

Summer 95

# Dark Peak News



*Inside this issue:*

- \* **BG record**
- \* **Lakes Access Controls?**
- \* **Fell Running Dangerous?**
- \* **Peak District Cabins**
- \* **Kinder concept run**

+ news, views, reports and results

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Editor:           Mike Pedley  
                  Elphin Lodge  
                  Clunters  
                  Cragg Vale  
                  Hebden Bridge  
                  HX7 5TH  
                  Tel. (01422) 886195

> >

President : Eric Mitchell

Chairman:	Dave Holmes 615 Loxley Road Loxley Sheffield S6 6RR Tel. (0114) 2344186	Club Captain:	Jacky Smith 140 Hunterhouse Road Hunters Bar Sheffield S11 8TY Tel. (0114) 2664702
Secretary:	Paul Sanderson 19 Findon Street Hillsborough Sheffield S6 4FG Tel. (0114) 2344905	Treasurer:	Jeff Harrison 118 Lydgate Lane Crookes Sheffield S10 5FP Tel. (0114) 2687114
Clothing & Equipment :	Howard Swindells 100 Brookhouse Hill Fulwood Sheffield S10 3TE Tel. (0114) 2302891	Membership: & Cross Country	Tim Tett 68 Roebuck Road Sheffield S6 2XA Tel.(0114) 2667922

# NEWS

## BOB GRAHAM ROUND: MAGNIFICENT SEVEN

### Perfect Conditions

In near perfect conditions all seven contenders completed the Bob Graham Round in Dark Peak's annual June attempt. Following last year's successful experiment the Round was attempted clockwise with a 7pm start from Keswick's Moot Hall. The climb up Skiddaw revealed a superb panorama of the Lakes in the soft evening light. Plenty to take minds off the hours to come. With a cool northerly breeze and dry ground good time could be made to Blencathra and down Halls Fell before darkness came in.

### Early Morning Tiredness

After a steady and partly moonlit night along the Helvellyn range left them just about on schedule at Dunmail. Into an overcast morning on the Langdales and the Scafell group and the miles started to tell. Several complained of bad stomachs and the group started to stretch out. Colin Lago led the descent from Scafell and arrived in Wasdale looking the freshest of the seven. Indeed, he looked better than Paul Sanderson who had paced the section, set up the climbing rope and got all seven up Broad Stand.

### Comeback

Out of Wasdale and over Yewbarrow, Red Pike, Scoat Fell, Steeple and Pillar a clear pattern was established. Colin Lago, Roger Woods, Rob Davison and Dave Markham in the first group bang on the 23h 20m schedule, Jan Cave and Dick Pasley about 10 minutes back and Hugh Cotton a further 15 minutes behind having gone through a bad patch in the night and early morning. Exactly what happened after Beck Head and in the mist covering Great Gable remains a mystery but Hugh passed Jan and Dick on the grassy ridge between Brandreth and Grey Knotts. Was it a coincidence that his pacer was seen carrying a large stick throughout that section? Whatever the reason, it meant everyone arrived at Honister within ten minutes and in good shape.

### Success

Leaving Honister everyone was almost together for the climb of Dale Head all knowing that they just had to keep going and jog a little of the last descent to be under the 24 hours. Everyone finished between about 23h 20m and 23h 45m. For Rob and Roger it was yet another success in a fine season. More remarkable was the effort of Dave Markham who was introduced to fell running less than a year ago. For Dick and Colin it was a good comeback from the disappointment of being unsuccessful last year. Jan's success was a family affair, paced out of Wasdale by he dad (Eric Mitchell) whose own BG time she just pipped. She also had the support of her sister (and dog) who went all the way from Dunmail to the finish! Everyone had done superbly making it the most successful of all the Dark Peak Bob Grahams.

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## LAKE DISTRICT - MASS ROAD CLOSURES?

Almost every road within the Lake District National Park could be subject to restrictions on access or closed to all but local traffic if recent proposals are accepted. The plan, backed by the Lake District National Park Authority, Countryside Commission and Cumbria County Council, includes the following measures:

<u>Closed to all but local traffic</u> <u>+ 30mph speed limit</u>	<u>No coaches</u>	<u>Unaffected</u>
Hardknott, Wrynose, Duddon, Wasdale, Ennerdale, Honister, Buttermere, Newlands, Winlatter, Haweswater, Grisedale, + many others	Coniston (A593) Kirkstone (A592) Langdale  <u>No though traffic</u> <u>+ 40 mph limit</u> Bowness- -Windermere -Ambleside -Dunmail -Keswick	"Ring Road" Penrith- -Keswick (A66) -Cockermouth (A66) -Whitehaven (A595) -Barrow (A5092) -Kendal (A590) -Penrith (A6)

### BG by bus?

Unfortunately, precise details of the proposals contained in the "Lake District Traffic Management Initiative" are not known and maybe the advanced press reports exaggerated. However, even half measures could have serious consequences for those of us who visit the Lakes regularly. Can you imagine supporting a Bob Graham attempt by public transport? Then again, maybe it would help re-introduce the original spirit of the early solo attempts?

### Finding a balance

At the most popular times of year the Lakes can be a very crowded and congested place to be and many would welcome some restrictions. Those in the Derwent and Goyt valleys in the Peak have proved very popular making places such as Kings Tree a peaceful place to be even on some summer Sundays. Similar measures in the Lakes would receive much support but draconian road closures will surely meet with opposition from local businesses as well as visitors. Cumbria Tourist Board have estimated that revenue from tourism will fall by 25% if the measures are introduced. Cumbria police have also said the measures will be impossible to enforce.

### Way forward?

What is not yet clear is the process by which the proposals are to be discussed and a decision made. Meanwhile, any further information on precise proposals and who to contact with comments would be gratefully received.

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# COMING EVENTS

## CLUB RUNS

Training runs continue every Wednesday throughout the summer... if you can spot them among the large number of Wednesday races. As the nights draw in (yes, winter's on it's way!), all runs will return to the Sportsman for the Autumn where runs will often start on the fells and finish on tracks and road as the darkness closes in.

Jun 28	6:30		Sportsman
Jul 5		Local Race	Baslow (to be confirmed)
12	6:30		Sportsman
19		Local race	Bamford
26		DPFR Race	Cakes of Bread
Aug 2	6:30		Sportsman
9		Local Race	Bradwell
16		DPFR Race	Alport
23	6:30		Sportsman
30	6:30		Longshaw
Sep 6	6:30		Cutthroat Bridge
13	6:30		Sportsman
20	6:30		Sportsman

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## RACES

### Dark Peak club races

Wed 21 Jun Crookstone Crashout, Rowlee Bridge (SK150890), 7:00.

Wed 26 Jul Cakes of Bread, Fairholmes Car Park (172893), 7:00.

### **Sat/Sun 12/13 Aug \*\*Dark Peak Social Weekend\*\***

A repeat of last year's very successful event. Held at Thornbridge Hall near Great Longstone. See back page for full details.

Wed 16 Aug Alport, Snake lay-by, 6:45

Sat 30 Sep Dungworth, Dungworth playing fields, 11:00.

Sat 11 Nov Club Championships, Glossop (more details in the next issue).

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### Local (ish) Races

Thu 22 Jun	Totley Moor, Cricket Inn, Totley, 7:30pm	5m/800'
Sun 25 Jun	Mount Famine, Hayfield, 11am	5m/1700'
Sun 25 Jun	Holme Moss, Brown Hill Res., Holmebridge, 11am	16m/4000'
Sun 2 Jul	Kinder Trog, Hayfield Scout Hut, 11am	18m/3490'
Tue 4 Jul	Hope, Hope Sports Field, 7:30pm	4m/650'
Wed 5 Jul	Baslow, Baslow 7:30pm **DATE TO BE CONFIRMED... IT MIGHT BE ON 12th JULY!**	
Tue 11 Jul	Edale, Edale car Park, 7:30	5m/1200'
Thu 13 Jul	Blackamoor, Cricket Inn, Totley, 7:30pm	6.5m/1400'
Wed 19 Jul	Bamford, Bamford rec., 7:30pm	3.75m/600'
Sat 5 Aug	Teggs Nose, Sutton, nr Macclesfield, 2:30pm	6.5m/1100'
Wed 9 Aug	Bradwell, New Bath Hotel, Bradwell, 7:30pm	4.5m/600'
Tue 29 Aug	Barrel Inn, Eyam, 6:30pm	5.5m/900'
Sun 3 Sep	Shelf Moor, Sheply St., Old Glossop, 2pm	5.9m/1500'
Sun 10 Sep	Totley Terminator, Cricket Inn, Totley, 10:30am	18.5m/3000'
Sat 23 Sep	Lantern Pike, Little Hayfield, 3:00pm	5m/1050'
Sun 8 Oct	New Glossop, Old Glossop, 10:00am	20m/4500'

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### Mountain Marathons

22-23 Jul Phoenix, College valley, Northumberland.  
2 day mountain orienteering, start and finish at the same place each day and carry only essential kit (whistle, waterproofs, spare food). Long, medium and short courses. Details and Entry £6 by 3 July to Anne Craft, 2 Ruthven Court, Adderstone Crescent, Newcastle upon Tyne. NE2 2HH.

2-3 Sep Lowe Mountain Marathon, Isle of Mull  
Six courses: entry includes transport from Oban (i.e. ferry!). Details from: D. Thompson, Lowe Alpine MM, 4 Rose Cottage, Stuckton, Fordingbridge, Hampshire. SP6 2HQ.

16-17 Sep Mourne Mountain Marathon, Northern Ireland.  
A 'Karrimor' style event for pairs 24 to 40 miles over 2 days..  
Entry: Denis Rankin, 18 Cranmore Gardens, Belfast. BT9 6JL

4-5 Nov Karrimor Mountain Marathon

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### Relays

Sun 1 Oct Ian Hodgson Mountain Relay, Sykeside camp site, Brotherswater. 10am  
25 miles and 8500' split into 4 stages for pairs (3 medium, 1 short).  
Entries £24 per team on entry form to: Mrs S Hodgson, 197 Hall Lane, Horsforth, Leeds. LS18 5EG.

Sun 16 Oct FRA Relay, venue and format to be announced  
The mens team led on all four legs last year. Maybe this year we can go one better and hold the lead to the finish. This is our chance to show the 'elite' racing clubs a thing or two. Both the men and women have a real chance of a top 3 position if we can get our best runners out. Race details are not available yet but, as in some past years, a restricted entry seems likely with only one mens, one womens and one mens veteran team entry guaranteed. There may be some places for extra teams so the moral is if you would like to run let Jacky know as soon as possible. If you don't get a run, why not go along and support. It is usually excellent viewing and has the highest standard fell race field of the year.  
Contact: Jacky Smith as early as possible if interested.

Sun 10 Dec Calderdale Way Relay, starting at West Vale near Halifax.  
6 legs, teams of 12, all legs run in pairs with lengths varying from 5 to 10 miles. The route follows a 50 mile long distance path with agricultural as well as moorland sections. Although way-marked, some reconnaissance is strongly recommended, a good reason for establishing teams well in advance. Last year we finished four complete teams and (almost) everyone had a great time whether running or relaxing afterwards with mulled wine. There was a limit of 100 teams this year which was reached by mid-November making this possibly the biggest fell race in the country with 1200 participants!  
Contact: Mike Pedley preferably before the end of September

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# ANNUAL GENERAL MEETING

## Minutes of the (19th) Annual General Meeting

Grindleford cafe Wednesday 26th April 1995

Prior to the meeting Dave Holmes established the following ground rules;

- No flippant remarks!
- Mike Hayes was not allowed to speak for the first hour.
- The club subscriptions would stay at £3 no matter how much discussion took place.

- 1) **Apologies:** were received from Eric Mitchell, and Graham Bell
- 2) **Minutes** of 1994 AGM. I think these were approved as a true and accurate record although I can't remember it happening!
- 3) **Matters arising**  
Jim Fulton reported attempting to arrange club discounts with several Sheffield retailers, notably Sven Books, Browell Landscaping and Zimmer frames UK Ltd. Howard volunteered to compile a list of shops which provide club discount.
- 4) **Chairman's report**  
As a sign of good organisation DH had photocopied his report and distributed it to the meeting. Highlights were as follows:

"A year overshadowed by the disappearance of the Pertex Trophy. It symbolises the club's tradition of noble eccentricity on the hills and is sadly missed...The disappearance of the trophy and the appearance of a grumpy chairman were the low points in an otherwise successful club dinner. Jeff negotiated a good meal for the price, we had a bar extension and many people felt the band were a breath of fresh air."

"For myself and some of the other club officials the year has been marked by the arrival of "the authorities"...I am happy to report that we have dealt with people who have been sensible and supportive and happy to leave alone what does not need tampering with. The one sticking point has been the Peak Park's insistence that events on access land have the express permission of the owner...However, it is my hope that we have established a trusting relationship which will stand us in good stead for the future. But this trust rests on an unwritten understanding on where the boundaries of good environmental behaviour lie."

"Looking ahead our sights must surely be set on the club's twentieth birthday,

in 1996 a good excuse for a piss-up... and some celebratory running. It would also be nice to think we might see a resurgence of Dark Peak competitive running. Our performance in the FRA Relay shows what we can do when we pull the stops out."

Andy Harmer asked DH to clarify what 'good environmental practise' involved. DH outlined the discussions with Peak Park and where club races fit in. It was felt that AH as a race/event organiser should not worry as the Peak Park are aware of these 'low-key' club races. John Myers reported that from personal experience club races were not safety conscious as he had finished the Margery Hill race when everybody was in the pub!

5) **Secretary's report** - again highlights as follows:

"There have been many fine performances over the last year... English Champs. wins by Bob Toogood (V50) and Barry Thackery (V60)... a fine performance in the FRA relay and the Calderdale Relay... The year also saw some fine endurance performances. Maggie came as close as one could to completing the BG, missing by 3 minutes. Jim Lawrenson went one better and completed the round... Someone [i.e. Paul] completed the Paddy Buckley Round in Snowdonia... Rob Davison and Roger Woods were part of a winning Derwent Watershed team."

"The first summer social at Thornbridge hall was a great success. Why the chairman turned up wearing women's clothing remains a mystery! The event will be repeated in 1995 although whether Jim Fulton's fire walking act will be repeated is up for negotiation."

"Thanks to Frank, Roy and Dick for their efforts in organising the Edale Skyline, included as an English Championship race. Dark Peak still has good representation on the FRA thanks to the efforts of Pete Dyke and Frank Galbraith."

6) **Treasurer's report** (Mike Hayes reminded that he only had 20 minutes to wait!) Jeff gave his financial report. Finances looked good, subscriptions up, profit made on Skyline. Costs of the newsletter not increasing. Quality of the newsletter excellent, 'especially the staples' - Roy Small.

A proposal by Roy Small, seconded by Hugh Cotton that the club purchase water company shares caused much discussion and novel objections. JF objected on moral grounds. The proposal was voted on and defeated. At this point Mike Hayes contributed to the meeting, his hour having elapsed. He suggested purchasing a digital race clock to time club races. Also received were a variety of suggestions that the club should apply for showers, club van, Jacuzzi, electric screwdriver! and floorboards!! It was suggested that funding be sought from the national lottery to pay for this!



TREASURERS REPORT ON FINANCES OF DARK PEAK FELL RUNNERS

PERIOD 1.5.94 TO 30.4.95.

CURRENT ACCOUNT

DEPOSIT ACCOUNT

Opening Balance		1868.63	Opening Balance	1046.27
Income	3848.52		Interest	<u>1.81</u>
Expenditure	<u>3324.96</u>	<u>523.56</u>		
Closing Balance		<u>2392.19</u>	Closing Balance	<u>1048.08</u>

ANALYSIS OF CURRENT ACCOUNT

	<u>INCOME</u>	<u>EXPENDITURE</u>
Subscriptions	750.00	
Equipment *	442.00	316.81
Newsletter		464.50
Edale Skyline	1551.59	975.16
Thornbridge Weekend		122.60
Annual Dinner & Club Championship	1075.93	1076.86
Race Fees	21.00	72.00
NEAA (BAF) Subs.		220.00
Bank Commission		34.18
Sundries	8.00	42.85
	<u>3848.52</u>	<u>3324.96</u>

\* PLUS

Equipment stocks valued approx £400.00

  
Jeff. Harrison

Treasurer

# FEATURES

## TOUCHING THE VOID

Another concept run in the best traditions.

Taking in all the high points of the Kinder plateau from a start and finish in Edale. This is not to be confused with The Never Ending Journey, which is of course, the Kinder rim run.

Touching the Void goes to all the marked high points on the Harvey Dark Peak map:

Start    Edale car park  
          Grindslow Knoll  
          Pym Chair  
          Noe Stool  
          Swine Back  
          Edale Rocks  
          Kinderlow  
          Point 636  
          Kinder Gates  
          Trig 624  
          Fairbrook Naze  
          Crowden Head  
          Seal Stones  
          Hartshorn  
          Point 604  
          Boulder  
          Trig 590  
          Boulder  
          Madwomen's Stones  
          Crookstone Knoll  
          Druids Stone  
Finish   Edale

A total journey time of 3.45 hours seems readily achievable.

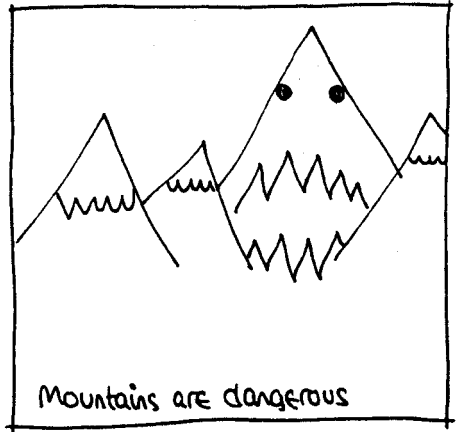
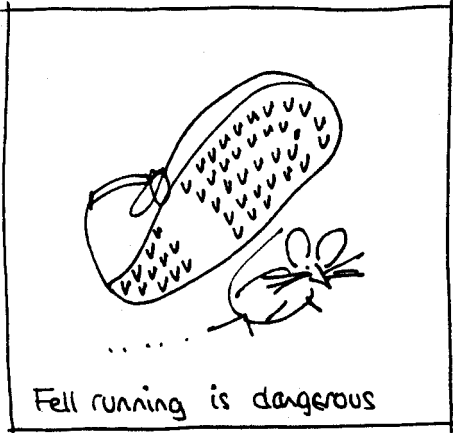
Remember that the void is dry in May. In space no-one can here you scream: you'll be gasping!

Mike F Browell

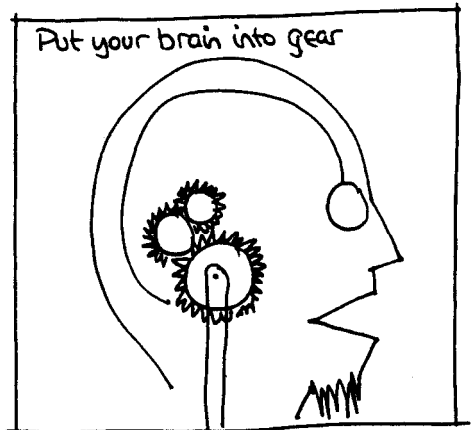
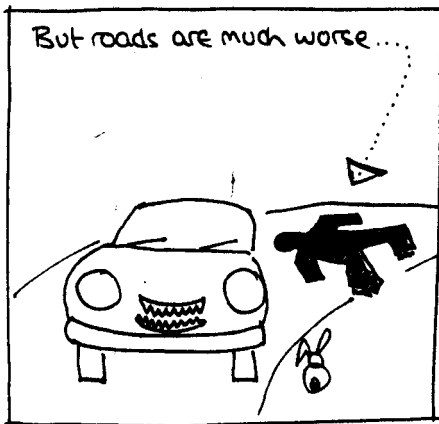
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# SAFETY ON MOUNTAINS



So when you go running up on the moors, remember to take your whistle, full body cover, map, compass and emergency food...





## DARK PEAK CABINS

My brief piece on Peak cabins in Summer '93's Dark Peak News threatened a possible future article. Various people passed on clues and sources so that without even setting foot into a library to do any real research, I've got information on about 70 sites. Life being a fairly busy affair, I still haven't visited many of these. Some of the cabins are well known, of course. They're the sort of places that are used as checkpoints in the Club Champs or as the venue for a young man of the hills like Alan Yates celebrating his 50th.

Most of the huts in the Dark Peak date from the nineteenth century when the shooting of red grouse (and apparently mountain hares) became fashionable. At a dozen sites or so there are huts that are still intact. The majority of these are locked but a few offer access and the possibility of a cold and uncomfortable night if you are either eccentric (or Alan Yates).

Working from south to north, for no particular reason, here are a few random and perhaps surprising snippets. East of Froggatt and White Edges there used to be two cabins. At 292762 on Ramsley Moor a hut is shown on the 1908 edition of the OS map. Not far away, just south of the site of Barbrook Reservoir, the 1st edition OS map (1830's) shows a shooting cabin. Perhaps only the Warts know that there used to be a hut on Rud Hill? Named as Rood Hill Cabin on the 1st edition OS map, it was at the high point of what is now Rud Hill, approx 272842.

On and around the Kinder massif there used to be over 20 cabins. Few survive. 'Four Jacks' at 104880 was mentioned by Dave Moseley in the Spring '94 Dark Peak News. During the 1930's it was a favoured meeting place on New Year's Eve of the Sheffield Climbing Club. In the mid 1940's "hooligan hikers" began to damage it and by the 50's it was ruined.

On the north side of Kinder, what is now merely a tumbled ruin by a spring (Checkpoint 1 in one variant of Mike Hayes' Kinder Springs Event) used to be Black Ashop Cabin (092900). Fred Heardman, once landlord of the 'Nag's Head' in Edale, described how a friend of his who should have known better was responsible for stone-rolling from The Edge, 250 ft above the hut. He wasn't happy until he'd scored a direct hit with a stone crashing through the cabin's roof.

East of the Upper Derwent there's a rich history of huts. Several are still used. The one at Broomhead Moor (223928) wins the ugly contest with iron shutters and barbed wire along its gutter. Foulstone Delf (214909), also locked, runs it a close second. The two huts at Thornseat Delf had been recently reroofed in January '95 when I discovered kestrel pellets plastered into a damp mass on a wooden rail below the porch. Those particular kestrels appeared to be shrew specialists from the jawbone evidence teased out of the fur. Of course the fact that some of these huts are on private land adds to the attraction of a speculative visit.



# RACE REPORTS AND RESULTS

ALPORT : 18 AUGUST 1993 (yes, 1993!)

1	Alistair Landells	1:00:25	19	John Woodcock	1:22:24
2	Tim Tett	1:02:40	20	Clive Last	1:22:45
3	Mike Pedley	1:10:27	21	Keith Wiley	1:23:04
4	Mark Harvey	1:10:31	22	George Jackson	1:23:51
5	Dave Holmes	1:13:30	23	Maurice Musson	1:27:45
6	Pete Gorvett	1:15:21	24	Mike Browell	1:28:48
7	Andy Gomm	1:17:42	25	Andy Malkin	1:29:13
8	Hugh Cotton	1:18:33	26	Jim Orrell	1:29:39
9	Guy Seaman	1:18:39	27	Kev Borman	1:29:53
10	John Lyon	1:18:42	28	Dick Pasley	1:33:04
11	Tim Mackey	1:19:03	29	Hilary Bloor	1:34:47
12	John Myers	1:19:53	30	Deidre ni Challanain	1:34:50
13	Stefan Finka	1:20:04	31	Jeff Harrison	1:34:55
14	Roy Small	1:20:26	32	Ted Mangion	1:44:51
15	Peter Kohn	1:20:30	33	Paul Haines	1:44:56
16	Pete Parrell	1:20:40	34	Harry Bell	1:45:03
17	Bob Marsden	1:22:08	35	Frank Galbraith	1:45:05
18	Dave Lockwood	1:22:24	36	Andrew Vickers	1:45:40

[Goes to show if you hassle people enough they eventually remember the results]

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RIVELIN SKYLINE : 2 JANUARY 1994

1	T. Tett	1:13:59	15	M. Gallagher	1:48:00
3	D. Holmes	1:21:35	16	R. Baumeister	no time
4	A. Yates	1:21:37	17	T. Keddie	no time
5	A. Harmer	1:22:52	18	A. Watmore	no time
6	H. Swindells	1:23:39	19	P. Dyke	no time
7	P. Hayes	1:24:57	20	D. Pasley	no time
8	M. Hayes	1:31:50	21	J. Harrison	no time
11	J. Myers	1:40:05	21	finished	

[...and sometimes you remember to put the results in when you've got them!]

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Back Tor and Beyond results

1	T. Tett	53:24	21	P. Haynes	1:11:59
1	P. Crowson	53:24	22	S. Palfreyman	1:12:19
3	J. Cant [1st V40]	55:16	23	R. Small	1:13:37
4	R. Woods	57:28	24	H. Mathieson	1:14:56
5	R. Davison	57:50	25	P. Mcleod ( P.F.R)	1:15:04
6	A. Harmer	58.58	26	M. Musson	1:15:05
7	G. Williams	59:41	27	R. Baumeister	1:15:22
8	M. Pedley	1:01:19	28	C. Last	1:16:36
9	G. Clegg	1:01:41	29	J. Woodcock	1:17:03
10	H. Swindells	1:02:06	30	A. Malkin	1:17:05
11	C. Barber	1:02:08	31	J. Myers	1:18:30
12	A. Sealy	1:04:49	32	K. Borman	1:19:11
13	A. Yates	1:07:29	33	M. Browell	1:20:17
14	H. Cotton	1:10:02	33	P. Dyke	1:20:17
15	P. Sanderson	1:10:11	35	A. Porter	1:21:42
16	C. Wilson	1:10:36	36	J. Fulton	1:22:31
17	B. Hanley	1:10:44	37	T. Mangion	1:23:37
18	M. Hayes	1:10:53	38	R. Freeman	1:25:54
19	D. Lockwood	1:11:02	39	K. Wiley	1:27:17
20	R. Cave	1:11:49	40	M. Shaw ( P.F.R)	1:31:10

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FAIRFIELD : 21 MAY 1995

A cool sunny day gave superb running over this popular horseshoe. A good Dark Peak turnout (but no women) resulted in fierce competition; Roger Wilson lost out to the equally matched Roger Woods and Rob Davison on the descent. Phil Crowson was running at the head of the field to the summit but struck a rock on the descent and lost half a dozen places. Eric Mitchell surely had one of the best runs of the day beating many half his age.

The first woman was disqualified for not carrying spare kit (as were four others after random kit checks) a warning to us all.

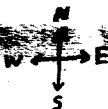
Phil Crowson

1	D. Neill (Mercia)	1:17:27	121	B. Thackery [1st V60]	1:50:05
12	P. Crowson	1:24:57	122	P. Dyke	1:50:09
34	R. Woods†	1:31:45	139	G. Diprose	1:53:19
36	R. Davison	1:31:59	142	C. Last	1:53:36
38	R. Wilson	1:32:12	150	C. Henson [2nd V60]	1:56:57
48	B. Berzins	1:35:16	176	E. Mitchell [1st V70]	2:07:46
104	J. Woodcock	1:46:49	193	finished	

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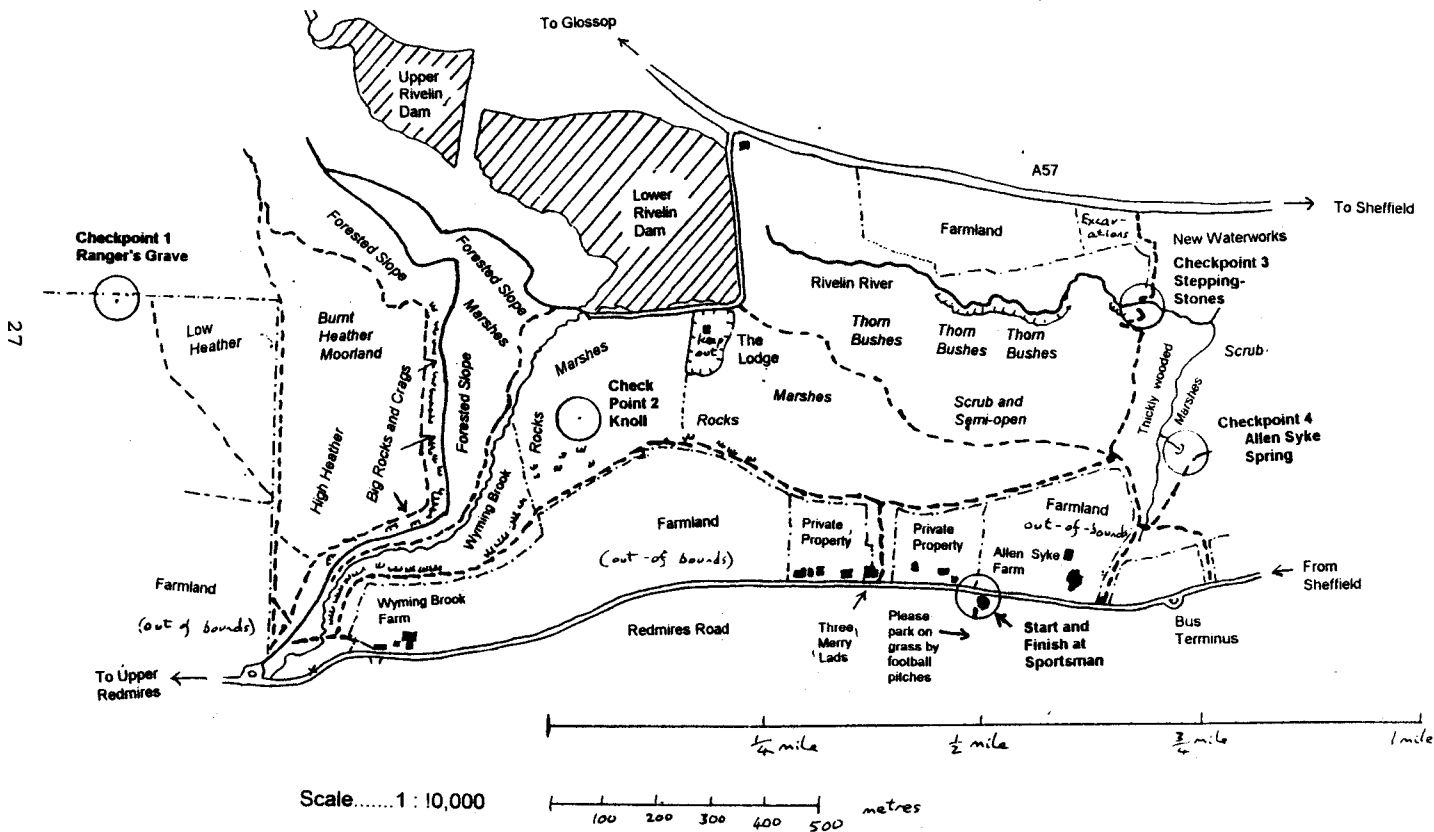






# THE FOXTROT

NOTE: The map does not show the many small paths and animal tracks which might help you to get between the checkpoints. Nor does the map show the many hidden obstacles.



## LOCAL RACE LEAGUE - 1993/4

At long last some results from the 1993/4 local race league. Slightly fewer races comprised the league compared to previous years simply because there seems to be a reluctance to submit results to the newsletter. No results - no points. Whatever the races, though, it would have made little difference to the winner. Congratulations to Jon and to Jacky who was 1st woman.

M.P.

Name	Points	Races	Av	Name	Points	Races	Av
1 J. Cant	560	16	35.0	36 P. Haynes	133	6	22.2
2 R. Davison	337	10	33.7	37 B. Thackery	131	6	21.8
3 R. Woods	337	10	33.7	38 D. Pasley	127	7	18.1
4 A. Harmer	316	9	35.1	39 C. Wilson	127	5	25.4
5 R. Hutton	307	9	34.1	40 M. Musson	125	7	17.9
6 R. Small	287	12	23.9	41 A. Poirette	119	3	39.7
7 A. Moore	283	10	28.3	42 T. Trowbridge	114	5	22.8
8 H. Cotton	258	11	23.5	43 C. Crofts	111	5	22.2
9 J. Armistead	242	8	30.3	44 P. Seyd	108	5	21.6
10 M. Pedley	235	7	33.6	45 B. Edwards	108	3	36.0
11 C. Adams	231	6	38.5	46 B. Wilson	103	3	34.3
12 A. Landells	230	5	46.0	47 K. Jones	103	3	34.3
13 M. Hayes	226	9	25.1	48 C. Henson	99	7	14.1
14 R. Marlow	204	8	25.5	49 M. Hayman	98	2	49.0
15 B. Toogood	203	6	33.8	50 W. Mclewin	98	7	14.0
16 D. Holmes	198	7	28.3	51 C. Lago	97	5	19.4
17 N. Goldsmith	191	7	27.3	52 R. Baumeister	95	5	19.0
18 P. Dyke	189	10	18.9	53 G. Berry	94	3	31.3
19 G. Diprose	186	8	23.3	54 B. Berzins	93	4	23.3
20 J. Fulton	186	11	16.9	55 R. Horsfield	93	3	31.0
21 P. Smith	180	6	30.0	56 H. Mathieson	92	3	30.7
22 C. Barber	176	6	29.3	57 K. Wiley	88	3	29.3
23 T. Mackey	175	9	19.4	58 M. Browell	86	7	12.3
24 P. Griffies	173	7	24.7	59 T. Mangion	85	4	21.3
25 A. Yates	172	6	28.7	60 J. Cave	85	6	14.2
26 J. Smith	171	7	24.4	61 J. Searle	85	4	21.3
27 P. Sanderson	169	5	33.8	62 A. Sealy	81	2	40.5
28 D. Lockwood	164	7	23.4	63 J. James	75	2	37.5
29 H. Swindells	159	6	26.5	64 D. Moseley	72	4	18.0
30 B. Marsden	156	6	26.0	65 P. Farrell	66	3	22.0
31 J. Lawrenson	153	5	30.6	66 T. Woodhouse	66	4	16.5
32 P. Crowson	151	4	37.8	67 J. Myers	65	3	21.7
33 C. Hird	147	4	36.8	68 A. Wright	64	6	10.7
34 T. Tett	146	4	36.5	69 J. Lyon	64	2	32.0
35 G. Clegg	141	4	35.3	70 W. Smallwood	63	2	31.5





DARK PEAK NEWS - AUTUMN 95

Does anyone run races anymore? Maybe you have all gone very modest? Please send results from any races you do and if possible scribble a few lines to go with them. One paragraph will often suffice but it helps readability as I'm sure you will agree.

Articles may be hand written , typed or, preferably, on a 3.5 inch diskette. The ideal would be a file in WordPerfect v5.2 but almost anything on an IBM compatible diskette is better than nothing. I have even worked out how to read MS Works (but would still prefer you used something else) though MS Word seems to be OK. If in doubt use an ASCII text file. If you would like a blank disk to put your article on or help in making sense of this paragraph then let me know. I'm also investigating compatible image formats too but most of the common formats will probably be OK. If in doubt save an image as a bit map.

Alternatively ignore the above and use good old pen and ink. Photographs (prints) are welcome too, colour ones come out OK if there is enough contrast in the original.

Contributions by: 6 September 1994  
Publication date: 26 September 1994

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Dark Peak News Summer 95 was produced with thanks to:

John Armistead, Kev Borman, Mike Browell, Mark Chapman, Phil Crowson, Pete Dyke, Jim Fulton, Mike Hayes, Dave Holmes, Bill Kenyon, Dick Pasley, Pat Pryor, Paul Sanderson, Howard Swindells, Tim Tett, Alan Yates

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FRONT COVER

Dark Peak's far north west outpost is featured on this issue's cover. Peter and Trish Kohn's croft at Kerracher can be seen nestling by the loch with Quinag (still with remnants of this winter's snow) in the background.

Ideas, redesigns and photographs for the front cover are always welcome.

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## Dark Peak Fell Runners

presents

# Summer Social - 2

Saturday 12 August

to

Sunday 13 August

**ALL WELCOME**

Runners, partners, kids of all ages

The summer social returns after last year's successful event. The only one in the Dark Peak calendar where non-runners and kids outnumber runners!

- Venue:** Thornbridge Hall  
Great Longstone (near Bakewell)  
Derbyshire
- Cost:** To be confirmed - but probably about £3 per adult
- Facilities:** Dormitory accomodation available  
Camping space  
Cooking facilities
- Attractions:** Running (training, racing),  
Barbeque (Saturday night),  
Drinking & Eating  
Fun & games.  
Lots of White Peak countryside  
Nearby of stately homes and gardens  
- including the one we are at!  
Peak District Pubs  
& lots more

Arrive when you want (anytime after Saturday lunchtime), leave when you want.

Everything optional, just come and have a good time.

Bring drink, food for a Saturday barbeque (we'll provide the cooking facilities, bread buns and condiments) and for Sunday breakfast/lunch.

For any further information contact Paul Sanderson.