

Dark Peak

NEWS

DECEMBER '86



EDITORIAL

I write this having just returned from a three epic run over Bleaklow and Black Hill. Yes, I was recc'ing the Trog but it didn't make any difference, I'm still going to go the way I've always gone.... Bleaklow still remains testing navigationally even in the best of weather. The thick mist on the way over got the better of me as I missed the summit cairn, left the top on the wrong path, only just found Wildboar Clough and missed the Rollick Stones descent. On the return, thing were a lot better, my only mistake was missing the start of Herr Clough. Since then the compass has gone in the bin! No doubt many of you will fall foul (or should that be peat) of Bleaklow in the Trog and by the time you read this some of you will still be recovering from it and will know whether I've retained my title - you've got to be positive about these things. What else would live on the shelf in the lounge? Having returned from this three hour battle against the elements at their worst, I recall an article in this newsletter entitled 'A Dark Peak Initiation' where Kevin Borman thought all Dark Peakers were bent on running in the wildest terrain in the most horrendous conditions - well it certainly seems that there are quite a few of us(?) in the club as I wasn't the only one on Bleaklow this morning! What really turns over in my mind is why do I get up at some unearthly hour to do it! Am I in the right club? Sitting in the bath I tried to convince myself that I'd enjoyed it and as usual I did. Perhaps this is what sets fell runners apart from the rest of the civilised world - some wierd masochistic streak.

Enough of my ruminations, lets get on with the news. Firstly the Club Champs and Dinner. I would like to thank Tony Farnell, on behalf of all those at the dinner, for arranging the whole occasion - I couldn't have said that better if I were sober. Rumour has it that due to the poor response to the disco it will be abandoned next year, hopefully along with the locals. Adrian Riley tried kicking them out this year. He didn't even give up when he found out that the person he was verbally insulting (understatement) was a policewoman! He said he thought she was a man - he had had a lot to drink! The club champs was yet another success, especially for those that won, and the turnout again topped 70. However, I'd like to see some bad weather next year then maybe I'll be in with a chance? If not, then maybe I could arrange for a little accident to befall Malcolm and ...

How many of you remember the 'Who's Who in Dark Peak' that featured in the April mag. Well, it was John Clarke ex 18 stone black-belt Karate man now taken up running to improve his figure. Rumour has it that this mega-mileage man is having a rest this year, either that or he's knackered. Hopefully there should be another 'who's Who' in this issue. If any of YOU have done anything extraordinary in the way of training or if you know of someone else's exploits, perhaps you'd like to let me know.

A first for the last newsletter was the cartoon sketch. Such was its success that I invited Bill to do some more - see elsewhere. This/these were kindly supplied by Bill Bentall. Who? - he's the one in the cartoons with the big nose and... Bill is one of a very few members who actually contribute to this amazingly pretentious newsletter. What I do need is more of you writing about anything! The other thing in short supply is photos. Since last christmas's newsletter with the page three and centre spread I've had no more photos for inclusion. There must be some vaguely amusing shots out there, or even photos to accompany articles about races.

Whilst on the subject of newsletters and things Dave Sant and Graham Berry inform me that all the material for the Dark Peak '10 Years on the Bog' has been collated and that a typist is being sought. When this is completed publication should follow soon after - spring next year? Another first for the club is our first(?) overseas member. Rick Ansell, the one that looks like Basil Brush but with glasses, has got a job in Turkey for two years. He's even asked what the overseas subscription rate is - I told him it was a kilo of hash per year, to be distributed amongst the fading old warts of the club. They need something to perk them up and not everyone resorts to McLewins tactics (see Rambo's Race in April mag). I wonder if he's seen Midnight Express.... If anyone's passing through Ankara on a long run I'm sure he'll appreciate a visit.

Talking of long runs, congrats to all those who completed the Bob Graham round this year - sorry I don't know all of your names, nobody tells me anything. Our own answer to the Bob Graham, the 15 trigs seems to be catching on with no less than 16 members, since the original three, having completed it so far. As far as I know only one person has failed and he completed it the second time. Perhaps it's too easy, but maybe I should reserve judgement until I have a go! Andy Harmer has put on his series of summer runs again this year with continuing success and I eventually got around to organising the Alport race. Next year we hope to see the revival of the Kinder Spring Handicap race with the return of Mad Mike Hayes but before then comes the 6th Crookstone race on Dec 21st (see Ads), the Last Gasp on Dec 27th (phone Ian Wainwright 304187) and the Burbage Baffler on Sat 10th Jan (phone Martin Spence 01-624-3224). It's these very informal local races that are the real test of fell running. Be there or be square!

One last item of news is that the Christmas Fancy Dress run will be on Wednesday 17th December down to the moor and back. This will be followed by hot soup and sarni's at the Sportsman at a cost of £1.25 each. Please put your name on the notice in the club hut to give some idea of numbers.

Eddie Torr.

MEMBERSHIP AMMENDMENTS

NEW MEMBERS

John Armistead. 8 Wolds Drive, Matlock, Derbs.
Tel Matlock 4947.

Andy Bell. 10 Hoole Road, Broomhill, Sheffield S10 5BH
Tel 665390.

Kevin Borman. 2 Redcar Road, Sheffield S10 1EX.
Tel 666787.

Joe Brian. 87 Industry Street, Walkley, Sheffield S6 2WU
Tel 346757.

John Crawford. 51 Beacon Road, Wylde Green, Sutton Coldfield
West Midlands B73 5ST, Tel 021-354-2240.
as Tom.

Enid Foley. 72 Park Grange Croft, Norfolk Park,
Sheffield S2 3QL, Tel 739247.

Chris Hailey. 23 Raven Road, Nether Edge, Sheffield S7 1SB,
Tel 582110.

John Herbert. 18 Holmhirst Way, Woodseats,
Sheffield S8 0GZ, Tel 746315.

Kevin Lilley. 27 Field Regt, Royal Artillery,
Allen Brook Barracks, Topcliffe, Thirsk,
N.Yorks.

C.Lincoln-Jones. 56 Cunningham Road, Doncaster,
S.Yorks. Tel 0302-349636.

Reg MacDonald. 10 Harrogate Road, Ripon, N.Yorks.

V.Mason. 54 Ulverston Road, Sheffield S8 0NY,
Tel Barnsley 296777 (day).

Tim Richardson. 108 Southgrove Road, Sheffield S10 2NQ,
Tel 685038.

Stuart Rochford.

CHANGES OF ADDRESS

Rick Ansell. Kenedi Cadessi 33/4, Kavaklidere,
Ankara, Turkey.

Dave Bradley. 103 Hadfield Street, Walkley,
Sheffield S6 3RS, Tel 339493.

Pete Collingwood. 24 Alcester Road, Nether Edge,
Sheffield S7 1GH, Tel 582870.

Chris Dodd. 3 Heather Ave, Shaw, Oldham O12 8HL,
Tel 0706-841055.

Nick Forwood. change Tel No 810512 to 810912.

Ed Hutt. Festung Rotherham, S.Y. Police Section House,
Divisional Police HQ, Main St, Rotherham.

Wendy Lightfoot. 3 Warwick Street, Crookes, Sheffield S10 1LX
Tel 686700.

Dave Livesey. 60 Victoria Road, Hale, Altrincham,
Cheshire WA15 9AB, Tel 061-941-4920.
moved to ?

Graham Morgan. Lawnside, Hope Road, Bamford S30 2AL,
Tel Hope Valley 51475.

Dave Moseley. 28A Moorgate Avenue, Crookes,
Sheffield S10 1EQ, Tel 683725.

Phil Murray. Flat 6, The Sycamores, Hunters Lane,
Sheffield S13 8LA, Tel 649510.

Bob Segrove.

RESIGNATIONS

Mick Eaton.
Andy Moffatt.

THE FIFTEEN TRIG POINTS ROUND

Summary of successful completions to Nov 86

Cert.No.	Date	Performers	Route	Time
1	3.5.86	Mike Hayes.	a	13.56
2	10.5.86	Roger Baumeister.	a	14.57
3	"	Jeff Harrison.	"	"
4	31.5.86	Alan Ireland.	c	14.37
5	"	Ian Roberts.	"	"
6	28.6.86	Pete Lewis.	b	14.08
7	28.6.86	Alan Sanderson.	b	14.59
8	5.7.86	Pete Kohn.	b	13.34
9	"	Howard Swindells.	"	"
10	6.7.86	Colin Henson.	b	14.47
11	"	Ben Hodges.	"	"
12	14.7.86	Will McLewin.	c	14.39
13	27.7.86	Dave Moseley.	a	13.07
14	24.8.86	Gerry Goldsmith.	c	14.45
15	"	Neil Goldsmith.	"	"
(16)	30.8.86	Bob Berzins.	a	10.58

ROUTES : a) Anticlockwise from the Sportsman.
b) Clockwise from the Sportsman.
c) Clockwise from the Royal.

Dave Hall, as reported in this issue, did the first anticlockwise round from the Royal on 6.9.86 in 13.08. Well done to him. Our records include only DPFR attempts.

All the 15 illuminated(? -Ed) certificates are now awarded. Hard luck to Bob B. for only getting a black and white one for his fine effort on 30th August. Certificates will continue to be awarded fro successful attempts. We hope there'll be more and some competition over records. Who'll be the first to go round in winter?

A full report will appear in '10 Years on the Bog' book.

A DARK PEAK INITIATION (The truth revealed)

Really, it was all Andy Harmer's fault. Our car was being treated to it's annual wash when he walked past and spotted the KIMM sticker. This led to a cup of tea and a chat and two days later I was a member of Dark Peak.

All very simple, but four days later it was the club champs. "How well do you know Kinder?" asked Andy, trying diplomatically to discover whether he was likely to have a corpse on his hands. I told him that I knew it reasonably well as a walker but I'd never actually run across it three times in quick succession.

For several years, having been aware of the existence of Dark Peak, I'd been under the impression that the club consisted of hard-cases who hurtled over extremely wild terrain at great speed in the most hideous weather they could find, preferably after dark. Andy assured me that only some of the members were like that and gave me a couple of back copies of 'Dark Peak News' "...to get the flavour of what it's about."

Saturday morning dawned and it was time for the reality. I scanned the motley assembly in Edale, looking for familiar faces and trying to decide precisely which gear to wear. It seemed a cheerful gathering and I was looking forward to the Pedigree in the Rambler afterwards.

The pace at the start seemed fast and I was strategically placed near the back of the field. No route-finding problems anyway! Halfway up Unnamed Clough a guy I was alongside suddenly asked "Do you live on Redcar?" I told him I did. "Yes, I've seen you about. I'm Phil Jones. I live next door to Andy on Conduit." We even shook hands! I thought this bizarre in those particular circumstances but I was impressed. Definitely a friendly bunch, these Dark Peakers. (I'm not sure if I can go on typing stuff like this. What's he after? He's not a Harrier, is he? - Ed) For a second it even took my mind off the pain in my legs.

From there on certain vivid impressions remain; the jarring descent to Snake Bridge; the tiny figures strung way ahead up Fairbrook in the teeth of the wind; human shapes popping up and down in and out of groughs, seemingly at random, en route to the Downfall; dispensing with river crossings and simply running upstream along the Kinder River; thigh-sapping long jumps over the wettest peat patches and narrowest gullies; and finally an unexpected spate of applause at the finish. It seemed to have all happened so quickly. The experience HAD been enjoyable and my legs didn't feel too bad. It wasn't until two days later that my thighs seized up.

During the course of the post-race beer and conversation I discovered that, having been a member for only four days I was noe a relatively old hand, as two people had actually paid their subs on the start line...

Kev Borman

CLUB CHAMPS RESULTS

Records : Men 1.09.08 Rob Pearson 1983
 Women 1.28.01 Sally Sahni 1983

	Snake	D'fall	Finish	H'cap	
1 M.Patterson.	24.45	49.53	1.11.09	1.13	+1.51
2 R.Pearson.	24.55	51.23	1.13.58	1.13	-0.58
3 T.Tett.	25.05	52.21	1.14.49	1.15	+0.11
4 A.Harmer.	25.20	52.37	1.16.12	1.15	-1.12
5 T.Farnell.(V)	26.00	54.27	1.18.17	1.19	+0.43
6 D.Sant.	27.25	56.05	1.20.12	1.23	+2.48
7 G.Berry.(V)	28.18	57.30	1.21.28	1.24	+2.32
8 .Aucott.(V)	28.59	57.27	1.21.40	1.22	+0.20
9 G.Sellens.	28.33	57.20	1.22.03	1.27	+4.57
10 C.Hughes.	28.20	58.30	1.22.59	1.25	+2.01
11 K.Tonkin.	28.17	59.30	1.23.02	1.24	+0.58
12 T.Daniels.	-	58.05	1.23.17	1.23	-0.17
13 D.Holmes.	28.57	1.00.00	1.24.33	1.27	+2.27
14 T.Dennish.	29.42	59.33	1.24.59	1.31	+6.01
15 F.Thomas.(V)	29.35	59.53	1.26.00	1.26	0.00
16 A.Riley.	28.55	1.00.42	1.26.29	1.25	-1.29
17 P.Lewis.	29.23	1.00.29	1.26.55	1.27	+0.05
18 A.Bell	30.03	1.01.30	1.27.19	1.25	-2.19
19 M.Pedley.	29.51	1.01.33	1.28.10	1.39	+10.50
20 G.Band.	29.45	59.50	1.28.37	-	-
21 R.Sanby.	29.59	1.03.15	1.28.50	1.30	+1.10
22 R.Gregory.	-	1.02.50	1.29.18	1.20	-9.18
23 N.Robinson.	-	1.03.00	1.29.18	1.33	+3.42
24 A.Evans.	-	1.03.49	1.29.38	1.32	+2.22
25 K.DeMengel.(L)	31.15	1.04.04	1.30.20	1.41	+10.40
26 B.Wilson.(V)	-	1.01.05	1.30.43	1.30	-0.43
27 M.Wilson.	-	1.01.05	1.30.43	1.14	-16.43
28 R.MacDonald.	-	1.04.54	1.31.36	-	-
29 J.Armistead.(V)	-	1.04.19	1.32.31	-	-
30 C.Wilson.	32.15	1.04.07	1.32.32	1.39	+6.28
31 N.Forwood.	-	-	1.32.38	1.40	+7.22
32 P.Jones.	-	-	1.32.40?	-	-
33 A.Yates.(V)	-	-	1.32.40?	-	-
34 H.Swindells.	31.19	1.04.59	1.32.40	1.36	+3.20
35 M.Spence.	-	-	1.32.42	1.36	+3.18
36 P.Sweet-Escott.	32.55	1.05.50	1.33.24	1.38	+4.36
37 C.Crofts.(L)	31.50	1.05.38	1.34.05	1.41	+6.55
38 D.Moseley.	-	1.07.15	1.34.45	1.33	-1.45
39 N.Goldsmith.	31.00	1.06.20	1.34.49	1.34	-0.49
40 B.Woodley.	-	1.06.02	1.34.49	1.37	+2.11
41 P.Kohn.(V)	31.45	-	1.34.54	1.40	+5.06
42 J.Soper.(V)	32.50	1.07.25	1.35.16	1.42	+6.44
43 I.Roberts.(V)	32.27	1.07.20	1.35.25	1.40	+4.35
44 D.Jones.	35.50	1.09.25	1.36.15	1.36	-0.15
45 F.Galbraith.(V)	32.42	1.06.19	1.36.25	1.50	+13.35
46 K.Lowry.	-	1.07.51	1.36.45	1.39	+2.15
47 P.Rogers.(V)	33.43	1.08.10	1.36.47	1.40	+3.13
48 C.Lincoln-Jones.	32.35	1.06.45	1.37.10	1.40	+2.50
49 P.Jones.	34.01	1.07.40	1.37.49	1.44	+6.11
50 W.McLewin.(V)	34.36	1.10.25	1.37.55	1.40	+2.05
51 B.Thackery.(SV)	33.36	1.07.53	1.38.13	1.43	+4.47
52 R.Calvert.	33.00	1.07.48	1.38.34	1.42	+3.26
53 C.Worseil.(V)	33.40	1.08.12	1.39.07	1.41	+1.53

54	J.Herbert.	33.25	1.08.10	1.39.19	1.33	-6.19
55	S.Sahni. (L)	33.10	1.07.50	1.39.56	1.44	+4.04
56	A.Sahni.	34.04	1.08.15	1.40.14	1.37	-3.14
57	K.Borman.	-	1.09.57	1.40.21	1.50	+9.39
58	H.White.	34.05	1.10.10	1.41.05	-	-
59	D.Bird.	-	1.09.34	1.41.12	-	-
60	A.Collinson.	34.25	-	1.42.34	1.45	+2.26
61	J.Harrison. (V)	37.05	1.12.50	1.42.56	1.38	-4.56
62	C.Henson. (V)	34.20	1.11.15	1.43.00	1.45	+2.00
63	P.Gorvett.	29.59	1.02.28	1.43.17	1.36	-7.17
64	P.Griffies.	34.14	1.11.26	1.43.23	1.34	-9.23
65	G.Goldsmith. (L)	34.53	1.10.54	1.43.24	1.44	+0.36
66	P.Dyke.	36.07	1.12.55	1.44.45	1.50	+5.15
67	T.Foley. (V)	36.50	1.12.50	1.45.26	1.50	+4.34
68	K.Whittle. (L)	36.55	1.13.30	1.45.27	1.44	-1.27
69	E.Hutt.	-	1.12.05	1.46.39	-	-
70	E.Mitchell. (SV)	-	1.13.25	1.49.09	1.50	+0.51
71	C.Fielding. (LV)	37.00	1.15.20	1.50.31	2.00	+9.29
72	A.Wright. (L)	37.30	1.15.30	1.51.35	1.43	-8.35
73	C.Hailey.	37.50	1.17.00	1.51.46	-	-
74	T.Sayles.	41.28	1.21.00	1.58.27	1.50	-8.27
75	J.Feist. (SV)	40.40	1.18.30	1.58.43	1.58	-0.43
76	D.Howarth. (SV)	42.20	1.26.00	2.10.25	2.08	-2.25

Well, another successful club champs gone and again fine weather - when will it end? It's even more of a challenge when the mist is down as many people will admit - Rob Pearson and Al Bradley in 1982 leading on the last crossing then going astray and finishing 7th and 8th; many people have missed the Downfall and ran off towards Mill Hill; others have come out to the north of Grindsbrook; and some have even run to Crookstone Knoll. We must be due for some foul weather next year? Most improved performance must go to Tim Daniel, who after last years epic got his act together and finished a good 12th - perhaps he's actually learnt how to use a compass. The only noticeable blunder this year seems to have that of Pete Gorvett who lost about 10 minutes on the last crossing - I told him NOT to take a map!

The club champion this year is Frank Galbraith (45th) who ran exceptionally well to record a time of 1.36.25 and he claims he's only been running for 18 months. Just goes to show what a year of running with Dark Peak can do for you. The outright winner Malcolm, as he often seems to do, ran away from the rest of the field up the first hill and never looked back recording an excellent time for the conditions, which had they been better would have almost certainly seen the record being broken. Similarly Chez's time was only about 2 minutes outside of Sally Sahni's record, and this too would have probably been broken if the weather had been better. As for the vets, I think Ray Aucott holds the record of 1.55.55, but I may be wrong, and this looks like it may remain for a quite some time.

Thanks are due to all the marshalls (sorry, can't remember any names), Mary Sant and Louise Brown on the start/finish and anyone else I've forgotten.

THE CHANCE OF A LIFETIME ...or was it?

It was a Monday morning. My day at work had been hectic and I was tired. I did some washing, a bit of tidying and prepared a meal. At 10.20 p.m. I was slumped in my living room reading and dozing, contemplating an early night when the 'phone rang...should I answer it? Who would 'phone me at this time?

"Hello, Norman Berry here."

"Who?"

"Norman Berry from the Fell Runners Association."

Oh no! What had I done? Forgotten to pay my subs? Run somewhere I shouldn't have? But no - "How would you like to go to Italy and run in the World Cup race in Montsegno?" Diane Ellerton had dropped out and they needed a substitute.

Wow! What a chance! But I did begin to have doubts when I heard I would have to leave at 6 a.m. on Thursday, arrange everything including three days off work AND find half my air fare in just two days. Panic! It then occurred to me that I would also have to run! Did I feel up to it? My training hadn't been leading up to a short, fast mountain race rather my sights had been on the Langdale Final Championship race. "Haven't you got anyone else?" I asked - but no, they'd asked me so I had to decide before 9.30 a.m. the next morning. "Sleep on it" he advised - what a suggestion! I could no more sleep than go for a run! All my injuries returned at once and I tossed and turned and worried all night.

Yet I couldn't miss such a chance as it would probably never happen again - so I said "Yes", cajoled at work, organised money and tried to decide what to take.

I shouldn't have worried. I got it all wrong. The necessary items proved to be muesli, fresh fruit and vegetables and extra money to stock up with duty free!

Looking back I wonder whether it was all worthwhile. I sit here, exhausted from travelling, considerably poorer and having gained six stitches in my right knee.

It was a combination of acute nerves and missing seeing any friendly Dark Peak vests that made me start off the race running blindly and without proper control. After only 1.5 km, cornering a steep, sharp dry, gravel strewn turn, I fell flat on my face and skidded. 19th place (out of 30) reduced to 23rd as I stumbled to my feet, ignored the blood flowing freely from both legs and tried to regain my dignity, speed and position. Yet I completed the 8 km course and was pleased with the end result - 11th, with a time of 37 mins. Carol Haigh ran exceptionally well and won the race in 34 mins.

As soon as I crossed the finishing line I was grabbed by over-zealous nurses and whisked off in an ambulance to the local hospital. They were certainly painfully efficient, poking into every corner of my knee for grit, then securely stitching it up with no anaesthetic and what felt like a blunt needle and string! Six stitches that promptly became covered with drying blood and scabs. Yet the attention didn't finish there; I was released to watch the end of the men's race and after standing around the blood flow had still not ceased; I was pounced on again when a nurse spotted the bloody dressing and whisked back to hospital again, where I was accused (by dramatic Italian gestures) of splitting my stitches through excessive movement. Thank goodness they were wrong! Despite (or due to) such attentions my leg swelled up and exercise for the next few days ceased. So I didn't see or do much and the next person that

asks about my Italian suntan will know all about it!!

On top of all this, the hotel was situated about an hours drive up into the mountains - a lovely setting but not if you're immobilised! They specialised in dry, white bread, tasteless tea and stodgy pasta or rice smothered in oil. They had not heard of fresh vegetables or salad. So to add to my sore legs, I must have half a stone extra to carry around having consumed all that was put before me in an attempt to blot out my sorrows.

Hardly a story of success. But I suppose that in a few years I'll look back at the experience as a great occasion. I will be able to point out my scars and say, "Yes, this one may have come from my first night run with Dark Peak but this big one is from 1986 when I ran in Italy...". I have at least learnt that peat bogs are far more healthy for an aspiring runner than dry, gritty International tracks. When it comes down to it - there's no place like home...!

I would like to thank everyone in Dark Peak for their kind and generous help in providing half of my half fare through club funds. It was a great help and made this trip possible.

Thank you all very much.

Jacky Smith

P.S. How about a grant towards a new leg?!

A WEEKS DRINKING IN THE PENNINES

Older members of Dark Peak will remember with nostalgia the real benders that Chris Worsell used to organise. Being a toper of the first order, Chris was always first to the bar and last to leave the pub. Often the talk got round to the choice of beers available in the Penines and several exploratory trips were made. Brian Harvey's journey was so quick that it hardly merited the title "pub crawl". Roger Baumeister's obsession was to take all the beer with him and so, naturally all his efforts were doomed to failure.

I have just undertaken a weeks travel in the old style and can recommend various pubs en route. My proposals are not perfect but I suggest they could act as a pro forma for other member's efforts.

The start is Edale, early in the morning. I would recommend a Monday since this trip will take six days and the English Sunday licensing problems will be avoided. Serious participants will take full advantage of the Nags Head and Jolly Rambler the night before. I'm afraid that you will have to forgo the lunchtime session because of the hostility of the terrain. The first pub encountered will be the White House (Thwaites at Blackstone Edge). It looks very interesting but will probably be shut! So press on to Colden and accommodation at Slack Top. From there it is easy walking to the Cross Inn at Heptonstall for excellent Taylors - bitter and mild.

On the second day, late starters might get a pint at the Hare and Hounds - the Websters pub in Lothersdale. Personally, I would prefer to press on to the Whitbread pub as you enter Gargrave which serves well conditioned Castle Eden. The evening session is fixed - the Crown Inn Hotel, now equipped with very good Theakston XB on handpump.

Day three is much the low point of the holiday. Lunchtime has to be in Hawes which seems to have nothing but John Smiths. I tried the Green Dragon at Hardrow but again, John Smiths. You will pass the Tan Hill Inn which always seems to be open but fails to serve anything you want due to inflexible licensing! However, it appears to stock Theakston on handpull. The evening will remain dry unless you deviate to Mickleton or press on to Middleton. I stopped at a fine B&B at Grassholme and stayed sober.

Lunch on day four has to be the Stag in Dufton albeit bright Whitbread. The atmosphere is of a genuine country local. You will need a jar at the George and Dragon, Garrigill, after the rigours of Cross Fell but press on to Alston and the Angel and its Dryborough 80/- served by handpump.

Only two days to go but you should move quickly along Hadrian's Wall to enjoy the full delights of the Twice Brewed Inn. These include Marstons Pedigree on handpump - again in good condition. The evening will be spent at Bellingham which has a total of four pubs! Not bad at all for such a small village. However, two are 'bright', so the choice narrows between Wards on handpull in the Rose and Crown or Dryborough 80/- at the Black Bull.

The last day offers no choice at lunch - it has to be the Burgess Hotel - nevermind at least it should be open. This will have to sustain you until Kirk Yetholm and the obligatory pint in the all bright Border Hotel, however, I recommend you move on to the Plough in nearby Town Yetholm which serves Alloa 70/- on handpump. This is an excellent drinking bitter and just what you'll need after six days on the fells.

Pete Lewis

A FOREIGNER ON THE TRIGS

On the sixth of September, Dave Hall of Kendal AC overcame his lack of local knowledge to set a record time of 13hrs 8mins for the Hayfield version of the 15 Trigs.

Dave tackled the route in an anticlockwise direction, starting with Sandy Heys and finishing with Harry Hut.

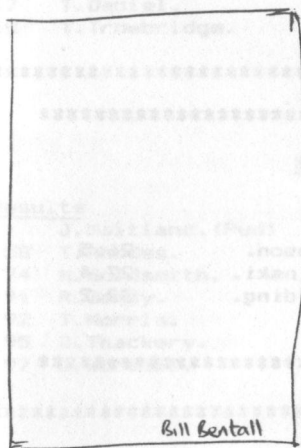
I accompanied him as far as the first trig at Sandy Heys but found the pace quite testing. I had suggested to him that 45 mins for this first stage was quite tough and not to be too disappointed if we were a minute or two over; we got there in 38 mins! As planned, I said good luck and left him to it at this point and set off on my normal longish Sunday run. The mist was very thick on Kinder all morning and navigation must have been difficult for someone who did not know the area well. I saw Dave once more, on his way back down from Brown Knoll, by which time he was about half an hour up on his schedule.

His failure to meet the target times later on was as much due to unfamiliarity with the terrain as to the natural process of becoming increasingly tired and I personally reckon that with an improved route choice and perhaps a bit of restraint earlier on, Dave could well bring this time down to under the twelve hours.

Al Evans

Below are the details of Dave Hall's run on 6.9.86 which some would be contenders may find helpful.

Checkpoint	Planned time	Actual time	Plus or minus	Stage time	Plus or minus
Royal Hotel	8.00	7.50	-	-	-
Sandy Heys	8.45	8.28	-7	38	-7
Kinder Low	9.15	8.47	-18	19	-11
Brown Knoll	9.45	9.06	-29	19	-11
Nether Tor	10.45	9.56	-39	50	-10
Win Hill	11.45	10.38	-57	42	-18
High Neb	12.15	11.22	-43	44	+14
Rod Moor	12.45	12.08	-27	46	+16
Back Tor	13.45	13.12	-23	64	+4
Emlin	14.30	14.02	-18	50	+5
Margery Hill	15.30	15.35	+15	93	+33
Outer Edge	16.00	15.53	+3	18	-12
Alport	17.15	17.38	+33	105	+30
Shelf Stones	18.00	18.33	+43	55	+10
Cock Hill	18.30	19.10	+50	37	+7
Harry Hut	19.45	20.20	+45	70	-5
Royal Hotel	20.30	20.58	+38	38	-7
Total Time	12.30	13.08	+38		



"Is this the checkpoint?"
 "Yes, stupid!"
 "Why stupid?"
 "You asked us the same question an hour ago."
 "If I could see you, I'd hump you."
 "All three of us?"
 "Just watch it, that's all!"

BACK TOR AND BACK : 28.4.86

Each time we run this race the conditions seem to get worse, but the "quality" of the field improves. This time over 75% finished within 30 minutes. Making competitors actually run around the trig earns the marshall an endless stream of abuse, but watching the routes chosen provides plenty of fun to compensate for a very wet and windy spot in which to stand. For the record, whilst most competitors ended up on their hands and knees, one person "ran through" the checkpoint without breaking his stride thus demonstrating yet again the virtues of local Knowledge. Congratulations to the winners; Rob Pearson, Clare Crofts and especially Dave Cartwright of Penistone, who came in 3rd overall and demolished the previous veterans record. Andy Moffatt's 4th place only 37 seconds behind Rob also deserves a special mention as he ran out to the start from Lodge Moor over the fells carrying an enormous rucksack (though I believe he took it off for the race!). Many thanks to all who turned up to run. Next year we'll be switching to Wednesday 29th April as agreed at the AGM.

Pete Kohn.

1	R.Pearson.	22.57	19	K.Lowry.	27.01
2	K.Manning.(Sh.U)	23.16	20	M.Meysner.	27.05
3	D.Cartwright.(Pen)	23.25	22	D.Bird.	27.25
4	A.Moffatt.	23.34	23	R.Barker.	27.28
5	P.Murray.	24.07	24	H.Swindells.	27.34
7	G.Berry.	24.35	25	T.Norris.	27.34
13	B.Wilson.	26.13	28	N.Forwood.	28.38
14	I.Wainwright.	26.17	32	C.Crofts.(L)	30.05
17	T.Daniel.	26.38	36	T.Sayles.	33.18
18	T.Trowbridge.	26.55			

SHINING TOR : 7.5.86

Results

1	J.Maitland.(Pud)	35.31	115	D.Rogers.	46.30
58	T.Rhodes.	41.47	119	C.Henson.	46.38
74	N.Goldsmith.	42.40	127	W.McLewin.	48.01
91	R.Sanby.	43.32	146	T.Bancroft.	50.22
92	T.Norris.	43.48	150	P.Dyke.	51.19
95	B.Thackery.	44.01	152	J.Feist.	51.22
97	C.Worsell.	44.31	153	G.Goldsmith.(L)	51.25

RACE REPORTS

"DARK PEAK MAN TAKES DALES TRAVERSE BY STORM"

Dales Traverse (25 miles) : Sunday June 29th 1986

1 Bob Whitfield (Kes) 3hr 59min.
7 Alan Yates (DPFR) 4hr 44min.

950 started.

The 25th Dales Traverse was sponsored by Buffalo Bags in aid of the World Wildlife Organisation's "Stuff the Otter" campaign.

A short report by who else than the Yettie!

ROSSENDALE : 30.3.86

In thick clag with snow on the ground, it was a case of not getting as badly lost as other runners. Must try out the course in good weather to see where it really goes!

Gerry Goldsmith.

1 B.Ashworth. 1.43.20
99 G.Goldsmith. (L) 2.49.35
100 N.Goldsmith. 2.51.46

HUNSHETF CHASE : ?.?.86

Results

1	M.Patterson.	21.2	37	L.Johnson.	26.5
2	M.Wilson.	21.4	43	E.Rybinski.	27.4
3	M.Farrell. (SAC)	22.0	68	C.Fielding.	32.2
25	W.Lightfoot.	26.0			

RAVENSTONE BROW FELL RACE - SADDLEWORTH 3 DAY : 6/8.6.86

Although Saddleworth is not much further than Hayfield from Sheffield, this race seems to be peculiarly unpopular with Dark Peak, so much so that I had secret dreams of being first DPer home. The sight of Andy Forsyth soon brought me down to earth and I had to be content with first lady, (which is pretty good by my standards). The course is probably an ideal progression from the Hope Valley races with fast footpaths and tracks sandwiching a good rocky climb and a short stretch of typical South Pennine tussocky moorland. Mike Meysner and Dick Howarth tackled the full 3-day event which throws in two very hilly road races on Friday evening and Sunday. Congratulations to them both for having the fitness to tackle all three. Dick came close to his time of two years ago at Harrop Dale and then bettered his time in the other two races. I wish I could get anywhere near the times I was doing two years ago - I must pump him for his secret. (More training?)

Pete Kohn.

Harrop Dale : 6.6.86

1	J.Maitland.(Pud)	35.44
98	M.Meysner.	45.55
150	D.Howarth.	54.59

Ravenstone Brow : 7.6.86

1	J.Maitland.(Pud)	64.51	97	M.Meysner.	80.46
30	A.Forsyth.	73.33	187	D.Howarth.	102.42
86	P.Kohn.	79.43			

Scouthead Road Race : 8.6.86

1	M.Neary.(Sal)	47.28
75	M.Meysner.	60.23
134	D.Howarth.	74.38

3-day positions

1	J.Maitland.	148.17
45	M.Meysner.	187.04
86	D.Howarth.	232.19

KINDER TROG : 15.6.86

Results

1	M.Patterson.	2.06.18	69	D.Bird.	2.45.00
8	A.Harmer.	2.16.32	70	P.Kohn.	2.45.00
17	A.Evans.	2.20.55	73	J.Hayward.	2.46.59
43	R.Sanby.	2.28.31	87	G.Goldsmith.(L)	2.50.41
49	M.Meysner.	2.31.02	101	M.Pedley.	2.55.20
53	D.Sant.	2.32.09	103	J.Feist.	2.56.11
57	T.Rhodes.	2.34.08	106	P.Dyke.	3.00.15
58	N.Goldsmith.	2.34.14	113	D.Rogers.	3.05.44
59	W.Lightfoot.(L)	2.34.15	129	R.Howarth.	3.23.48

EILDON 2 HILLS : 21.6.86

Highlights of this race (A British Championship Race in 1986) for me were

.....an enjoyable and interesting drive up from the Lakes, through the gentle hills of the Lowlands, woollen mill country, until eventually the dramatic twin peaks of Eildon came into view

.....a warm-up spent sussing out the notorious bottleneck of the steps (after a road route through the centre of Melrose, the runners have to descend a narrow flight of steps and then climb through a narrow strip of woodland before emerging, over a stile, onto the open hillside)

.....the race itself, jostling on the road for a good position on the steps, busting a gut on the steep climb to the North Summit, trying to recover slightly on the descent to the col before climbing to the South Summit, agonising over the route choice off this summit and making the wrong choice thereby losing vital seconds after a rough descent through the heather, lungs bursting as I try in vain to make up the lost ground, eventually giving up the chase and easing off to hold on to my position

.....the welcome pint of local ale immediately afterwards.....

Malcolm Patterson

RESULTS

1	J.Maitland. (Pud)	26.38	79	W.Lightfoot. (L)	35.41
5	M.Patterson.	27.31	95	J.Feist.	39.28
77	B.Thackery.	35.41			

MOUNT FAMINE : 29.6.86

Results

1	D.Cartridge. (Bol)	39.23	135	W.Lightfoot. (L)	55.33
24	A.Harmer.	44.58	161	P.Kohn.	57.14
39	G.Berry.	47.28	162	D.Jones.	57.19
50	R.Toogood.	48.51	164	B.Thackery.	57.34
59	D.Sant.	49.32	171	N.Soper.	58.30
60	A.Forsyth.	49.34	172	G.Goldsmith (L)	58.34
74	M.Pedley.	51.00	173	J.Herbert.	58.37
76	J.Hayward.	51.05	181	E.Rybinski.	59.40
110	E.Trowbridge.	53.05	196	K.Demengel. (L)	62.46
115	C.Crofts	53.26	205	J.Feist.	63.40
130	N.Goldsmith.	55.18			

CROOKSTONE CRASHOUT : 25.6.86

The record book was totally rewritten as Malcolm, Graham and Clare posted new times; the latter shaved a mere 4 minutes off Chez's old record.

James Brown had a great start and shook me as I only just pipped him to the knoll; Malc had passed some time before. At the trig Malc seemed to go off towards the Snake bridge; rumours of a new route or disorientation have yet to be established. I thought I might steal the lead as a consequence of this strange behaviour but Malc flew along the edge and went on to beat the record whilst I was very pleased to beat the half hour.

Graham's record run was a significant improvement on his old time, but when Tony and Bob get to work this could yet be lowered to 31.

As usual people were still talking at the weekend of aching thighs; only the descent in the Wasdale off Lingmell nose compares. John Edwards had a potter round to symbolize his gesture to the pheonix that there are still embers in the ashes! Nice to see you out John.

Andy Harmer.

Results

1	M.Patterson.	29.37	13	N.Goldsmith.	36.56
2	A.Harmer.	29.56	14	D.Longley.	36.58
3	J.Brown.	30.45	15	P.Sw-Escott.	37.09
4	T.Tett.	30.52	16	C.Wilson.	37.48
5	B.Berzins.	31.00	17	C.Crofts. (L)	38.28
6	M.Parry.	32.31	18	K.Lowry.	38.51
7	A.Moffatt.	32.36	19	C.Worsell.	40.40
8	T.Daniel.	32.44	20	M.Meysner.	41.10
9	G.Berry.	32.47	21	G.Goldsmith. (L)	43.42
10	D.Sant.	34.11	22	S.Kitchen.	50.44
11	T.Trowbridge.	34.29	23	J.Edwards.	51.22
12	A.Yates.	36.06			

HOPE WAKES FELL RACE : 1.7.86

The combination of a field of over 200 and yet another glorious sunny evening meant for some hot competition for everyone, although very few availed themselves of a shower in the nearby college to wash away the sweat (men) and perspiration (ladies). Not least amongst the strong field of vets, Dave Cartwright was just 'too-good' for the Dark Peak contingent who placed 2nd and 3rd but Wendy Lightfoot kept the Dark Peak flag flying with a comfortable win in the Ladies section.

The overall winner was Mike Bishop for the second year in succession and like last year, it was Micah Wilson who trailed him home.

Derek Jewell.

Results

1	M. Bishop. (Staf)	24.19	79	W. Lightfoot (L)	30.25
2	M. Wilson	24.33	80	P. McLeod.	30.29
3	M. Farrell (SAC)	25.12	81	H. Swindells	30.30
4	A. Trigg. (Glos)	25.34	84	K. Lowry.	30.36
5	R. Hand. (ShU)	25.39	93	A. Sahni.	30.54
6	M. Patterson.	25.50	95	S. Wood.	31.07
11	A. Moffatt.	26.29	106	T. Snell.	31.37
16	T. Daniel.	26.57	109	P. Escott.	31.39
19	B. Toogood.	27.06	112	F. Kohn.	31.44
20	G. Berry.	27.15	114	E. Rybinski.	31.51
26	G. Sellens.	27.53	115	C. Worsell.	31.54
31	B. Berzins.	28.02	122	C. Henson.	32.10
32	G. Band.	28.03	124	J. Strachan.	32.12
38	D. Holmes.	28.22	137	F. Galbraith.	33.13
41	A. Riley.	28.31	144	P. Dyke.	33.44
43	P. Collingwood.	28.35	152	B. Segrove.	34.26
54	P. Lewis.	29.13	164	J. Edwards.	35.19
62	P. Guerrier.	29.39	184	T. Lyons.	37.17
64	A. Yates.	29.47	185	T. Kohn.	37.25
66	C. Hughes.	29.52	187	P. Foley.	38.13
70	D. Jones.	29.58	188	T. Foley.	38.13
75	T. Norris.	30.19			

Vets

1	D. Cartwright. (Pen)	26.51
2	B. Toogood.	27.06
3	G. Berry.	27.15

Ladies

1	W. Lightfoot.	30.25
2	A. Whatmore. (Tot)	34.16

CAKES OF BREAD : 7.7.86

Rob Hand and Malcolm Patterson took an early lead and although I pulled some of the gap back by taking the longer but faster Back Tor route, the lead by Malc was never lost.

The route to the tumulus was as usual never simple, with runners spreading out across the hill. Malc's route to the left looked best. Alan Yates was toppled in the vets ranking by a speedy Graham Berry who smashed the record in the process. The lucky lad then had to take one of the edible prizes!

The finish as usual surprises people with runners appearing from all directions, all hell bent on finishing so that the midges, which for 40 minutes had been moribund, could once again start their play. Clare Crofts had an excellent run in a good time but as usual only one lady felt able to take on this little frolic.

The pub afterwards was a safe haven from the midges although the involuntary shaking by the organiser was neither alcohol or bites but part of a personal disintegration that culminated in the loss of two teeth. Rumours that the jaw may yet be removed, as the evil persists, have been denied by a local surgeon who was employed by Patterson to debilitate this runner from winning the club champs.

Andy.

Results

1	M.Patterson.	41.40	16	D.Moseley.	52.00
2	A.Harmer.	42.48	17	J.Herbert.	52.29
3	B.Berzins.	44.33	18	M.Harvey.	52.31
4	G.Berry.	45.57	19	T.Trowbridge.	52.35
5	T.Daniel.	46.28	20	C.Crofts. (L)	52.41
6	P.Lewis.	47.31	21	A.Bell.	52.43
7	P.Collingwood.	47.37	22	F.Broomhead.	53.40
8	R.Hand.	48.16	23	C.Worsell.	55.05
9	A.Riley.	48.17	24	J.Harrison.	56.37
10	C.Hughes.	48.27	25	C.Jones.	58.39
11	A.Yates.	49.03	26	A.Wright.	59.47
12	N.Goldsmith.	50.18	27	W.McLewin.	60.09
13	G.Jackson.	50.43	28	G.Lax.	69.33
14	K.Lowry.	51.10		D.Sant.	Ret'd
15	P.Sw-Escott.	51.21		P.Dyke.	Ret'd

HATHERSAGE GALA FELL RACE 7.7.86

Micah Wilson won for the second year in succession, finishing comfortably ahead of Robin Hand. He, in turn, only just held off the challenge of Tony Marshall, a newcomer to these parts, who must have been pleased with his performance if he does all his training in Lincolnshire. Or perhaps they have got EEC potato mountains down there. Dave Trickett won a fiercely contested vets race just pipping Dave Cartwright who had even less to spare in keeping the determined Graham Berry out of second slot.

Derek Jewell.

RESULTS

1	M. Wilson.	20.40	68	N. Goldsmith.	25.43
2	R. Hand. (SHU)	21.06	75	A. Sahni.	25.59
3	A. Marshall. (Scun)	21.07	77	K. Lowry.	26.08
4	D. Ibbotson. (Glos)	21.30	78	F. Sw-Escott.	26.10
5	A. Moffatt.	22.12	101	L. Johnson.	26.57
11	G. Berry	22.38	119	C. Worsell.	27.54
14	T. Daniel.	22.46	120	N. Forwood.	27.58
18	R. Gregory.	22.48	125	F. Dyke.	28.37
19	B. Wilson.	23.05	135	G. Goldsmith. (L)	29.09
24	A. Forsyth.	23.29	143	J. Edwards.	29.46
26	P. Collingwood.	23.31	144	A. Yates.	29.46
37	D. Sant.	24.00	149	A. Sanderson.	29.50
64	M. Meysner.	25.33	151	I. Wilson	29.59

VETS

1	D. Trickett. (HH)	22.26
2	D. Cartwright. (Pen)	22.38
3	G. Berry.	22.38

LADIES

1	S. Quirk. (Ken)	26.12
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BAMFORD CARNIVAL FELL RACE 16.7.86

Roy Bailey was the pre-race favourite for this one but he only just managed to hold off the challenge of Micah Wilson who was rapidly gaining ground on the run-in.

Mark Farrell, enjoying his foray into fell running, followed up his third place at Hope with the same position here.

Bob Asquith and Carol Haigh were 1st Vet and 1st Lady respectively again. Bob for the third and Carol for the second year in succession.

Results

1	R. Bailey. (Bing)	20.25	88	D. Holmes.	25.30
2	M. Wilson.	20.29	92	G. Lax.	25.40
3	M. Farrell. (SAC)	21.00	97	J. Harrison.	25.50
4	A. Marshall. (Scun)	21.14	107	D. Hughes.	25.14
5	D. Ibbotson. (Glos)	21.31	108	P. Kohn.	26.15
21	G. Berry.	22.35	113	C. Worsell.	26.24
22	B. Wilson.	22.50	118	N. Goldsmith.	26.32
31	P. Collingwood.	23.18	126	N. Forwood.	26.47
37	A. Forsyth.	23.32	133	E. Rybinski.	26.59
39	R. Gregory.	23.40	152	W. McLewin.	27.46
53	K. Lowry.	24.20	154	B. Hodges.	27.54
64	C. Hughes.	24.47	159	P. Dyke.	28.06
73	D. Bird.	25.00	164	C. Henson.	28.24
75	A. Yates.	25.06	168	G. Goldsmith. (L)	28.50
77	D. Jones.	25.06	174	J. Edwards	29.09
82	T. Norris.	25.24	180	F. Guerrier.	29.31
86	H. Swindells.	25.26	187	T. Kohn.	30.15
87	P. Sw-Escott.	25.30			

Vets

- 1 R.Asquith. (Holm) 21.37
- 2 D.Cartwright. (Pen) 22.07
- 3 G.Berry. 22.35

Ladies

- 1 C.Haigh. (Holm) 22.35
- 2 A.Whatmore. (Tot) 27.26
- 3 J.Trickett. (HH) 28.00

BRADWELL SENIOR FELL RACE 7.8.86

Dark Peak usually turn out in strength for this local race, making the locals feel like foreigners, but not this year. They were fewer in number and you have to look down to 16th place to find their first finisher - and they only managed three in the first fifty, when in previous years they have placed in the first six and had winners.

Rumour has it that the Dark Peak priesthood had sent their missionaries to new races in far off places. In fact to all points of a Silva compass from where some of them will, no doubt, find their way back.

Micah Wilson won for the second year running, in wet conditions and in a tight finish, local runner, Ian Higginbottom, a confirmed road and track man snatched second place with vet Ricky Wilde having an exceptionally good run to place 5th. Carol Haigh got in the first twenty and only one of the Dark Peak contingent beat her.

Derek Jewell.

Results

1	M.Wilson.	24.53	76	J.Smith. (L)	31.48
2	I.H'bottom. (Derb)	26.02	83	G.Lax.	32.---
3	D.Ibbotson. (Glos)	26.06	87	E.Rybinski.	32.---
4	A.Trigg. (Glos)	26.10	89	N.Forwood.	32.---
5	R.Wilde. (Man.H)	26.35	99	D.Moseley.	33.---
16	T.Daniel.	28.02	110	C.Worsell.	33.---
23	G.Sellens.	28.31	125	P.Griffies.	34.26
25	R.Gregory.	28.38	135	P.Dyke.	35.43
27	B.Wilson.	28.44	147	B.Hodges.	36.39
54	D.Bird.	30.27	153	T.Sayles.	37.07
60	P.Guerrier.	30.50			

Vets

- 1 R.Wilde. (Man.H) 26.35
- 2 R.Asquith. (Holm) 26.57
- 3 J.Armistead. (Mat) 28.40

Ladies

- 1 C.Haigh. (Holm) 28.27
- 2 J.Smith. 31.48

Driving north from Preston with Frank Thomas and Martin Stone in the early morning, the hills looked at their very best: washed green by the recent rains and sparkling clear in the sunshine. What a contrast to the previous weekend at Borrowdale when we had to 'run' in a Force 9 gale.

There was a much bigger field this year, with 69 starters; among them a good sprinkling of brown vests. Interestingly there wasn't one Sheffield-based Dark Feaker but an assorted southern contingent including last year's triumphant team.

Kevin led us all up Grassmoor but relinquished his lead to Colin Valentine on the run round to Whiteless Pike. Alan Jones was also well up there. Frank had a death-defying descent through the bracken to catch me at Newland's House, with Martin not far behind. Not many climbed up beside the waterfall and I gained a few seconds on a group who took the long way round. The run along to Dale Head is possibly the best bit of the course. You can run almost all of it and the terrain allows you to take your eyes off the ground and appreciate the views across to the Scafell tops and swinging round to the Skiddaw Hills. Dale Head was idyllic and the descent to Honister very fast. The previous weekend we had been grinding up this.

At Honister I caught Kevin who was nursing a sprained ankle on the descents. On the flat and climb he got going again and pulled me along to Innominate Turn and around Haystacks on an excellent line he had recied. We caught Alan Jones having a bad patch on High Stile. A black cloud to the east came to nothing and the sun continued to shine. Running along the edge of the crags with the Buttermere Valley spread out at our feet was perhaps the answer to the oft asked question "why do you do it?"

There was no passing Kevin on fair terms but I managed to Worsell him on the short cut from Scale Beck. I was thinking I might be about 15th as I ran down the final track and couldn't believe it when someone said I was 6th. Had I missed a checkpoint? There was only one tog left, so no. I failed to break four hours by a miserable eight seconds with Kevin finishing 7th, a couple of minutes behind.

Alan got going again to finish soon after and Frank and Bob Hamilton were fighting it out with Frank closing up a big gap to just 15 seconds. Martin, meanwhile, was sunbathing and taking photographs on High Stile until Sara Haines shamed him into getting going again.

Unfortunately our efforts weren't good enough to take the team prize as Mandale beat us by 13 minutes on aggregate time.

Bob fixed us all up with a meal courtesy of Tony Cresswell at the Buttermere Youth Hostel and the evening slipped comfortably by in the Bridge Hotel. Martin and I camped behind the pub whilst Frank and Bob retired to the Hostel

According to the reports the next morning, Frank excelled himself during the night by managing to fall from the top bunk. Strange effects that Theakstons has - he said he forgot he was in a bunk when he tried to get out of bed.

The result was a slight bruise to a finger which he deemed sufficient excuse not to run the Gategill. Martin appointed himself team photographer and with Kevin also opting out it was left to Bob and I to run up and down the hill. Tony Trowbridge arrived with the girls team but Bob led us all home, finishing an excellent 52nd. I ended up further behind the winner after

only three miles than I had the day before after 20.

Rick Ansell.

Results

1	C.Valentine. (Kes)	3.51.44	17	B.Hamilton.	4.32.16
2	P.Haines. (Man)	3.53.54	18	F.Thomas.	4.32.29
3	M.Hudson. (Ind)	3.56.41	21	W.O'Neale. (Kes) (L)	4.40.12
6	R.Ansell.	4.00.08	25	M.Stone.	4.45.10
7	K.Hagley.	4.02.51	29	C.Brad.	4.51.41
11	A.Jones	4.21.06			

Team

1	Mandale	12.11.42
2	DPFR	12.24.05
3	Keswick	13.16.19

DUNGWORTH GALA RACE : 16.8.86

Results

1	A.Harmer.	30.17	11	J.Smith. (L)	36.37
2	G.Berry.	31.32	12	C.Worsell.	36.52
3	P.West. (?)	31.54	13	P.Jones.	39.10
4	P.Lewis.	32.26	14	A.Sanderson.	39.57
5	M.Harvey.	32.35	15	J.Edwards.	40.25
6	C.Hughes.	33.47	16	T.Sayles.	41.33
7	E.Mangion.	35.50	20	T.Kohn. (L)	43.05
8	P.Kohn.	35.52	21	R.Howarth.	49.42
10	J.Harrison.	36.05			

UP THE NAB : 20.8.86

Results

1	A.Trigg. (Glos)	25.32	55	N.Goldsmith.	30.29
11	G.Berry.	27.24	69	P.Griffies.	31.41
13	T.Daniel.	27.34	99	G.Goldsmith.	35.09
54	G.Morgan.	30.28			

SCAFELL PIKE : 27.9.86

Results

1	C.Valentine. (Kes)	55.40	55	E.Steward.	1.27.25
2	M.Rigby. (Amb)	56.05	77	M.Cox.	3.46.39
3	D.Hall. (Ken)	56.25	79	T.Sayles.	3.46.39

ALPORT VALLEY RACE : 7.9.86

At last! After many months, even years of planning, I eventually got this one off the ground but it wasn't easy. As the race passed through some farmers' fields I decided to seek permission for the whole race. The Peak Park were quite happy as I had already talked to most of the farmers and I was actually asking them for permission unlike our usual "Trespass and aggravate as many people as possible" policy. (Take note all you aspiring organisers.) The only niggling problem was the need for someone to marshall a gate in Alport Valley - many thanks to my better half, I was lucky that it was a nice day.

The turn-out was not as high as I expected but enough for an inaugural run. I had only run the course once before with Malcolm, a year earlier, and couldn't remember how long it had taken which is why most of you who ran were under the impression that it would be won in under 50 minutes - Well, if I'd have told you the right time, would you have come?

A fine day had dawned, although a little windy, and 14 eager souls lined up in the lay-by in Birchin Clough facing the 1 in 3 climb up onto the moor. The sprint for the stile brought short-lived glory to Neil who paid dearly immediately after. Andy and myself raced away towards Alport Trig, a little white speck on the horizon, (pity it was clear) with Andy getting a 20 second advantage on the climb out of Alport Valley. The long run down the ridge to the Castles was severely hampered by the strong wind and despite numerous efforts I was unable to catch Andy. However, a devious short cut through the river at the bottom and a sprint through the farmyard soon closed the gap for the ascent through the trees to Cowms Rocks. It was neck and neck across the tussocks and down into Oyster Clough but alas the superior climbing ability of Mr Harmer got the better of me and despite closing fast on the finishing straight up the Snake Road, Andy held on for a good 10 second victory.

The battle for third place was on between Alan Yates and Tim Daniel, but Alan's bad route choice and Tim's lack of getting lost for once, enabled him to come home third. In last place was 'man of the moment' Pete Jones fresh from completing the 15 trigs the previous day!

I think everyone agreed that it was a challenging course with two punishing climbs and similar descents. Maybe if the weather and competition is better next year the 60 minute barrier will be broken.

E.T.

Results

1	A.Harmer.	60.43	8	G.Morgan.	81.06
2	T.Tett.	60.53	9	.Kohn.	81.58
3	T.Daniel.	71.25	10	P.Griffies.	82.43
4	A.Yates.	72.55	11	K.DeMengel. (L)	86.09
5	N.Goldsmith.	73.43	12	P.Dyke.	90.29
6	J.Smith. (L)	80.01	13	G.Goldsmith. (L)	90.32
7	H.Bentley.	80.04	14	P.Jones.	94.40

THE THREE SHIRES : 20.9.86

A fine day and a hard race. Worsell was attacked by cramp which was relieved later by drinking certain beverages that reach the parts that others cannot reach. Bob Toogood clinched 1st verterans place by 4 seconds!

Chez.

Results

1	M.Rigby. (Amb)	1.54.32	119	T.Norris.	2.33.35
11	B.Toogood.	2.01.07	131	C.Wilson.	2.36.25
30	T.Daniels	2.08.42	168	C.Henson.	2.45.34
31	M.Stone	2.08.44	196	F.Dyke.	2.54.46
81	K.deMengel.	2.25.50	205	A.Wright	3.02.52
94	T.Richardson.	2.26.09	218	C.Worsell.	3.20.38

OTTER 40 or "COME ON LAD, YOU'RE LAST!" : 27.9.86

The above valuable words of encouragement were thrown to me by an old dear (short-sighted, I hope) by the roadside. At the time I had just done about 11 miles of the Otter 40 mile Challenge, a new event in the Peak District, and was running at the back of a bunch of fellas, somewhere near Eccles Pike.

The Otter 40 course is excellent and fairly uncontrived but does include about 30% road, the rest is on public footpaths over moors and down dales. Briefly it goes from Buxton towards New Mills, then Eccles Pike, Rushes Edge, Mam Tor and Castleton; up Cave Dale and you've gone about half way then it's on to Bradwell Moor, Tideswell, Millers Dale, Monsal Dale, Chelmorton and back to Buxton. Time enough and long enough for the best of folk to have a bonk, or one or two or three! Eleven checkpoints en route with food and drink.

Dark Peak virtually swept the board of honours and it was a very good turnout from the club. Rory Gregory won in a time of 5.39.06; Dark Peak came 1st team, which consisted of Rory, Al Evans in 8th place and Ian Roberts in 10th; I came 1st Lady and Alison Wright was 3rd Lady.

I'm sure I'm not the first advocate of what you might call 'a stealthy running style'. It must be used by many fell runners. It involves running with bent legs in a crouched sort of position and the lower you can get to the ground, the better.

It isn't very efficient for speed but is very effective when the 3rd Lady has just passed you with 4 miles to go and then proceeds to go in the wrong direction and get lost! A wall, conveniently placed to jump over and run behind 'stealthily' is very useful!

Anyway, this was a very good event, a good route and well organized with a friendly atmosphere. 223 people ran this year and I'm sure it will be more popular still next year.

Chez

KIMM 86 - WELCOME TO BONNIE GALLOWAY

Some lovely names - enough to inspire the most hardened adventurer - Nick of the Curleywee, Nick of the Dungeon, Rig of the Wellees, Bog of the Gairy, Black Gairy, Hawks Nest, Wee Meowl and Big Meowl and last but not lest, the Range of the Awful Hand! Enough to cause great jollity and provoke roars of laughter in the pub on Friday night. Even enough to make you forget the torrential rain outside the pub door and the fact that you had to put the tent up in the next half hour!

Not quite so humorous was Nick of the Curleywee on Saturday morning as we were braced into a head on gale force wind, floundering around in bogs with water up to the knees, mile after mile with frozen feet. Black Gairy didn't even raise a chuckle as we tried to descend over it down to a loch and were constantly thrown back uphill, waterproofs flapping and drumming and feet even more frozen. And the Spear of Merrick was beyond even a smirk as we battled down the ridge, the wind howling across us. The fact that I almost followed my map into the swirling mists above Have of the Cauldron was definitely most unamusing.

And so to the mid-camp which was moved into the trees for shelter. Almost dark - yes, most hilarious. Feet cold, feet what are they? Three plastic water bags in the dark by the stream, one leaks, one bursts, one blows away never to be seen again. I do like a challenge! Into the tent, dry clothes, into the sleeping bag; now for a brew - lighter doesn't work. Please work, please work lighter, please work.

Anyway, we lay like frozen caterpillars in our cocoons, munching and slurping at one end until we warmed up, curled between the tussocks and slept. Slept? The tent didn't blow down, the rain didn't come in and Sunday dawned a better day.

Alison and friend, Helen, lady winner of the Sheffield marathon 1986, had an excellent run and were first ladies team in the A class. Martin Stone had an excellent run and came 3rd in the Elite class with Stan Bradshaw.

It seems that fair competence in front crawl was an advantage when doing the Elite or B classes, unless you could beat Carl Lewis in the long jump.

I certainly won't be going to Galloway for my summer holidays!

Chez.



CUT-THROAT RELAY : 19.10.86

Only 6 of last years 28 runners turned out and it showed. This may be a tough but interesting sprint but it is a simple course to follow(?). Not so. Several runners found their any new variation possible. Next year recce parties will be needed with compass bearings given.

Well, the ladies with Pete an honourous one, found their way with Chez hurtling round, full of zest of the previous weeks Langdale success and recorded a record equalling 21.07. Will McLewin found himself consequently in the lead, a position our hero must have found a great ego boosting privledge, for he held on to give Bob Berzins a short lead, perhaps helped by Martin going slightly off course. Alan Yates brought Gerry's team into contention with a spirited run. What a battle occurred on leg 3 with Mike Greaves chasing Bob all the way. Further back, Bob Toogood broke his own vets course record, despite the blustery conditions, whilst Andy Harmer ran the fastest leg of the day, but over half a minute down on the 1985 record.

So the battle was on, Tony Trowbridge, having coached and prepared his team for months, was not to be denied and took a game Nick Forwood to come home first in a very respectable time. Colin Hughes gave it a good flourish but Neil wouldn't call his walkabout such a generous term.

Please note that this relay will be on in 1987. Despite the low turnout everyone seemed to enjoy this club event and a field of 7-10 teams would be nice. The idea of randomly constructed teams ten minutes before the start will be operated in future as many people liked this, but we do need more women.

Andy.

Results

1	C.Crofts.	22.11	2	K.DeMengel.	21.07
	M.Desforges.	20.52		W.McLewin.	21.46
	M.Greaves.	17.51		B.Berzins.	17.47
	T.Trowbridge.	19.02		N.Forwood.	20.02
		-----			-----
		79.56			80.42
3	G.Goldsmith.	22.52	4	P.Dyke.	22.05
	A.Yates.	20.23		C.Henson.	24.56
	L.Desforges.	21.53		B.Toogood.	17.43
	M.Pedley.	22.52		N.Goldsmith.	23.23
		-----			-----
		88.00			88.07
5	Cath.	26.40			
	J.Harrison.	25.34			
	A.Harmer.	17.40			
	C.Hughes.	18.54			

		88.48			

LADIES SECTION

Well, better late than never! An extended period of utter sloth stopped me from writing in the last magazine but I'm back now and as enthusiastic as ever.

Sorry once again if I forget to mention anyone or their remarkable achievements - I only get to hear snippets of information.

The first ever Ladies Hallam Chase this year saw a good turn out for Dark Peak. Jenny won with a time of 25.21 followed by Wendy, Sally, Liz, Claire and Trish. So - an historic event!

Another good turn out occurred at the Damflask Road Race when Jacky came second. Other Dark Peak runners included Liz, Sally, Claire, Trish and myself. A total of 24 women ran - maybe there should be a relay next year.

The Watershed team, consisting of Jacky, Gerry, Kay and myself, battled against the elements to retain its title. The Gritstone Grannies, which included Trish and Chris, finished well too. It still makes me shiver, when I remember the cold ice and wind.

Another event, a new one this year, was the Totley Road Relay organised by Tigers RUFC. What a pity more teams didn't enter. Dark Peak ladies came first in their event; Claire ran 1st leg, Trish 2nd, myself 3rd and Wendy had a very fast run as 4th person. When giving our ages before the race, we noticed that between us, three decades were spanned - Trish 44, me 34, Claire 24 and Wendy 23.

We had some pretty bad weather this year for races such as Moel Elio, and Borrowdale 1985 was only surpassed by Borrowdale 1986. What will 1987 hold in store?

Wendy has achieved some good results this year: 2nd in Hallam Chase, 1st at Chew Valley (with photo in mag), 1st in Kinder Trog, 1st at Hunshelf and 5th at the championship event of Eildon Two Hills.

Claire has had a brilliant year with some excellent results: 2nd at Mount famine and Edale Skyline, and good runs at Coniston and Pen-y-Ghent to name but a few.

Jenny had great runs in the Sheffield Half Marathon and Hallam Chase finishing 1st lady in both events with her photo in the paper after the marathon.

Gerry has been very active and had a great run at Zinal after her mountaineering holiday. Gerry and Kay were first ladies team in the Saunders Bowfell class. Gerry ran the Bens of Jura which was very tough underfoot, with me either 20 feet behind or 20 feet in front, until we eventually finished hand in hand to the sweet sound of bagpipes. Gerry came second at Eccles Pike behind Carol Haigh and also at Lantern Pike and Mount Famine; she was first lady in the Hayfield Championships which was a very close fought battle.

Kay, our southern belle, as previously mentioned had a good run in the Saunders and was also a Gritstone Girl. She had a good run at Fairfield and rumour has it that she's doing very well in X-C down south.

Jane, the other southern belle, finished 1st lady in the Adidas Shaftesbury '10' in a time of 61.45. Excellent run. Rumour has it that she's doing wonderful things on the track.

Trish was in the Totley relay team, the Gritstone Grannies

Watershed team and had a good run in the Tigers 10. She also had a fine run in the Damflask race. Alison, at Durham Univeristy, is doing a lot of orienteering. She ran the OS and was 3rd lady in the Otter 40 mile challenge.

The Sierre-Zinal saw Margaret, Wendy T. and Fiona Berry up and about in the early hours, setting off at 5.00 a.m. to complete a tough, long course. They did very well indeed. It should be announced that Margaret Edwards was 1st Dark Peaker home (Wendy being Hallamshire) and, in fact, was over the line before such notable fell runners as Andy Harmer (mind you he did set off 3 hours later). The Sierre-Zinal, however, was nothing to the arduous trek to get the van to Zinal and back. It was towed onto the ferry by tractor!

Enid spent an enjoyable holiday in the Alps during which she was snowbound for two days in a mountain hut in the Stubai Alps in Austria.

Liz Dunn has moved away from Sheffield and we send her our best wishes. Andrea is happily expecting youngster number 2 (anything to get out of doing the Karrimoor!) Chris Fielding had a super run at Edale Skyline and was also a Gritstone Granny. Jacky has had an excellent season, despite a nasty foot injury during the summer. She had a splendid run in the London Marathon with a time of 2.54 then, the week after, came second in the Three Peaks only beaten by Carol Walkington on the last mile. She also had good runs at Penistone and Damflask, coming second in both races and was 1st at Pen-y-Ghent. She won the Tigers 10, ahead of Carol Wild who held the record. Another great achievement was to win the OSMT with a lead of over 12 minutes on Sarah Haines. Jacky's other results include- 2nd at Shelf Moor, 3rd at Coniston, 3rd in the Sheffield Half Marathon and 1st at Glossop.

Recently, Jacky was asked to run for England in the Mountain Cup in Italy, a great honour indeed. In the race, which Carol Haigh won, there were 30 women and Jacky came 11th; Jacky had a bad fall after the first kilometre and had six stitches in her leg. Hopefully we'll hear more about the event soon. Myself, after a spring and summer which saw me develop into a human slug, I'm now reasonably fit again. I was pleased to have a good run at the Three Shires where I came 2nd Lady and was especially pleased to be 1st Lady and 23rd overall in the Otter 40 mile challenge - a new event around the footpaths, roads and dales of Derbyshire. Although I will admit to, shall I say, stealthily running across a field bent double to hide behind a wall when the 2nd lady had just passed me and gone off route! All's fair! Anyway, a far cry from the Spring and the Reebok Mountain Trial in the Moelwyns when, having finally finished, I found that the prizes had been given out, everyone had gone home and I was the last back!

Well, still more to come - the Cutlers relay. A grand event with some hot competition. We had two teams amongst the stunning turn out of 42 womens teams. There were a lot of local teams - Sheffield AC, Hallamshire and City Striders and of course lots of student teams. Claire, Gerry and Wendy ran in the first team - the Dark Peak Gazelles. I was a member of the second team along with Jenny, who had been ill and so didn't run for ACbut ran 1st leg for us, Carol Mayfield from Hallamshire ran 2nd leg and I ran 3rd. The Gazelles came home in 7th place and we were 8th. I don't have the complete results yet but it seemed to be enjoyed by everyone.

With the winter X-C season underway, it would be great to see a good turn-out this year. Anyone who's interested in running, contact me (Sheffield 680016).

Chez

STOP PRESS!

Just a last minute piece of news with a few more results for the ladies:-

the Cutlers relay, a great event this year, with 30 ladies teams competing (see results in Cross Country section).

The X-C season is upon us again with the first two S.Y.League races having already been run. Sally, Claire and Jenny all ran at Hillsborough - sounds a good deal more sensible than bog-trotting in Galloway, a la Karrimoor. Rob Pearson has details and numbers for the X-C races.

The Langdale fell race was the final championship race of the season and had 520 entrants! An excellent turn-out of Dark Peak ladies - Alison, Jacky, Claire, Gerry and myself and a lovely fine day too. The race settled championship places; Jacky came joint 3rd and Claire either joint 3rd or 5th (I'm not sure which). Both very good. Anyway, I was very pleased to be 3rd overall in the race.

The Cutthroat relay, the week after, saw Pete Dyke enlisted into the ranks of the ladies to make up 5 teams overall. Gerry, Claire, Kath and myself also ran as ladies (really! -Ed) with Claire's team winning.

Jacky had a great success at Chesterfield in the marathon finishing 1st lady again and broking her own record with a time of 3hrs. 4mins. That's her second win at Chesterfield, the first being in 1984. Diane Mead won in 1985, so that's three yars in succession that Dark Peak ladies have triumphed.

Jane Spence, running for Highgate Harriers had a great result in the National Road Relay Championships; they came 6th team in a highly competitive event.

A form has arrived for the National X-C Championships, 10,000 metres, Sunday 11th January 1987 at Cophall Stadium, Hendon. Who fancies a go? I believe we can enter six people - if you fancy a bash, let me know by the beginning of December as entries close Friday, 19th December. Only '1.00 for the experience of a lifetime!

What else is ther to look forward to? Marsden to Edale, Headstone Headache, Last Gasp and, dare I say it, the Derwent Watershed. Alison and Helen, partners in the Karrimoor, fancy a go this year if anyone is interested.

Talking of the Karrimoor, Alison and Helen had a great two days and came 1st ladies team in the A class. Jacky and I did the A class too and after fighting against the elements on day 1, enjoyed day 2 a lot more. Mary and Dave Sant had a good run in the B class. Gerry and Kay and Christine and Sylvanne Boler (of the Gritstone Grannies) also ran the B class. Trish ran the score class with Pete.

Ed - How about some of you other ladies writing something, to save poor old Chez writing everything.

 CROSS COUNTRY

CROSS COUNTRY FIXTURES

- 4th Jan. S.Y.League, Campsall.
- 10th Jan. Northernns, Bolton.
- 24th Jan. Yorkshire Teams.
- 31st Jan. Inter Counties.
- 21st Feb. Nationals, Luton.
- 1st Mar. S.Y.Champs, Graves Park.

The Yorkshire teams event is our big chance to show the world that we're more than bog-hoppers. The following people have, in AAA's fashion, been pre-selected: Malcolm Patterson, Rob Pearson, Tim Tett, Adrian Pickles, Andy Harmer, Phil Murray (if he's sober)

Selection for the northernns and Nationals will be based upon cross country results up to the entry dates.

Rob Pearson.

BDA FUND 10Km RUN, Graves Park : 14.9.86

A fine start to the cross country season with Dark Peak taking the team prize.

- Malcolm Patterson. 2nd.
- Rob Pearson. 4th.
- Andy Harmer. 11th.

Jacky Smith finished 2nd in the Ladies race.

CUTLERS RELAY : 5.10.86

There seems little point in trying to select good teams when your first leg runner turns up saying "I feel awful, I was so pissed last night." and then runs as though he still hasn't sobered up. But we did manage to field 5 teams on a fine sunny afternoon in a race dominated by young whippersnappers from Birmingham University.

LADIES

1	Birmingham U.	33.21		
7	Dark Peak 'A'		8	Dark Peak 'B'
	C.Crofts.	12.40		J.Pearson.
	G.Goldsmith.	12.27		C.Mayfield.
	W.Lightfoot.	11.45		Chez.
		36.52		
				11.22
				13.54
				12.01
				37.17

ROAD

LONDON MARATHON 1987

As you are probably aware, it can be difficult to get an entry in the London Marathon if you have not done the qualifying time. However, there are 2000 places reserved for members of AAA affiliated clubs, and this year by a quirk of fate (backstreet dealings) we've been allocated 6 places.

The Committee have decided to give our allotted entries to those members who want to run but have been rejected in the ballot or have not got a qualifying time. If there are more than six members interested, we will hold our own ballot in early December. If you want to be considered, either see me or sign your name on the list in the club hut.

Tim Tett.

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MENS

1	Birmingham U.	45.55			
24	Dark Peak 'A'		59	Dark Peak 'C'	
	P.Murray.	9.49		A.Sahni.	11.40
	R.Pearson.	9.20		C.Worsell.	11.38
	P.Lewis.	10.19		F.Galbraith.	12.06
	M.Desforges.	10.41		J.Edwards.	11.52
	E.Hutt.	11.06		R.McDonald.	11.25
		51 15			58.16
37	Dark Peak 'B'			Other D.P'ers.	
	G.Berry.	10.12		M.Wilson.	9.18
	I.Wainwright.	9.53		B.Toogood.	9.52
	P.Kohn.	11.46			
	P.Guerrier.	11.03			
	T.Trowbridge.	10.58			
		53.52			

S.Y.L. Hillsborough : 26.10.86**Ladies**

1	J.Shields. (SAC)	21.53	12	C.Crofts.	24.48
4	J.Pearson.	23.01	25	S.Sahni.	27.53

Men

1	C.Thackery. (HH)	29.47	10	M.Patterson.	33.02
2	M.Plint. (SAC)	31.35	85	T.Trowbridge.	37.14
3	D.Ansell. (SAC)	31.54	127	R.McDonald.	38.53
7	M.Wilson.	32.45	141	E.Hutt.	39.37
8	T.Tett.	32.53	142	L.Outwin.	39.43

S.Y.League Carlton : 16.11.86**Ladies**

1	C.Wild. (HH)	24.27
4	C.DeMengel.	25.54
5	C.Crofts.	25.59

Mens

1	M.Plint. (SAC)	33.49	5	M.Patterson.	34.42
2	T.Leach. (Roth)	34.18	9	R.Pearson.	35.27
3	S.Ellis. (Roth)	34.24	30	B.Toogood.	37.09
4	M.Wilson.	34.33	65	D.Bird.	39.02

* ADS * ADS * ADS * ADS * ADS * ADS * ADS * ADS * ADS * ADS *

BEATING THE BOUNDS : 10th ANNIVERSARY CELEBRATION EVENT

on
Saturday ~~6th~~ December?
13th

To cater for the enormous enthusiasm that this event has aroused, the new date above has been arranged. However, it has been suggested that the intention of providing a situation in which many club members could meet and renew old acquaintances and make new ones was inadequately served by the original plan. So, the following modification has been decided. Each of the eight teams, 2 from each corner and 2 (but a different 2) on each leg shall themselves be divided into a 'complete-leg' half and a 'half-leg-and-back' half. Thus, when the two teams running along any particular leg in opposite directions towards each other, meet, one half of one team continues on with the half of the other team which has turned round and the other half turns round and returns in the company of the other team which continues along the whole of the leg.

This change necessitates the following addition to the rules governing the event. Each team must contain at least two members and each half must carry an item of equipment.

Professional and certified members are asked to note that AAA ratification of the event's rules has been postponed until their new computer is installed.

Will McLewin

HEADSTONE HEADACHE 20th December

A 7km fell/cross country race from the Sportsman, Lodge Moor, Sheffield.

Seniors 80p. Cheques to 'R.Pearson'.

Entries to Rob Pearson,
15 St Albans Drive,
Sheffield S10 4DL,
Tel (0742) 304202

CLOSING DATE : 13th Dec. No entries on the day!

CROOKSTONE CRASHOUT 21st December.

One of Andy Harmer's classic fell races. 4 miles, up to Crookstone Knoll and over Kinder to Blackden Trig.

START 11.00am from Rowlee Bridge, A57, (GR 150891)

Enquiries to Andy Harmer, Tel (0742) 664170.
