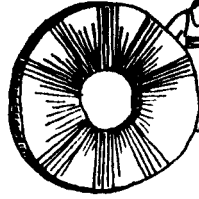
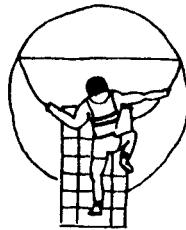
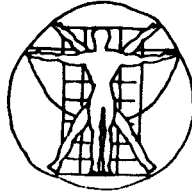


dark  
peak  
news



AUTUMN  
90























Hasty plans were drawn up, then discarded and redrawn as to who was supporting us on each section. An advance party was then dispatched to Keswick for a visit to the 'New Keswickian' Chippy followed by a quick recce of the route through Fitz Park as no-one was sure of the way. Others opted for a glass or two of the amber nectar in the Horse and Farrier which left us, the contenders, drinking tea and pondering on the day ahead while being eaten by some rather hungry Lakeland midges.

Eventually the witching hour arrived and we were off into darkness, what a relief! It wasn't until half way up Skiddaw that I realised that Colin Henson was attempting the round with us. Unfortunately he had to drop out not long after Threlkeld (it was great to come back the following weekend and see him get round). The beauty of doing the round clockwise was that by the time we were at the top of Halls Fell it was already light and we had the whole day to look forward to. The weather was perfect, unlike last year and we made it back to the Moot Hall with time to spare, although we did miss last orders!

Thanks to all those club members who came along and supported particularly the 'Road Crew' of Tracy and Howard who both did a wonderful job driving round and making sure the road crossings went smoothly. Thanks also to Bob for accompanying me on what I think we both agree was the best day either of us has spent in the Lakeland hills. Finally one other person deserves a mention; Bob Graham for making it all possible.

Paul Sanderson

	<u>E.T.A.</u>	<u>Actual</u>		<u>E.T.A.</u>	<u>Actual</u>
Moot Hall	0:00	0:00	Pike O Stickle	10:49	10:54
Skiddaw	1:22	1:19	Rossett Crag	11:34	11:37
Great Calva	2:12	2:10	Bowfell	12:09	12:14
Blencathra	3:22	3:20	Esk Pike	12:34	12:32
Threlkeld - In	3:52	3:57	Great End	12:59	12:54
Out	4:02	4:08	Ill Crag	13:14	13:10
Clough Head	5:01	5:00	Broad Crag	13:24	13:20
Great Dodd	5:31	5:31	Scafell Pike	13:36	13:31
Watson Dodd	5:40	5:39	Scafell	14:08	14:07
Stybarrow Dodd	5:49	5:50	Wasdale - In	14:43	14:42
Raise	6:07	6:06	Out	15:03	14:58
Whiteside	6:15	6:18	Yewbarrow	15:53	15:46
Helvellyn L.M.	6:28	6:31	Red Pike	16:43	16:29
Helvellyn	6:38	6:38	Steeple	17:08	16:54
Nethermost Pike	6:51	6:50	Pillar	17:42	17:30
Dollywagon Pike	7:00	6:58	Kirk Fell	18:32	18:25
Fairfield	7:38	7:39	Great Gable	19:15	19:08
Seat Sandal	8:13	8:02	Green Gable	19:28	19:28
Dunmail - In	8:28	8:21	Brandreth	19:46	19:48
Out	8:43	8:37	Grey Knotts	19:54	19:54
Steel Fell	9:08	9:01	Honister - In	20:07	20:10
Calf Crag	9:28	9:21	Out	20:21	20:21
Sergeant Man	10:03	10:03	Dale Head	20:54	20:58
High Raise	10:12	10:11	Hindscarth	21:15	21:14
Thunacar Knott	10:27	10:24	Robinson	21:41	21:41
Harrison Stickle	10:37	10:34	Moot Hall	23:21	23:14





## BOB GRAHAM 2 FRANK GALBRAITH 0

By now, most people in Dark Peak must know about my attempt to complete the Bob Graham Round and the results. So here are two pieces of prose largely in praise of the supporters and the Dark Peak Spirit. Please understand that the first piece was written immediately after the first attempt when I felt humble, exhilarated and disappointed all at the same time. Then, I felt philosophical about the failure but now I feel quite vexed (good old fashioned word) at my inability to conquer those few precious minutes and here I am looking forward to all that (blasted) training again next year.

I am proud to be a member of a Club that can turn out almost 30 supporters (in June) to help 2 "old warts", with a combined age of 112, achieve their supreme ambition.

### Round 1 - A points win for B.G.

What can one say about the Bob Graham Round that hasn't been said already? We all know it consists of a traverse of the Lake District touching 42 cairns on the tops of hills seemingly chosen at random.

Normal accounts dwell on the weather, the time that each one, or major points, were reached. The emphasis is usually how arduous and tiring it all was together with a comment on the excellence of the support. If Dark Peak decide to keep a record perhaps a table or report sheet should be drawn up - my own would read like this:

Peaks reached:	42
Distance:	Very long
Weather:	Nobbut middling except for sunrise on Sunday
Effort:	125%
Success:	98%
Support:	Excellent

What would really be interesting would be a taped commentary on one's thoughts at various stages. Different runners must have different approaches; my own was to 'lock off' into a world of my own, only just conscious of one's companions and surroundings. During that time the main thought was "I must complete this run" but that doesn't occupy my mind for 24 hours. So what does?

Most of the thoughts were inconsequential and trivial, like noticing a large black shiny slug feeding off sheep excrement and thinking - that's a good idea otherwise we'd be ankle deep in s\*\*t before long! This led to thoughts about waste disposal throughout the world and what are we going to do with all the cans and bottles that accumulate on streets, hills and open spaces. Two questions kept running through my mind concerning plants; what's the name of that very tiny white flowered specimen and the name of that parsley like growth that seems to grow in the stoniest of places. Why I wanted to know I'll never understand. Towards the end of the run the impetus to finish becomes more important, the anxiety to complete within 24 hours becomes a great pressure and inconsequential thoughts are banned.

All in all it would be interesting to know what one did think about for 20 hours, assuming that 4 hours of actual thought was addressed to the question of the run, the pain, the food, the terrain and the support.

Someone famous once said, "Everyone gets the chance to be famous for 15 minutes" (it was Andy Warhol actually) and Saturday, 23rd June 1990 was my chance. The supporters, every one of them, made me feel famous. To all you pacers, route finders, tea makers, masseurs, carriers, drivers and everyone else who gave me such enormous encouragement I say a very sincere "Thank You".

I am sorry I failed the attempt (for the record by 8 minutes) for your sakes as well as for my own disappointment. I enjoyed the attempt, particularly the last four miles when the heat was really on and the adrenalin was flowing. I didn't realise I had so many friends.

Whilst I was trivialising, Colin Henson was running strongly and obviously with more determination since he finished in good time with 3 minutes to spare. Well done Colin!

#### Round 2 - A win for B.G. by a K.O.

Having written off a further attempt in 1990 as impossible, that little green man on my shoulder kept whispering, "Why not? You've done the training, you may not be as fit next year". Then Dave Moseley weighed in with a carefully researched and phrased bit of medical advice, "Well you're not getting any younger" (it's a six year course to learn that!). That proved to be the real clincher.

"Mirabile dictu" as the Latin geezers used to say - miraculous to say - support flooded in with a dozen folks happily volunteering with at least another dozen sending their regrets since they were on holiday, it is August after all. Whilst thanking everyone who turned out there are a couple of examples I must mention; Kay Whittle and Keith Tonkin who travelled all the way up from Guildford and Tony Keddie and Ann Watmore who delayed the start of their holiday in order to help.

The big day dawned, as they say in the books about this sort of thing, and we set off to climb a peak and guess what "we felt tired when we reached the top". By special arrangement I will give anyone who is interested a peak by peak account with times and weather conditions ( a la Mike Cudahy - see his latest book) useful for those who suffer from insomnia.

The basic details are that everything went very well to Honister (on time), Wasdale (20 minutes down) and Dunmail (30 minutes down on a 23 hour schedule). The weather stayed somewhat overcast, keeping the temperature just right. On the Scafells, Broad Stand was avoided by a brilliant bit of route finding by Mike Hayes who led the way down Deep Ghyll, West Wall Traverse and Lord's Rake. A heavy shower didn't help at this point but all went well to Dunmail.



## HOW I DIDN'T CLIMB MONT BLANC

This year, after three Alpine holidays at La Berarde, we decided to have two weeks in Argentiere and a few days near Zermatt. We soon met Graham Berry and Dave Sant and heard that Will McLewin and Alan Yates were around. Will was helping Graham and Alan to fulfil their ambitions of climbing Mont Blanc. My son David (15) and I also wanted to climb Mont Blanc, but missed out on Will's two day build up ascent and descent of the Aiguille du Tour and subsequent successful ascent of Mont Blanc. Well done chaps!

We did a few rock climbs including an ascent of Chapelle de la Gliere (2665m), then climbed the Aiguille d'Argentiere (3900m), an enjoyable snow and ice climb, and experienced our first night in an Alpine Hut. I had wondered about a solo 'bivy' out and a solo climb up Aiguille du Tour but while asking a friend, he mentioned a good rock climb up the Aiguille du Pouce (2873m). Not being selfish (!) I decided to take David up the 450m Voie des Dalles up the South Face on Sunday (Aug 5th).

We caught the first telepherique up to the Index, climbed up the loose ridge, then a gully, over the col, down the even looser slope on the other side and slid down the snow slope to the base of the climb. The route was obvious in the guide book, not so obvious when confronted with the towering South Face.

There was one party a long way up but no-one to ask. We set off following some pitons but uncertain whether or not we were on the route. Coming across a stance on a big ledge we thought we were on route but on the fifth pitch, whilst moving right to get into a large crack, still following some well spaced pitons, I fell off. I fell 10-15 feet but the runners held and David did his stuff as my second.

I got David to lower me down to a large ledge and inspected the damage. My left ankle felt rather painful and I thought it was perhaps a bad sprain. I prodded around the bones, nothing broken. Then I felt behind the ankle where the Achilles tendon was - a gap! "That's torn it", I thought - a ruptured Achilles tendon.

We were 120m up this large face and had to get down to safety. There were two other pairs to our left on another route. I shouted for help. They knew a little English but, other than saying that we needed a helicopter (obvious) and that our rope was not long enough to abseil off, they didn't help very much. We managed to abseil down to a large ledge and crawl along to where the bottom man of the second pair was belayed. We tied one end of our 45m rope to the anchor point; after sorting out that he would untie after we were both down safely to the next stance. He indicated where the next sling was. I gently set off, trying not to knock my injured foot too much. Aiming diagonally leftwards I reached the sling, round a rock pillar. I put my arms round it and pulled. It wobbled ominously. "There's no way I'm trusting that", I thought, so I pendulumed rightwards hoping to come across something more substantial. Fortunately I found a sling held by two healthy pitons, tied on and told David to come down.











29	R. Horsfield	33:55	76	P. Dyke	38:16
30	M. Hayes	34:04	83	K. Borman	38:42
31	A. Yates	34:09	85	W. McLewin	39:10
37	A. Gomm	24:41	93	M. Browell	40:29
42	R. Beaumeister	34:48	97	C. Henson	40:47
43	G. Jackson	34:57	104	J. Roberts	43:08
44	T. Mackey	35:05	109	G. Rice	45:29
45	C. Wilson	35:08			

118 finished

> >

HOPE WAKES : 3 JULY 90

1	Hiroyuhi (Hallam.)	25:08	91	J. Fulton	32:01
2	M. Jubb	25:15	94	M. Poulter	32:04
3	M. Wilson	25:59	95	P. Dyke	32:11
6	P. Morris	26:45	97	L. Johnson	32:12
12	A. Bell	27:18	99	R. Beaumeister	32:17
14	G. Band [3rd Vet.]	27:35	102	T. Norris	32:29
21	P. Crowson	28:36	106	K. Borman	32:32
25	E. Hutt	28:45	109	T. Sayles	32:49
38	P. Gorvett	29:26	111	A. Wright	32:58
51	R. Horsfield	30:12	121	F. Galbraith	33:35
54	M. Simms	30:20	122	C. Henson	33:38
61	P. Guerrier	30:32	126	P. Kohn	33:52
64	J. Herbert	30:41	138	M. Browell	35:19
68	T. Mackey	30:46	149	J. Roberts	36:52
72	A. Yates	30:53	159	G. Rice	37:53
78	D. Jones	31:15	164	T. Kohn	38:31
83	C. Wilson	31:39			

180 finished

> >

HATHERSAGE : 9 JULY 1990

1	K. Manning(C.le M.)	17:09	87	J. Fulton	22:36
11	P. Morris	18:38	90	T. Norris	22:46
14	A. Bell	18:58	91	T. Sayles	22:49
16	P. Crowson	19:03	94	D. Moseley	22:59
17	C. Adams	19:05	97	P. Dyke	23:07
18	G. Band [2nd Vet.]	19:08	105	P. Kohn	23:17
25	E. Hutt	19:41	106	K. Borman	23:18
30	C. Stamp	19:56	107	M. Poulter	23:19
36	P. Gorvett	20:17	112	G. Lax	23:37
50	P. Sanderson	20:46	115	W. McLewin	23:40
56	M. Simms	21:08	117	L. Johnson	23:45
57	M. Pedley	21:14	129	I. Bennett	24:31
68	J. Herbert	21:44	135	F. Galbraith	24:52
69	C. Wilson	21:46	136	C. Henson	24:54
70	A. Yates	22:03	152	J. Gittens	26:00
77	D. Lockwood	22:17	159	J. Roberts	26:23
82	R. Beaumeister	22:22			

195 finished

> >









RACE 2 : 9 APR 90

2	T. Tett	22:37	86	K. Borman	29:42
3	M. Wilson	22:45	95	B. Needle	30:57
34	M. Pedley	26:02	101	D. Swindells	31:12
50	P. Seyd	27:21	105	J. Gittens	32:03
51	H. Swindells	27:22	129	C. Feilding	33:52
64	R. Beaumeister	28:10	161	R. Hayes	58:51
72	T. Mackey	28:32	162	M. Hayes	59:14
77	M. Harvey	28:57			

162 finished

RACE 3 : 30 APR 90

1	T. Tett	22:47	73	R. Beaumeister	29:18
2	M. Wilson	22:58	74	K. Borman	29:19
31	D. Sant	26:48	89	P. Dyke	30:38
32	M. Harvey	26:52	111	D. Lockwood	32:58
42	P. Seyd	27:31	126	C. Feilding	34:28

148 finished

RACE 4 : 21 MAY 90

6	M. Wilson	23:57	54	R. Horsfield	27:30
10	M. Harvey	24:27	70	R. Beaumeister	28:53
11	M. Gallivan	24:31	91	P. Dyke	30:01
26	M. Meysner	25:34	136	J. Roberts	33:47
42	D. Sant	26:39	139	C. Feilding	34:32
47	P. Seyd	27:04			

165 finished

RACE 5 : 11 JUNE 90

4	M. Wilson	23:10	59	P. Seyd	28:23
8	M. Harvey	24:19	71	L. Johnson	29:18
21	M. Pedley	25:52	80	B. Needle	30:04
34	R. Horsfield	26:44	81	P. Dyke	30:13
37	D. Sant	26:53	105	C. Feilding	33:16
51	R. Beaumeister	27:53	106	J. Roberts	33:22
57	T. Mackey	28:18			

127 finished

RACE 6 : 2 JULY 90

2	M. Wilson	23:35	31	P. Seyd	27:56
4	M. Harvey	24:20	36	D. Sant	28:13
24	R. Horsfield	27:30	49	P. Dyke	29:29
26	R. Beaumeister	27:35	50	B. Needle	29:33
28	M. Hayes	27:43	64	C. Feilding	32:00

91 finished



