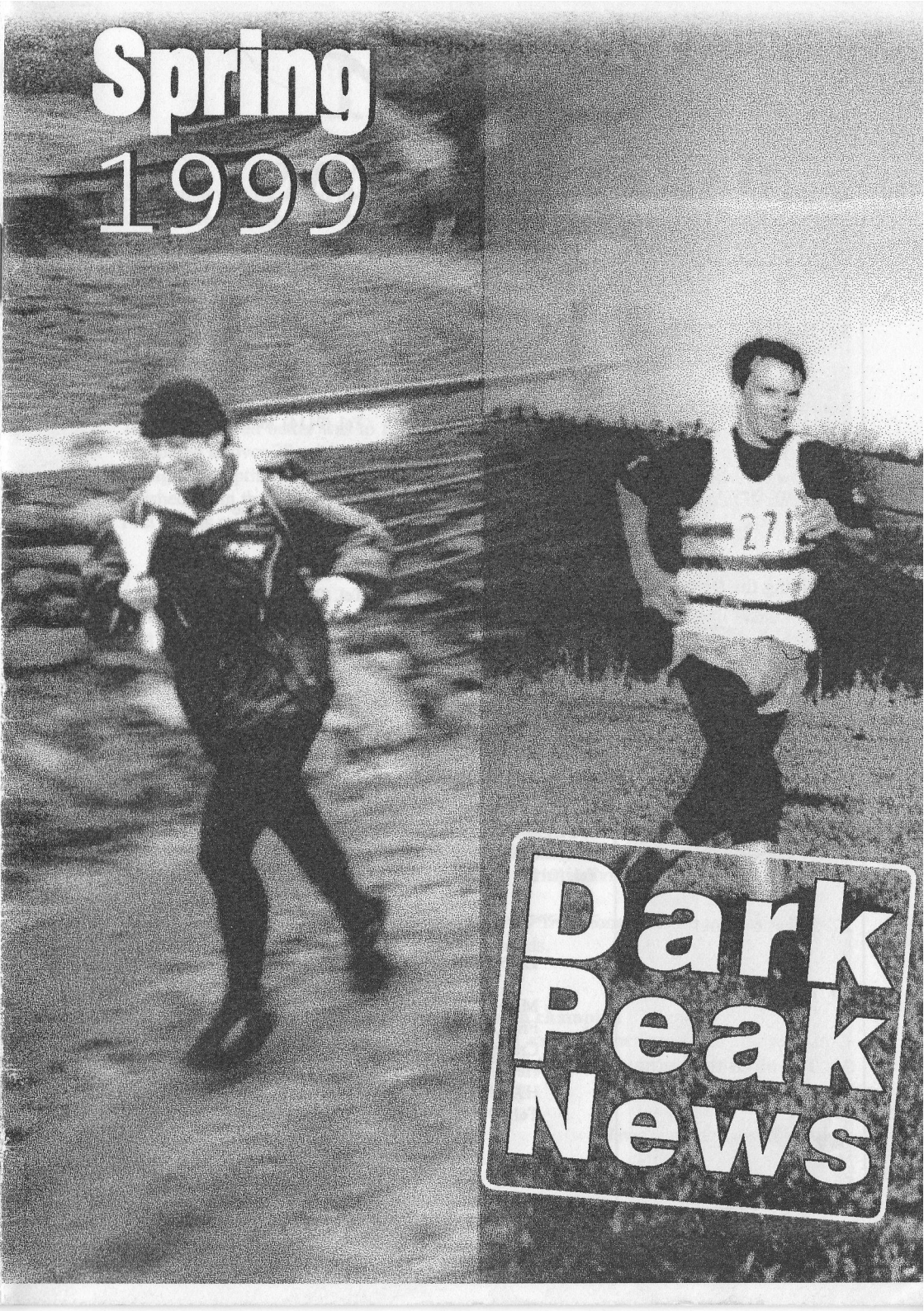


Spring
1999



**Dark
Peak
News**

News

Howard Ribbed in the Nuts!

..or should that be natted in the ribs? Either way Howards Swindells found it a painful experience when he fell during Dick Pasley's Burbage Nuts race. Unfortunately the piece of heather he landed on also contained a rock which resulted in an early exit from the race and a few days stay in hospital to tend cracked ribs and a punctured lung. Thankfully Howard is now recovering well and starting running again.

Calderdale Way Relay

We're getting closer! In heavy conditions, Dark Peak's men's team equalled last year's best ever performance on the Calderdale Way Relay with 3rd place out of the 100 teams. Even better was to finish less than 5 minutes behind the winners, Clayton compared to over 20 minutes behind the winners last year. Underlining the improving strength in depth, the B team also achieved 16th overall (2nd B team) whilst the women finished 3rd in their class, a frustrating 14 seconds behind 2nd after 50 miles of running. Full details on page 25.

Tremendous Trog

Tank's Trog produce an outstanding set of Dark Peak performances. In some of the best conditions for several years Mark Hayman won the event and Dark Peak had several other top ten performances. Mark bided his time knowing Ged Cudahy's reputation for "blowing up" in the closing stages.

New member kicks off 99 with a victory

Recently Dark Peakers haven't achieved that many individual victories but just a month after Mark Hayman's victory on the Trog, new member Marcus Scotney won the Chase Trig Point race. Marcus is based in Leicester and trains with Mike Jubb. Having said he was interested in trying some fell running he was promptly recruited, ran in all three Autumn relays and is now trying some individual events.

On the undulating 10 mile course he pulled away from long distance specialist Mark Hartell over the closing stages to win by 46 seconds.

Mike Hayes – triathlon champion

Belated congratulations to Mike Hayes for his excellent performances last year in triathlons. Mike won his age class in all four of the British Grand Prix series each comprising a 1500m swim, 40k cycle and 10k run.

[News continues on page 10]

Coming Events

SPRING-SUMMER 1999

Club runs every Wednesday from the Sportsman at 6:30pm or at an "away" venue (start times vary – CHECK BELOW). There are numerous races on Wednesdays but club runs continue for those who don't want to race.

Club runs usually last approximately 1.5 hours often with a longer or shorter alternative. Please remember that even summer evenings on the fells can bring bad weather requiring windproofs or thermals. Come prepared!

In addition to club events, local races and British and English championship races are shown below. Dark Peak has made a big impact in some of the relays in recent years. Maybe this year will see a few more names up there in the individual championships.

Mar

Wed 31 18:30 Club run Sportsman

Apr

Wed 7 18:30 Club run Sportsman

Wed 14 18:30 Club run Sportsman (with race alternative - see below)

Wed 14 18:45 Club race Dark Peak Cross Country, Long Lane, Rivelin

Sat 17 Brit&Eng.C Aniversary Waltz, Stair, Newlands 11.25ml/3600'
£4 by 31/3/99 to W. Cliff, Paddock View, Frolesworth Rd.,
Leire, Leicestershire. LE17 5HL

Wed 21 18:30 Club run Grindleford station

Wed 21 20:00 AGM Maynard Arms, Grindleford

Sun 25 11:30 Local race Kinder Downfall, Hayfield Scout Hut. 10ml/2500'
£3 by 18/4/99 to W. Harrison, 24 Spinnerbottom, Birch
Vale, SK22 1BL

Wed 28 18:45 Club run Cutthroat Bridge (A57)

May

1-3 MM Great Lakeland Challenge, Patterdale. A 3 day MM!

Details: J Faulkner, Bowscar centre, Pumpton. CA11 9NP

Sun 2 12:00 English C Callow, Minton, Shropshire. 3.5ml/1617'

£3.50 to P. Harris, Wyeknot, Wall-under-Heywood,

Church Stretton, SY8 7DS

Mon 3 15:00 Local race Penistone, Show Ground Penistone. 7ml/1055'

Wed 5 18:45 Club race Back Tor & Beyond, Foulstone Delph (Strines)

Wed 5 19:00 Local race Mount Famine 5ml/1700'

Tue 11 19:30 Local race Stanage Struggle, School Lane, Hathersage. 7ml/900'

Wed 12 18:30 Club run Sportsman

Sat 15 17:00 Local race Shining Tor, Errwood Sailing Club, Goyt Val. 6.5ml/1800'

Wed 19 18:30 Club run Some You Win, Railway Bridge near Twitchill Farm, Hope.
Details from Jim Fulton.

Sat 22 12:00 British C Donard-Commedagh, Donard, N.Ireland 7ml/3100'

May (cont.)

Wed	26	18:45	Club run	Longshaw	
Mon	31	11:00	Local race	Ilan Fete race	4ml/1100'

June

Wed	2	18:30	Club run	Sportsman	
Thu	3	19:30	Local race	Totley Moor, Cricket Inn, Totley	5ml/800'
Sat	5	10:00	British C	Welsh 1000m, Aber Foreshore.	21ml/8500'
				Entry forms from: R. Sills, Map House, Vernon Ave. Harcourt Hill, Oxford, OX2 9AU.	
Sun	6	12:00	Local race	Shining Cliffs, Hurt Arms, Ambergate (A6/A610)	5ml/900'
Wed	9	18:45	Club run	Birchin Clough lay-by (above Snake Inn on A57) Possibly including a "Kinder Springs" race.	
Fri	11	18:45	Club race	Grindleford Café Score, & socialise afterwards in café.	
Fri	11	19:30	Local race	Castleton, Castleton Playing Fields.	6ml/1500'
	12-13		Club event	Training Weekend, Thornbridge. (see below)	
Sun	13	11:00	Local race	Edale, Edale car park.	5ml/1200'
Wed	16	18:30	Club run	Sportsman	
Thu	17	19:30	Local race	Grindleford, Playing Field, Grindleford	4ml/550'
	18-20		Club event	BG weekend (to be confirmed)	
Sun	20	11:00	English C	Holme Moss, Brown Hill Res., Holmbridge.	16ml/4000'
Wed	23	19:00	Club race	Crookstone Crashout	
Thu	24	19:30	Local race	Blackamoor, Cricket Inn, Totley.	6.5ml/1400'
Sun	27	11:00	Local race	Kinder Trog, Hayfield Scout Hut.	18ml/3450'
Wed	30	18:30	Club run	Sportsman	
Wed	30	19:30	Local race	Hope Wakes, Sports Field, Hope.	4ml/650'
Wed	30	19:45	Local race	Tideswell, Tideswell Dale Car Park	4.5ml/820'

July

Sun	4	11:30	Local race	Peakers Stroll, Devonshire Arms, Peak Forest.	25ml/4000'
				£3.50 to J. Hipwell, Hernstone Lea, Church Lane, Peak Forest. SK17 8EL	
Mon	5	19:30	Local race	Hathersage, School Lane, Hathersage.	4.5ml/925'
Wed	7	18:30	Club run	Curbar Gap	
Sat	10		Club race	Loxley Lunge, Dave Holmes' house, Loxley Start anytime 17:00-20:00 (time trial) with BBQ to follow.	
Sat	10	15:15	Local race	Thurlstone Chase, Thurlstone Sports Field	4.25ml/800'
Sun	11	14:30	Local race	Broomhead Chase, Broomhead Hall Farm	3.5ml/800'
Wed	14	18:30	Club run	Sportsman	
Wed	14	19:30	Local race	Bamford, Bamford recreation ground	4.5ml/1000'
	16/17		MM	Capricorn MM, North Lakes. Details: K. Masser, 21 Brandwood Park, Stacksteads, Bacup OL13 0PA	
Sat	17	14:00	British C	Melantee, Claggan Park, Fort William	3.5ml/1500'
Sat	17	15:00	Other race	Ingleborough, Ingilgeton (see below for details)	7ml/2000'
Sun	18	11:15	Local race	Peak Forest, Methodist Church, Peak. F.	6ml/650'
Wed	21	18:30	Club run	Sportsman	
Wed	21	19:30	Local race	Black Rocks, Matlock Rugby Club, Cromford.	5.5ml/850'
Thu	22	19:30	Local race	Sheldon, Cock&Pullet, Sheldon	4ml/632'
Wed	28	18:30	Club run	Sportsman	

CLUB SUMMER HIGHLIGHTS

BG weekend

18-20 June (to be confirmed)

The clubs annual opportunity for a few members to try and complete the Bob Graham Round. Members come to support through running driving or just being there to celebrate/comiserate in the pub afterwards.

Camping at Setmabanning campsite near Threlkeld (please remember to pay at the farm for the camping – it has been known for people to forget in the excitement!).

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Ingleborough

17 July

Recently several club members have made an enjoyable weekend based around the Ingleton Fell Race. Camping at Stainforth near Settle. Further details from Richard Hakes.

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Borrowdale/Latrigg

7-8 August

Borrowdale is a championship event this year so there is a chance to collect points as well as have a good weekend in the Lakes camping in Rossthwaite. For the full effect test your legs on the Latrigg on Sunday afternoon before returning home.

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Thornbridge

13-15 August (to be confirmed)

Now well established on the DPFR social calendar with another opportunity to run the excellent third variation on the Ashford Fell race course devised last year by Hugh Cotton. Plus all the usual fun and games for all the family. Details: Paul Sanderson.

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DPFR Loxley Mountain Marathon

11th-12th September

Loxley Mountain Marathon. A typically informal 2 day club event with camping in a secret field in Dungworth and evening meal in the Royal Hotel. You can even go home overnight, though rumour has it this could result in some form of points penalty! Make it a date in your diary for a Mountain Marathon Dark Peak style! Details: Dave Markham.

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MORE DETAILS OF SOME CLUB AND LOCAL RACES

Dark Peak Cross Country

14 April 1999

Dark Peak's annual cross country race moves to a Wednesday night date to give more people the opportunity to tackle the classic 2 lap "Not-the-National" course in Rivelin valley. Each lap includes a water splash through the Rivelin and a climb up the notorious Den Bank (as featured in the Hallam Chase). 6:45pm start from the field below Long Lane (off Stephen Hill).

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Stanage Struggle

Date - Tuesday 11th May 1999, 7.30pm

Distance - 7 miles, 900' ascent

Entry on the night - price £2.50

Location - start at the primary school, School Lane, Hathersage.

Route - School, Hathersage Inn, Baulk Lane to Bronte Cottage, North Lees, Mountain Rescue hut, Jacob's Ladder, High Neb, down, across Roman Road, Green House, Bronte Cottage, Hathersage Inn, School.

Terrain - mixed with only 600 yards on road.

> > > > > > > > > > > > > > >

Ilam Fete Race

Monday 31st May, 11:00am 4miles 1100'climb

"Same beautiful course with White Peak's equivalent of Crookstone to finish."

Jon Cant

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ANNUAL GENERAL MEETING

Wednesday 21st April 1999

This year the AGM will again be held in the upstairs room of the Maynard Arms in Grindleford as no one has come up with a better alternative and it doesn't cost anything! As usual there will be a run beforehand commencing at 6.30pm. Please can you park on the road leading to the station and not use the pub car park until afterward the run. The AGM will start at 8.00pm prompt. If there are any proposals or nominations for office please can you let me have them by the 14th April.

Paul Sanderson

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RIGHT TO ROAM

One topic that seems bound to receive much discussion at the AGM is the Right to Roam. Here are some initial thoughts from some club members on the issue. Many will support the principle of the right to roam. However, discussion is likely to centre on whether the club should actively campaign and act as some sort of pressure group on the subject. Is this what Dark Peak is about? Should campaigning be done instead by individuals through the large pressure groups such as Ramblers, BMC (and FRA) that many Dark Peakers are also involved with? If we are to “campaign” what role will club officials be expected to take? Come and have your say – expect a lively evening!

Support and Campaign

Many club members have been active in supporting the Right to Roam legislation as individuals. I believe that as a club we should have a policy and campaign on this important issue. Consequently I intend to put proposals to the AGM to this effect. Club members may wish to think in advance about their views and whether as a club we should both support and campaign on this important issue.

Proposals

1 Dark Peak supports the right to roam.

2 Dark Peak supports the right to roam and is willing to campaign on this issue.

Bob Berzins

As a club DPFR has prided itself on exploring and visiting Stone Circles and valleys, gaining great pleasure. Many of these trips have been across Forbidden land. Several runners have been involved in altercations and aggressive approaches. Over the last 15 years [*don't you mean 25 Andy – ed*] the Yorkshire and Severn Trent Water Boards, other landowners, gamekeepers and tenants have rarely taken an open and inviting position. Even the path from Lockerbrook to fairholmes is a “permissive path”. The Duke of Devonshire, a landowner who recognises the “right to roam”, calls for goodwill. The Fitzwilliam and other local estates have made no voluntary recognition of goodwill and opening up of the land.

The club's Cutthroat Bridge meet is always well attended but never has the club turned left and climbed the “keep out” gate to go up onto Horodon Edge. The Bamford fell race has after 20 years ventured beyond the road to Shatton but has never been up onto Bamford Edge.

As a fell runner for over 30 years I know only too well the minor gains that have been made since I first ran on the “trespass land” of Clougha Pike and Trough of Bowland. The Duke of Westminster has no intention of opening up such wonderful country.

Many club members will feel comfortable with the clubs position but the club organises only *one* officially approved race. All the rest were introduced over a decade ago and remain small club events (good that they are). If the club is to remain vibrant,

COACHING CORNER

Having tried to arrange a training weekend in late February I eventually cancelled it due to my speaker having to pull out and the short time for further planning. However, I now have a weekend when Thornbridge and my speaker is available...

Dark Peak Training and Social Weekend

The Lodge, Thornbridge Hall

June 12th – 13th

Cost approx. £15 includes meal and wine on Saturday and dormitory or camping overnight.

The programme will include:

Saturday: a talk and practical sessions about cross training, circuits, stretching, muscle balance and how to achieve at fell running - by Norman Matthews (England team coach and FRA committee member).

Sunday: Navigation and orienteering skills lead by John Soady with a navigational event.

Names and £5 deposit to Jacky Smith.

There are also now two coaching groups that meet every 3 or 4 weeks to discuss training plans etc. If anyone else wants to come along please ring Jacky Smith on 0114 - 2664702

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MEMBERSHIP NEWS

Everyone should get a new membership list in with their newsletter. Last year we had a large number of members who remained on the list all year without paying subs. Please help the funds and the membership secretary by making sure you have paid up for 1999. Forms were sent out with the previous newsletter and spares are available from the membership secretary (and from the newsletter editor).



Going the Distance

A DAY (or two) IN THE LIFE...

So what was it like taking three months out to climb all the Munros? Well here is a sample from just two of Rob and Roger's three month trip during 1998.

15 June 1998

11am-7:30pm, 2605m

Ladhar Bheinn, Luinne Bheinn, Meall Buidhe

The weather was warm and sunny with a light breeze for this wee excursion into Knoydart.

We got up, braekfasted as normal and then left the bikes in a culvert near the dam of Lock Quoich. We drove to Kinloch Hourn and parked the van. The run into Barrisdale was excellent, the views really pretty in the sunshine. Ladhar Bheinn is a spectacular mountain with a really rugged appearance from the north east. The climb up ended on a narrow ridge before the top which commanded spectacular views all around.

The trek to Ladhar Bheinn was long and scenic, there were absolutely masses of orchids. By the time we got to Lunny Bin it was about 5pm and we put on our kags, it having been shorts weather until then. The area between Lunny Bin and Male Budda is a really fascinating complicated knolly place with the views from the top of Male Budda a real high point and possibly the best so far.

6:15pm and the sun was behind Rhum. It was a real joy with the islands sillouetted by the sun behind clouds. Majestic mountain, the Black and Red Cuilin on one side, Rhum in the middle and flat topped Eigg on the other. We must have stayed 15 minutes looking at the view. Brilliant!

The jog to Sourlies bothy was long but easy especially after reaching the main path at Carnoch. At first we could not see the bothy and thought it might have gone as there was a ruin nearby – but it was there. There was only one other person there, Lois, she worked at Fort Wuilliam Youth Hostel. She was a good sort laughing and enthusiastic.

The bothy was warm and comfortable and I had a good nights sleep (my only complaint was that the water was quite far away and the fire made little use of the chimney filling the room with smoke). What a fabulous day!

Day 2

9:15am – 6:15pm, 3055m

Sgurr na Ciche, Garbh Cioch Mhor, Sgurr nan Corrieachan, Sgurr Mor, Gairich.

Sgurr na Ciche is a spectacular mountain from the Sorlies side, a real pointy one.

The climb up was hot but easy, just shorts weather. My thoughts for the day were that it was going to be long and hard but it turned out to be a lovely day weatherwise and, though long, felt comfortable and easy.

I felt reluctant to leave the last hill and drop down to the dam. This feeling is becoming more common, particularly where there is a ridge with a few hills. I find myself wanting to loiter longer and longer on the tops (it helps if there is a view to enjoy and food to eat!). The route along the ridge from Ciche to Sgurr Mhor was full of little ups and downs taking in quite a few other peaks as well but it flowed easily and the terrain was good.

There appeared to be an old track of sorts with quite a few zig-zags that seemed more than feet walking erosion. It got us speculating. It seemed to have grown back over and then been used by walkers etc. There seemed to be signs of construction, like an old pack horse route to a mine or something – who knows?

Coming off Sgurr Mor there was a little shower which eased the way to Gairich. Gairich wasn't the sting in the tail we had expected. We had guessed the food correctly and Gairich's ascent was relaxed and easy. We saw two little Ptarmigan and their mother on the top. The mother was doing the "heading away with broken wing" trick.

The run to the dam was steep at first becoming gentle after a short while. After bashing through heather for a while we hit a path to the dam. There were loads of sun blacked and water washed bits of wood near the dam and we had great fun picking bits up. We came back with our bags full of wood of all shapes and sizes. Rob reckoned it was like shopping (what would he know?!) and we kept picking up pieces and putting others down as we found "better ones".

We found the bikes safe and sound. We were hungry but had no water so cycled for a while to a good stream where we ate and drank. We left the bags there and cycled back to the van. It was about an hour from the dam to the van including flapjack stops, with a slight headwind.

Kinloch Hourn was warm and sunny. We stretched, drank tea, and chatted to a walker. We picked up the bags and drove to Sheil Bridge and had our first pub meal. Then drove towards Arnisdale to camp with a quick and midgy telephone stop on the way. We parked up looking out towards Eigg in a position which would hopefully catch and breezes around. Tea and hobnobs consumed and then bed at around midnight. It still felt quite light as if only first dark. At 10pm you could drive with no headlights.

Roger Woods

15th (and last?) BURBAGE BAFFLER : 9 JANUARY 1999

Cold, icy but quite fast conditions for this final Spence-family inspired and organised event resulted in one of the tightest races for years. Neil Goldsmith brought his Altrincham & Hayfield all stars from the West but they couldn't get it together on the day. It was left to Neil's wife Gerry and her made-up-on-the-day team to take the honours. The lead changed on every leg and in the end just seven seconds separated the winners from the sixth incarnation of Howard and Mike's "Squeaky Carrots". Will there be another event? We'll have to wait and see. Any offers?

Teams	Laps 1&2	Laps 3&4	Total
1 Wooden Spoons			1:31:43
Gerry Goldsmith + Mark Harvey	24:06	24:45	
Dave Lockwood + Phil Elliott	21:12	21:40	
2 Squeaky Carrot 6			1:31:50
Mike Pedley + Howard Swindells	22:15	22:49	
Dorothy Pelly + Martin Smith	23:20	23:26	
3 Clinton's Quickies			1:34:05
Paul Deville + Kathren Harvey	22:43	23:02	
Neil Goldsmith + Ian Bennett	23:35	24:45	
4 Relatively Rapid			1:41:30
Dave Charles + Ruth Charles	25:10	26:50	
Pete Gorvett + Tom Charles	24:15	25:15	
5 Radar			1:44:38
Roy Small + Marilyn Small	28:05	29:00	
Roger Freeman + Darryl Bradbury	23:45	23:48	
6 Duffers			1:48:55
Roger Dyson+ Sarah Brook	27:30	28:08	
Julian Barry + Trevor Helm	25:28	27:49	
7 Burbage Bog Birds			1:51:50
Jan Cave + Lynn Bland	25:40	26:31	
Hiliary Musson + Maggie Lewis	29:42	29:57	
8 The Crackers			1:59:20
Chris Connor + Sue Fletcher	28:03	24:00	
Peter Hollis + Kieth Daniels	32:57	34:20	
9 Spare Parts			1:43:20
Hugh Matheson + Ken Jones	27:05	27:37	
	24:44	23:54	

Burbage Nuts results

1	Dave Allen	1:18:54	18	Phil Young	1:28:49
2	Andy Jenkins	1:19:05	19	Dave Markham	1:30:46
3	Andy Moore	1:19:14	20	Andy Barnet	1:32:50
4	Dave Tait	1:19:23	21	Roy Small	1:33:02
5	Bob Berzins	1:19:41	22	Maurice Musson	1:37:34
6	Jed Desforges	1:20:24	23	Bob Marsden	1:39:00
7	Darrell Bradbury	1:20:41	24	Kevin Saville	1:39:04
8	Roger Freeman	1:20:53	25	Colin Henson	1:39:09
9	Andy Harmer	1:20:59	26	Jim Fulton	1:39:16
10	Ken Jones	1:21:06	27	Kevin Borman	1:39:40
11	Dave Holmes	1:22:27	28	Clive Wilson	1:40:23
12	Chris Barber	1:22:32	29=	Lynn Bland	1:40:50
13	Graham Berry	1:22:36	29=	Hilary Musson	1:40:50
14	Alan Yates	1:23:38	31	Roger Baumeister	1:46:18
15	Richard Hakes	1:27:00	32	Tim Atkin	1:49:00
16	Paul Sanderson	1:27:05	Ret.	Howard Swindells	
17	Dave Moseley	1:27:10		(wounded in action)	

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WARTS NIGHT RACE : 27 JANUARY 1999

The course this year was the same as last; a very undulating tour of the Burbage Valley, Callow Bank, and Mother Cap. Rain, wind, and bog made the going pretty heavy for the 17 brave contestants, although the visibility was OK. The field seemed to be so full of talent this year that Guy and I thought it best to marshal rather than run!

I am told that Dave Holmes should really have won this race. Somewhere en-route he dropped his compass, and lost 10 places while looking for it! He must have put in a lot of effort to lose by just 3 seconds to Mike Robinson. Well done Mike for staving off the challenge.

Nick (with 4 stitches in the knee from last week!) retired at Cowper Stone. From the peep he gave me afterwards, they seem to be healing well though!

Andy Malkin

1	Mike Robinson	54.40	(Coffee pot for sobering up)
2	Dave Holmes	54.43	(1st vet, vintage car glass)
3	Roger Woods	54.53	
4	Paul Sanderson	55.28	
5	Mark Harvey	55.54	
6	Andy Moore	55.57	
7	Chris Barber	56.00	(Good warting effort, cuddly teddy)
8	Adam Jackson	57.35	(New wart - well done!)

After a shaky start with 32nd place after leg 1, Bingley came back with a bang recording fastest times on all remaining legs finally getting in front of the field on the final leg.

For Dark Peak the real early action was going on not on the fells but at the changeover. With almost all our best runners available we were confident of a top 3 finish, maybe even an outside chance of victory. However, this all changed during the first leg when Mike Jubb, warming up for the long second leg, injured himself. With the long legs relying on evenly matched pairs there was some rapid reshuffling using whoever was available. Mike's partner, Jamie Stevenson, was relegated to the short last leg where he achieved 3rd fastest time. Ali Buckley came in to partner Richard Wren and Mark Hayman teamed up with Marcus Scotney – who proceeded to get his own back for struggling to keep up with Mark on the much rougher terrain of the Ian Hodgson! In the circumstances, 5th was a creditable performance.

In the B team, it was a case of steady improvement throughout the race. Rob Davison and Oli Johnson brought the team up well on the long third leg. Then Andy Poirrette showed that he is regaining some good form with 12th overall on the last leg to bring the team home in 21st. Achieving 3rd B team underlines the improving strength in depth at our club.

The women fielded a much weakened team due to a number of injuries and never threatened the leaders this year. As the weather closed in during the afternoon Jo Stevenson on last leg had a particularly hard job keeping warm waiting to start as other teams were finishing their 4th leg and heading home!

Meanwhile, the veterans had a mixed day for 9th in their class with Dave Tait and Mike Wynne producing a good run on the longest 3rd leg.

All in all a solid performance but everyone knows we can still do better... next year.

Team

1	Bingley	3:53:50	
2	Borrowdale		3:55:14
3	Pudsey and Bramley	3:57:38	
4	Clayton le Moors	4:05:01	
5	Dark Peak		4:08:30
13	V1 Kendal Veterans	4:20:14	
16	B1 Pudsey & Barmley "B"	4:23:48	
21	B3 Dark Peak "B"	4:28:37	
40	V9 Dark Peak Veterans	4:50:12	
57	L1 Pudsey and Bramley Ladies		5:04:58
102	L11 Dark Peak Ladies	6:03:50	

112 teams finished (47 A teams, 26 Veterans, 16 Ladies, 23 B teams)

CALDERDALE WAY RELAY : 13 DECEMBER 1998

A new start and finish to the event at Copley which everyone seemed to agree made a great improvement. It also made life much easier for the officials with the result that they did the prize giving *early*... so we missed it!

We had what must have been one of the strongest Dark Peak squads ever assembled for an event. With a week to go before the event the B team reserves included the likes of Rob Davison! As always, there were last minute retirals and panics to fill places so once again everyone who wanted a run got one. Competition for the A team was fierce with the usual challenges of how to get 6 pairs of evenly matched runners. However, we could have still done without one of the best runners pulling out the evening before the race! So particular thanks to Charlie Adams who was recruited at 11:30pm (i.e. 8 hours before the next days start) as he returned from the pub. With Charlie running second leg for the B team this enabled Richard Patton to be intercepted just before he thought he was going to run and then told to go to the next leg (10 miles drive away) and run that instead. Despite all the late changes Richard still managed 3rd fastest time on his leg with Ray Ward and Charlie made the top 10 on second leg teaming up with new member Dave Harrison.

Conditions were heavy under foot and times slow. As in previous years the A team had a strong finish with 2nd fastest on the 5th leg (Steve Bell and Ali Buckley) followed by fastest time (a record for the new route) on the last leg (Mike Jubb and Jamie Stevenson). However, this year there were good runs throughout with no weak links.

The B team were also quite a force to be reckoned with. Their run included 4th fastest time (out of 100 teams!) on the 5th leg from Dave Farquar and Andy Jenkins (just behind our A team's 2nd fastest time!).

The veterans too produced a solid performance, improving on last year to finish 7th in their class. As in the FRA relay the pairing of Mike Wynne and Dave Tait proving their strongest card.

A weakened women's team held little hope of matching last year's victory. However, each pair went as fast or faster than expected. Helen Hargreaves and Hilary Bloor were denied the attempt on the third leg record they had looked forward to sacrificing this to run the long and important 4th leg. As with the men's teams there was also a strong finish. On the penultimate leg Julia Nolan and Ruth Hambleton recorded second fastest women's time and then a storming last leg from Chana Fothergill and Astrid Windler was only 14 seconds off second place overall place after 50 miles of competition! It was an excellent performance in the circumstances.

Thanks too to everyone who helped drive runners to and from their starts and finishes. Particular thanks to Phil Young who had to pull out because of flu earlier in the week but still turned up to help with this complicated logistical task.

I hope everyone enjoyed their annual trip to Calderdale. Come back next year for more competition (and mulled wine!). Keep the second Sunday in December (12/12/99) free in your diary!

Mike Pedley

Calderdale Way Relay Results

1	Clayton	5:58:18
2	P. & Bramley	6:00:38
3	Dark Peak FR A	6:04:14
9	V1 Clayton Vets	6:22:14
16	B2 Dark Peak B	6:45:29
34	V7 Dark Peak FR Vets	7:17:44
47	F1 P&Bramley Ladies	7:38:00
53	F2 Clayton Ladies	7:46:09
55	F3 Dark Peak FR Ladies	7:46:23

96 teams finished, including 13 veterans and 11 ladies teams

Team	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6
A	1:12:34 (9)	2:14:51 (4)	2:50:41 (4)	4:00:13 (4)	4:55:30 (4)	6:04:14 (3)
	1:12:34 (9)	1:02:17 (4)	0:35:50 (2)	1:09:32 (5)	0:55:17 (2)	1:08:44 (1)
	M. Scotney	D. Peel	R. Ward	M. Hayman	A. Buckley	M. Jubb
	R. Wren	M. Nolan	R. Patton	M. Chapman	S. Bell	J. Stevenson
B	1:22:16 (32)	2:28:05 (18)	3:12:19 (21)	4:32:57 (20)	5:29:34 (16)	7:19:50 (16)
	1:22:16 (32)	1:05:49 (10)	0:44:04 (26)	1:20:48 (36)	0:56:37 (4)	1:13:14 (17)
	R. Hutton	C. Adams	T. Westgate	R. Davison	D. Farquar	D. Allen
	D. Bradbury	D. Harrison	R. Caves	R. Woods	A. Jenkins	W. Sullivan
Vets	1:27:32 (48)	2:44:32 (45)	3:26:32 (37)	4:40:30 (32)	5:50:43 (31)	7:17:44 (34)
	1:27:32 (48)	1:17:00 (49)	0:42:00 (21)	1:13:58 (14)	1:10:13 (52)	1:27:01 (51)
	G. Berry (9)	N. G'smith (10)	S. O'thorpe (6)	D. Tait (6)	C. Barber (7)	D. Holmes (7)
	B. Toogood (9)	D. Markham (9)	M. Harvey (4)	M. Wynne(4)	R. Small (11)	R. Hakes (11)
Women	1:32:12 (62)	2:52:24 (64)	3:44:53 (63)	5:14:22 (64)	6:25:14 (60)	7:46:23 (55)
	1:32:12 (62)	1:18:40 (61)	0:44:51 (66)	1:29:29 (60)	1:10:52 (56)	1:21:09 (30)
	J. Smith (5)	L. Bland (3)	D. Challa'n (3)	H. Bloor (3)	J. Nolan (3)	C. Fothergill (3)
	K. Buckley (5)	J. Cave (2)	G. G'Smith (3)	H.H'greaves(4)	R.Hamb'ton(2)	A. Windler(1)
Fastest	1:09:05	0:56:09	0:34:55	1:00:38	0:54:33	1:01:58
	S. Livesey	M. Whitfield	A. Buckley	I. Holmes	D. Nuttall	M. Jubb
	M. Horrocks	C. Moore	A. Illingworth	R. Jebb	M. Proctor	J. Stevenson
	Clayton	Bingley	P&B	Bingley	Clayton	DPFR

Local Race League 1998

I received results for a record 32 local races this year (13 club events and 19 open races) and three people ran in the maximum 16 races for this league. Three others clocked up 15. In the end the surprise winner (even to himself) was Andy Harmer in a top ten dominated by veterans. Despite travelling to many events round the country Dave Tait almost pulled off a repeat victory and probably would have had it not been for losing two months through injury.

For those unfamiliar with this league the rules are very simple. 30 points to first Dark Peaker, 29 to the second etc. If there are 35 Dark Peakers run the first gets 40 points, more than 40 and the first gets 50 points and so on.

Mike Pedley

Pos	Name	Pts	Races	Pos	Name	Pts	Races
1	A. Harmer	476	16	29	M. Hayman	207	6
2	D. Tait	452	15	30	J. Armistead	203	9
3	C. Barber	446	16	31	G. Ellis	201	7
4	D. Holmes	369	15	32	P. Young	199	7
5	R. Hakes	355	15	33	M. Wynne	184	5
6	R. Marlow	334	11	34	R. Woods	180	6
7	A. Moore	333	11	35	D. Markham	169	10
8	T. Tett	312	9	36	T. Westgate	169	8
9	R. Freeman	311	10	37	G. Berry	168	7
10	R. Hutton	273	8	38	M. Pedley	164	5
11	A. Yates	270	12	39	S. Bell	157	4
12	G. Williams	268	10	40	R. Cave	148	6
13	H. Cotton	263	14	41	R. Patton	148	4
14	M. Harvey	261	8	42	R. Baumeister	147	11
15	D. Bradbury	256	10	43	G. Nichols	145	10
16	R. Small	256	12	44	P. Crowson	134	6
17	D. Allen	252	8	45	M. Cochrane	133	5
18	D. Lockwood	245	9	46	M. Musson	132	9
19	J. Myers	243	15	47	P. Gorvett	132	6
20	P. Sanderson	242	11	48	D. Hay	131	7
21	K. Jones	237	9	49	T. Mackey	131	9
22	N. Boler	237	9	50	J. Gunnee	130	7
23	D. Beresford	228	7	51	P. Farrell	128	8
24	R. Davison	223	8	52	B. Berzins	121	4
25	C. Adams	222	6	53	T. Cochrane	119	6
26	R. Hopkinson	220	9	54	J. Cave	118	9
27	A. Sealy	210	7	55	J. Herbert	115	5
28	J. Fulton	208	16	56	C. Radcliffe	110	8

Pos	Name	Pts	Race	Pos	Name	Pts	Race
57	A. Buckley	106	3	102	T. Mangion	49	2
58	M. Browell	105	12	103	H. Swindells	48	2
59	C. Henson	99	7	104	M. McCart	48	2
60	P. Elliot	94	3	105	P. Wheatcroft	47	2
61	B. Hanley	86	3	106	J. Orrell	46	6
62	K. Saville	85	7	107	D. Moseley	42	3
63	C. Hird	84	4	108	H. Pedley	42	3
64	C. Lago	84	6	109	B. Stocks	40	1
65	B. Thackery	83	4	110	M. Nolan	39	1
66	C. Last	83	3	111	N. Palezon	39	5
67	D. Pasley	83	7	112	J. Woodcock	38	2
68	W. Sullivan	82	3	113	N. Conway	36	1
69	A. Dickenson	80	2	114	D. Hopkinson	34	6
70	H. Bloor	76	4	115	P. Guerrier	34	2
71	T. Atkin	75	5	116	D. Smith	32	2
72	D. Charles	74	3	117	P. Jones	32	2
73	M. Flinders	73	3	118	D. Smallwood	31	3
74	T. Keddie	73	2	119	J. Stevenson	30	1
75	Ja Smith	72	4	120	M. Jubb	30	1
76	Jo Stevenson	72	4	121	A. Jenkins	29	1
77	N. Goldsmith	72	3	122	J. Cant	29	1
78	C. Fothergill	71	2	123	A. Malkin	28	2
79	H. Elleker	69	7	124	G. Bell	28	2
80	R. Marsden	69	3	125	G. Disprose	28	2
81	P. Griffies	68	3	126	A. Poirette	27	1
82	Jo Smith	67	2	127	K. Marshall	27	3
83	R. Ansell	67	2	128	C. Williams	25	1
84	H. Musson	65	4	129	R. Bryan	24	2
85	P. Seyd	65	3	130	D. Pelly	23	1
86	A. Bell	64	2	131	H. Henderson	23	2
87	T. Woodhouse	62	4	132	J. Lyon	23	1
88	J. Harrison	61	5	133	P. Simpson	22	1
89	B. Edwards	60	2	134	A. Watmore	21	1
90	H. Hargreaves	57	3	135	K. Green	21	2
91	V. Young	57	4	136	M. Hayes	21	1
92	B. Toogood	56	2	137	J. Griffiths	20	1
93	L. Bland	56	6	138	M. Mckenzie	20	1
94	M. Arundale	54	4	139	B. Sprakes	19	1
95	P. Leach	54	2	140	T. Weigand	19	2
96	K. Borman	53	5	141	B. Jobson	18	1
97	D. Green	52	3	142	K. Buckley	18	1
98	J. Soady	51	2	143	R. Smith	18	1
99	Nat White	51	3	144	J. Nolan	17	1
100	B. English	50	2	145	K. Dalton	17	1
101	G. Seaman	50	2	146	R. Hambleton	16	1

Pos	Name	Pts	Race	Pos	Name	Pts	Race
147	B. Needle	15	1	158	M. Poulter	8	1
148	F. Galbraith	15	2	159	S. Hampton	8	1
149	G. Goldsmith	15	2	160	B. Moseley	7	1
150	C. Wilson	14	1	161	G. Myers	7	1
151	P. Cox	14	1	162	M. Arundale	7	1
152	V. Wright	14	1	163	S. Soady	7	1
153	W. Gibbons	12	1	164	A. Jameson	6	1
154	R. Cooper	11	1	165	J. Edwards	6	1
155	J. Oldfield	10	1	166	P. Dyke	5	1
156	B. Tye	9	1	167	Oli Johnson	2	1
157	L. Johnson	9	1	168	E. Mitchell	1	1

Races included this year and numbers of Dark Peak runners are as follows.

Roaches (11),	Warts Revenge (16)	Tanky's Trog (30)
Crashout (18)	Warts night (20)	Margery Hill (19)
Tigger Tor (48)	Grindleford Gallop (22)	Edale Skyline (16)
Downfall (25)	Back Tor (28)	Some You Win (28)
Grindleford Score (26)	Castleton (21)	Crashout (25)
Grindleford (36)	Holme Moss (5)	Edale (19)
Hope (33)	Hathersage (25)	Bamford (46)
Sheldon (18)	Cakes of Bread (17)	Ashford (12)
Alport (24)	Castleton Rugby (12)	Torside Scamper (6)
Terminator (28)	Burbage (33)	Bradwell (32)
Dungworth (25)	Club Champs (58)	

There is often much discussion about what is the "active" membership of Dark Peak. Well the 168 who competed in local races cannot be far from the mark! There were many of the "ex-pats" who returned for the odd race or two. If those who don't race or just run outside the local Peak District area number, say, another 50 what do the other 100 members do?

In Gear

Club Kit

New style running vests are available in men's medium and ladies medium. These are the new lightweight synthetic vests in brown at £16.00.

There is still a few of the older white synthetic vest left at £10.00 but sizes are restricted to medium and large all the brown cotton vests have now been sold.

New dark peak "woolly" hats are available (they are the same at the 20th anniversary, logo only) and in black, green, red and blue one size fits all at £7.00

There are still a few pairs of green shorts at £5.00. I am hoping to get some new shorts soon. All the 20th anniversary tee shirts and 20th anniversary sweatshirts have now been sold.

Dark Peak tracksters have now arrived. The initial order was quite small and has been mostly spoken for but if there is any other requests for the tracksters then more can be obtained.

Finally if ordering by post, please phone to check availability first before sending any order and money.

Richard Hakes
0114 233 9912

Shops and Discounts

The following shops usually give discounts to club members (exact amount varies with shop and product. Let Richard know if you encounter problems (like shops which no longer exist!) or find any others who will give discounts.

Keep on Running
Rock and Run
YHA shop
Blacks
Hitch and Hike
DB Sports

Meanwhile, Leading Edge (in Hayfield) don't offer discounts but have some of the lowest prices around.

We can now get a 10% reduction in Walsh re-soleing at Feet First, Woodseats (opposite the Midland Bank). There is also a shop in Chesterfield.

This makes the cost £12.60 and they make an excellent job with a genuine sole.

They also have Running Bear socks for sale in Summer colours (yellow) and Winter colours (brown) at 2 pairs for £5 (normal price 3 pairs for £9).

The bit at the end

Dark Peak News Summer 99

In the Next Issue:

- Full details of a lively AGM.
- Reports and results
- How about some features?

If you run a race, a copy of the results and 1 paragraph to go with it can make a huge difference to the readability of the newsletter!

Articles can be submitted handwritten, typed or in electronic format on disk or via e-mail. Please use the electronic option if you can – a diskette or via e-mail to:

mike@frosthole.demon.co.uk

MS Word format preferred at the moment but I can read/convert most formats. Despite the years of practice it still takes me a good 15 minutes to type a side of A4 – and that's without all the formatting!

Deadlines for submission:	Wednesday	26 May 1999
Publication date:	Wednesday	16 June 1999

Thanks

This newsletter seemed to creep up on me coming, as it always does, to coincide with Calderdale Way Relay. The last minute contributions were welcome but rather overwhelming. PLEASE PLEASE USE AN ELECTRONIC FORMAT IF YOU CAN (but scrappy bits of paper still accepted!) So if your results or article didn't make it, sorry, watch out next issue! As always, new articles and authors welcome.

Thanks for D.P.News Spring 98/99 to; Bob Berzins, Jon Cant, Jim Fulton, Peter Gorratt, Richard Hakes, Andy Harmer, Mark Hayman, Dave Holmes, Andy Jenkins, Andy Malkin, Dave Markham, Roy Marlow, Andrew Moore, Dick Pasley, Paul Sanderson, Roy Small, Jacky Smith, Martin Spence, Dave Tait and Roger Woods.

Cover

Thanks to Roy Marlow for:

- Jan Cave at the Club Championships.
 - Dave Tait at the Cardington Cracker.
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