what you can do to help make Dark Peak Fell Runners CLUB really go places in 2000.

Mike Pedley

### **Big Brother could be watching you...**

*Unfortunately, the next millenium is also being welcomed by more bureaucracy. Some of the bare bones of recent goings on can be found over the page in the "News" but for what it means to DPFR here is some comment from club secretary, Paul Sanderson...*

Affiliations; what does this mean for Dark Peak Fell Runners? Well theoretically, all runners who are going to compete in open competition (i.e. run a fell race) from May 2000 onwards will have to pay the £3 to become a member of the NoEAA. For this you will receive a plastic card with your membership number on it. You will be expected to produce this at races so that you don't get charged the unaffiliated levy (currently £1 per race). Administration of the scheme has to be done by a nominated club official and we will be expected to provide details of all our athletes.

Unfortunately there are several problems with this. For one thing fell races do not charge an unaffiliated levy, it costs the same entry fee if you are in a club or not. So in theory you could run the race as unattached whilst wearing a club vest. Secondly as a club we have a number of runners who are first claim for two clubs. Dark Peak for fell running, another club for road and cross-country. It was not explained how these runners would be dealt with under this scheme. Thirdly it has at a stroke increased our affiliation costs from under £200 to an estimated £750 (based on a competitive club membership of 250).

How this scheme will actually work in practice is yet to be explained but it seems to me yet another level of pointless bureaucracy, which is getting in the way of our sport. Of all the disciplines of athletics represented by the NoEAA fell running was the only one which already runs a registration scheme. It's called the Fell Runners Association and without membership we don't get the race calendar. Why we need to be put on another list is beyond me.

Paul Sanderson

# The-bit-at-the-end

Dark Peak News Spring 2000

In the Next Issue:

More Mountain Marathon round up

Ful Summer fixtures and events

How "we" saved the club hut

& whatever you send in!

Articles can be submitted handwritten, typed or in electronic format on disk or via e-mail. Please use the electronic option if you can. MS Word format preferred at the moment but I can read/convert most formats.

Emails welcome to: [mike@frosthole.demon.co.uk](mailto:mike@frosthole.demon.co.uk)

Deadlines for submission:	<b>Wednesday</b>	<b>1 March</b>
Publication date:	Wednesday	22 March



### Thanks

Thanks for D.P.News Autumn 99 to; John Blair-Fish, Mike Browell, Hugh Cotton, John Feist, Richard Hakes, Andy Harmer, Dave Holmes, Rob Hutton, Andy Malkin, Roy Marlow, Anthony Mayer, Andrew Moore, Maurice Musson, Neil Palazon, Dick Pasley, Andy Plummer, Paul Sanderson, Roy Small, Dave Tait, Duncan Woods, Roger Woods, Chris&Di Worsell, Alan Yates

### Cover

Front: Headstone - photo by Mike Browell

Rear (above): Jan Cave allows herself a brief rest atop Stob Coir an Albannaich in the Lowe Alpine MM - photo by Mike Pedley.

Keep up to date with latest news & results via [www.frosthole.demon.co.uk](http://www.frosthole.demon.co.uk)