

Dark Peak

NEWS

NOVEMBER '85



EDITORIAL

Many apologies for the lateness of this newsletter - I've had exams to do! No, I've not got a job, but I've returned to the squalor of student life again. Unfortunately I don't get a student grant, but a little less, fortunately, however, I have access to a BBC Computer with Wordwise, so I should have no problems in producing the newsletter, at least for the next year.

This years fell running season is over for most of us now, with the exception of possibly the Trog, and it has been quite a successful year for Dark Peak. Andy Harmer finished 9th in the FRA Championship keeping our name alive at the top, and would have probably finished higher if he'd gone to enough races. Ray Aucott continues to dominate the Vets and put up a very respectable time in the London Marathon as well (2.25?). Rumour has it that he's also going to set up shop as a Jura Malt Distributor - how many gallons was it Ray? The ladies section is steadily growing and continues to put pressure on organisers for more ladies prizes, both individual and team. However only five of you ran the club champs, come on lets have you. It's not that bad, just a bit muddy in places.

At the present time of writing this it's Monday 11th of November, the one after the Club Champs and dinner. My legs have still not recovered from Saturdays race and as for the rest of me, a party on Friday night and a free beer piss-up last night has left its mark (or more correctly its alcohol) well and truly. By tonight I should be able to manage to drag myself out for another run, the cold should numb the aching limbs! Hopefully, with this newsletter you will get the club champs results in one form or another i.e. it may be a loose insert (if it is, it will also be in the next newsletter) The reason for this is that I left them behind at the club dinner and haven't been able to trace their whereabouts yet!

Many of you will know that Malcolm won again(!) and Liz won the ladies. The competition in the mens race was not as intense as had been expected, at least for first place, as Malcolm steadily, but surely, pulled away up the hills. Andy Harmer has finally burnt himself out, but it was more his poor route choice which lost him second place. I was sure Micah Wilson, on his first attempt, was going to clinch second as he pulled away from Andy up Fairbrook and looked certain to close on Malcolm, but a combination of poor route choice, following Andy, and still being a little boy, meant fifth place, but still a very worthy performance from him. What will he do next year! The real surprise however, for everyone, and especially me, was Andy Moffatt's superb run coming a very creditable third - he surprised me by appearing from nowhere, behind me in the last field, but when I've got that far nobody's going to overtake me! A very worthwhile winner of the handicap trophy was John Edwards, with a PB by about 20 minutes!

Star performances of the day must however go to Tim Daniels again(!) who never ceases to amaze. This time after arriving about 15 minutes late for the start he somehow ran from the Downfall along the full length of Kinder Plateau and back down to the Snake road at Lockerbrook Farm! This must go down in the annuals of Dark Peak. The full story and more should be

revealed in Tim's 'Confessions of a Fell Runner' in the next exciting edition of Dark Peak News.

...Which brings me to the usual plea for copy for the newsletter. How about some less formal articles, amusing stories - you know, the ones you tell to your grandchildren, or even the ones you tell to your mates in the pubs, edited of course!; or even a cartoon strip, someone must be artistic and/or comical. Let's have some variety and diversity! It's up to you!

No 'Dates for your diary' this time as there aren't any really. Don't forget the 'Headstone Headache' (21st Dec) : contact Rob Pearson (304202), the winter 'Crookstone Crashout' (22nd Dec?) : contact Andy Harmer (664170), the 'Last Gasp' (27th Dec) : contact Ian Wainwright (304167), and the 'Burbage Baffler' (11th Jan?) : contact Martin Spence. Further details will appear in the next newsletter, if its not too late, but contact the relevant organisers for confirmation of dates and entries.

Yours, in anticipation of more copy.

Eddie Torr.

DARK PEAK GEAR

Returning from my summer holiday and picking up my newsletter I was somewhat surprised to find that I was now equipment officer for DPFR. My recollection of offering my services for this post are somewhat hazy; but apparently, one Wednesday night several weeks ago I did volunteer for the job (or so Chris informs me). Ah well that'll teach me to have that extra pint, or two. Anyway the gear we have at present is advertised inside the front cover. Any of this can be brought from me or Jeff Harrison on a Wednesday night.

I've been trying to get an idea of what kind of singlets people prefer, as we need to order more of these soon. Please let me know of your preferences - cotton, mesh, rubber etc. Also if you want a Rugby shirt.

The following club discounts are available :

Taurus Sports	- 20%
Don Morrisons	- 10%
Tops (Ecclesall Rd)	- 10% (shoes)
	- 20% (everything else)
Brian Stokes	- 10%?

If anyone can wangle discounts elsewhere let me know.

Taurus sport will also give us a very good price on Walsh shoes if we can order in bulk. Please see the notice in the hut. There are only two names at the moment and we need at least eight.

Howard Swindells.

DARK PEAK CLUB CHAMPS : 9.11.85

	Snake	D'fall	FINISH	H'cap	
1	M. Patterson.	26.02	49.22	1.13.26	1.12 -1.26
2	T. Tett.	26.38	50.33	1.14.56	1.15 +0.04
3	A. Moffatt.	27.24	50.53	1.15.08	1.18 +2.52
4	A. Harmer.	26.16	50.34	1.16.04	1.22 -3.56
5	M. Wilson.	26.26	51.20	1.18.02	1.15 -3.02
6	T. Farnell.	27.14	52.23	1.18.43	1.17 -1.43
7	D. Bradley.	30.07	55.42	1.22.20	1.18 -4.20
8	B. Toogood.	28.42	55.37	1.22.32	1.17 -5.32
9	K. Tonkin.	29.01	56.58	1.22.35	1.25 +2.25
10	D. Sant.	29.21	56.23	1.22.54	1.24 +1.06
11	C. Hughes.	29.31	56.14	1.23.19	1.31 +7.41
12	M. Harvey.	30.00	57.35	1.24.28	1.23 -1.28
13	R. Gregory.	30.38	58.48	1.25.14	1.21 -4.14
14	A. Riley.	30.08	58.05	1.25.47	1.28 +2.13
15	M. Stone.	30.24	57.58	1.25.53	1.19 -6.53
16	A. Forsyth.	29.37	57.07	1.25.57	1.31 +5.03
17	F. Thomas.	30.27	57.24	1.26.06	1.30 +3.54
18	G. Morgan.	30.29	58.02	1.26.11	1.35 +8.49
19	P. Collingwood.	29.53	58.13	1.26.21	1.37 +10.39
20	G. Berry.	30.54	58.05	1.26.41	1.20 -6.41
21	P. Lewis.	30.06	58.57	1.28.03	1.25 -3.03
22	B. Wilson.	30.50	57.17	1.28.38	1.27 -1.38
23	T. Trowbridge.	31.59	1.01.05	1.28.57	1.34 +5.03
24	R. Sanby.	30.56	59.19	1.29.11	1.29 -0.11
25	M. Meyner.	30.18	59.19	1.30.31	1.23 -7.31
26	M. Desforges.	32.33	1.01.20	1.32.37	1.34 +1.23
27	M. Spence.	33.11	1.02.40	1.33.31	1.39 +5.29
28	P. Gorvett.	31.06	1.01.00	1.34.36	1.44 +9.44
29	N. Goldsmith.	32.28	-	1.35.14	1.38 +2.46
30	G. Desforges.	33.02	1.03.23	1.35.21	1.46 +10.39
31	P. Griffies.	33.21	1.03.30	1.35.34	1.30 -5.34
32	D. Jones.	33.52	-	1.35.47	1.35 -0.47
33	A. Sahn.	33.56	-	1.35.48	1.39 +3.12
34	C. Windle.	34.08	1.05.02	1.36.09	1.38 +1.51
35	T. Norris.	34.12	1.04.31	1.36.18	1.42 +5.42
36	L. Dunn. (L)	34.06	-	1.36.26	1.45 +8.34
37	M. Pedley.	32.48	1.03.13	1.36.38	1.30 -6.38
38	H. Swindells.	32.43	-	1.36.49	1.33 -3.49
39	C. Worsell.	34.19	-	1.36.53	1.46 +9.07
40	B. Woodley.	35.09	1.04.42	1.36.54	1.44 +5.06
41	P. Sweet-Escott.	33.54	-	1.36.57	1.35 -1.57
42	T. Mangion.	34.44	-	1.37.02	1.44 +6.58
43	J. Harrison.	34.49	-	1.37.09	1.40 +2.51
44	W. Lightfoot. (L)	34.05	-	1.37.14	1.43 +5.46
45	A. Bond.	34.18	-	1.37.29	1.44 +6.31
46	B. Hodges.	35.21	1.05.23	1.37.41	1.42 +4.19
47	P. Kohn.	-	-	1.38.12	1.39 +0.48
48	D. Chivers.	34.28	1.04.19	1.38.31	1.38 -0.31
49	W. McLewin.	34.22	1.07.55	1.39.42	1.41 +1.18
50	J. Edwards.	35.15	-	1.40.07	1.52 +11.53
51	D. Hughes.	35.37	1.05.50	1.40.09	1.45 +4.41
52	J. Soper.	34.21	-	1.40.17	1.40 -0.17
53	K. Whittle. (L)	35.08	1.07.20	1.40.40	1.45 +4.20
54	C. Wilson.	35.37	1.06.49	1.41.01	1.50 +8.59
55	B. Thackery.	34.20	1.04.00	1.42.54	1.42 -0.54
56	D. Holmes.	43.43	1.12.30	1.42.55	1.25 *

57	I.Roberts.	34.46	1.07.47	1.43.17	1.40	-3.17
58	C.Henson.	35.47	1.10.10	1.44.13	1.41	-3.13
59	R.Baumeister.	43.37	1.23.05	1.45.21	1.32	*
60	T.Hall.	35.45	1.06.49	1.45.27	1.40	-5.27
61	S.Wood.	38.17	-	1.45.47	1.44	*
62	K.DeMengel. (L)	35.11	-	1.46.12	1.47	+0.48
63=	N.Forwood.	37.25	1.10.40	1.46.38	1.38	-8.38
63=	K.Lowry.	37.26	1.10.38	1.46.38	1.50	+3.22
65	J.Knight.	36.28	1.11.30	1.51.02	1.37	-14.02
66	J.Feist.	41.45	1.20.20	2.00.45	1.55	-5.45
67	T.Kohn.(L)	41.52	1.22.20	2.01.56	1.59	-2.56
68	D.Howarth.	-	-	2.09.36	2.06	-3.36
69	D.Mead.(L)	42.46	1.21.40	2.11.05	2.05	-6.05
70	TIM DANIELS	45.50	1.19.40	3.10.00	1.28	-too much!

* = Late start.

10 YEARS OF DARK PEAK

Yes, we're ten years old; and as part of the celebrations we are producing a book, or booklet, about Dark Peak. It will be written by Dark Peak members and will concentrate on members fell running experiences since the club was formed. We are looking for

Long, short and medium length articles, cartoons, photographs, drawings, etc.

ABOUT YOUR

training runs, achievements in fell running (major and minor), world records, race accounts, anecdotes, etc.

Remember, this will be YOUR account of DPFR's doings over the last decade. We want it to be interesting, funny, historical, descriptive etc; so we want as many contributions as possible from you for this Mega publication.

All contributions, before Christmas please, to your friendly editors :

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LETTERS

If anyone out there wants to voice their views to the membership about the newsletter, or any other matter, these are the pages to do it on!

Dear Tim

Many thanks for the last newsletter. I still remain a member of Dark Peak, albeit second claim, and wish to remind those writing race reports that sometimes I am not averse to seeing my name in print, especially when I travel a long way to races without a first claim team.

There seem to be moves afoot to enforce further regionalisation of fell running with a British, English, Welsh, and Scottish Championship proposed. This means that Scottish runners and or members of Carnethy are even less likely to compete against English runners. I have never been in favour of splitting up a body which included like minded people from all over Britain. But I am sure Dark Peak Internationalists will continue to thrive everywhere.

Yours

John Blair-Fish.

RACE REPORTS

CHEW VALLEY SKYLINE : 3.3.85

As usual, superb organisation and value for money and terrible weather - this is probably the best really horrible race on the calendar. I hate every inch of it, but I wouldn't miss it for the world. I might draw the line at the Watershed/Chew double however, which I believe some member did!

Al Evans.

RESULTS

1	R.Owen.(Hor)	1.45.12	189	T.Daniel.	2.23.56
20	R.Aucott.	1.56.57	192	T.Norris.	2.24.14
47	A.Forsyth.	2.01.38	200	J.Harrison.	2.25.13
49	A.Harmer.	2.02.28	218	N.Soper.	2.31.22
55	D.Holmes.	2.03.37	228	A.Collinson.	2.33.04
91	P.Griffies.	2.09.54	236	E.Mitchell.	2.35.16
93	A.Evans.	2.10.06	237	C.Henson.	2.35.18
120	N.Goldsmith.	2.13.40	242	W.McLewin.	2.36.29
129	P.Glover.	2.15.35	266	K.Foster.	2.47.43
174	B.Thackery.	2.20.56			

BACK TOR AND BACK : 29.4.85

Despite not having been advertised in time for the Dark Peak News, 26 hopefuls turned out for the second running of this race. Was it significant that only five of the previous field dared try again? It was nice to see some new faces anyway. All the records remained intact inspite of a keenly fought contest between Steve Hale and Robin Bergstrand. Graham Sellens was first Dark Peaker home and Billy Wilson fresh from a '1st Class' time in the three peaks the previous day, was second Dark Peaker and first veteran again. Several other survivors of the Three Peaks were to be seen on the course as non-competitors. Alan Yates at Bradfield Gate Head, filled in a few idle moments by designing an extra section of the course for John and Margaret Edwards. Angela Carson was a clean winner of the ladies prize.

We plan to hold the race again next year, provisionally Monday April 27th at 6.30pm, providing it doesn't clash with the Trunce - If it does it will be held on May 4th. Did you know that Back Tor is higher than Crookstone Knoll.

Pete Kohn.

RESULTS

1	S.Hale.	22.15	14	A.Carson.(L)	27.55
2	R.Bergstrand.	22.19	15	N.Forwood.	28.55
3	G.Sellens.	23.55	16	P.Collingwood.	29.22
4	D.Mayfield.(J)	24.06	17	L.Mayfield.(J)	29.28
5	C.Adams.	24.42	18	S.Mayfield.	29.37
6	A.Simpson.	25.30	19	B.Hodges.	30.19
7	B.Wilson.	25.41	20	K.Whitele.(L)	30.40

8	B.Woodley.	26.19	21	S.Boles.	32.47
9	D.Sharp.	26.27	22	S.Kitchen.	34.44
10	M.Meysner.	26.53	23	I.Neill.	35.16
11	G.Morgan.	27.00	24	C.Forwood.	39.29
12	H.Swindells.	27.05	25	J.Edwards.	41.05
13	A.Sahni.	27.24	26	M.Edwards.(L)	41.05

WHITE PEAK MARATHON : 14.5.85

This is an 'off the road' but accurate marathon on old railway lines and trails. A good training event for the longer fell races or even a road marathon. It climbs about 750' in the first half, but then drops 300' in about a mile near the end. An enjoyable trip through the limestone scenery south of Buxton.

Al Evans.

RESULTS

1	A.Keen.(Derby)	2.32.59
17	A.Evans.	3.02.32
60	R.Moakes.	3.40.14

KINDER TROG : 16.6.85

This was the second race in the Hayfield Championship and with Andy Harmer taking second place here after his third in the Downfall, he became clear favourite provided he did all four races. This was actually the third running of this race; Alan Bond just invited a few runners to join a Scouts sponsored walk over the route in 1983 and last year made it into a race 'sans prizes' with about thirty runners.

Its a fast 18 mile race with 3000 feet of climb as is shown by the fact that the first four finishers all ducked under 2 hours, and makes an enjoyable regular training run for the Hayfield Dark Peakers.

Al Evans.

RESULTS

1	M.Short.(Hor)	1.58.03	27	M.Hayes.	2.14.58
2	A.Harmer.	1.58.10	37	R.Sanby.	2.21.02
4	M.Patterson.	1.59.07	40	B.Thackery.	2.21.05
9	J.Cant.	2.02.44	41	P.Glover.	2.21.06
10	T.Farnell.	2.03.55	46	N.Goldsmith.	2.22.30
19	D.Holmes.	2.11.36	80	J.Knight.	2.47.58
23	A.Jones.	2.13.23	86	W.Lightfoot.(L)	3.06.18
25	A.Evans.	2.13.50			

turnout and everyone seemed to enjoy a good race in splendid conditions.

Derick Jewell

RESULTS

1	M. Bishop. (St. Mr)	23.46	78	T. Norris.	30.46
2	M. Wilson.	24.25	80	N. Goldsmith.	30.47
6	A. Harmer.	25.58	81	J. Smith. (L)	30.47
9	A. Moffatt.	26.26	85	D. Jones.	31.00
13	J. Fisher.	26.45	91	B. Segrove.	31.10
14	G. Berry.	26.48	97	A. Sanni.	31.28
16	T. Farnell.	27.01	104	W. McLewin.	31.44
19	G. Sellens.	27.04	107	P. Brunt.	31.51
26	P. Lewis.	27.47	114	C. Wilson.	32.13
28	G. Gregory.	28.01	118	J. Edwards.	32.28
36	D. Sant.	28.23	121	P. Dyke.	32.42
37	M. Hayes.	28.25	124	B. Hodges.	32.50
39	G. Morgan. (St. Mr)	28.31	141	A. Sanderson.	32.21
46	A. Holland.	28.59	156	T. Kohn. (L)	38.29
52	P. Guerrier.	29.22	162	R. Howarth.	38.06
54	R. Baumeister.	29.25	167	M. Sant. (L)	38.58
57	P. Griffies.	29.40	179	E. Foley.	46.25
58	P. Collingwood.	29.42	180	M. Edwards.	47.20
66	A. Yates.	29.58	25	W. Wilson.	27.40
72	M. Meyner.	30.26	76	J. Clarke.	30.41

Sorry!

HATHERSAGE : 8.7.85

A record turnout on another fine evening and a new course, which by all accounts was approved and enjoyed by everyone. The new course produced a slow tactical race early on, but once Micah knew the way home he left the rest of the field to win with plenty to spare.

RESULTS

1	M. Wilson.	21.30	8	G. Sellens.	23.45
3	A. Harmer.	22.55	9	J. Fisher.	23.46
4	A. Moffatt.	23.06	10	G. Berry.	24.10

More results please!

BAMFORD : 17.7.85

Not such good weather for this one but the race attracted a record field of 202. Rain fell at the start but it had stopped by the time most runners had worked up a sweat on the climb and everyone finished in dry conditions. Micah won fairly comfortably, three seconds down on his winning time of last year. Carol Haigh ran well to finish 14th, only two places and eleven seconds behind Bob Ashworth her club colleague who was first veteran again.

RESULTS

1	M. Wilson.	20.25	9	A. Moffatt.	21.41
6	A. Harmer.	21.34			

MOUNT FAMINE : 30.6.85

RESULTS

1	G. Schofield(Black)	38.20	58	N. Goldsmith.	47.01
5	A. Harmer.	39.00	68	B. Thackery.	47.41
17	T. Farnell.	41.26	79	B. Segrove.	48.58
33	D. Holmes.	44.28	80	A. Yates.	48.58
34	D. Sant.	44.35	87	W. McLewin.	49.37
39	P. Guerrier.	44.58	97	D. Jones.	51.10
44	A. Evans.	45.20	108	H. Biggins.	52.54
53	M. Meysner.	46.30	135	R. Howarth.	62.36

BROOMHILL FESTIVAL

RESULTS

1	R. Hand. (Univ)	21.14	21	R. Barker.	24.31
2	R. Pearson.	21.22	30	J. Pearson. (L)	25.53
6	D. Bradley.	22.08	36	A. Sahni.	26.26
10	I. Wainwright.	23.00	44	K. Whittle. (L)	27.09
12	K. Tonkin.	23.16	45	A. Yates.	27.09
16	A. Harmer.	23.45	46	P. Dyke.	27.20

MITCHELL FIELD RELAY

RESULTS

1	C. Henson.	7.35	4	J. Edwards.	7.32
	Rob.	7.12		D. Sant.	7.11
	S. Carey.	5.35		K. Whittle.	7.22
	J. Fisher.	7.14		A. Harmer.	5.53
		26.38			27.58
2	A. Carson.	7.39	5	J. Harrison.	7.14
	A. Moffatt.	6.08		T. Daniels.	8.14
	P. Jones?	7.07		T. Norris.	7.09
	C. Hughes.	6.20.		P. Collingwood.	6.25
		27.14			29.02
3	P. Lewis.	6.30	6	C. Windle.	7.26
	A. Yates.	7.00		P. Dyke.	8.32
	Val.	7.27		P. Burke.	6.14
	Alex.	6.39		H. Biggins.	7.15
		27.36			29.27

HOPE : 2.7.85

Once again the event was blessed with a beautiful summer evening and with dry conditions underfoot and a quality field a new course record seemed to be on the cards.

However Mike Bishop, our most illustrious winner to date (8th in National Cross Country Champs which earned him an England place in the World CCC) failed to beat Tony Hulmes record of 23.25. Maybe Mike eased up because he had such a comfortable lead over Micah.

Be that as it may, there was another impressive Dark Peak

BOB GRAHAM ATTEMPT : 20/21.7.85

So far as I am aware, there have only been two previous unsupported attempts. Stephen Poulton had road support and Martin Hudson cached a few supplies at roadside stops. I set out to do this completely unsupported.

The weather was indifferent at the start, overcast and showery. It got steadily worse as the day wore on. The showers got heavier and more frequent, and the wind was very strong all day. I even had hail on Blencathra and almost nil visibility from Clough Head to Helvellyn, with heavy and prolonged rain most of the day. I was so cold on Scafell and Pillar that I thought I might have to give up. At least there was a good supply of water on the fells for drinks.

The visibility was surprisingly good for most of the route and I only made one navigational error coming off Watson Dodd, although I nearly followed the wrong fence posts coming off Grey Knotts, and nearly took a disastrous line in the mist off Scafell. (I used the safe Foxes Tarn route to get to it)

I saw nobody on the fells until I got to Harrison Stickle, and nobody after Yewbarrow, although I was following a pair of PB prints for much of the way, and met a mass BG party leaving Wasdale going up Scafell as I descended. The ascent and descent of Robinson turned into a race against darkness, as my torch battery had little life left in it and my compass had got a huge air bubble in it so that it was virtually unusable.

I did not record my rests, as I stopped mostly on the fells by streams. However sit down stops took place at Threlkeld, Grisedale, on the way up to Sergeant Man, Rosset Pike, Wasdale and from there on frequent short stops without sitting to Dale Head, after which I didn't stop.

A useful confidence booster experience, free of organisation hassles and considerable petrol expenses. Definitely to be tried again on other routes.

Pete Simpson.

TIMES

KESWICK 0200, Skiddaw 0312, Great Calva 0352, Blencathra 0458, THRELKELD 0520, Clough Head 0620, Great Dodd 0650, Watson Dodd ?, Stybarrow 0709, Raise ?, Whiteside ?, Low Man ?, Helvellyn 0757, Nethermost Pike ?, Dollywaggon ?, Fairfield 0855, Seat Sandal 0915, DUNMAIL 0935, Steel Fell 1003, Calf Crag 1025, Sergeant Man 1105, High Raise 1115, Thurnacar Knott 1123, Harrison Stickle 1131, Pike O Stickle 1140, Rossett Pike 1225, Bowfell 1300, Esk Pike 1320, Great End 1335, Ill Crag 1350, Broad Crag 1408, Scafell Pike 1415, Scafell 1500, WASDALE 1600, Yewbarrow 1703, Red Pike 1747, Steeple 1805, Pillar 1836, Kirk Fell 1920, Great Gable 2000, Green Gable 2017, Brandreth 2027, Grey Knotts 2026, HONISTER 2110, Dale Head 2145, Hindscarth 2200, Robinson 2218, KESWICK 0007

TOTAL TIME : 22 hours 7 minutes.

MOEL SIABOD : 27.7.85

The Siabod race is a 7.8 mile up and down race course from Capel Curig to the summit of Moel Siabod (ascent 2200 feet). A section on tracks through Bryn Engan forest (used for the JK84 orienteering champs) then leads onto the flanks of the grass covered mountain. The summit has a few rocks strewn about that don't provide any problems, and the course is well marshalled and flagged with large markers.

Of the three DFFR runners Tim Norris arrived at the top first about 300 metres in front of Arun Sahni, with Nick Forwood about another 100 metres behind. Nick soon overtook Arun on the descent and in the forest caught and overtook Tim. However the short uphill section just before the finish was too much for him and Tim pulled back to finish just in front.

Nick Forwood.

RESULTS

1	H.Griffiths. (Eryri)	47.03	47	N.Forwood.	61.14
45	T.Norris.	60.53	62	A.Sahni.	63.35

GLOSSOP : 28.7.85

RESULTS

1	A.Harmer.	2.54.49	28	P.Brunt.	4.01.40
6	T.Farnell.	3.10.03	30	R.Sanby.	4.05.00
9	G.Berry.	3.21.18	31	W.McLewin.	4.05.45
18	J.Harrison.	3.41.42	39	H.Biggin.	4.20.01
19	M.Meysner.	3.43.12	47	J.Smith. (L)	4.35.14
24	B.Segrove.	3.56.40	48	C.Henson.	4.36.16

BORROWDALE : 3.8.85

RESULTS

1	B.Bland. (Kes)	2.42.13	118	P.Griffies.	4.00.14
14	A.Harmer.	3.14.00	124	B.Segrove.	4.02.36
26	A.Moffatt.	3.19.59	127	P.Collingwood.	4.03.49
33	J.Fisher.	3.21.31	137	N.Robinson.	4.06.05
43	D.Sant.	3.28.52	153	T.Trowbridge.	4.16.05
48	M.Hayes.	3.32.52	167	J.Smith. (L)	4.23.19
54	R.Ansell.	3.37.16	184	J.Edwards.	4.36.10
55	T.Daniel.	3.37.38	186	K.DeMengel. (L)	4.36.50
58	B.Wilson.	3.38.13	187	A.Sanderson.	4.37.51
59	J.Cant.	3.38.34	200	K.Tonkin.	4.43.53
69	R.Baumeister.	3.41.29	201	K.Whittle. (L)	4.43.53
95	A.Yates.	3.51.40	202	C.Windle.	4.44.15
108	J.Clarke.	3.56.23	203	M.Spence.	4.44.18
114	J.Harrison.	3.59.01	228	T.Foley.	5.12.29

LATRIGG : 4.8.85

RESULTS

1	K.Stuart.(Kes)	17.02	74	R.Baumeister.	23.00
5	M.Wilson.	18.33	86	J.Spence.(L)	23.51
21	A.Moffatt.	20.12	92	J.Edwards.	24.38
31	R.Ansell.	20.53	107	C.Windle.	27.09
41	M.Pedley.	21.14	109	T.Sayles.	27.44
53	D.Sant.	21.58	111	I.Wilson.	28.03

BRADWELL : 8.8.85

A smaller field than in recent years was in part due to the absence of quite a few local runners. Two Bradwell bucks had separate stag-nights which clashed with the fell race and they and they're guests didn't regard a fell race as a suitable preliminary.

Would any decent Dark Peaker (or even any of our indecent members) allow a stag night or a hen party, to come between him or her and a fell race.

Anyway Micah was there and he chalked up his third Hope Valley win of the summer, with Malcolm almost a minute down in third place. Dark Peak vests were very much in evidence and that goes for our cosmopolitan Dark Peak vets as well. Mike Hayes (who has been a vet since God knows when but is still younger than Eric Mitchell!) had the edge over the Ibenian Alan Yates and the teutonic Roger B.

Derick Jewell.

RESULTS

1	M.Wilson.	19.01	6	R.Pearson.	20.11
3	M.Patterson.	19.51	34	M.Hayes.	22.14

More results please!

THE BUTTERMERE HORSESHOE : 10.8.85

About two years ago an article appeared in this august Journal (actually it was the November one, I think), telling the tale of how four intrepid Dark Peak runners managed to get a whole team retired from the Buttermere race before Billy Bland had finished. It therefore, gives me great pleasure to be able to write the story of how Dark Peak Southern reversed the tables.

This year's race was run over a new whimps course, missing out three of the summits of the old course, but with one new one added. The new distance puts it into the same category as the Wasdale and Ennerdale races:24 miles and 9000'. It must be conceded though, that the new course is rather less convoluted and takes the natural horseshoe line.

36 runners set out from Coweswater through the woods to the foot of Grassmoor. The early pace was very steady, everybody bracing themselves for the 200m directissimo climbup

Grassmoor. It was as steep as Bessyboot and twice as long. The Dark Peak trio were packing well at the top with Frank Thomas leading Bob Hamilton and myself through the control. Bob, newly returned from some ultra distance events in America, suffered on the steep descents, but Frank was off and away over Whiteless Pike. From here the route follows an old Northern Counties course down to Newlands Hause and up beside the waterfall en route for Robinson.

I was surprised to catch Joss Naylor pussyfooting down the hill. It's the first time I've ever seen him during a race. He was rumoured to be injured and certainly didn't look very comfortable. Frank appeared from the vicinity of the waterfall having taken a bad line and we climbed Robinson together. From here we had a beautiful run along to Dale Head where I handed in my second tag in a week, and then down to Honister in a stinging hail storm with Frank just behind.

The next control was at the nameless tarn on Haystacks, just above Black Beck. There were two ways to go: either just follow the path into the top of the valley and climb out again, or contour round. I took the latter option and reckoned to lose about ten minutes on the people who took the path. The contour was fairly rough whereas the path offered good running.

On round Haystacks reversing the Ennerdale route to Scarth Gap and High Stile. The sun was out now and the views down the Buttermere valley were superb. Joss came by again, taking a better line around Red Pike but he dropped too low down Scale Beck and took someone else with him. There is a well disguised sheep track that contours round through thick heather to the col below Nellbreak which saves 50m of climb.

A brown vest in front seemed to be struggling a little on the final climb up to Nellbreak South summit and with an extra effort I caught it at the top. A good descent aided by the new P.B. shoes-they must almost constitute cheating- kept me just in front of Frank for the last desperate one and a half miles of track. Meanwhile Bob was alternately enjoying the views and suffering from cramp. He jogged into the finish enthusing about the scenery and cursing the steepness of the hills.

At the finish there was everything you ever wanted at the end of a race; orange, tea, soup, beer, food and sunshine. This really is an excellent event, a classic course in my opinion, better than the Ennerdale and very well organised. There's plenty of water on the course, at least until Black Beck and with two road crossings, supporters can keep track of the supported. There's even a super-whimps/sprinters race, up and down Nellbreak starting an hour after the main race. The organisers only just broke even this year and are obviously struggling, so the race needs support. With the Borrowdale and Lattrigg races the weekend before and the Gatesill race the day after, you can get four good lakeland races in, in a nine day holiday in the area. It would be nice to win the race again next year, it's not often Dark Peak wins an A race in the lakes.

Rick Ansell

RESULTS

1	J.Nixon. (Hor)	3.49.04	10	F.Thomas.	4.23.43
9	R.Ansell.	4.22.13	25	B.Hamilton.	5.11.49

Directed by ex Dark Peaker, Pete Nolan (now running for Macclesfield) this is a well organised, enjoyable event, held in conjunction with the local sheep dog trials.

From the show field it looks more like a cross country than a fell race, but by virtue of numerous undulations en route to the final long climb up Teggs Nose it manages to be both tough and fast at the same time.

A better turn-out from the club might have been hoped for with no clashing race and it being organised by a Dark Peak connection. Give it a go next year, you'll enjoy the change of scenery.

Al Evans

RESULTS

1	A.Adams.(ST.M)	43.39	102	C.Henson.	60.37
50	A.Evans	52.33	114	E.Mitchell	63.14
68	P.Griffies.	55.04	116	A.Wright.(L)	64.22

UP THE NAB : 21.8.85

Bad publicity was probably to blame for the poor Dark Peak turn-out at this evening fell race organised by Glossopdale Harriers.

Starting from Charlesworth Rugby Club, the route goes through the village then up and down Cown Edge (that's the big hill on the right as you proceed up the hill from Glossop towards Hayfield).

An enjoyable race with showers and a bar afterwards and this year, athletics a la Steve Cram on the bar telly.

Only sad note was that a persistent fine rain started half way through the race and made the descent treacherously slippery for some reason. Neil Goldsmith literally fell foul of this and ended up being carried down with a very badly swollen ankle which is going to keep him out for a few weeks.

Al Evans

RESULTS

1	R.Wilde.(Man.H.)	25.33	27	A.Evans.	29.35
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THE LANTERN PIKE BARBECUE PARTY RACE

On the Saturday morning it looked again as if the weather was set to ruin the race and the libations to Bacchus which were to follow. Fortunately, Bacchus looks after his most dedicated followers and the weather cleared so that the race started in sunshine.

Suitable confusing instructions from the organisers persuaded most to play a waiting game. All, that is, except a slim line John Ed, who attempted to emulate Steve Cram's finish - at the start! This tactic confused everyone, was the Bible to be proved true? (and the first shall be last, and the last shall

be first!). John clearly thought he had God on his side, and had a good led after a quarter of a mile over a very confused looking Andy Moffatt.

Quite what happened en route, I'm not sure, one or two people detoured around cattle, a sort of moveable obstacle course, and one or two locals took sneaky lines - the Nelson approach to waymarks and instructions.

Andy Moffatt and Keith Tonkin finished joint first, must be some sort of XR2 owners club rule, followed by a local (unattached) Tony Cuddy. Kay Whittle finished a fast (if that's the correct choice of adjective) first lady. Trish Kohn was second lady. Chris Worsell won the loaf for loafing around as last male runner.

Second hand Kendal mint cakes, cakes and lollipops were given as prizes before the serious business started, though Andy Moffatt had got through three pints before the last runner finished - a course record!

We have been asked what represents a good time for the course which is incidentally, 2.5 miles and 625 ft., a good category A. The answer is, I don't know, as I have never run hard over that course. I had intended to but injury prevented the attempt. I did think that someone like Andy Harmer or Tim Tett might get under 20 minutes, and certainly under 22 minutes is respectable.

Neil Goldsmith

RESULTS

1=	A.Moffatt.	21.12	12	P.Kohn.	23.02
1=	K.Tonkin.	21.12	13	J.Edwards.	23.09
6	A.Bond.	22.10	14	C.Henson.	23.12
8	C.Windle.	22.33	15	K.Whittle.	23.13
10	P.Griffies.	22.44	17	C.Worsell.	28.05
11	A.Sahni.	22.46	18	T.Kohn.	28.12

THE JACK BLOOR RACES, ILKLEY MOOR : 7.9.85

When Jack Bloor collapsed and died in September of last year, having just completed a relay race, the world of athletics and outdoor activities lost a great friend. Jack was involved in a wide range of sports, including climbing, orienteering and fell running. Not only was he a competitor of the highest rank, being for example a former Three Peaks champion, he was also a fine coach and motivator who put back into his chosen sports as much as he took out.

What better way of remembering Jack than to hold a mountain race on terrain he knew so well; on Ilkley Moor, a few miles from his home in North Leeds. It was also a race that he himself had been planning, involving a mixture of fell running and mountain navigation.

It was testimony to the variety of Jack's interests and to the number of his friends that, amongst the many runners who gathered on the start line at the foot of Ilkley Moor, were orienteers, fell runners, track racers, scouts, rambles, climbers and many more.

The race itself was a classic. The names of the checkpoints which the runners would have to visit were an inspiration in themselves: the Badger Stone, the Swastika Stone,

the Twelve Apostles!! What a sight too, for the assembled spectators, as the runners spread out in all directions as they fought their way up the rugged hillside to the first checkpoint!

In classic style, I attempted to combine all the route choices in one but somehow managed to arrive at the checkpoint in the leading group (or, put more bluntly, with my line of view obscured by Pearson's backside). We immediately split up and took very different routes to the next checkpoint - the Swastika Stone overlooking Airedale. Rob's proved to be much the better as I vanished into the bracken and that elusive backside zoomed into the distance.

With a lot of effort and a bit of sneaky route choice, myself and local orienteer/fell runner Brian Bullen, managed to overhaul Rob as the Twelve Apostles can testify! Brian raced away down the 'boardwalk' (or Planks of Death - a treacherous line of planks across the bogs) with yours truly in ragged pursuit. He was caught on the rocky descent underneath the Craggs but a navigational error by the Dark Peaker saw the two of us racing head to head down the hill from the last control. Despite two falls, Patterson eventually gained the submission, by four or five yards. Rob held on to make it one and three for the Dark Peak.

I don't like writing about my own races but this one was special for me. I was particularly proud to be there and do well, for I know I could not have won without the advice and inspiration of men like Jack Bloor. The magnificent trophy, presented by Jack's wife, Pat, has on it the following inscription:-

"In memory of Jack Bloor, athlete, climber, orienteer, scout, mountain adviser, who died as he lived, in pursuit of life."

Malcolm Patterson

O.S. MOUNTAIN TRIAL

For most people it must have been a relatively leisurely trip to Eskdale, compared with the long distance travelling of the previous week to Ft. William for the Ben Nevis race. Those daft enough to do both included Martin Stone, Colin Hughes, Andy Harmer, Keith Tonkin and myself. However, Keith and I made it worse for ourselves by not leaving Sheffield until 6.00 p.m. on the Saturday evening. Eventually we arrived at the campsite which D.P.F.R. had adopted at Boot Village and joined the rest of the mob, or at least their tents, as everybody had disappeared off to the pub!

Sunday morning arrived all too quickly. As I had an early start (9.03), I had to be up early to eat breakfast and found that John Edwards (complete with plus-fours) was already preparing for a long day in the hills. John later found a contender for the title of 'Gentleman' when Colin Hughes turned up on the start line in tweed hat and 'kerchief.

The mens and womens courses were the same to the first control and later converged after the men's fourth control. The route left the start field at Beckfoot with a short road section, beginning on the fell after Boot village heading NE for c. 4km past Eel and Stoney tarns. Alison Wright and I had soon found ourselves out in front of the field by the end of the flagged section. After crossing the R. Esk the courses split.

The men continued NE towards Great Knott whilst the women turned due North to Gait Craggs. However, I'd dropped Alison by the first control (you should have followed me, Alison) and found myself in an unusual situation. It was quite a strange feeling to be out at the 'front' of a race instead of being at the back of the field. Unfortunately, I was caught by Stella and Andy Lewsley after an hour and had to share my 'lead'!

Whilst the women continued North, heading for the ridge path below Great End, the men had an extra control involving a long contour from Great Knott to Crinke Craggs to Rossett Pike. It was along this section that 'Gentleman John' was seen to be travelling in the opposite direction to the rest of the field, he was going for the 'safe route-choice' technique! After the women's fourth control and the men's fifth there was a long leg of c.8km heading SW towards Wastwater for a control at the tarns between Illgill Head and Whin Rigg. At this point I lost my lead as Ruth Jones, eventually second, overtook me and rapidly became a dot in the distance. The next control may have been close as the crow flies but took quite a time to reach; the fastest route went down to the R.Mite and up again onto Eskdale Moor. Finally we returned via Blea tarn and a very fast descent to Beckfoot, before the final obstacle of an exciting river crossing.

It was very welcoming to be greeted by jovial comments as we crossed the finish line, especially Alison who was noted to be "looking very young for her 21 years"! Later, Colin Hughes lost all claims he had to the title of 'Gentleman' when he finished without his shorts on!

The mens race of 20 miles and 5,500' was won by Billy Bland in 3.45, whilst Sue Parkin won the women's race of 16 miles and 4,000' in 3.58. The first D.P.F.R. member was Andy Harmer who was rewarded for his twenty years in fell running by being presented with the L.D.M.T.A. 'Novice' prize!

I'm sure that most people would agree with me that the organiser, Mike Rose and the Ordnance Survey deserve a mention for providing an excellent event. As this was my first O.S. Mountain Trial I hadn't known what to expect, but I shall certainly be entering again. Who knows, the thought of a meal like the one we were provided with might get me round a little faster next time!

Kay Whittle

LANTERN PIKE : 21.9.85

RESULTS

1	M. Aspinall. (Ross)	31.28	106	D. Jones.	40.13
8	A. Harmer.	33.13	113	P. Sw-Escott.	40.58
12	J. Cant.	33.55	118	C. Windle.	41.12
18	T. Farnell.	34.30	130	C. Wilson.	41.56
28	G. Berry.	35.33	133	J. Edwards.	42.06
50	M. Harvey.	37.03	137	C. Worsell.	42.23
61	R. Gregory.	37.32	140	P. Harris.	42.53
63	T. Trowbridge.	37.38	143	W. McLewin.	43.03
65	A. Evans.	37.40	147	K. Whittle. (L)	43.12
68	A. Forsyth.	37.50	158	E. Rybinski.	44.40
80	P. Guerrier.	38.29	162	K. DeMengel.	44.51
105	P. Griffies.	40.11	186	M. Sant. (L)	51.26

Despite the change of date at such short notice a reasonable field assembled in glorious conditions for this years race.

I was going to take the normal 'race organiser' excuse and lazily opt out of running, when John reminded me that valuable DP championship points were up for grabs here. As I seem to have missed most of the local races this year I decided that I'd have a trot round and frantically began delegating my way out of doing any work.

For myself the race was the now familiar battle with Phil Guerrier, this time made more desperate than normal as we fought out first for Dark Peak. Phil got the better of me this time and we waited to see who would make up our team. Eventually Kay Whittle came storming in just in front of Alan Bond to take the ladies prize and third place in the Dark Peak team! John Edwards had a great run due to pressure from the Chris Worsell 'come back'; in fact he really had me worried at the start as he led me out of the field and down the road.

I've resigned as race organiser on this one due to minor disagreements with the parish councils contribution to the event, and four years of doing it single handed is enough. Thanks to all those who have helped on the day over the years.

Al Evans.

RESULTS

1	B.Hussain.(Stock)	19.58	39	J.Edwards.	25.18
17	P.Guerrier.	22.28	42	E.Rybinski.	26.28
20	A.Evans.	22.50	44	C.Worsell.	26.56
34	K.Whittle.(L)	24.59	49	P.Dyke.	27.47
35	A.Bond.	25.07			

HAYFIELD CHAMPIONSHIP 1985

After much discussion it was finally decided that the championship would be decided by cumulative time over all four nominated races, i.e. Kinder Downfall 10m/2150' Cat A, Kinder Trog 18m/3000' New, Mount Famine 5.5m/1600' Cat A, Lantern Pike 5m/1050' Cat B.

We went for this system because (a) we wanted all four races to count, (b) A 'record' could be established and shot at every year, both on overall and personal level, (c) the confrontations in the final race between people close in the championship would be decided by a head to head battle, not by how many other (non-championship) people split them, and (d) I liked the system and it's my bat and ball!

By making all four races mandatory it meant that anybody could win it on the last race - it all depended on who turned out. In the event Andy Harmer was a very worthy winner of the Nat-West (Hayfield) Trophy, setting an overall record that will be hard to beat. Over 20 mins clear by Lantern Pike, Andy had an unassailable lead provided he finished the race.

The runners up positions were far more competitive. Goerge Scott of Pennine FR had only 40 secs on Hayfield local Alex Huddleston, also from PFR, with our own Tony Farnell close behind. In the final race Tony beat Alex but only by five

seconds, and as Alex finished over 2 minutes in front of George he leap-frogged into second place.

Fifteen T-shirts designed by 10th place finisher Mel Cranmer were up for grabs, but with only 10 runners being deemed eligible, shirts went begging and were presented to race organisers and helpers and the two best ladies.

In other words any Dark Peaker who had bothered to make the trip to Hayfield four times during the summer would have been among the T-shirts! Next year lets see the competition for first place and fifteenth place as tight as it was for second and third this year. This competition is FUN, watch yourself improve as the races progress.

Thanks to all who ran in any of our Hayfield races in 1985. Next year, after never having been considered before, two of our races, Downfall and Mt Famine, have been nominated as English Championship status. Lets see good club turnout on our home ground.

Al Evans.

RESULTS

		K.Down.	K.Trog.	Mt.F.	L.P.	Total
1	A.Harmer.	1.07.52	1.58.10	39.00	33.13	4.18.15
2	A.Huddleston.(PFR)	1.12.44	2.12.38	42.03	34.35	4.41.00
3	G.Scott.(PFR)	1.15.24	2.07.30	43.13	36.53	4.43.00
4	T.Farnell.	1.25.31	2.03.55	41.26	34.30	4.44.22
5	W.Buckley.(Glos)	1.15.53	2.13.36	45.05	37.10	4.51.44
6	A.Evans.	1.16.53	2.13.50	45.20	37.40	4.53.43
7	A.Howie.(PFR)	1.20.12	2.22.14	45.20	37.37	5.05.23
8	A.Chisnall.(Bux)	1.18.57	2.22.23	48.24	41.10	5.10.54
9	W.Harrison.(Glos)	1.24.05	2.37.38	49.22	41.04	5.32.09
10	M.Cranmer.(PFR)	1.29.38	2.37.36	51.24	43.38	5.42.16

LANGDALE 12.10.85

I didn't really enjoy this race; for one thing, after our dismal summer this race was held in the Lakes in the middle of October and it was actually hot! I felt I was struggling all the way and couldn't manage to catch Angela even after she took her vest off!

The real problem though was the sheer numbers in the race - 439 runners is just too many for a race like the Langdale. It was more like being in a road race with lots of people around and none of the comparative solitude of the normal long 'A' race, where, while rarely actually alone in the hills, one usually ends up in small friendly groups of three or four people.

In the end it turned out that Angela had had a stormer and smashed Pauline Howarth's record in winning the ladies race. In fact I had quite a reasonable run, one of my better ones even. A battle all the way with Frank Thomas, I thought I had him when I got a minute ahead at the top of Crinkle Craggs, but after holding him on the descent from Blisco he escaped comprehensively once we had hit the flat, and stormed away to pass Graham Berry as well.

Al Evans.

Why Langdale was so good was that it was an utterly brilliant day; sun shining, blue skies, coloured bracken and very calm.

On Friday evening I packed my things with the Borrowdale race in mind - wind, rain, hail storm and tempest! and that was in August! So what would October throw at us? Hat, gloves, cagoule, over-trousers, tights, exposure blanket, all went in the bag in preparation for the next day. And what a beautiful day dawned, indeed a whole weekend.

There was a huge entry, but what made it so good was the number of women in the race. I've never seen so many in a fell race, ever! It made it really exciting, instead of trundling around at the back with a couple of disappearing figures in the distance, it was great to be there in the middle of the race, being pushed and pushing in a group of several women.

Just remember those of you up the front talking about dry rocks and how the trail wasn't well broken - just remember after 200 people have run over the rocks they're considerably more muddy, and after 400 a virtual bog, or perhaps a 6ft deep trench - no navigational problems though.

A really good day finished off with sitting outside the pub in the sun.

Chez.

RESULTS

1	J.Maitland. (Pud)	2.00.31	192	R.Hamilton.	2.51.26
9	A.Harmer.	2.10.05	214	P.Collingwood.	2.53.52
32	M.Stone.	2.20.43	222	J.Smith. (L)	2.55.13
34	R.Toogood.	2.22.23	233	D.Livesey.	2.57.04
35	T.Farnell.	2.22.27	234	K.DeMengel. (L)	2.57.06
43	J.Cant.	2.25.04	265	C.Hughes.	3.04.30
84	T.Daniel.	2.34.14	305	T.Rogers.	3.10.36
93	R.Sanby.	2.35.40	325	P.Harris.	3.16.33
98	M.Meysner.	2.36.00	336	T.Norris.	3.19.19
102	D.Sant.	2.36.26	337	P.Griffies.	3.19.47
106	F.Thomas.	2.36.53	338	W.McLewin.	3.19.47
108	G.Berry.	2.36.57	353	D.Holmes.	3.26.14
110	A.Evans.	2.37.24	377	C.Henson.	3.41.56
144	M.Harvey.	2.44.24	412	E.Steward.	4.27.19

CURBAR EDGE FELL RUN : 13.10.85

This was something a little different - a run, not a race. (i.e. no prizes, times or entry fees) A new area for a (non-) race with a course that started and finished on the TOP of Curbar Edge, but still managed to find 1100' of climbing in 8 miles; and most extraordinary of all, a perfect day. Despite all these attractions, most Dark Peakers were either pretending to be orienteers on Burbage Moor or pretending to be cross-country runners at Graves Park in the Cutlers Relay. (Come to think of it the girls put up a passable imitation.) Not for the purists perhaps, with too much road and too much good running, but the last climb from 'The Chequers' back onto Froggatt Edge gave the real fell runners a chance to shine. AS I wasn't wearing my Dark Peak vest I ignored all the scornful rock climbers and walked(!), aligning myself firmly with the wimps and non-fell

runners around me. Earlier on I got a nice backview of Martin Spence sitting right on Howards tail (I always thought there was something funny about Martin - Ed) for most of the first five miles, but after they got out of sight Howard must have finally got away. Trish struggled through the first two-thirds of the run with cramp but finished strongly as third lady.

Pete Kohn.

THE THREE TOWERS or 'HOW I LED HER ASTRAY' : 20.10.85

Most Dark Peakers seem to scorn the Three Towers - "Not a Proper fell race." However, it had been my first long race in the calendar and it seemed like a good one for Trish as well. To encourage her I promised to stick with her all the way and 'guide' her through the tricky bits. Perfect running weather and visibility offered a good outing and several other Dark Peak vests were in evidence at the start.

The run up Rivington Pike seemed easier than I remembered and the new start means that you can see the leaders for much longer. At the top the field was well strung out, but most of the twenty or so ladies seemed to be nearby. Going across to Great Hill Trish was fighting for breath with an attack of asthma (usually only a problem very cold days) but still maintaining position. Terry Sayles passed with a cheery "Keep breathing" and "You'll catch me later."

From Great Hill there is a nice downhill stretch punctuated by small streams. In the last and deepest of these Trish lost her footing and slipped back into some icy water - Result: severe cramp in the left calf followed by a string of unladylike oaths and half the ladies field trotting past before movement was possible again. However, she has more of a competitive spirit than I can muster, and sheer anger got her going again towards Darwen Tower. One by one all the ladies that had passed were hauled back, especially from Darwen Tower to Cadshaw and Terry was caught just before the drinks station.

Trish ran and I navigated furiously and the route worked out like clockwork. From Cadshaw, most of the drop to the reservoir seemed level or even uphill and the earlier push to regain positions was telling. Still, there are no navigational problems on this section so I relaxed and tried to take an easier route than the one I had used myself two years ago. It would have been easier if I had picked up the correct turn, but an overshoot of quarter of a mile was made before I knew we had gone wrong. By then all the hard won places had been lost again and I had been booked to write a penitential article for the newsletter. The rest of the run was a pretty dis-spirited effort, brightened only by the sight of Terry picking blackberries and the smell of the Maggot farm. A nice event, but it can have a terrible effect on one's confidence for the Karrimor.

Pete Kohn.

RESULTS

1	D.Cartridge.(Bol)	1.56.43	201	J.Edwards.	2.56.00
50	A.Jones.	2.18.43	207	W.McLewin.	2.57.40
96	P.Griffies.	2.27.41	234	T.Kohn.(L)	3.17.24

101	B.Thackery.	2.28.36	235	P.Kohn.	3.17.25
117	B.Hodges.	2.32.28	240	T.Sayles.	3.26.05
121	J.Harrison.	2.33.04			

BEWARE THE PHANTOM PB MUNCHER!

A Red Alert to all PB wearers, especially those with the new studs! A Dark Peak member has developed an insatiable appetite for studs and Karrimats - as opposed to beans on toast.

Rumour has it that after starting the arduous Elite course of this years Karrimor Rory Gregory was seen biting Bon Toogoods mud covered PB's and attacking the Karrimat strapped to the back of his rucksack with his teeth. Look out next time you're running over Kinder, the Phantom PB gnawer may be lurking in a grough, teeth at the ready, waiting for some unsuspecting fell runner.



The truth be known, Bob in true preparatory style, had tried his new PB's out only once before the Karrimor. Into the race the studs were putting immense pressure on the bone in his foot, to the point where he was thinking of enforced retirement. Anyway sabre-toothed Rory came to the rescue. Lacking any sharp implement he gnawed three studs off Bobs PB's. He then bit a chunk out of the Karrimat to make a pad for the inside of the shoe. Anyway it saved the day and Bob and Rory finished 10th in the Elite Class.

Chez.

KARRIMOR COMMENT TIME

A few relevant comments :

One minute before call up time looking at the KIMM map : "I think we should have practised with a map of this scale." - Jacky.

Drinking tea and munching sandwiches in the marquee : "I think the Elite course is designed to see how much pain the body can withstand." - Bob Toogood.

On being asked what the route had been : "Well I'm not sure; around here somewhere, right up at the top of the map, along by the big lake, must have been this one, or maybe that one." - Bob Toogood of course.

LADIES SECTION

NEWS REVIEW

I hope to do some sort of review of the year for us Dark Peak Ladies - fairly impressive too, all in all (What the ladies or the review - Ed).

When I tried to compile this petite histoire of events it made me realise that there are indeed quite a few of us Ladies spread around. In my usual slothful way I have not been as active this year as perhaps I might have, so maybe I have missed out on some achievements by our ranks. Sorry if I have, I hope I have recorded most of them correctly and apologise for any blunders or omissions.

I think at first I must say what a magnificent recovery Jacky has made from a very terrible accident. I certainly feel a tremendous admiration for how she has managed, and now she is running as well as ever.

Let's follow with Kay. She has finished her thesis now and is due to move down South in the new year. Kay, with Jane (Spence), will form the 'Southern Belles' branch of Dark Peak. Kay did well this year and finished 3rd lady in the Welsh 1000m, 3rd in the Lantern Pike, and 2nd in Shelf Moor. Together with Gerry, she put in a splendid performance in the Saunders MM where they were 1st ladies team in the Bowfell class. Where was Alan Yates?

Gerry also ran in the Bens Of Jura while she was ill but managed to complete the course and have an enjoyable holiday also.

Jane, of course, is now in far off lands in London, but she and Martin braved the torrential rain of our wonderful summer to attend the Dark Peak barbeque weekend at Borrowdale. Jane ran the Latrigg in her new dinky PB racers. In the Chesterfield 'Womens Own' 10K in September, Jane, Jacky, Trish and myself shaved a leg (or does it say 'showed a leg', sorry - Ed) in our Dark Peak colours. It was a new experience to actually start on the front line! Maybe the elation evaporated when the gun went but it was still pretty exciting. Trish did a PB for 10k. Jane actually won and Jacky was a close second. The three came in within seconds of each other, producing an exciting finish. I was pleased with the way I trundled around, being not too far away from a very good running-free holiday. Dark Peak also won the team prize. However, it was unfortunate that we missed our moment of glory as we were sitting nattering in the car and drinking coffee (typical - anon) - the prizes were given out half an hour early! Mind you, the photo of Jane in the Morning Telegraph would put most people off taking up running as a sport! A fine grimace! Many thanks to Pete Kohn who dashed back and forth shouting encouragement.

Alison put in a superb performance at the Bob Graham in June. She is the youngest lady to have ever completed this event.

Enid did the Edale Skyline and the Sheffield Half Marathon this year. Margaret and her, plus many others are all training for the Karrimor. In fact there's quite a few of us doing the Karrimor this year - Jacky, Kay and myself also.

Jenny did well in the Damflask ladies race, in addition to being first lady in the Sheffield Half Marathon. Wendy came 2nd

in the ladies short Skyline race and was reserve for the World Orienteering Champs. Liz did very well in the OS Mountain race and Mary Sant ran at Hope and Lantern Pike and did a great job supporting Dave on his 50 peaks in 24 hours run in the Lakes. Sarah has had her baby, William, who arrived in June. We hope both are well and look forward to seeing Sarah running again soon.

We now turn to Jacky, who deserves at least half a page, having had a very successful year despite her accident. Her many notable successes include - 3rd at Fairfield, 2nd in the Three Peaks, 2nd at Borrowdale, 1st at Glossop, 1st at Hope, 1st at Shelf Moor, 3rd in the Chesterfield 10k, 2nd in the Rotherham half marathon and 1st in the full marathon, 1st at Dungworth, 1st at Burnsall, 4th in the Bolton marathon plus many more.

The 'Gritstone Girls' - that is Gerry, Janet, Jacky and myself, had a predictably good run in the Derwent Watershed. What a long time ago it seems now. We've heard rumours of a challenge being thrown down by the 'Gritstone Grannies' - a ladies vets team, which cannot remain unanswered, so we'll have to ride again. I suggest a showdown at sunrise over Bleaklow.

Claire Crofts and Cathy are two new Dark Peak runners and we are very pleased to welcome them.

As for myself, I must confess that I have been doing other things besides running, mostly caving. I expect I'll be developing mole-like characteristics soon - I've got the pointed nose for a start. However, I was pleased to achieve 4th in the Sheffield Marathon and 4th at the Borrowdale. The marathon is surely some ancient Greek form of torture, or at least I found it so. And Borrowdale - what is there to say? Did we really have hailstones on the 3rd of August? What wonderful fun running is!

Well, sorry if I've missed anyone or anything. Looking to next year, some of us would like to try the Bob Graham; also the infamous Hallam Chase. I'm in contact with Geoff Pickstone from Hallamshire and he'll be telling me what to do! (for ladies to become part of the race), so I'll keep you informed of progress or otherwise.

The cross-country is under way now, dates elsewhere in this newsletter. For further details and your race number, to be kept for all races, see Pete Lewis, address inside front cover. If anyone hasn't done one before and wonders what they're like - they're short, fast and furious. One good thing is that you'll be racing against women as there are separate races, depending on age and sex.

If you want any further details, ring me (see inside front cover) or look on the noticeboard in the hut.

DATES OF COMING RACES

- 1.12.85 Inter-League Cross Country, Leeds.
- 18.1.86 Inter Counties, Swindon.
- 26.1.86 Northern Womens Cross Country Champs.
Rawtenstall.
- 15.2.86 Womens National C.C.C. Leicester.

N.B. We are affiliated to Northern Womens Cross Country and Road Running Association.

DARK PEAK LADIES IN THE KIMM

A lot of our members ran in, and completed, various courses in this years Mountain Marathon in all female or mixed teams - Trish and Pete Kohn, Enid and Tom Foley, Andrea and Al Evans, Mary and Dave Sant, Margaret and John Edwards, Kay Whittle and Janet Robinson, Jacky Smith and myself, Liz Dunn and partner and Alison Wright and partner. Sorry if I've missed anyone.

The weekend fortunately was brilliant; not too cold, dry sunny and clear. The event was superb, the scenery magnificent and I think that however hard each person may have found their course, they couldn't fail to enjoy being there. We had a lot of successes too :

Liz Dunn and Jane Robson were first female pair in the A class.

Alison Wright and partner were 2nd mixed team in the A and 11th overall.

Jacky and myself were first female team in the B class.

Kay and Janet were first female team in the C class and 6th overall.

Chez.

CROSS COUNTRY

If you wish to be considered for selection for Dark Peak at either the Northern or National Cross Country Champs, please let me know as soon as possible. Although I have received no details about these races yet, I expect the Northern to be on Sat 8th Feb and the Nationals on Sat 1st March. The Nationals are at Town Moor, Newcastle.

For details of Veterans cross country races please contact Chris Worsell.

Pete Lewis.

p.s. Remember the S.Y. league races serve as good guides to the selectors.

SOUTH YORKSHIRE LEAGUE

- 17.9.85 Clifton Park, Rotherham.
- 8.12.85 Campsall.

If you want to run in any of these, you will need a number which costs 40p. This covers all races, so don't lose it! You can get numbers from me on a Wednesday night.
Additional Date : S.Y.Champs. 23rd February, Cannon Hall Park, Cawthorne, nr Barnsley.

P.L.

LONDON MARATHON 1986

As you are probably aware, it can be difficult to get an entry in the London Marathon if you have not done the qualifying time. However, there are 2000 places reserved for members of AAA affiliated clubs. What happens is that clubs apply for these and then give there allotted share out as they see fit.

Last year we were allocated four of these guaranteed places and we have written off for next years race as well. It is likely that we will get four again.

The committee have decided to give our allotted entries to those members who want to run but have been rejected in the ballot or have not got a qualifying time. If there are more members interested than we have places we will hold our own ballot, probably around Christmas time. If you want to be considered, either see me or sign your name on the list in the club hut.

Pete Lewis.

S.Y.L. GRAVES PARK : 20.10.85

RESULTS

1	M.Chorlton.(Sta)	30.28	40	I.Wainwright.	34.36
4	R.Pearson.	31.46	108	T.Trowbridge.	37.40
5	M.Wilson.	32.01	136	R.Baumeister.	38.48
11	T.Tett.	32.44	161	H.Swindells.	39.43
23	P.Webster.	33.35	178	C.Worsell.	40.34

Ladies

1	J.Shields.(SAC)	22.06	21	C.Crofts.	27.16
2	J.Pearson.	23.39	29	S.Bradley.	29.06

S.Y.L. Carlton : 3.11.85

RESULTS

1	C.Thackery.(HH)	30.33	142	H.Swindells.	41.02
9	M.Patterson.	33.35	154	P.Kohn.	41.36
68	P.Lewis.	37.25	160	R.Baumeister.	41.48
69	A.Riley.	37.27	179	I.Pyrah.	42.46
105	T.Trowbridge.	39.01			

Ladies

1	J.Pearson.	23.01	13	C.Crofts.	26.06
2	W.Lightfoot.	24.05	29	S.Bradley.	29.04

CUTLERS RELAY : 6.10.85

**

RESULTS

1	BIRMINHAM UNI.	44.58		
10	D.P. BOGTROTTERS		70	DARK PEAK OLMPIANS
	A.Harmer.	9.31		T.Daniel.
	P.Webster.	9.37		A.Riley.
	T.Tett	9.38		S.Clayton.
	P.Murray.	9.30		L.Dunn. (L)
	M.Patterson.	9.29		R.Grenfell. (L)
		47.45		
53	DARK PEAK GENTS			
	G.Berry.	10.01		(All above had run in the
	A.Trowbridge.	10.48		morning in Burbage long
0)				
	H.Biggin.	11.07		
	P.Guerrier.	10.42		
	J.Edwards.	11.46		
		54.24		

Ladies

1	BIRMINGHAM UNI.	33.13		
2	DARK PEAK LADIES		7	DARK PEAK GAZELLES
	J.Smith.	11.22		J.Robinson.
	K.Whittle.	11.08		D.Spence.
	J.Spence.	10.51		W.Lightfoot.
		33.21		
				12.23
				12.41
				11.23
				36.27

ROAD SECTION

'WOMANS OWN' / NIKE 10KM RACE : 8.9.85

1	J.Spence.	37.24	11	K.De Mengel.	42.56
2	J.Smith.	37.34	19	T.Kohn.	44.44
3	S.Singleton. (SAC)	37.58			

TEAMS : 1st Dark Peak 14

ROTHERHAM HALF MARATHON

1	N.Lees. (Adidas)	67.02	271	L.Johnson.	85.37
101	P.Lewis.	79.59	348	J.Smith.	87.29
152	R.Barker.	82.03	448	R.Baumeister.	89.23
175	A.Riley.	83.07	490	P.Sw-Escott.	90.21
183	A.Bradley.	83.18	743	D.Hill. (WHO!)	95.28
208	B.Berzins.	84.07	745	P.Dyke.	95.31

2226 finishers.

HALLAM CHASE : 5.85

RESULTS

3	R.Hand. (SH.U)	21.03	30	P.Guerrier.	25.16
11	T.Tett.	21.33	31	B.Berzins.	24.04
20	J.Fisher.	23.22	37	J.Edwards.	28.47
22	J.Harrison.	27.28	38	C.Worsell.	27.21
23	M.Hayes.	24.02	40	M.Pedley.	26.44
25	G.Desforges.	25.42	41	T.Trowbridge.	25.19
28	K.Tonkin.	23.08			

*** ADS *** ADS *** ADS *** ADS *** ADS *** ADS *** ADS ***

MODEL SEEKING WORK

Male Model requires work to finance liquid diet. Recently seen in a National Camping Equipment Catalogue modelling sleeping bags.

Very reasonable rates. Anything considered.
APPLY BOX 32, D.P. Newsletter.

LAST GASP '85

FRIDAY 27th DECEMBER, ASH HOUSE, DOBE, SHEFFIELD

START : 11.15 am.

HANDICAP RACE OVER 3 1/2 MILES, FINISHING DOWN THE INFAMOUS 'LONG LINE'

ENTRY LIMIT 70

ENTRIES TO

IAN WAINWRIGHT
43a ST. ALBANS RD
SHEFFIELD S10 4DN
TEL 304187

FEE: A SMALL WRAPPED PRIZE (FOR LUCKY DIP) + DONATION TO CHARITY.

HEADSTONE HEADACHE

SATURDAY 21ST DECEMBER, LODGE MOORE, SHEFFIELD

ENTRY LIMIT 200 (?)

ENQUIRIES TO:

ROB PEARSON
15 ST. ALBANS DRIVE
SHEFFIELD S10 4DL
TEL. 304202

CROOKSTONE CRASH-OUT

SUNDAY 22ND DECEMBER, ROWLEE BRIDGE, SNAKE ROAD

GR 150891 (A VERY INFORMAL RACE)

START 11.00 AM.

ENQUIRIES TO:

ANDY HARMER
26 CONDUIT ROAD
SHEFFIELD S10 1EW
TEL. 664170

BURBAGE BAFFLER

SATURDAY 11TH JANUARY, BURBAGE BRIDGE GR 262830

START 9.30 AM!

TEAMS OF 4 - 1 VET, 1 LADY, 1 SUPERSTAR, 1 STALWART

ENQUIRIES TO:

MARTIN AND JANE SPENCE
FLAT D, 46 FAIRHAZEL GDNS
LONDON NW6 35J
TEL. 01-624-3224

ATHLETICS

Robin in a fell swoop

ROBIN Bergstrand from Sheffield University and Mich Wilson of Hallamshire Harriers, distinguished themselves when they represented Britain in the World Fell Racing Championships in the Dolomites, Northern Italy, this week, writes *Granville Beckett*.

Competing in the junior men's section at San Vigilio, they filled second and third places, respectively, behind the Italian ace Battista Lizzoli, who won the event in 22 mins and 55 seconds.

Bergstrand clocked 23 mins 41 secs for the approximately 6 kilometres course with its climb to a height of 1500 ft, and Wilson was timed at 23-53.

Settle

With the third Briton Shaun Willis in 15th position, Britain's team finished second to the Italians with the Swiss third.

Kenny Stuart, Britain's senior fell racing champion from the Lake District, won the senior short course race over 8.5 kilometres in Italy in 32 mins 58 seconds but had to settle for fifth place in the longer race, over 14.6 kilometres, where Hugh Symonds of Kendal and Keswick's Billy Bland were 15th and 25th respectively.

This weekend, Bergstrand and Wilson are both listed for the 10 kilometre race at Barnsley, which has closed with an entry of 1,055 for the main event. Some 395 veterans contest the 10-kilometre race and another 290 competitors are in the supporting races for boys and girls.

Why Jackie deserved more coverage

YOU may think it is rather a "turn of the screw" when a man writes a letter on behalf of "women's lib" (I hate that expression but it is one that is generally accepted and understood by the public) but I feel very strongly that I must protest at your paper's coverage of the Rotherham Marathon recently.

There has been a great deal of discussion in athletic and other circles since that report was published and the general feeling is that your paper is sexist in its reports on women's achievements not only in sport but academically.

Much prominence was given to the male winner of the marathon in the form of a lengthy paragraph and photograph, but no write up on the achievement of

the winner of the women's section of the marathon, Jackie Smith, apart from her name in very small print and her athletic club (Dark Peak). **S27.9**

When you consider the fact that, physically, men have the advantage over women — because their hearts are larger, for one thing — and secondly they usually have slimmer hips and buttocks, I think it is only right that Jackie Smith's prowess in the marathon should have been given equal coverage in the media with that of the male winner.

Your paper would do well to look to its laurels in respect of its sexist attitudes as people I know aren't happy about them.

Mr. Roy P. G. Neville,
Steade Road, Sheffield.